

COVID-19 Transmission Dynamics and Effectiveness of Public Health Interventions in New York City during the 2020 Spring Pandemic Wave

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Abstract

New York City experienced a large COVID-19 pandemic wave during March – May 2020. We model the transmission dynamics of COVID-19 in the city during the pandemic and estimate the effectiveness of public health interventions (overall and for each major intervention separately) for the entire population and by age group. We estimate that the overall effective reproductive number was 2.99 at the beginning of the pandemic wave and reduced to 0.93 one week after the stay-at-home mandate. Most age groups experienced similar reductions in transmission. Interventions reducing contact rates were associated with a 70.7% (95% CI: 65.0 – 76.4%) reduction of transmission overall and >50% for all age groups during the pandemic. Face covering was associated with a 6.6% (95% CI: 0.8 – 12.4%) reduction of transmission overall and up to 20% for 65+ year-olds during the first month of implementation. Accounting for the amount of time masks are in use (i.e. mainly outside homes), these findings indicate universal masking could reduce transmission by up to 28-32% when lockdown-like measures are lifted, if the high effectiveness estimated for older adults were achieved for all ages. These estimates are verified by out-of-fit projections and support the need for implementing multiple interventions simultaneously in order to effectively mitigate the spread of COVID-19.

Keywords: COVID-19; transmission dynamics; effectiveness of intervention; social distancing; lockdown; face covering

Introduction

New York City (NYC) is the largest and most densely populated municipality in the United States with over 60 million travelers each year from places worldwide.⁽¹⁾ It is thus perhaps no surprise that NYC became the United States' first epidemic center of the COVID-19 (coronavirus disease 2019) pandemic. NYC experienced widespread COVID-19 transmission citywide since early March and recorded over 200,000 cases and over 21,000 COVID-19 confirmed or probable deaths during the following three months. To curb this intense transmission, NY State and NYC implemented multiple intervention measures, including health promotion campaigns in early March, telecommuting and staggered work schedule recommendations beginning the week of March 8, public schools closure starting the week of March 15,⁽²⁾ stay-at-home orders for non-essential workers starting the week of March 22,⁽³⁾ and requirements for use of face covering in public starting the week of April 12.⁽⁴⁾ With these overlapping and far reaching public health interventions, case diagnoses and hospitalizations peaked in April, and started to decline substantially in late April and May. NYC was able to begin its phased re-opening of industries starting the week of June 7, 2020.

Despite the overwhelming pandemic wave in Spring 2020, serology surveys indicated that the majority of NYC residents (about 80%; as of June 13, 2020⁽⁵⁾) remain susceptible to infection, and thus future epidemics are possible without effective public health interventions. Similar challenges confront populations in other locales in the United States and other countries. It is thus critical to understand the transmission dynamics of COVID-19 in the Spring 2020 pandemic wave and the effectiveness of different public health interventions, in order to more effectively mitigate future COVID-19 epidemics and the devastating morbidity, mortality, and economic burden.

In this study, we apply a model-inference system developed to support the city's COVID-19 pandemic response to reconstruct the underlying transmission dynamics of COVID-19 in NYC during March 1 – June 6, 2020 (i.e. prior to the city's reopening). The inference of COVID-19 transmission dynamics is challenging due to low infection detection rates (many asymptomatic

and mild infections do not seek care or receive testing),(6) fluctuation of those infection detection rates, differential disease manifestation by age group, and concurrent public health interventions. To address these challenges, our model-inference system simultaneously assimilates three sources of data: 1) confirmed COVID-19 case data, 2) COVID-19 associated death data (both cases and deaths are assimilated by neighborhood and age group), and 3) neighborhood-level mobility data to constrain the model system. This enables inference of the overall infection rate (i.e. including those not documented by surveillance), estimation of key transmission characteristics (e.g., the reproductive number) through time, and assessment of the effectiveness of different public health interventions, including social distancing and face covering, implemented over time. We further incorporate these estimates to project cases and deaths in the weeks beyond our study period and compare the projections to independent observations in order to evaluate the accuracy of these estimates.

Results

Overall Epidemic Trends

Following diagnosis of the first case in NYC, confirmed COVID-19 cases in the entire population increased nearly exponentially during the first three weeks (Fig 1B) before slowing down beginning the week of March 22, 2020 when NYC implemented a stay-at-home order. However, case trajectories differed substantially by age group. Foremost, reported cases increased with age: the case trajectory for those aged 25-44 years mirrored the overall epidemic curve, those older than 45 years had higher case rates, and those under 25 years had the lowest case rates (Fig 1A and Table S1). Infants (i.e. <1 year), however, had higher case rates than 1-4 and 5-14 year-olds (Fig 1). In addition, the timing of peak case rate was mixed. Case rates in 25-44, 45-64, and 65-74 year-olds peaked earliest during the week of March 29, 2020, followed by <1, 1-4, 15-24, and 75+ year-olds with a 1-week lag; in comparison, the case rate for 5-14 year-olds fluctuated with a less clear peak during the weeks of March 29 – April 26, 2020.

The epidemic trends based on diagnosed cases, however, were obscured by varying infection detection rates by age and through time. COVID-19 infections are more likely to manifest as symptomatic illness and/or more severe disease in individuals with underlying conditions and in older adults.(7, 8) Such differential clinical characteristics by age thus lead to varying healthcare seeking behaviors and infection detection rates by age. In addition, testing policies varied over the course of the Spring 2020 COVID-19 pandemic in NYC. During this time, testing capacity was limited at the federal, state and local levels by guidelines for who should be tested (due, for example, to limited availability of test kits, swabbing supplies and reagents), which required prioritizing testing for severely ill patients and those highly vulnerable to severe disease. Testing capacities expanded during the week of March 8, 2020;(9) however, by late March, material shortages (including testing kits and personal protective equipment) again prompted the city to restrict testing to those severely ill.(10) Using our model-inference system, we estimated that infection detection rates increased in early March, reaching a peak of around 20% for all ages overall during the week of March 15, and declined afterwards before increasing again in mid-April.(11)

After accounting for infection detection rates to include undiagnosed infections, a different picture of the NYC spring outbreak emerges (Fig 2 and Fig S3). Estimated infection rates were highest among 25-44 and 45-64 year-olds (Fig. 2 E and F), followed by 65-74 and 75+ year-olds (Fig. 2 G and H), then 5-14 and 15-24 year-olds (Fig. 2 C and D), and were lowest among <1 and 1-4 year olds (Fig. 2 A and B; Table S1). Estimated infection rates in the younger age groups (in particular, 5-14, 15-24, and 25-44 year-olds; Fig. 2 C-E) peaked during the week of March 22, 2020, followed by the three older age groups (i.e. 45-64, 65-74, and 75+ year-olds; Fig. 2 F-H) about a week later.

Overall effectiveness of interventions

The reproductive number at time- t (R_t) measures the average number of persons an infected individual infects and thus reflects underlying epidemic dynamics. The epidemic expands in size if R_t is above unity and subsides otherwise. In addition, when the entire population is

susceptible and no interventions are in place, R_t , referred to as the basic reproductive number (R_0), reflects the transmissibility of an infection in that population. Here we estimated that R_t was 2.99 [median and interquartile range (IQR): 2.32 – 3.86; Table S2] during the first week of the pandemic (i.e. the week of March 1) in NYC, similar to R_0 estimates reported for other places.(12, 13) It decreased to around 2.2 during the next two weeks, when NY State declared a state of emergency and public awareness and voluntary precautionary measures (e.g. avoiding public transit(14)) increased (Fig 2A). Following the stay-at-home mandate starting the week of March 22, R_t dropped substantially to 1.37 (IQR: 1.08 – 1.68) during that first week, to 0.93 (IQR: 0.73 – 1.13) a week later, and to a minimum of 0.56 (IQR: 0.45 – 0.67) during the week of April 12 (Fig 2A). These prompt decreases in R_t from mid-March to mid-April indicate that implemented public health messaging and interventions were effective in curtailing COVID-19 transmission.

Similar decreases in R_t occurred among most age groups (Fig 2 B-H). Overall, R_t among younger age groups (<45 years) decreased one or two weeks earlier than older age groups (45-64, 65-74, and 75+; Fig 2 C-F vs. Fig 2 G-L). Of note, among the four age groups with higher contact rates(15) (i.e. 5-14, 15-24, 25-44, and 45-64 year-olds), R_t dropped below 1 the earliest among 5-14 year-olds (0.99, IQR: 0.74 – 1.30; Table S2) during the week of March 22. This is consistent with the earliest public health interventions to this age group: the closure of public schools beginning the week of March 15.(2)

Effectiveness of reducing contact via school closure and voluntary or mandated stay-at-home measures

Several public health interventions were implemented around the same time (Fig. 2), and some interventions may take longer to produce an effect (e.g., due to slower compliance with the measure). It is thus challenging to separate the impact of different interventions. However, a number of measures – including voluntarily working from home during the early weeks of the pandemic, school closures, and the stay-at-home mandate – in effect reduce rates of close in-person contact, a key factor for COVID-19 transmission. Thus, here we focus on estimating the

impact of interventions whose primary mechanism of action is through a reduction in population contact rates. Given the difficulties measuring this quantity directly, we instead approximated population contact rates using human mobility data, which record real time population movement based on location changes of individual mobile devices (see Data). Indeed, the reduction in R_t mirrored the reduction in mobility (Fig 3). The Pearson correlation (r) between R_t and mobility over the 14-week study period was 0.96 for all ages overall and ≥ 0.9 for 1-4, 5-14, 15-24, and 25-44 year-olds (Table S3). Thus, we focused on mobility as a proxy for contact rates and used this quantity to estimate the corresponding changes in R_t and segregate the impact of interventions that reduce population contact rates from other concurrent interventions.

Mobility reduced by 11.6% during the second week of the pandemic (i.e. the week of March 8), and by a further 33.5% and 17.3% in the following two weeks, respectively (Fig 3). Using observed mobility data (i.e. our proxy for population contact rates) to estimate the corresponding changes in R_t , we estimate that, for all ages overall, reductions in population contact rates were associated with R_t reductions of 10.1% (95% CI: 8.3 – 11.9%) by the second week of the pandemic, and another 29.2% (95% CI: 24.9 – 33.5%) and 15.0% (95% CI: 14.3 – 15.8%) in the following two weeks, respectively (Fig 3A). By the week of April 12 when R_t reached its minimum, the reduction in population contact rates was associated with an R_t reduction of 70.7% (95% CI: 65.0 – 76.4%). In addition, analysis at the neighborhood level consistently showed large reductions in R_t that were likely due to reductions in population contact rates (range of median estimates: 66.1 – 90.1% across the 42 neighborhoods in NYC; Fig S4).

