

Summit Nordic Team 2025/2026 Season Overview

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--> Summit Nordic is an affiliated school club sport. We do not get any funding from the Bend-La Pine district and function technically “off campus” as with all other Summit athletic clubs. We are allowed to promote the club and do a few basic team activities at school.

--> 100% of organization for Summit Nordic is done by parents & community adult volunteers. No coaches are paid. We depend on all Summit Nordic parents/guardians to contribute in any way you can to make the ski season successful. We also depend on all athletes to help whenever possible as well.

—> Every winter, Summit Nordic consists of a wonderful blend of students from a wide range of skiing backgrounds. From true beginners to national-level racers, Summit Nordic welcomes every student with an interest and desire to experience the fun, camaraderie, and school spirit of high school Nordic skiing.

—> Transportation to all practices and all races is 100% parent-directed and parent-led. We encourage car-pooling whenever possible and safe.

—> Our season usually begins with a few dryland or ski touring practices the week before Thanksgiving and ends February 20-21 with the Nordic State Meet. OSAA spring sport seasons officially start March 2.

--> 25/26 Season Estimated Expenses Per Athlete: Summit Nordic season fee \$70. OISRAAN fee \$45. Mt Bachelor teen Nordic pass is \$149. We suggest a \$35 donation per skier to Meissner non-profit grooming. Annual equipment cost varies for each skier. *Some of these \$ figures are estimates, but probably close.*

—> Mtn View HS Nordic has a very low cost season rental system that is recommended — info available about that available at our fall Summit team meeting. Several shops in town also offer discounts for HS skiers on gear for purchase. Rentals are also available in a few stores (but you need to act quickly).

--> Summit Nordic practices are held on Wednesday PM, Saturdays without races, and occasional holidays & Sundays. We vary the time of practices on non-school days around road traffic patterns.

—> Four league races, the mid-season XC Oregon Invitational, and the two-day OISRAAN State Championships comprise a typical Summit Nordic season.

--> Summit Nordic does not require a minimum level of attendance at practices. You come when you can with all practices. But please note that skiers improve the most with more practice time!

--> Racing is not mandatory, but please note that the objective of our practices is to prepare athletes for races. Our on-snow time together is very limited and all coach time is donated. Individual free skiing is great on your own, but at Summit Nordic practices all skiers are expected to adhere to the Team plan for the day & follow coach directions.

--> For race ski prep we use a very simple Summit Nordic waxing system with non-fluorinated liquid glide waxes that do not need to be heated or scraped. When skiers can manage it, doing a regular hot wax at home every 2-3 weeks in between races will keep skis performing well all season. Summit Nordic has older waxing gear that families can “check out” to have at home (just ask).

--> Per OISRAAN rules, skiers need to finish 3 “regular season” races in order to qualify for State. Your place doesn’t matter — just finishing three races is all that is needed to be a State qualifier. Skiers with multiple activities in the winter months need to plan your Dec-Feb months carefully in advance to meet this minimum requirement. Coaches are always available to help in that planning!