



# Welcome to Project Thrive!

This document is here to help you and your mentoring partner get to know each other! Have fun!

# MENTEE

My name is ...

I was born in...

I currently live  
in....

My birthday is  
on the ... 🎈 🎂



# MENTOR

My name is ...

;

I was born in...

I currently live  
in....

My birthday is  
on the ... 🎈 🎂

# MENTEE

Give your mentor  
some background  
information about  
yourself:

# MENTOR

Give your mentee  
some background  
information about  
yourself:



# MENTEE

- ...
- ...
- ...
- 

What are your values?



# MENTOR

- ...
- ...
- ...
- 

What are your values?



# MENTEE

My pet peeves are...

1.

2.

3.

4.



# MENTOR

My pet peeves are...

1.

2.

3.

4.

# MENTEE

1. ...

2. ...

3. ...



# MENTOR

1. ...

2. ...

3. ...



Something you  
don't know  
about me...?

# MENTEE

My favourite movie  
is...  
1.

My favourite book  
is...  
1)

My favourite quote  
is...  
1)



Favourites:



# MENTOR

My favourite movie  
is...  
1.

My favourite book  
is...  
1)

My favourite quote  
is...  
1)

# MENTEE

# MENTOR



Outside of work  
you can find me ...

- ...
- ...
- ...

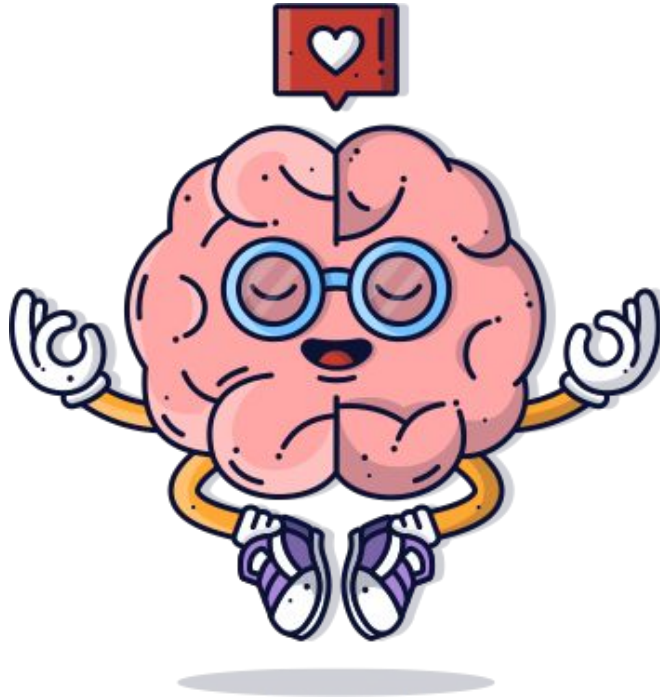
Outside of work  
you can find me ...

- ...
- ...
- ...



# MENTEE

As a mentee, what do you want to focus on in the mentoring relationship?



# MENTOR

As a mentor, what do you want to focus on in the mentoring relationship?



# MENTEE

## Mentee expectations

What do you expect of your mentor? (e.g. share experience, provide regular feedback)



# MENTOR

## Mentor expectations

What do you expect of your mentee? (e.g. to communicate openly, be open to trying new things, provide regular feedback)