In addition, transmission in four age groups (i.e., 5-14, 15-24, 25-44, and 45-64 year-olds) appeared to be most impacted by changing population contact rates (Fig 3 and Table 1). The reduction in population contact rates was associated with decreases of the age-specific R_t by 83.4% (95% CI: 80.1 – 86.7%) for 5-14 year-olds, 65.4% (95% CI: 57.0 – 73.8%) for 15-24 year-

olds, 76.5% (95% CI: 68.5 – 84.6%) for 25-44 year-olds, and 68.9% (95% CI: 59.2 – 78.6%) for 45-64 year-olds, by the week of April 12.

Effectiveness of face covering/masking

Estimated transmission rates (or probability of infection) and the infectious period also closely tracked changes in mobility (Table S3; $r \geq 0.5$ for most age groups). Thus, it appears that reducing mobility not only reduces contact rates but also likely reduces 1) the probability of transmission per contact due to, e.g., increased public spacing and 2) the effective infectious period per infected individual due to, e.g., more time spent at home and as a result reduced time for community transmission despite likely unchanged duration of viral shedding. Given this observation, we hypothesize that the relationship between mobility and estimated transmission rates (and effective infectious period) can be used to disentangle the impact of interventions that reduce population contact rates (particularly, the stay-at-home mandate) and face covering/masking — two major public health interventions implemented in NYC during the pandemic — on transmission. We make two predictions if this hypothesis holds. First, predicted transmission rates (infectious period) using mobility data alone would be higher (longer) than those estimated by the model-inference system additionally based on case and mortality data *for weeks when face covering in public was mandated* as it would lead to further reductions in transmission (i.e., temporality and direction of the impact). Second, while the efficacy of masking (i.e., measured under ideal conditions of mask quality and correct use) likely does not vary by individual, the effectiveness of masking (i.e., measured under real-world, often imperfect conditions) and impact of this intervention could vary by subpopulation due, for example, to different usage rates of masks; as such, we expect the predictive errors to be larger for age groups with higher compliance of masking (i.e., magnitude of the impact). Our analyses largely confirmed both predictions. For the first, as shown in Fig 4, transmission rates predicted using a linear regression model with the observed mobility as the sole predictor were higher than those estimated by the model-inference system, following the face covering mandate starting the week of April 12.(4) For the latter, the discrepancies in the two model estimates (i.e. the gaps between the dashed and solid blue lines; Fig 4) appeared to increase with age and

were largest among the two elderly age groups who have been reported to more frequently use masks.⁽¹⁶⁻¹⁸⁾ However, infants (<1 year) appeared to have a larger reduction than other children groups; this could have been due to transmission reduction related to their sources of infection (e.g. their caretakers and healthcare settings where they tended to be exposed). Similar patterns held for the effective infectious period (Fig 4).

Given these observations, we further used the discrepancies in the two model estimates to approximate the impact of face covering on reducing COVID-19 transmission. Combining the reduction in the transmission rate and effective infectious period, we estimated that, for all ages combined, face covering contributed to a 6.6% (95% CI: 0.8 – 12.4%) reduction during the first month it was implemented and a 3.4% (95% CI: -1.9 – 8.6%) reduction over the entire 8 weeks prior to the city's reopening (Table 1). As expected, the estimated impact varied substantially by age group. The effectiveness was 20.8% (95% CI: -0.1 – 41.6%) for 65-74 year-olds and 20.8% (95% CI: -0.9 – 42.5%) for 75+ year-olds during the first month and remained at similar levels afterwards. For 25-44 and 45-64 year-olds, two age groups with the highest infection rates (Fig 2), the effectiveness was 4.5% (95% CI: -0.6 – 9.7%) and 8.1% (95% CI: -0.1 – 16.1%) in the first month, respectively; however, it reduced substantially afterwards, likely due to reversed risk behavior. Of note, in addition to the likely lower usage rate of face covering in late May – early June, increases in risky behaviors such as large gatherings at the time⁽¹⁹⁾ may have partially obscured the effectiveness of masking.

Retrospective projections of cases and deaths

NYC started phased reopening from the week of 6/7/2020, which allows industries to gradually reopen per a four-phase plan.⁽²⁰⁾ For instance, manufacturing industries were allowed to reopen starting the week of 6/7/2020 (dubbed "Phase 1"), whereas real estate was allowed to reopen starting the week of 6/21/2020 (dubbed "Phase 2"), and personal care services were allowed starting the week of 7/6/2020 (dubbed "Phase 3"). As such, population mobility has increased gradually during this time, which could lead to increased transmission of unknown magnitude. Such changes also offer an opportunity to test the accuracy of our estimates –

should the estimated effectiveness of reducing contact rates and utilizing face coverings be accurate, these estimates could be used to anticipate changes in transmission in response to the changing mobility and in turn the epidemic dynamics after reopening. We thus used these estimates to generate projections of cases and deaths for the 8 weeks beyond our study period, and compared the projections to available, independent corresponding observations. Overall, our projections underestimated the total number of cases (relative error of median projections: -27% over 8 weeks; Fig 5A) but were able to accurately estimate the total number of deaths (relative error: -2% over 8 weeks; Fig 5B). In addition, examination of age-grouped projections shows that the underestimation of cases was mostly among younger age groups whose case rates had increased in June (1-4, 5-14, 15-24 and 25-44 year-olds; Fig S5). These recent increases in young cases may have resulted from more young adults returning to work including some in service industries with high contact rates and, relatedly, sending their children to childcare and/or summer camps due to a lack of caretakers at home [information from NYC Department of Health and Mental Hygiene (DOHMH) community investigation; unpublished]. In addition, increased risk behaviors of some young individuals (e.g., large parties without physical distancing(19)) may have also contributed to the increased cases among young adults in late June.(21) Consistently, COVID-19 associated mortality, mostly occurring among older adults continued to decrease and were accurately predicted for different age groups (Fig S6).

Discussion

The spring 2020 pandemic wave in NYC, the first epidemic center in the US, provides a test case to study COVID-19 epidemiological characteristics and the effectiveness of public health interventions. Through comprehensive modeling, we have reconstructed the transmission dynamics and estimated the effectiveness of two major interventions, social distancing and mandatory face covering in public. Our results show that reducing contact rates (mainly via school closures and voluntary or mandated stay-at-home measures) likely contributed to the largest reduction in transmission in the population overall (~70%) and for most age groups (>50% for all age groups). Widespread use of face covering likely contributed to an additional ~7% overall reduction and up to ~20% reduction among 65+ year-olds during the first month

face covering was mandated in public places. Our findings largely consolidate previous model estimates on the impact of lockdown-like measures(6, 22, 23) and studies on face covering in reducing COVID-19 transmission and provide insights to future COVID-19 mitigation efforts.

Lockdown-like measures where confinement at home is encouraged or mandated through school closures, telework policies, closure of non-essential businesses, and stay-at-home orders have been a major control measure to curb COVID-19 spread. In effect, such measures reduce population contact rates and thus transmission. Previous modeling studies estimated that lockdowns reduced COVID-19 transmission (measured by R_t) by 58% in Wuhan, China,(6) 45% (95% CI: 42-49%) in Italy,(23) and 77% (95% CI: 76-78%) in France.(22) Our estimate for NYC overall (~70%) is consistent with these previous estimates. In addition, our estimates show that reducing population contact rates effectively reduced transmission across all age groups (ranging from a 51% reduction among 1-4 year-olds to 83% among 5-14 year-olds; Table 1). Together, these findings underscore the importance of reducing contact rates through, for example, physical distancing in places with continuous community transmission of COVID-19.

The use of surgical masks or cloth face coverings has been another major preventive measure. Studies overall have shown that surgical masks could substantially reduce onward transmission albeit with a large range of efficacy estimates across settings.(24) However, it remains unclear the overall effectiveness of universal face covering requirements at the population level, especially during a pandemic, due to several factors: 1) The overall effectiveness depends on compliance which may vary across subpopulations and time; 2) Improper use of face coverings (e.g. without covering the nose and/or mouth or improper handling(25)) can reduce the effectiveness of face covering; 3) Face coverings are required and mostly worn in public and thus likely have a lower impact in private settings, particularly in reducing household transmission; consequently, the relative impact of face covering depends on the relative contribution of different sources of transmission (e.g. household vs. community) at a given time and *vice versa*; and 4) Use of face coverings may lead to complacency and less stringent adherence to social distancing and stay-at-home behaviors. Here we estimated a ~7% reduction

in overall transmission during the first month of the face covering mandate. However, the estimated effectiveness varied largely across age groups with much higher effectiveness among older adults (~20% for both 65-74 and 75+ year-olds vs. <10% for other age groups). This discrepancy was likely due to the differential compliance and types of face covering used. Observational studies in Wisconsin and surveys nationwide in April/May reported about 2-fold higher rates of face covering usage among older adults versus younger adults and minors.(16-18) In addition, due to the shortage of surgical masks during March–May,(26) older adults at higher risk of severe COVID-19 infection were more likely to use surgical masks whereas younger age groups more frequently used non-medical cloth coverings, which are often less effective(27, 28) (e.g. measured ultrafine filtration efficiency is ~50% for surgical masks vs. ~10-25% for T-shirt and ~25-35% for cotton covers(28)).

As lockdown-like measures have been gradually lifted in many places, residents spend more time outside their homes than during the lockdown. Adjusting for the time spent outside of homes (~8.3 hours in April 2020 vs. ~11.5 hours in June-July 2020 and ~13.5 hours pre-pandemic; NYC data(29)), universal face covering would have reduced overall transmission by ~9–11% (i.e., 6.6% multiplied by a factor of 1.4–1.6) during reopening, given the same rates of face covering as in April. However, if the same effectiveness among older adults were achieved among other age groups, universal face covering could reduce overall transmission by up to ~28–32% (i.e., 20% multiplied by a factor of 1.4–1.6). Thus, our findings suggest that improving rates of usage of effective face coverings, especially among younger age groups, would significantly mitigate the risk of resurgence in COVID-19 infections during re-opening. It is thus crucial for future research to understand reasons for the use/non-use and selection of face coverings by age group to inform strategies to increase consistent and correct mask use in settings where social distancing is not possible.

