



Lifestyle Spending Account  
Eligible Expenses

Wellness

- ✓ Gym memberships
- ✓ Fitness classes
- ✓ Music classes
- ✓ Spotify/music subscription
- ✓ Art classes
- ✓ Horseback riding lessons
- ✓ Ski memberships/lift tickets
- ✓ Sports/recreation equipment
- ✓ Sports team and race fees
- ✓ Camping fees
- ✓ Specialty gym memberships (yoga, crossfit etc..)
- ✓ Athletic/sports clothing
- ✓ Car accessories for sports equipment
- ✓ Fitness apps and tracking wearables
- ✓ Dieting/nutrition apps
- ✓ Weight loss programs
- ✓ Cooking classes
- ✓ Food subscription boxes
- ✓ Blenders and juicers
- ✓ Diffusers and essential oils
- ✓ Energy lamp
- ✓ DNA Tests (Ancestry, 23&Me)
- ✓ Hygiene products
- ✓ Sensory deprivation/ flotation tanks

Health

- ✓ Registered Clinical counselors
- ✓ Costs associated with gender transition
- ✓ Tele-health doctor apps (Akira etc..)
- ✓ Varicose vein stockings and treatments
- ✓ Over the counter medications
- ✓ Vitamins and supplements
- ✓ Insurance premiums

Transit

- ✓ Transit passes to get to work (metro, subway, bus, train)
- ✓ Parking fees at work
- ✓ Uber to get to work

Family Care & Support

- ✓ Egg freezing and fertility treatments
- ✓ Prenatal blood testing
- ✓ Birthing/baby preparation classes
- ✓ Diaper service
- ✓ Sleep consultant
- ✓ Baby equipment (breastfeeding pump, stroller, car seat, bassinet, crib, monitor, change table)
- ✗ No clothing
- ✓ Child Care services (daycare, babysitting, summer camps)
- ✓ Midwives and doulas
- ✓ Care for aging parents and grandparents (medical costs, cost of residence, service workers)
- ✓ Funeral expenses
- ✓ Care for pets (vet services, pet insurance, medications, dog walking, pet sitting)

Home Services & Products

- ✓ House cleaning
- ✓ House cleaning equipment
- ✓ Junk removal
- ✓ Duct cleaning
- ✓ Mold removal
- ✓ Pest control
- ✓ Dry cleaning
- ✓ Mattresses, mattress topper, pillows
- ✓ Humidifier and/or dehumidifier
- ✓ Water filtration system
- ✓ Air conditioner
- ✓ Heater
- ✓ Air purifier
- ✓ Snow removal
- ✓ Yard maintenance

Startify & Entrepreneurship

- ✓ Domains registration and hosting
- ✓ Test/sample products
- ✓ Initial product
- ✓ Raw materials to build product
- ✓ Personal laptop for starting your own business
- ✓ Other tech/equipment for starting own business
- ✓ Design fees
- ✓ General costs associated with starting your own business (proof may be requested)

Everything else...

- ✓ Home office equipment
- ✓ Desk
- ✓ Office chair
- ✓ Computer monitor
- ✓ Computer accessories
- ✓ Headphones
- ✓ Ergonomic equipment without assessment
- ✓ Cell phone hardware and bill
- ✓ Home internet hardware and bill
- ✓ Costs to become a Canadian citizen (if not supported by Shopify financially)
- ✓ Charitable donations outside of League's
- ✓ Charitable Giving marketplace
- ✓ Financial planners and/or software/app
- ✓ Tax planners and/or software/app
- ✓ Car wash
- ✓ BC MSP fees