317 FAILSWORTH SQUADRON AIR TRAINING CORPS

Walking Kit Checklist (* Squadron can provide)

Check	Have I got	Notes:
	Hiking Boots	Broken in and fitting correctly? Boots must have proper ankle support
	Walking Socks	(enough for 2/3 days)
	Walking Trousers	No DPM/Camouflage. (minimum 2)
	Walking Top	No DPM/Camouflage. (2 required)
	Sweater/Fleece	No DPM/Camouflage.
	Waterproof Jacket	No DPM/Camouflage. Do not wash with washing powder.
	Waterproof Trousers*	No DPM/Camouflage. Do not wash with washing powder.
	Warm Hat / Sun Hat	
	Warm Gloves	
	Rucksack*	
	Spare Clothes	A dry change of clothes must always be available
	Personal First Aid (FAK)	Include usual items plus personal medication as per TG form
	Survival Bag*	
	Emergency Rations	Eg Snickers, Mars, nuts and fruit – FOR EMERGENCIES ONLY
	Torch (+Batteries)	
	Insect Repellent / Sun Cream	
	Water (container)	> 2 litres. Bladder? Solid Container?
	Map and map case*	
	Compass*	
	Mobile Phone	Optional. These will not be usable during the expedition.
Check	Camping Equipment	Notes:
	Tent*	Shared between group
	Sleeping Bag	
	Sleeping Mat*	
	Gas Cooker*	Shared? Screw or click type only, NOT piercing.
	Gas Canisters*	Shared? To match stove. Screw or click type only, NOT piercing.
	Lighter/Matches	Shared?
	Mess Tins*	
	Knife Fork Spoon (KFS)	
	Mug	
	Scrubber & Washup	Shared?
	Washkit	
	Towel	
	Additional Clothes	Socks, Trousers, Tops, Sweaters, Fleeces, Underwear as required
	Additional Food	Snacks, Drinks as required