It is important to note, however, that not all individuals have the same opportunities to physically distance and/or adopt face coverings during a pandemic, despite government mandates. For instance, over one million frontline workers in NYC (e.g., healthcare workers,

transportation workers, janitors, and grocery clerks, which comprise 25 percent of the city's workforce) had to continue their essential work during the pandemic.(30) In addition, data from the U.S. Bureau of Labor Statistics suggest Black and Latino communities have less opportunities to work from home.(31) Consequently, NYC neighborhoods with more frontline workers and/or Black and Latino residents tended to have lower reductions in population mobility during the pandemic.(29) In NYC, these communities also experience a number of social conditions that are thought to exacerbate COVID-19, including overcrowded multigenerational households, poverty, and high prevalence of chronic diseases. These communities, known to also carry a higher burden of underlying health conditions, suffered greater impacts from COVID-19 and have expressed fear and experiences of racialized bias when wearing a face covering.(32, 33) Further research is warranted to investigate such health disparities. In addition, future policies should take into account structural inequities in labor trends, overcrowded housing, and underlying conditions and adopt additional preventive measures to protect those vulnerable communities.

We also note there remain large uncertainties in our estimates due to several limitations. Foremost, we used population mobility as a proxy for contact rates rather than more direct measures. Similar approximation and uncertainty applied to our estimates of the effectiveness of face covering. Future studies are thus warranted for further assessment. In addition, here we focused on estimating the effectiveness of interventions in the general population without segregating key settings with intense transmission (e.g., long-term care facilities). Future studies should assess the impact of interventions targeting such high-risk settings.

Our study also has several strengths. In particular, our estimates were based on comprehensive model-inference incorporating multiple data streams and further evaluated using model projections. Results thus provide an assessment of two major public health interventions (reducing contact rates and face covering) at the population level where the overall effectiveness depends on multiple factors in addition to the efficacy of a given intervention. Altogether, our estimates support the need for multiple interventions (including reducing

contact rates by, e.g., restricting occupancy, universal face covering, and, albeit not studied here, testing, contact tracing, isolation and timely treatment of cases) in order to effectively mitigate the spread of COVID-19 as it continues to pose threats to public health.

Methods

Data

COVID-19 cases included all laboratory-confirmed cases by week of diagnosis reported to the NYC DOHMH. Mortality data by week of death combined confirmed and probable COVID-19-associated deaths. Confirmed COVID-19-associated deaths were defined as those occurring in persons with laboratory-confirmed SARS-CoV-2 infection, and probable COVID-19 deaths were defined as those with COVID-19, SARS-CoV-2, or a similar term listed on the death certificate as an immediate, underlying, or contributing cause of death, but did not have laboratory-confirmation of COVID-19.⁽³⁴⁾ For this study, both weekly case and mortality data were aggregated by age group (<1, 1-4, 5-14, 15-24, 25-44, 45-64, 65-74, and 75+ years) for each of the 42 United Hospital Fund (UHF) neighborhoods,⁽³⁵⁾ according to the patient's residential address. All data were retrieved on Sep 4, 2020.

The mobility data, used to model changes in population contact rates due to public health interventions implemented during the pandemic (e.g., social distancing), came from SafeGraph^(29, 36) and contained counts of visitors to locations in each zip code from the same zip code and others, separately, based on mobile device locations. The released data were anonymized and aggregated in weekly intervals. We spatially aggregated these data to the UHF neighborhood level, for both intra and inter UHF neighborhood mobility. In addition, SafeGraph also provided an aggregate measure of the length of time spent outside of the home during each week.

This study was classified as public health surveillance and exempt from ethical review and informed consent by the Institutional Review Boards of both Columbia University and NYC DOHMH.

Network transmission model

The epidemic model used in this study was described in Yang et al. 2020(11) Briefly, the model simulated intra- and inter neighborhood transmission of COVID-19 using a susceptible-exposed-infectious-removed (SEIR) network model:

$$\begin{cases} \frac{dS_i}{dt} = -S_i \sum_{j=1}^{j=42} b_j \beta_{city} c_{ij} I_j / N_j \\ \frac{dE_i}{dt} = S_i \sum_{j=1}^{j=42} b_j \beta_{city} c_{ij} I_j / N_j - \frac{E_i}{Z} \\ \frac{dI_i}{dt} = \frac{E_i}{Z} - \frac{I_i}{D} \\ \frac{dR_i}{dt} = \frac{I_i}{D} \end{cases} \quad (\text{Eqn 1})$$

where S_i , E_i , I_i , R_i , and N_i are the numbers of susceptible, exposed (but not yet infectious), infectious, and removed (either recovered or deceased) individuals and the total population, respectively, from a given age group in neighborhood i . Note that due to model complexity and a lack of information for parameterizing interactions among age groups, we modeled each age group separately (i.e., combining all sources of transmission to each age group; see further detail on parameter estimation below); as such, Eqn 1 describes the spatial transmission across neighborhoods without interactions among age groups. β_{city} is the citywide transmission rate, which incorporated seasonal variation as observed for OC43, a beta-coronavirus in humans from the same genus as SARS-CoV-2.(37) To allow differential transmission in each neighborhood, we included a multiplicative factor, b_i , to scale neighborhood local transmission rates. Z and D are the latency and infectious periods, respectively (Table S4).

The contact rates (c_{ij}) in each neighborhood over time and connectivity among neighborhoods were computed based on mobility data. The model also accounted for delays from infection to diagnosis using two parameters (gamma distribution with mean T_d and standard deviation T_{sd} estimated along with other parameters) and death (based on observed time from diagnosis to death) as well as infection detection rate using a parameter r (estimated along with other parameters). For further detail, please refer to Yang et al. 2020.(11)

Parameter estimation

To estimate model parameters (e.g., b_i , β_{city} , Z , D , r , and *infection fatality risk*, for $i=1,\dots,42$) and state variables (e.g., number of susceptible and infectious individuals in each neighborhood) for each week, we ran the network-model stochastically with a daily time step in conjunction with the ensemble adjustment Kalman filter (EAKF)(38) and fit to weekly case and mortality data from the week starting March 1 to the week ending June 6, 2020. The posterior distribution of each model parameter/variable was updated for that week at the same time.(38) This parameter estimation process was done separately for each of the eight age groups (i.e. <1, 1-4, 5-14, 15-24, 25-44, 45-64, 65-74, and 75+ years). To include transmission from other age groups, we used measured intra and inter-group contacts from the POLYMOD study(15) to compute the total number of contacts made with each age group and adjusted the *prior* range of the transmission rate (β_{city}) for each age group accordingly. The posterior estimate was computed based on cases and mortality data for each group, which included all sources of infection. Thus, the estimated transmission rate for each age group nevertheless included all sources of transmission. To account for stochasticity in model initiation, we ran the parameter estimation process independently 20 times. Results for each age group were combined from these 20 runs (each with 500 model realizations). We computed age-specific R_t , the effective reproductive number during week- t , from the posterior estimates of transmission rate (β_{city} and b_i), infectious period (D), contact matrix (c_{ij}), susceptibility and population size in the neighborhood using the next generation method.(39) We computed R_t , β_{city} , and D estimates for all ages overall as a weighted average of the age-specific estimates with weights equal to the population fraction in each age group.

Estimating the effectiveness of reducing contact rates

The R_t estimates from the model-inference system capture changes in transmission due to various interventions, i.e., the overall effectiveness of all implemented interventions. To separately estimate the effectiveness of interventions that reduce contact rates, we used human mobility as a measure of population contact rate to estimate the changes in R_t in response to changing population contact rates. Specifically, we regressed the R_t estimates from

the full model-inference system on the mobility data: $R_t = a_0 + a_1 M_{ave,t}$ (Eqn 2), where $M_{ave,t}$ is the mean of all intra-neighborhood mobility at week- t . We then computed the effectiveness of reducing contact rate based on \widehat{R}_t , the R_t estimate from this regression model solely based on the observed mobility. That is, the reduction in R_t by week- t , likely due to reducing contact rate, was computed as $(\widehat{R}_t - \widehat{R}_0)/\widehat{R}_0$ (Eqn 3). To test the robustness of our method, we performed the same analysis for individual UHF neighborhoods ($n = 42$).

Estimating the effectiveness of face covering/masking

In addition to changes in population contact rates, face covering/masking was another major control measure implemented beginning the week of April 12, 2020 when NYC mandated residents wear face coverings in public places. To estimate the effectiveness of face covering, we first estimated the changes in transmission rate and effective infectious period, two model parameters determining R_t , due to changes in mobility (as opposed to masking) using regression models similar to Eqn 2. Specifically, we regressed the estimated citywide transmission rate (or effective infectious period) from the full model-inference system on average mobility: $Y_t = a_0 + a_1 M_{ave,t}$ (Eqn 4), where Y_t is β_{city} or D . We then computed the relative reduction in transmission rate (or effective infectious period) due to face covering as $\eta_Y = E((Y_t - \widehat{Y}_t)/Y_t)$, where $E(\cdot)$ gives the mean over the relevant timeframe (here we estimated two timeframes, i.e., 1 month following the mandate and over 8 weeks up to 6/6/2020). Combining both reductions, we computed the effectiveness of face covering as $\eta = 1 - (1 - \eta_\beta)(1 - \eta_D)$. Of note, while mechanistically face coverings act primarily by reducing the probability of transmission (i.e., transmission rate), here we included both the potential impact on the transmission rate (η_β) and effective infectious period (η_D), mainly because the multiplicative relationship of the two variables with R_t makes it challenging to separate the two effects. Nevertheless, reductions in the infectious period via face covering are possible. A recent study on animals showed that masking could reduce the severity of infection;(40) if persons with milder infection experience shorter duration of viral shedding (there is some evidence for this, e.g., from He et al.(41)), milder symptoms in individuals infected while wearing face covering could lead to shorter infectious period of these individuals.

