

### Team Focused CPR (Optional)



Criteria for Death / No Resuscitation **Review DNR / MOST Form** 

NO

Begin Continuous CPR Compressions Push Hard (≥ 2 inches) Push Fast (100 - 120 / min) Change Compressors every 2 minutes (sooner if fatigued) (Limit changes / pulse checks ≤ 10 seconds)

Ventilate 1 breath every 6 seconds 30:2 Compression: Ventilation if no Advanced Airway Monitor EtCO2 if available

#### First Arriving BLS / ALS Responder

**Initiate Compressions Only CPR** Initiate Defibrillation Automated Procedure if available

Call for additional resources

#### Second Arriving BLS / ALS Responder

Assume Compressions or Initiate Defibrillation Automated / Manual Procedure Place BIAD DO NOT Interrupt Compressions Ventilate at 6 to 8 breaths per minute

#### AT ANY TIME

Return of **Spontaneous** Circulation

Go to **Post Resuscitation Protocol AC 9** 



A

P

#### Establish Team Leader

(Hierarchy) Fire Department or Squad Officer **EMT** 

First Arriving Responder

#### **Rotate with Compressor**

To prevent Fatigue and effect high quality compressions

Take direction from Team Leader

Fourth / Subsequent Arriving Responders Take direction from Team Leader

Continue Cardiac Arrest Protocol AC 3

#### Establish Team Leader

(Hierarchy) EMS ALS Personnel Fire Department or Squad Officer **EMT** 

First Arriving Responder

Initiate Defibrillation Automated Procedure Establish IV / IO

Administer Appropriate Medications Establish Airway with BIAD if not in place

Initiate Defibrillation Manual Procedure Continuous Cardiac Monitoring Establish IV / IO Administer Appropriate Medications Establish Airway with BIAD if not in place

**Continue Cardiac Arrest Protocol AC 3** 

#### Team Leader

ALS Personnel Responsible for patient care Responsible for briefing / counseling family

#### **Incident Commander**

Fire Department / First Responder Officer Team Leader until ALS arrival Manages Scene / Bystanders Ensures high-quality compressions Ensures frequent compressor change Responsible for briefing family prior to ALS arrival

# Team Focused CPR (Optional)

## Pearls

- This protocol is optional and given only as an example. Agencies may and are encouraged to develop their own.
- Team Focused Approach / Pit-Crew Approach recommended; assign responders to predetermined tasks. Refer to optional protocol or development of local agency protocol.
- Efforts should be directed at high quality and continuous compressions with limited interruptions and early defibrillation when indicated.
- DO NOT HYPERVENTILATE: If no advanced airway (BIAD, ETT) compression to ventilation ratio is 30:2. If advanced airway in place, ventilate 10 breaths per minute with continuous, uninterrupted compressions.
- Do not interrupt compressions to place endotracheal tube. Consider BIAD first to limit interruptions.
- Passive oxygenation optional in agencies practicing Team Focused Approach / Pit-Crew Approach. Do not interrupt compressions to place endotracheal tube. Consider BIAD first to limit interruptions.
- Success is based on proper planning and execution. Procedures require space and patient access. Make room to work.