

# Project Sankofa

Re-weaving Modern Meaning Through Mythic Psychology

A research-rooted initiative tackling the meaning crisis — why young people feel lost, disconnected, and hungry for purpose.

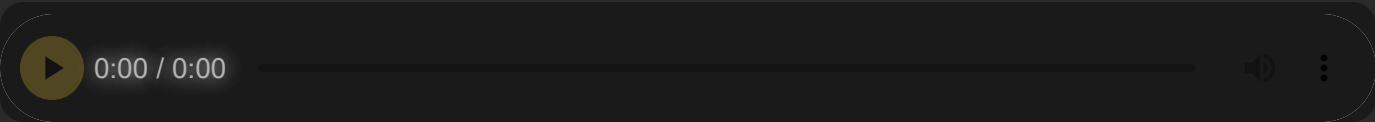
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# The Podcast

Mythic storytelling meets rigorous research — emotional resonance with intellectual depth.


## Episode 1: The Modern Meaning Crisis



*Explore the three solution archetypes: The Inner Architect, The Community Weaver, and The Wisdom Integrator.*


# Visual Library

Research insights transformed into compelling visual narratives.

 Archetype Wheel - The three solution archetypes for modern meaning

## Archetype Wheel

The three solution archetypes mapped for the meaning crisis.

 Synthesis Infographic - Research patterns and tensions

## Synthesis Map

Patterns, tensions, and evidence gaps from our 7-part research.

## Meaning Framework

Ancient wisdom integrated with modern  
psychological insights.

## Executive Brief

A structured, citation-backed summary for funders, educators, and policy  
allies.

### 2-Page Research Summary

Comprehensive analysis of the modern meaning crisis with evidence-  
based solutions and strategic recommendations.

[Download Brief \(PDF\)](#)

## About Project Sankofa

products.

Our 7-part deep research run mapped the decline of meaning frameworks, tech/dopamine traps, and their impacts on young people. We've identified three solution archetypes and built a comprehensive synthesis of patterns and tensions.

**The Inner Architect**

Self-meaning and personal narrative construction

**The Community Weaver**

Rebuilding social bonds and collective purpose

**The Wisdom Integrator**

Ancient wisdom meets modern coherence