Projections of cases and deaths

To evaluate the accuracy of model estimates, in particular, the effectiveness of transmission reduction by reducing contact rates and use of face covering, we tested if these estimates along with the model could generate accurate predictions of cases and deaths for 8 weeks beyond the study period (i.e. from the week of 6/7/2020 to the week of 7/26/2020). We first projected the citywide transmission rate and infectious period based on observed mobility using Eqn 4; these estimates thus accounted for changes due to changes in contact rates. To incorporate the reduction in transmission by face covering, we further reduced the projected city transmission rate by a factor of $1 - \eta_{\beta} p_{out}$ and the infectious period by a factor of $1 - \eta_D p_{out}$, where p_{out} is a factor to adjust for time spent outside of the home during each week. To reflect longer-term usage rates of face covering, we used η_{β} and η_D estimated during the entire 8 weeks face covering was required (i.e. from the week of 4/12/2020 to the week of 5/31/2020). Finally, we used estimates of population susceptibility and infection rates at the end of the week of 5/31/2020 to model initial conditions and integrated the SEIR network model forward stochastically for 8 weeks using the projected transmission rate and infectious period.

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Conflict of Interest

J Shaman and Columbia University disclose partial ownership of SK Analytics. J Shaman discloses consulting for BNI. Other authors have nothing to disclose.

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Table

Table 1. Estimated effectiveness of reducing contact rate and face covering. Numbers are the estimated mean and 95% CIs, in percentage. Note the estimated effectiveness of contact rate reduction combined all measures that reduce contact rates, including school closures and voluntary or mandated stay-at-home measures.

Age	Estimated effectiveness of intervention (%)		
	contact rate reduction	Face covering (1 st month)	Face covering (2 months)
all	70.7 (65.0, 76.4)	6.6 (0.8, 12.4)	3.4 (-1.9, 8.6)
<1	53.8 (41.6, 66)	9.3 (-4.2, 22.9)	12.8 (0.2, 25.3)
1-4	51.0 (45.8, 56.2)	0.9 (-5.5, 7.4)	6.7 (0.6, 12.8)
5-14	83.4 (80.1, 86.7)	3.0 (-0.5, 6.6)	1.6 (-1.6, 4.8)
15-24	65.4 (57.0, 73.8)	4.3 (-2.8, 11.4)	4.0 (-2.5, 10.6)
25-44	76.5 (68.5, 84.6)	4.5 (-0.6, 9.7)	-1.0 (-5.6, 3.7)
45-64	68.9 (59.2, 78.6)	8.1 (-0.1, 16.1)	4.4 (-2.9, 11.8)
65-74	55.8 (34.5, 77.2)	20.8 (-0.1, 41.6)	18.3 (-0.2, 36.9)
75+	53.8 (32.3, 75.3)	20.8 (-0.9, 42.5)	16.2 (-3.3, 35.7)

Figures

Fig 1. Epidemic dynamics. Reported laboratory confirmed cases (A) and cumulative cases (B) per 100,000 population by week of diagnosis for all ages overall and by age group.

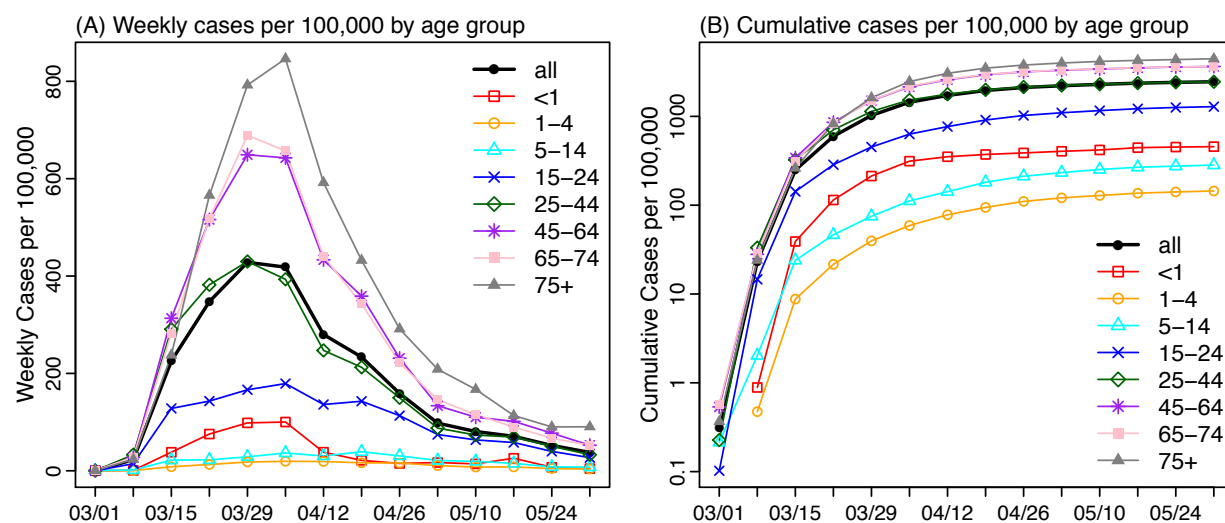


Fig 2. Estimated changes in the effective reproductive number and infection rates. Blue lines show the estimated effective reproductive number (R_t) for each week; surrounding areas show the 50% and 95% CrIs. Superimposed boxes (right y-axis) show estimated infection rates by week: median (thick vertical lines), 50% CrIs (box edges), and 95% CrIs (whiskers).

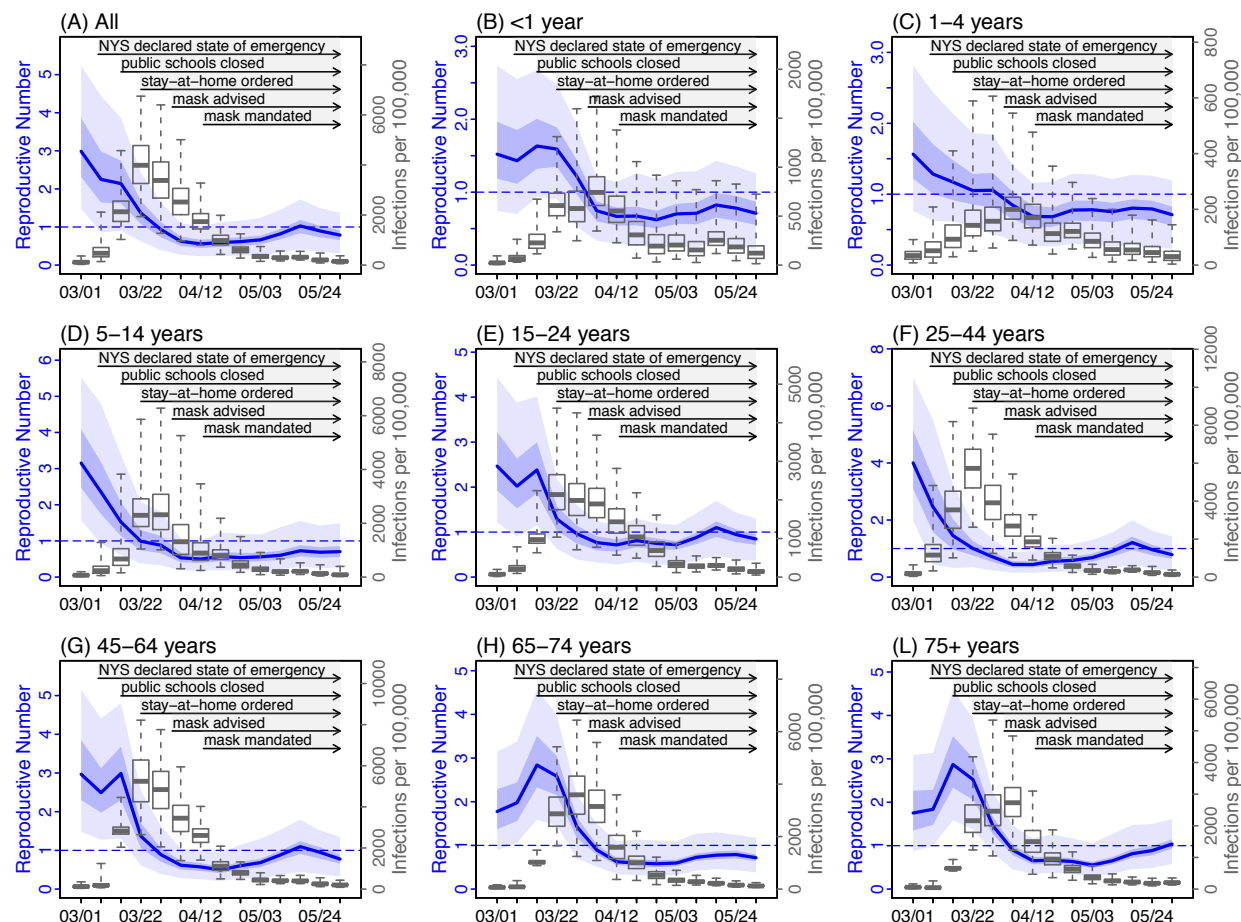


Fig 3. Effectiveness of reducing contact rates. Note the estimated effectiveness combined all measures that reduce contact rates, including school closures and voluntary or mandated stay-at-home measures. Dark grey lines show the observed changes in mobility (right y-axis). Blue lines show R_t estimated using a linear regression model with mobility as the sole predictor; surrounding areas show the 95% CIs of the model estimates. The adjusted r^2 for the regression model is also shown in each plot. For comparison, dashed blue lines show R_t estimates from the model-inference system, without accounting for susceptibility. Percentages attached to the lines show the incremental reductions in either estimated R_t (in blue) or mobility (in grey).

