

# Are You Receive

Listen to me. Eyes on me.



Classic English Junior Level 6 - Unit 11 Body and Health

Know More about Your Body

Lesson





**Vocabulary and Sentence Patterns in Lessons 5-7** 

Genre

Informational text

**Comprehension Skill** 

Cause and effect

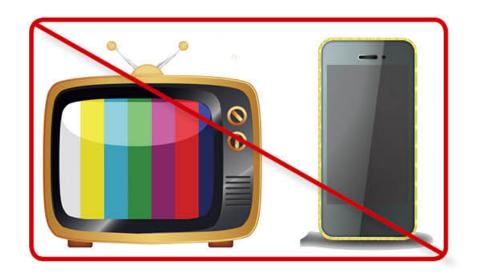
**Vocabulary Strategy** 

**Antonyms** 

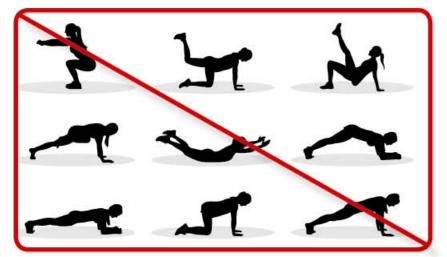


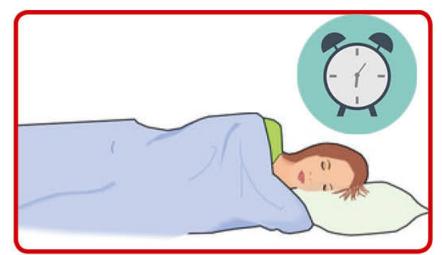
# Warm-up 02:00

### Name the bedtime routines according to the pictures.











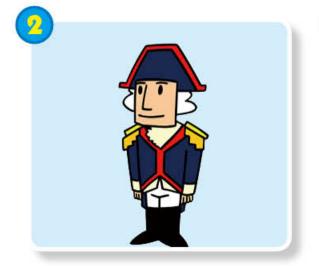


### Activity 1—Vocabulary 102:00

#### Name the pictures.



d



U



b



f a



Choose a word or phrase and make a sentence.



### Activity 2—Vocabulary 102:00

Unscramble the words.

ble un a

sar nec y es

lax re

it hab



Choose a word and ask a question.

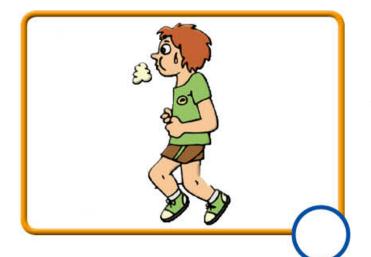
### Activity 3—Vocabulary 01:00



#### Read and match.



The bus is so crowded! There is no room to \_\_\_\_\_.



After running a while, he's short of .





### Activity 3—Vocabulary 01:00



#### Read and match.



Jogging has become my new daily exercise





It's already 10 a.m.,

but James is \_\_\_\_\_

sleeping.







### Activity 4 —Sentence Patterns 702:00

#### Answer the questions using the given words and phrases.

How was your holiday?

(relaxing, so)



Why are you in a hurry?

(catch the bus, have to)



I have a sore throat. What should I do?

(water, enough)







### Activity 5—Vocabulary Strategy 102:00

### Circle the correct antonyms and make sentences with them.



Antonyms are words that have \_\_\_\_\_ meanings.

Your eyelids feel heavy and the room gets fuzzy.

The antonym of "heavy" is busy/light.



It's very hard to wake you up because you are in the deepest stage of sleep.

The antonym of "hard" is <u>deep/easy</u>.





### Activity 6—Genre Features 102:00

#### Which of the features belong(s) to a glossary?







appears at the end





without definitions



with definitions



arranged alphabetically



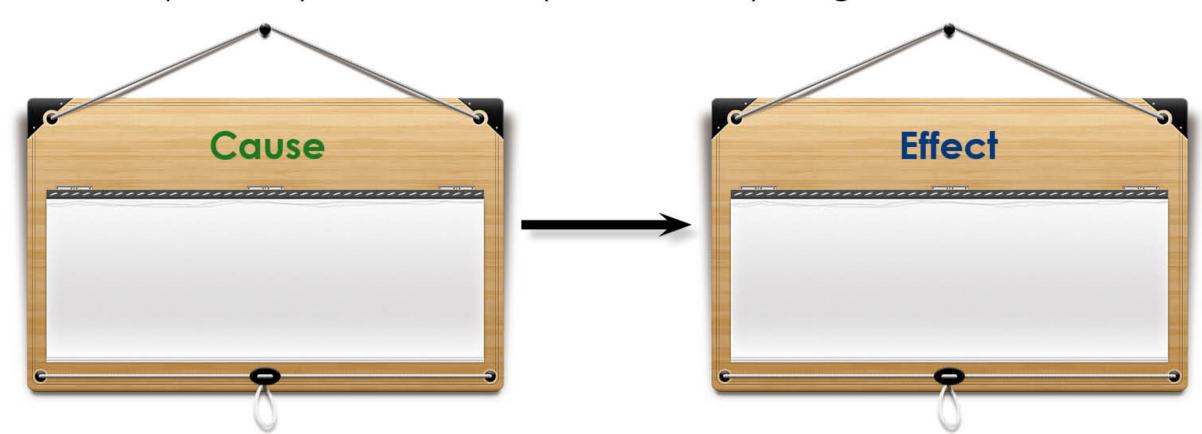
A glossary ...



### Activity 7—Comprehension Skill 103:00

#### Write the cause and effect from the passage.

Without enough sleep, you may feel tired and unable to think clearly. More importantly, too little sleep will affect your growth.





### Activity 8—Writing Preparation 703:00

#### Talk about the informational text you've learned.



Why is sleeping necessary for everyone?

(body and brain, rest, not enough, tired ...)





What good or bad habits do you have before bed?

(phone, watch TV, exercise, warm bath, read ...)





## Activity 8—Writing 103:00

Retell why people sleep and list some good/bad bedtime routines.

Every living thing needs to sleep because ...





Write it after class on your worksheet.



# Wrap-up 01:00

### Today we reviewed:

### Vocabulary

upright, move around, dizzy, still, necessary, unable, relax, breath, rapid, fall asleep, habit, routine

#### Sentence Patterns

so + adj/adv (so quick/ quickly) have to do sth



# Wrap-up 01:00

#### We also reviewed:

#### Como

A feature of an informational text:

Glossary

### Comprehension Skill

Cause and effect

### Vocabulary Strategy

**Antonyms** 

e.g. different & same



