



OUR PROGRAMS: Serving Adults with Serious Mental Illness and Their Families

Monday 1-3pm (Family Support)

Mix and Mingle : Meet other parents to share your journey and discuss how to improve yours and your loved ones lives

Tuesday 1-3pm (Recreation Therapy for Clients)

Art Activity Creations : Different mediums-painting, colouring, collaging and drawing

Thursday 1-3 (Recreation Therapy for Clients)

Peer Support Group : Offering people support, encouragement, and hope that recovery is possible

Friday 11-1 (Family Support)

Art Expression : Creative respite for caregivers led by an artist

Friday 7-9pm (Recreation Therapy for Clients)

Music Group : Karaoke, drumming, singing and all around fun!

Please contact info@homeonthehillssupportivehousing.com to sign up for activities. All activities are held at: 10825 Yonge St, ste 201, Richmond Hill

Please visit our website at
<https://www.homeonthehillssupportivehousing.com>