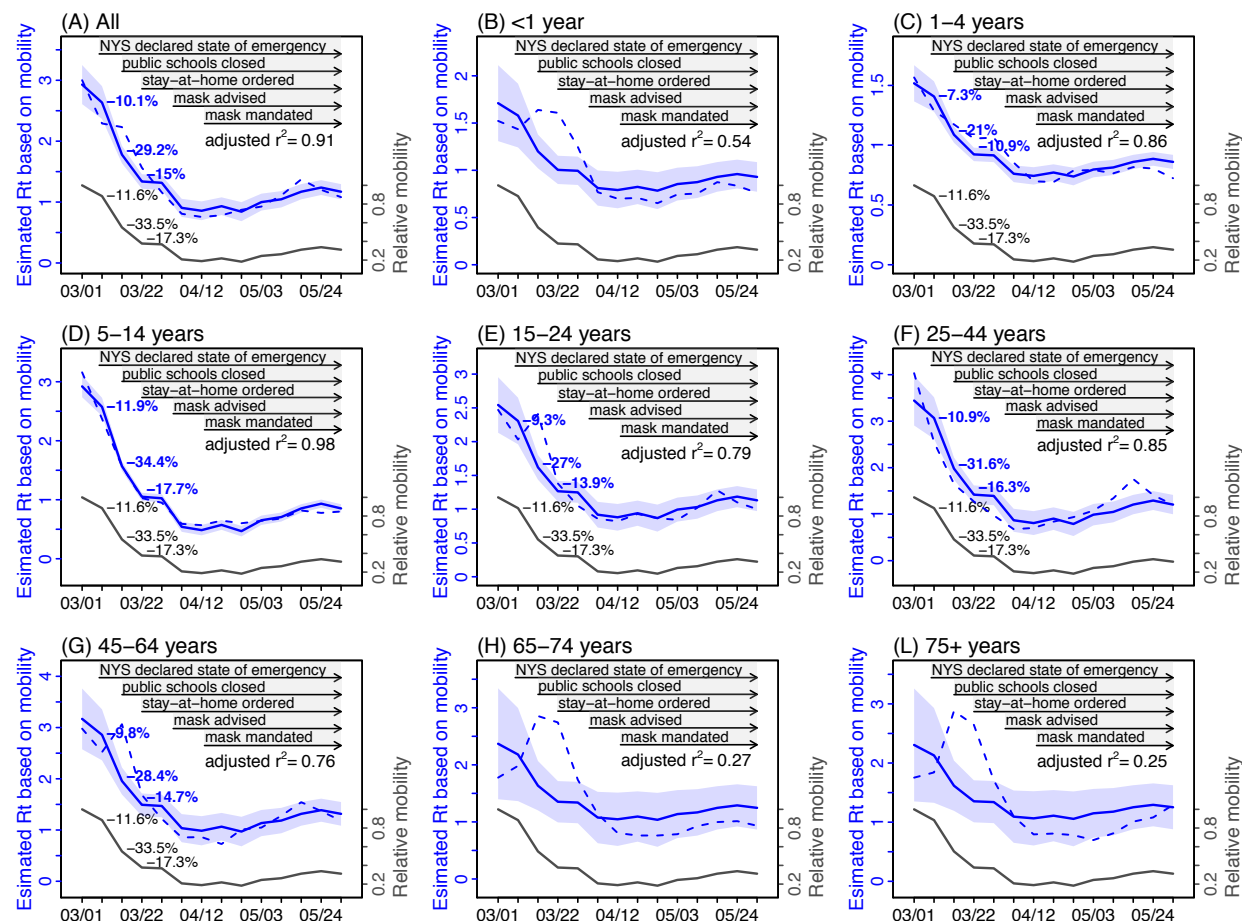


Fig 4. Effectiveness of face covering in reducing the transmission rate and infectious period. Solid lines show the estimated transmission rate (in blue, left y-axis) and infectious period (in red, right y-axis) using the model-inference system incorporating interventions including face covering. Surrounding areas show the 50% CrIs of model estimates. Dashed lines show corresponding estimates from a linear regression model with mobility as the sole predictor (i.e without accounting for face covering).

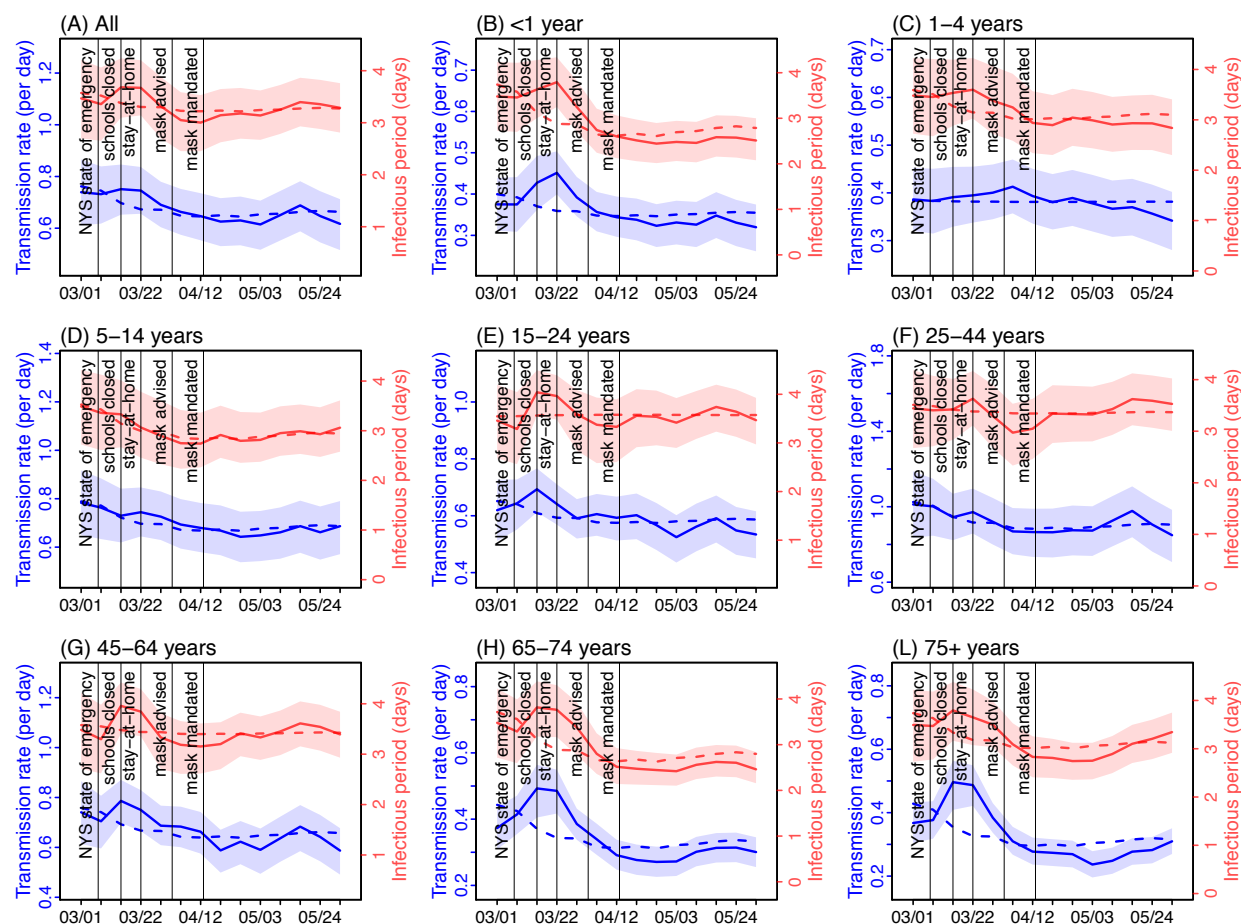
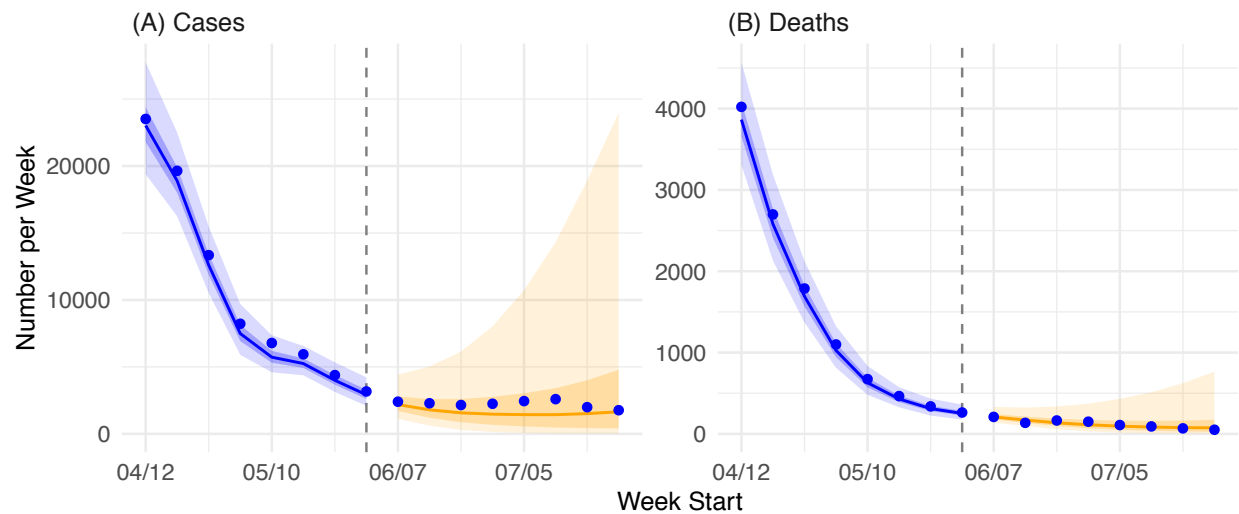


Fig 5. Projections of COVID-19 cases and deaths eight weeks beyond the study period. Blue dots show confirmed cases by week of diagnosis and deaths by week of death, as observed by the surveillance system. Blue lines show model median estimates; surrounding shades show 50% and 90% CrIs. Orange lines show model projected median weekly cases and deaths; surrounding shades show 50% and 90% CIs of the projection.



Supplemental Tables and Figures

for

COVID-19 Transmission Dynamics and Effectiveness of Public Health Interventions in New York City during the 2020 Spring Pandemic Wave

Wan Yang, Jaimie Shaff, Jeffrey Shaman

Supplemental Tables

Table S1. Total number of reported cases and estimated cumulative infection rate by the week of 5/31/20. Case rate was computed as the number of total cases divided by the population size of the corresponding age group. Estimated infection rate was estimated by model-inference system, normalized to the corresponding population size; numbers are median (and 95% CrIs).

