Stress carries several negative health consequences and by decluttering all things in your life, you can gain back the freedom and time to start doing the things you really want to do. What 's the cause of your M.E.S.S?

(Mechanical, Emotional, Situational or System Problem)

DID YOU KNOW..... that if you spent 15 minutes everyday looking for lost things, that it would be like giving up a weeks vacation every year.



Getting rid of clutter would eliminate 40% of housework in the average home. 25% of people with a 2 car garage are parking at least 1 vehicle outside because they have too much.





Everybody's idea of what is organized is different. Organizing is not a one size fits all. Each job will be unique, just as my services are unique. I have had many instances where I needed to purchase an item to help with an issue, but couldn't find one. And so......

SOLUTIONS by **SUE** was born.

When I can't find what I am looking for, I make it. I love the challenge of creating something no one has for the first time. I am an inventor, crafter, painter, seamstress and I have a knack for finding solutions for my everyday needs. I like to reuse and repurpose items to help save our environment. Living healthy and clean is my goal.

Call me to discuss what Sue-lution I have for you.

Contact me at:
www.solutionsbysue.ca
suelutions4u@gmail.com
519-717-0044

Facebook.com/solutionsbysue

SOLUTIONS by SUE

Trained Professional Organizer



Sue-lutions that work for you

On Your Time
On Your Schedule
On Your Budget







Do you park your car outside because your garage is full?

Is your closet over stuffed and you can't find what your looking for?





Do you hate the thought of going home from work to this?

If you answered YES to any of these questions, then you could use the help of a Professional Organizer.

Let me help you find a Sue-lution to your problem.



SERVICES OFFERED

With a one hour consultation, I will discuss with you what will help you de-clutter and de-stress your life, your house, your business.

• Residential Closets and drawers, kitchens, pantry, basements, garage, attic

Bathrooms, Arrange to have unwanted items removed, and more.

Home Office
 Set up your home office so that it is more functional, create

filing systems to suit your needs. Make it enjoyable, so you like

to go to work.

Senior Care Personal shopping, Grocery shopping, help in cooking meals.

Downsizing/moving or just organize your space for safety.

Support help needed to stay in your own home, paying bills etc.

Property Mgmnt Own a rental but no time to look after it? Let me help you with

the demands of renting. Tenants moved out and left a mess?

Seasonal Décor Need help with the festive season? I can put up and remove

Christmas décor. Shop for and wrap gifts. Party planning and more.

◆ Your Problem My Sue-lution

