

Mini-Mental State

Maximum
Score

Score

Orientation

5	()	What is the (year) (season) (date) (day) (month)?
5	()	Where are we: (state) (county) (town) (hospital) (floor)

Registration

3	()	Name 3 objects: 1 second to say each. Then ask the patient all 3 after you have said them. Give 1 point for each correct answer. Then repeat them until he learns all 3. Count trials and record.
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Attention and Calculation

5	()	Serial 7's. 1 point for each correct. Stop after 5 answers. Alternatively spell "world" backwards.
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Recall

3	()	Ask for the 3 objects repeated above. Give 1 point for each correct.
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Language

9	()	Name a pencil, and watch (2 points). Repeat the following "No ifs or buts". (1 point) Follow a 3-stage command: "Take a paper in your right hand, fold it in half, and put it on floor" (3 points)
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Read and obey the following:

CLOSE YOUR EYES (1 point)

Write a sentence (1 point)

Copy design (1 point)

Total score

Instructions for Administration of Mini-Mental state examination

Orientation

1. Ask for the date. Then ask specifically for parts omitted, e.g., "Can you also tell me what season it is?" One point for each correct.
2. Ask in turn "Can you tell me the name of this hospital?" (town, county, etc.) One point for each correct.

Registration

Ask the patient if you may test his memory. Then say the names of 3 unrelated objects, clearly and slowly, about one second for each. After you have said all 3, ask him to repeat them. This first repetition determines his score (0-3) but keep saying them until he can repeat all 3, up to 6 trials. If he does not eventually learn all 3, recall cannot be meaningfully tested.

Attention and Calculation

Ask the patient to begin with 100 and count backwards by 7. Stop after 5 subtractions (93, 86, 79, 72, 65). Score the total number of correct answers. If the patient cannot or will not perform this task, ask him to spell the word "world" backwards. The score is the number of letters in correct order. E.g. dlrow = 5, dlrow = 3.

Recall

Ask the patient if he can recall the 3 words you previously asked him to remember. Score 0-3.

Language

Naming: Show the patient a wrist watch and ask him what it is. Repeat for pencil. Score 0-2

Repetition: Ask the patient to repeat the sentence after you. Allow only one trial. Score 0 or 1.

3-stage command: Give the patient a piece of plain blank paper and repeat the command. Score 1 point for each part correctly executed.

Referential

Marshal F., Folstein SE., McHugh PR. "MIN-'MENTAL STATE" A practical method for grading the cognitive state of patients for the clinician. J. Psychiat. Res., 1975, Vol. 12, pp. 189-198. Pergamon Press. Printed in Great Britain.