Age	Total number of cases	Case rate (%)	Estimated infection rate (%)
all	205693	2.45	17.6 (13.2, 25.5)
<1	515	0.46	4.4 (2.9, 10.5)
1-4	609	0.14	1.4 (0.9, 3.7)
5-14	2646	0.28	10.5 (6.5, 24.5)
15-24	12562	1.28	12.0 (8.4, 19.5)
25-44	64764	2.45	22.7 (16.8, 31.5)
45-64	74833	3.64	23.1 (18.4, 29.6)
65-74	25469	3.64	15.2 (11.4, 21.7)
75+	24295	4.44	12.7 (9.8, 18.4)

Table S2. Estimated reproductive number by week and age group. Numbers are median (and interquartile range) of the posterior estimates.

date	Age Groups								
	all	<1	1-4	5-14	15-24	25-44	45-64	65-74	75+
3/1/20	2.99 (2.32, 3.86)	1.52 (1.19, 1.96)	1.56 (1.22, 2.02)	3.15 (2.47, 4.09)	2.47 (1.93, 3.22)	4 (3.1, 5.15)	2.97 (2.3, 3.86)	1.77 (1.37, 2.29)	1.75 (1.35, 2.27)
3/8/20	2.25 (1.64, 2.98)	1.43 (1.11, 1.85)	1.28 (1, 1.7)	2.35 (1.74, 3.18)	2.02 (1.53, 2.64)	2.46 (1.57, 3.48)	2.49 (1.97, 3.12)	1.98 (1.55, 2.44)	1.84 (1.48, 2.29)
3/15/20	2.14 (1.62, 2.74)	1.63 (1.32, 2)	1.17 (0.92, 1.48)	1.52 (1.13, 2.06)	2.38 (1.86, 3)	1.45 (0.97, 2.03)	2.99 (2.3, 3.68)	2.84 (2.33, 3.51)	2.87 (2.33, 3.52)
3/22/20	1.37 (1.08, 1.68)	1.59 (1.35, 1.89)	1.05 (0.85, 1.29)	0.99 (0.74, 1.3)	1.29 (1.03, 1.57)	1 (0.76, 1.26)	1.37 (1.06, 1.71)	2.58 (2.15, 3.04)	2.52 (2.06, 3.02)
3/29/20	0.93 (0.73, 1.13)	1.22 (0.97, 1.44)	1.06 (0.82, 1.3)	0.88 (0.66, 1.14)	0.96 (0.75, 1.15)	0.7 (0.52, 0.88)	0.89 (0.71, 1.06)	1.43 (1.17, 1.65)	1.46 (1.27, 1.66)
4/5/20	0.63 (0.5, 0.75)	0.74 (0.6, 0.88)	0.84 (0.65, 1.03)	0.53 (0.41, 0.68)	0.77 (0.59, 0.91)	0.44 (0.33, 0.56)	0.62 (0.5, 0.73)	0.9 (0.79, 1.02)	0.9 (0.78, 1.02)
4/12/20	0.56 (0.45, 0.67)	0.67 (0.54, 0.79)	0.69 (0.53, 0.84)	0.5 (0.38, 0.62)	0.72 (0.57, 0.83)	0.44 (0.34, 0.55)	0.57 (0.47, 0.67)	0.63 (0.55, 0.71)	0.65 (0.57, 0.74)
4/19/20	0.59 (0.48, 0.7)	0.67 (0.54, 0.8)	0.68 (0.54, 0.81)	0.57 (0.44, 0.7)	0.81 (0.66, 0.93)	0.55 (0.42, 0.68)	0.49 (0.41, 0.57)	0.6 (0.52, 0.68)	0.66 (0.58, 0.74)
4/26/20	0.62 (0.5, 0.73)	0.62 (0.5, 0.75)	0.77 (0.62, 0.91)	0.54 (0.42, 0.67)	0.75 (0.61, 0.86)	0.58 (0.45, 0.72)	0.6 (0.5, 0.71)	0.58 (0.5, 0.67)	0.63 (0.56, 0.71)
5/3/20	0.66 (0.54, 0.77)	0.7 (0.56, 0.84)	0.78 (0.62, 0.91)	0.56 (0.44, 0.67)	0.72 (0.61, 0.8)	0.68 (0.54, 0.82)	0.68 (0.56, 0.78)	0.6 (0.52, 0.67)	0.55 (0.48, 0.63)
5/10/20	0.82 (0.67, 0.95)	0.71 (0.56, 0.86)	0.75 (0.6, 0.88)	0.6 (0.47, 0.73)	0.88 (0.73, 0.98)	0.9 (0.72, 1.06)	0.88 (0.74, 0.99)	0.73 (0.64, 0.81)	0.65 (0.57, 0.74)
5/17/20	1.03 (0.83, 1.18)	0.82 (0.65, 0.99)	0.8 (0.65, 0.93)	0.73 (0.57, 0.88)	1.1 (0.89, 1.24)	1.21 (0.95, 1.42)	1.1 (0.91, 1.24)	0.78 (0.69, 0.87)	0.81 (0.72, 0.92)
5/24/20	0.89 (0.73, 1.03)	0.78 (0.61, 0.95)	0.79 (0.63, 0.91)	0.69 (0.53, 0.83)	0.94 (0.78, 1.06)	0.96 (0.76, 1.13)	0.95 (0.78, 1.08)	0.79 (0.7, 0.88)	0.89 (0.78, 0.99)
5/31/20	0.79 (0.66, 0.91)	0.71 (0.55, 0.87)	0.71 (0.56, 0.83)	0.7 (0.55, 0.86)	0.85 (0.72, 0.95)	0.79 (0.64, 0.93)	0.77 (0.65, 0.89)	0.72 (0.64, 0.79)	1.04 (0.93, 1.15)

Table S3. Correlation of key epidemiological parameters with population mobility during the week of March 1 – the week of May 31, 2020.

Age	Rt (ignore susceptibility)	Rt	Transmission rate	Infectious period
all	0.96	0.96	0.73	0.54
<1	0.76	0.77	0.41	0.70
1-4	0.93	0.93	0.05	0.65
5-14	0.99	0.99	0.86	0.92
15-24	0.90	0.91	0.52	-0.05
25-44	0.93	0.96	0.80	0.27
45-64	0.88	0.90	0.60	0.24
65-74	0.57	0.63	0.54	0.65
75+	0.55	0.60	0.50	0.64

Table S4. Prior ranges for main model parameters and variables. The spatial, temporal, and age resolution of each parameter or variable, estimated in the model-inference system, is specified in the column "Resolution". Note posterior parameter estimates can extend outside the specified prior ranges. Note this is the same as Table S1 in Yang et al.(1)

Parameter/ variable	Symbol	Resolution	Prior range	Source/rationale
Initial exposed	$E(t=0)$	neighborhood- and age-group specific, estimated for the beginning of the Week of March 1, 2020	300 – 8000 total citywide, scaled by population size for each age group and neighborhood	Large uncertainties, used very wide range
Initial infectious	$I(t=0)$	neighborhood- and age-group specific, , estimated for the beginning of the Week of March 1, 2020	150 – 4000 total citywide, scaled by population size for each age group and neighborhood	Assumed to be half the initial exposed
Initial susceptible	$S(t=0)$	neighborhood- and age-group specific, estimated for the beginning of the Week of March 1, 2020	$N - E - I$	Assumed all were susceptible except for those initially exposed/infectious
Population size in each age group and neighborhood	N	neighborhood- and age-group specific	N/A	NYC intercensal population estimates for 2018(2)
Citywide transmission rate	β_{city}	Citywide, age-group specific, estimated for each week	[0.5, 1] per day overall; scaled by contact rate for each age group based on contact data from the POLYMOD study(3) (averaged across 8 countries)	Based on R_0 estimates of around 1.5-4 for SARS-CoV-2(4-6)
Scaling of neighborhood transmission rate	b_i	neighborhood- and age-group specific, estimated for each week	[0.8, 1.2] for age groups under 65 years; [0.5, 1.5] for age groups 65 or older	Around 1; larger variation for elderly groups based on data

Latency period	Z	Citywide, age-group specific, estimated for each week	[2, 5] days	Incubation period: 5.2 days (95% CI: 4.1, 7)(4); latency period is likely shorter than the incubation period
Infectious period	D	Citywide, age-group specific, estimated for each week	[2, 5] days	Time from symptom onset to hospitalization: 3.8 days (95% CI: 0, 12.0) in China,(7) plus 1-2 days viral shedding before symptom onset. We did not distinguish symptomatic/asymptomatic infections.
Multiplicative factor for mobility	m_1	Citywide, age-group specific, estimated for each week	[1, 2] for <1 year; [0.5, 1.5] for three age groups 1-24 years; [0.1, 1.5] for age group 25-44; [1, 2.5] for age groups 45 or older	Initial model testing showed transmission rates for younger age groups were more sensitive to changes in mobility whereas the two oldest age groups were not sensitive to mobility. For age groups with contact rates lower than the average (based on the POLYMOD study(3)), we raised the diagonal elements in the mobility matrix to the power of the relative contact rate (<1) to account for insensitivity of transmission rate in these age groups to mobility.
Multiplicative factor for neighborhood connectivity	m_2	Citywide, age-group specific, estimated for each week	[0.5, 2]	Likely around 1 but with large uncertainties
Mean of time from viral shedding to diagnosis	T_m	Citywide, age-group specific, estimated for each week	[3, 8] days	From a few days to a week from symptom onset to diagnosis/ reporting,(7) plus 1-2 days of viral shedding (being infectious) before symptom onset

Standard deviation (SD) of time from viral shedding to diagnosis	T_{sd}	Citywide, age-group specific, estimated for each week	[1, 3] days	To allow variation in time to diagnosis/reporting
Reporting rate	r	Citywide, age-group specific, estimated for each week	Starting from [0.001, 0.05] at time 0 and allowed to increase over time using space re-probing(8)	Large uncertainties
Infection fatality risk (IFR)		Citywide, age-group specific, estimated for each week	[5, 15]×10 ⁻⁴ for ages under 25; [5, 15]×10 ⁻³ for ages 25-44; [5, 15]×10 ⁻² for ages 45-64; [0.01, 0.1] for ages 65-74; [0.02, 0.2] for ages 75+;	Based on previous estimates(9) but extend to have wider ranges
Time from diagnosis to death		Citywide	Gamma distribution with mean of 9.36 days and SD of 9.76 days	Based on $n=15,686$ COVID-19 confirmed deaths in NYC as of May 17, 2020.

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Supplemental Figures

Fig S1. Model fits of reported confirmed COVID-19 cases. Blue dots show reported number of cases by age group and week of diagnosis. Boxes show the model fitted weekly number of cases by age group. Box edges, thick middle lines, and whiskers show the 2.5th, 25th, 50th, 75th, and 97.5th percentiles of model estimates.

