## **Reflective Exercise**

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| **Now that you’re near the end of the 12-week mentoring program, take some time in your session to think about your experience.** |

1. What decisions did you make?
2. What went well and why?
3. What didn’t go so well and why?
4. What was a surprise?
5. What challenges did you overcome and what challenges still remain?
6. What have you learned about yourself?
7. What feedback did you receive (requested or unsolicited)?
8. What insights has this given you?
9. What perceptions have changed for you?
10. If you did this again, what would you do differently?