

# BENEDICT OLORUNWA ADUROSAKIN

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## PROFESSIONAL SUMMARY

Versatile, Hardworking and compassionate Registered Nurse (RN) with an in-depth nursing care experience in providing direct patient care, triage and care coordination in fast-paced environment. Proven ability to remain calm under pressure and skillfully handle difficult patients and high stress situations. Consistently developing strong relationships with patients and families through empathetic communication, respectful attitude and excellent patient service including commitment to increasing patient satisfaction and streamlining procedures.

## WORK HISTORY

**PRINCE OF PEACE SPECIALIST HOSPITAL - IKORODU, LAGOS, NIGERIA**

**UNIT: MAIN OPERATING THEATER**

**ROLE: THEATER NURSE**

**DATE: 03/2023 TILL PRESENT**

### DUTIES/RESPONSIBILITIES

- Assisting surgeons during surgeries.
- Preparing the operating room and ensuring it is sterile and ready for surgery.
- Monitoring patients during surgery, including vital signs and assisting in anesthesia administration.
- Handing instruments and supplies to surgeons during procedures.
- Assisting with patient positioning and ensuring their comfort and safety.
- Sterilizing and maintaining surgical equipment.
- Providing post-operative care and monitoring patients in the recovery room.
- Communicating with other members of the surgical team to ensure smooth workflow and patient safety.
- Adhering to strict infection control protocols and maintaining a clean and safe environment in the operating room.
- Ensuring the surgical team has the right patient for the right surgery.

### HOSPITAL EQUIPMENT USED/HANDLED

- |  |  |
|--|--|
| - Surgical instruments (e.g., scalpels, forceps, retractors)                 | - Sterilization equipment (e.g., autoclaves) |
| - Patient monitoring equipment (e.g., ECG monitors, blood pressure monitors) |  |
| - Surgical lights  | - Suction machines                           |
| - IV pumps and fluid management systems                                      | - Operating tables                           |
| - Surgical drapes and gowns  | - Wound care supplies                        |
| - Dressing materials   |  |

## **TYPE OF CASES/PATIENT HANDLED**

- General surgery: Appendectomy, cholecystectomy, hernia repair.
- Orthopedic surgery: Joint replacements, fracture repairs.
- Gynecological surgery: Hysterectomy, ovarian cystectomy.
- Urological surgery: Prostatectomy
- Plastic and reconstructive surgery: Skin grafting.
- Pediatric surgery: Appendectomy, congenital defect repairs.
- Ophthalmic surgery: Cataract extraction, laser eye surgery.
- ENT (Ear, Nose, and Throat) surgery: Tonsillectomy

## **UNIT: INTENSIVE CARE UNIT**

### **ROLE: STAFF NURSE**

**DATE: 02/2022 - 02/2023**

## **DUTIES/RESPONSIBILITIES**

- Monitoring and assessing patients' conditions continuously.
- Administering medications and treatments as prescribed by doctors.
- Managing life support equipment such as ventilators, cardiac monitors, and infusion pumps.
- Performing various medical procedures such as intubation, arterial line insertion, and wound care.
- Collaborating with multidisciplinary teams to develop and implement patient care plans.
- Providing emotional support and education to patients and their families.
- Maintaining accurate medical records and documentation.
- Creating a tailored patient care plan

## **HOSPITAL EQUIPMENT USED/HANDLED**

- |   |                    |                    |
|---|--------------------|--------------------|
| - Ventilators   | - Cardiac monitors | - Infusion pumps   |
| - Hemodynamic monitoring devices (e.g., arterial lines, central venous catheters) |                    |                    |
| - Defibrillators  | - Pulse oximeters  | - Suction machines |
| - Continuous renal replacement therapy (CRRT) machines                            |                    |                    |
| - Intravenous (IV) pumps  | - ECG machines     |                    |

## **TYPE OF CASES/PATIENT HANDLED**

- Critical medical conditions such as sepsis, respiratory failure, and cardiac arrest.
- Post-operative patients requiring close monitoring and support.
- Trauma patients with severe injuries.
- Patients with acute medical conditions such as stroke, heart attack, or diabetic ketoacidosis.
- Patients recovering from major surgeries.

## UNIT: MEDICAL WARD

## **ROLE: STAFF NURSE**

DATE: 01/2021 - 02/2022

## DUTIES/RESPONSIBILITIES

- Assessing patients' conditions and monitoring vital signs.
  - Administering medications and treatments as prescribed by doctors.
  - Assisting with activities of daily living such as bathing, dressing, and feeding.
  - Educating patients and their families about their conditions and treatment plans.
  - Performing routine medical procedures such as wound care, catheterization, and phlebotomy.
  - Collaborating with healthcare teams to develop and implement patient care plans.
  - Monitoring and maintaining patient charts and medical records.
  - Creating a tailored patient care plan

## HOSPITAL EQUIPMENT USED/HANDLED

- Patient beds and bedside equipment.
  - Vital sign monitors (e.g., blood pressure monitors, pulse oximeters).
  - IV infusion pumps.
  - Oxygen delivery systems
  - Wound care supplies.
  - Urinary catheters and drainage bags.
  - Blood glucose monitoring devices.
  - Suction Machine

## TYPE OF CASES/PATIENT HANDLED

- Patients with acute medical conditions such as pneumonia, asthma, or diabetes.
  - Patients requiring medical management for chronic conditions such as hypertension, heart failure, or chronic obstructive pulmonary disease (COPD).
  - Pre- and post-operative patients requiring medical observation and management.
  - Patients requiring palliative care or end-of-life care.
  - Patients with infectious diseases requiring isolation and specialized care.

## EDUCATION

10/2017 - 11/2020

**CERTIFICATE IN GENERAL NURSING (RN), SCHOOL OF NURSING - UNIVERSITY OF ILORIN TEACHING HOSPITAL,  
KWARA STATE, NIGERIA**

PROFESSIONAL REGISTRATION/CERTIFICATIONS - NURSING AND MIDWIFERY COUNCIL OF NIGERIA (R.N. 197937)

## SKILLS

- Ethics and confidentiality
  - Effective communication
  - Wound care
  - Team collaboration
  - Intravenous medication administration
  - Critical thinking
  - Strong ability to present clinical data
  - Nursing care planning
  - Infection control measures
  - Catheterization
  - Excellent time management
  - Emotional intelligence

## **INTEREST**

Acquisition of knowledge, and Reading

## **REFERENCES**

Available on request