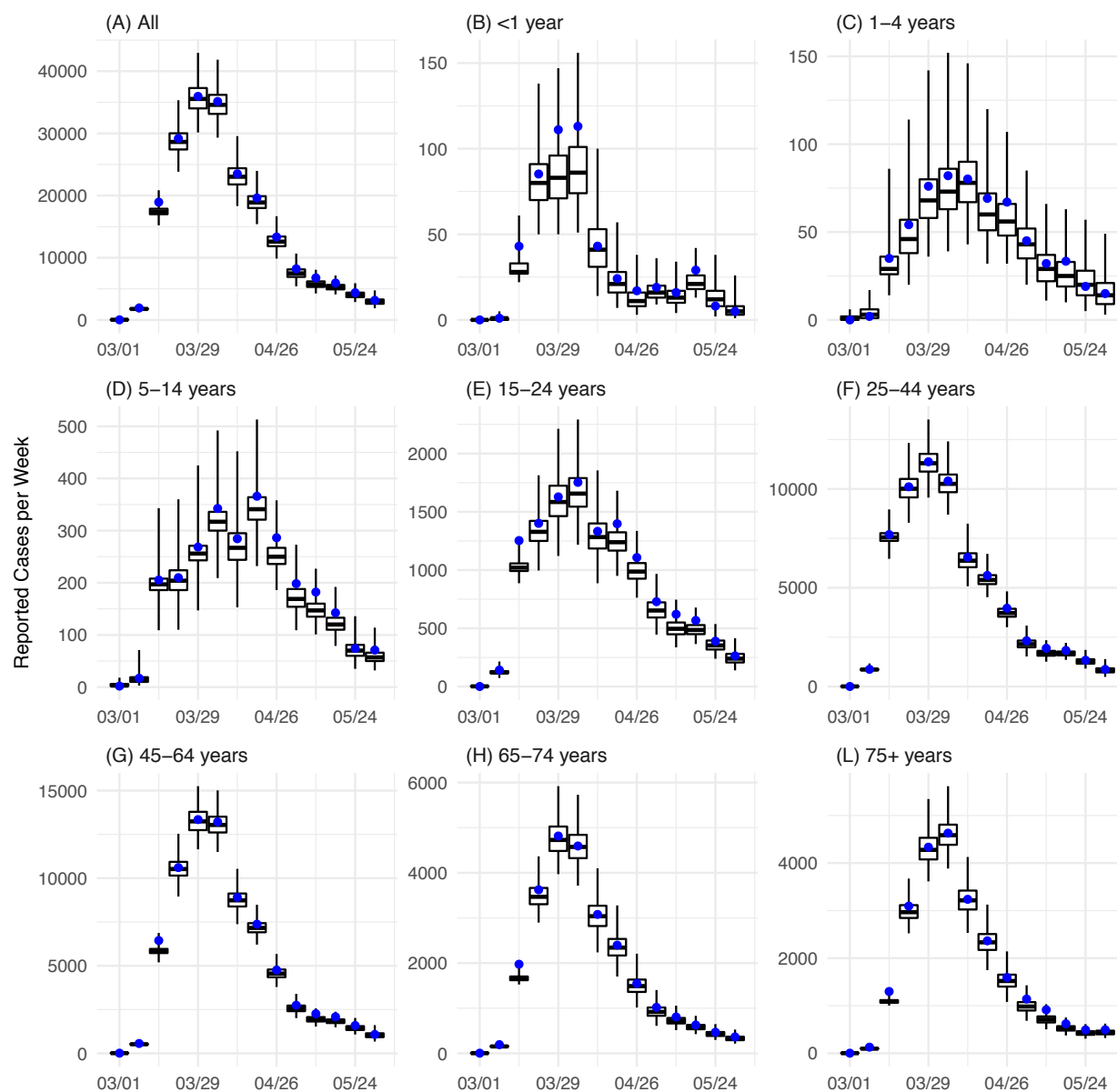


Fig S2. Model fits of reported COVID-19 associated deaths. Blue dots show reported weekly number of deaths by age group. Boxes show the model fitted weekly number of deaths by age group. Box edges, thick middle lines, and whiskers show the 2.5th, 25th, 50th, 75th, and 97.5th percentiles of model estimates.

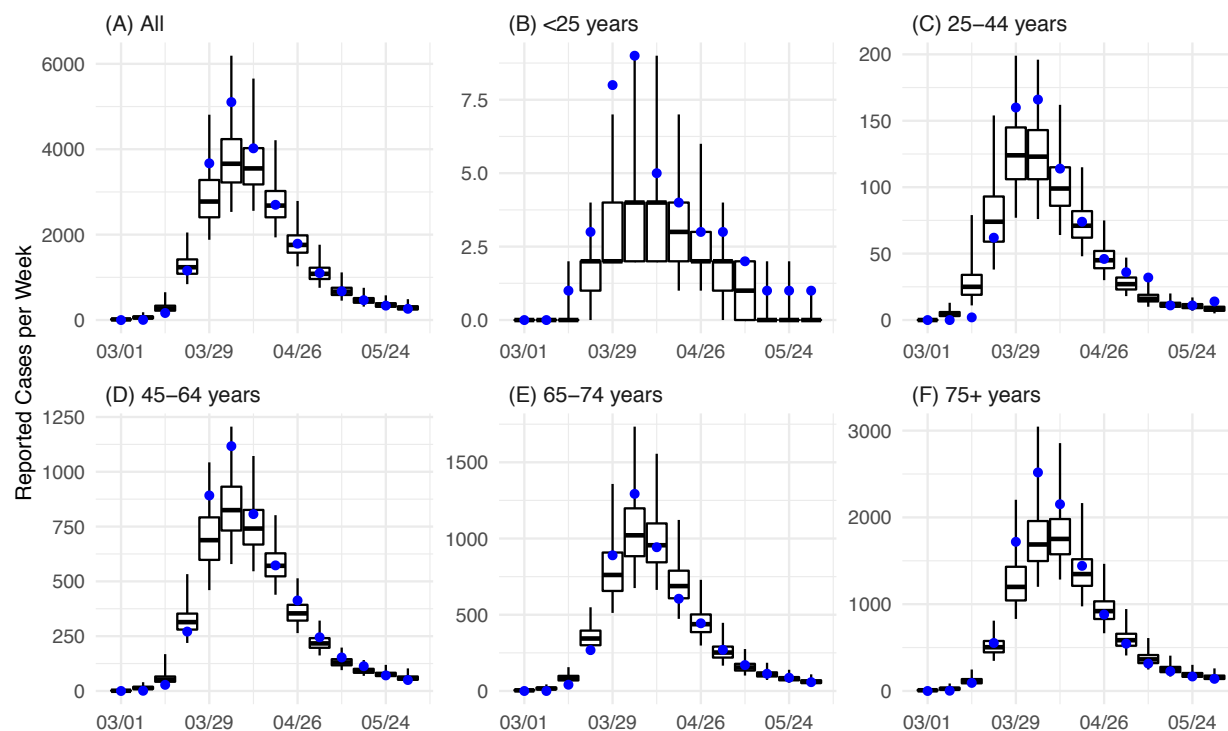


Fig S3. Estimated case rates and infection rates by age group. Blue dots show confirmed case rates by age group and week of diagnosis. Blue boxes (left y-axis) show the model fitted weekly case rates and grey boxes (right y-axis) show the model estimated weekly infection rates by age group. Box edges, thick middle lines, and whiskers show the 2.5th, 25th, 50th, 75th, and 97.5th percentiles of model estimates.

