API Routes

@GET /user/:id :

- :id : an integer id
  Returns all of the users information

@POST /user/add :

Add a user to the database
Required POST parameters:

- name: Name of user
- email: Email of user
- cigs_per_day: Cigarettes Smoked per day
- price_per_pack: Price for a pack of cigarettes

@GET /user/:id/:day/:field :

- :id : an integer id
- :day : a date in the form mm-dd-YYYY
- :field : Either cravings, cigs_smoked, or cravings_resisted
  Updates the given field for the given day by one

@GET /user/:id/feed :

- :id : an integer id
  Returns the feed for a given user

@GET /user/:id/:day :

- :id : an integer id
- :day : a date in the form mm-dd-YYYY
  Return the information for the given day and user

@post /day/add/:id :

- :id : an integer id
  Adds a day for the current date with cravings, cigs_smoked, and cravings_resisted equals 0

@get /user/:id/buddy/add/:email :

- :id : an integer id
- email: Email of buddy
  Add a buddy to a user. The email must exist in the database.