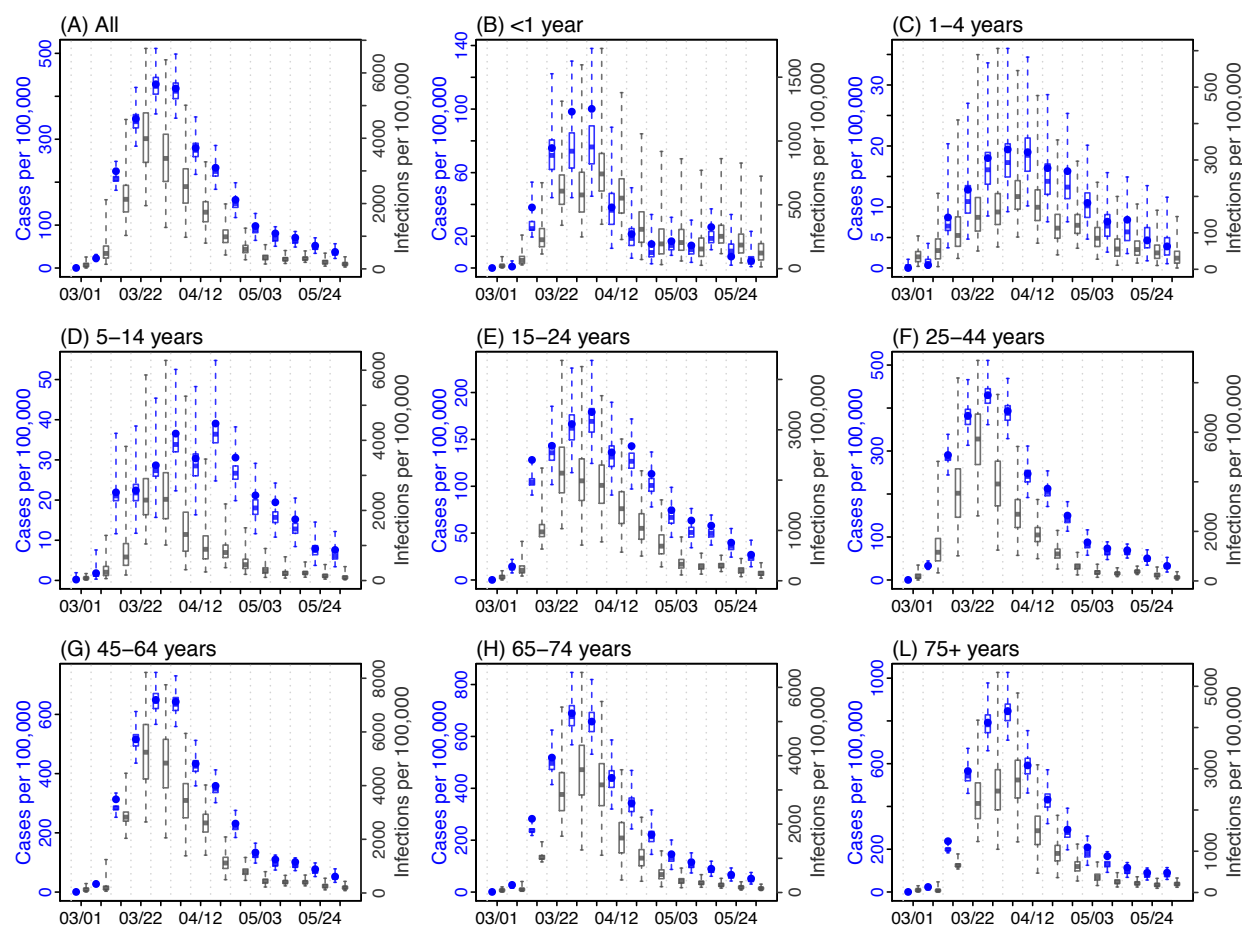


Fig S4. Sensitivity analysis on the effectiveness of reducing contact rate by neighborhood. There are 42 United Hospital Fund (UHF) neighborhoods in NYC. (A) shows the changes in human mobility during the pandemic by neighborhood (each colored line). The reductions were substantial in all neighborhoods but to varying degrees. (B) shows the estimated R_t (combining all ages) for each week and neighborhood (each colored line). Note these estimates did not account for changes in susceptibility so as to restrict to changes due to interventions. (C) shows the adjusted r^2 of linear regression model fitting the mobility data (A) to the R_t estimates (B), for each neighborhood, per Eqn 2 in the main text. Adjusted r^2 for most neighborhoods was >0.9 . (D) shows the estimated reduction in R_t by the Week of April 12, 2020 based on the Eqn 3 in the main text, for each neighborhood. The histogram is based on the median estimated reduction in R_t .

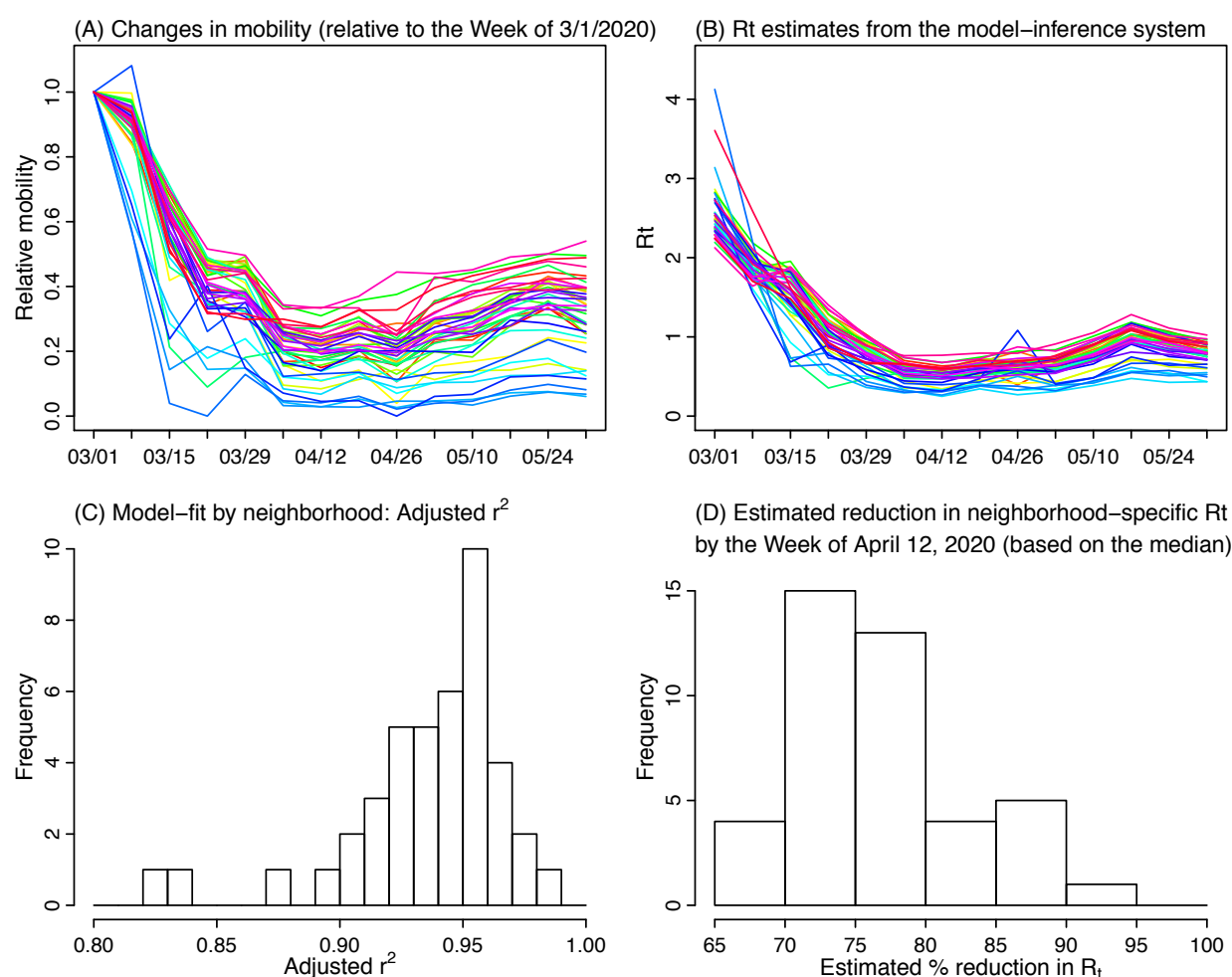


Fig S5. Projections of COVID-19 cases by age group eight weeks beyond the study period. Blue dots show observed confirmed cases by week of diagnosis (those after the Week of 5/31/2020 were not used in the model). Blue lines show model median estimates; surrounding shades show 50% and 90% CrIs. Orange lines show model projected median weekly cases and deaths; surrounding shades show 50% and 90% CIs of the projection.

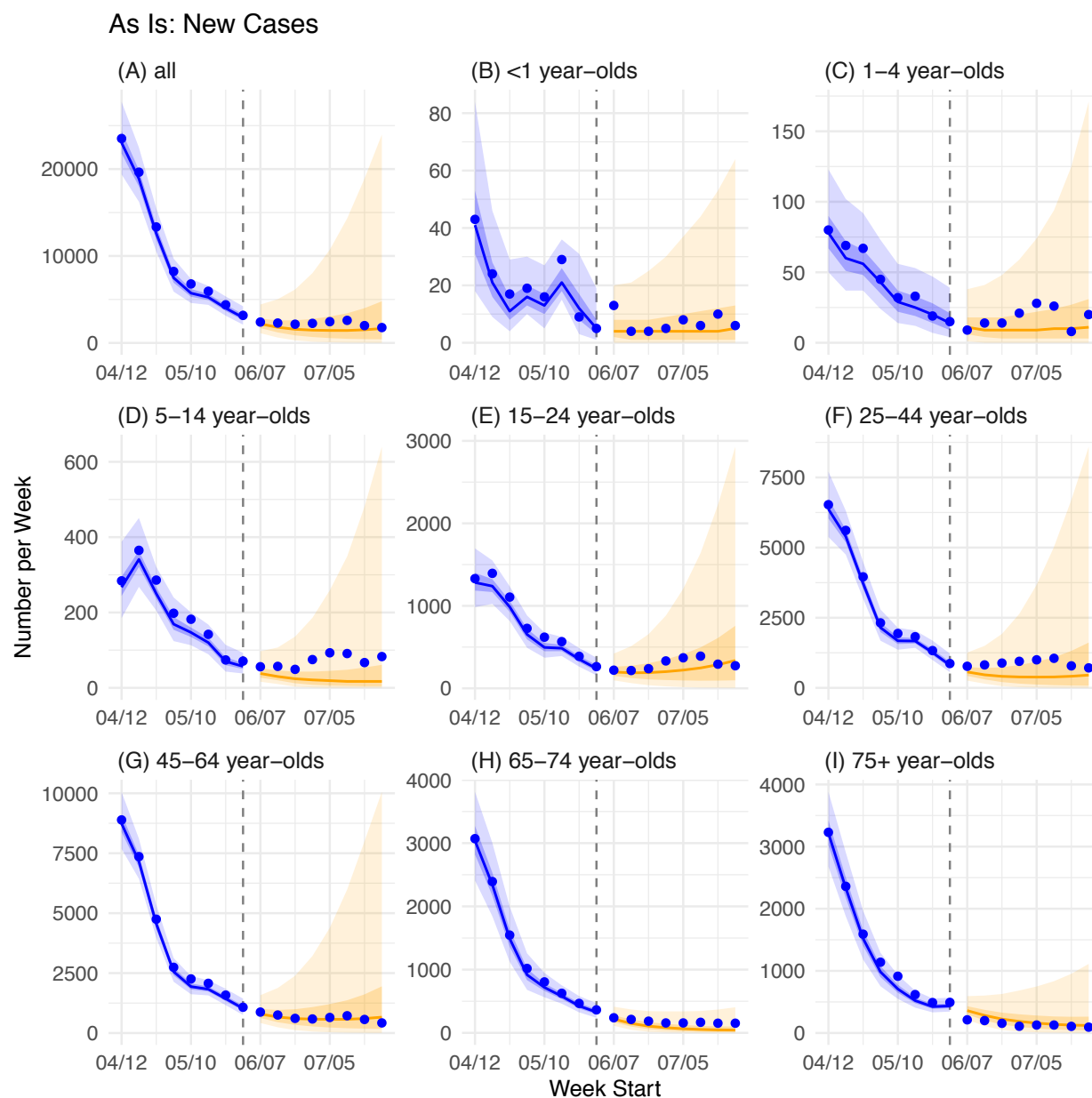


Fig S6. Projections of COVID-19 associated deaths by age group eight weeks beyond the study period. Blue dots show observed weekly deaths (those after the Week of 5/31/2020 were not used in the model). Blue lines show model median estimates; surrounding shades show 50% and 90% CrIs. Orange lines show model projected median weekly cases and deaths; surrounding shades show 50% and 90% CIs of the projection.

