



Are You Ready?

Listen to me. → → Eyes on me. ← ←





Vitamins in Food

You are going to learn:



Topic: Food — Vitamins in Food



Key Words: lover, enough, take, own



Sentence Pattern: ... have to...

Warm-up

Let's read the joke.



Knock Knock!
Who's there?
Lettuce.
Lettuce who?
Lettuce in, we're freezing.



lettuce in = let us in

Let's prepare!



Vocabulary



The girl is a meat **lover**.

lov·er



They are music _____.

☐ lovers ☐ eaters



Vocabulary



There aren't **enough** chairs in the room.

e·nough



Which picture shows that there are enough balloons for everyone?



Vocabulary



It **takes** him 20 minutes
to make the soup.

take



How long will the
exam take?

Exam
13:00 — 14:00

Vocabulary



This is my **own** book.

own



The dog is in its _____ house.

☐ itself

☐ own



Sentence Pattern

Why do we
have to eat
grain?

Because we
have to get
enough energy.



What does "have to" mean?

☐ Must do. ☐ Don't need to do.

Let's talk!



Introduction



Timmy and his mother
are having lunch.

From today, let's follow the food pyramid. You must eat more vegetables.

Mom, that's really hard for a meat **lover**.



We **have to** eat
vegetables to get
enough vitamins.


Why can't we
get vitamins
from meat?





Because meat gives us very few vitamins and it would **take** us too long to get enough.

OK, I will try if I have to.



Also, our bodies
can't make vitamins,
so we can only get
them from food.

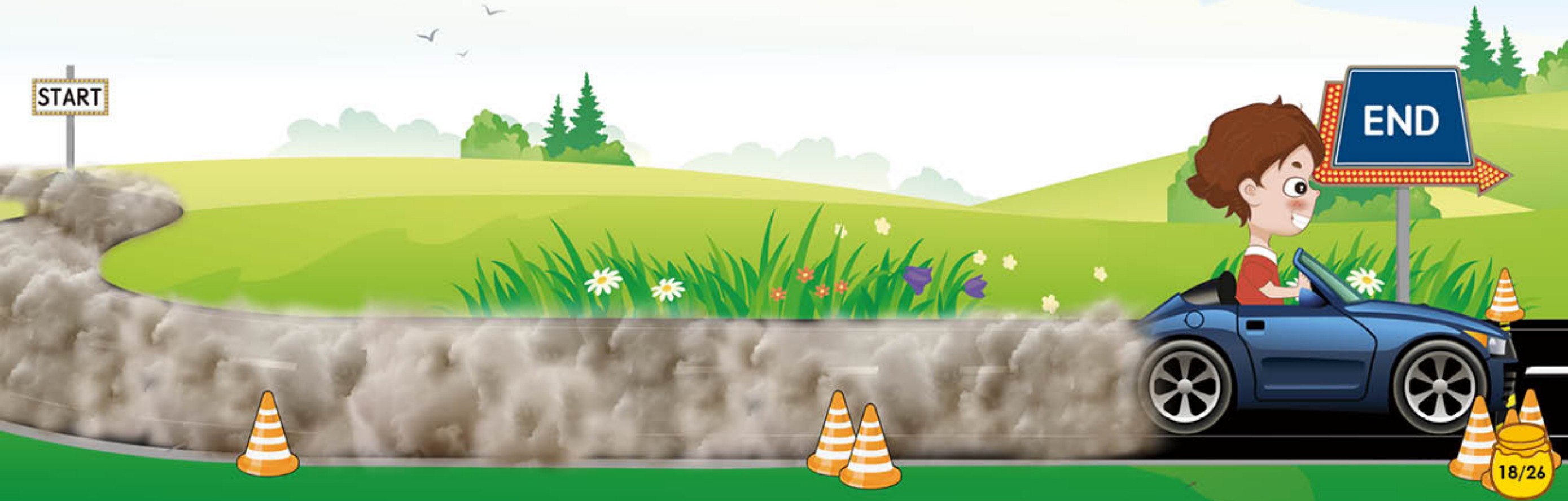
If our bodies can't make
vitamins, can animals'
bodies make them?

Yes! Like Fuzzy.
He can make his
own vitamin C.

I wish I could
be him...



Let's practice !



Activity

Read and match.

She is a music lover.

There aren't enough carrots for every rabbit.

It will take her 30 minutes to finish her homework.

Jimmy has his own guitar.



Activity

Complete the sentences with the words in the Word Bank.

Word Bank: enough lover takes own

1

The girl is a meat
_____.



2

This is my _____
book.



3

It _____ him 20
minutes to make
the soup.



4

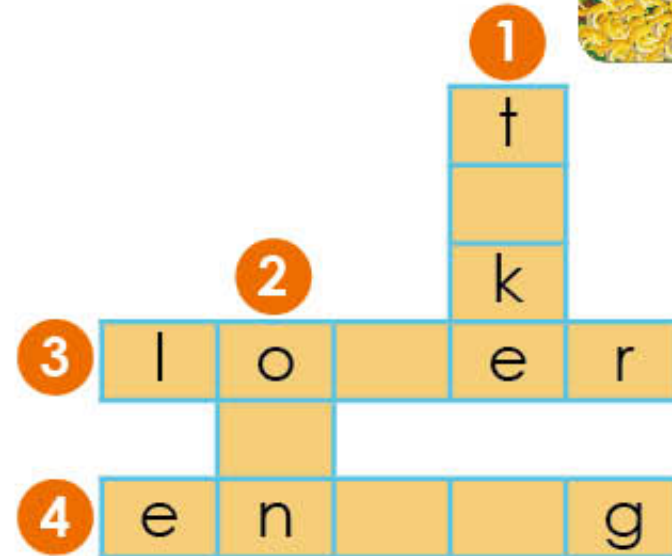
There aren't
_____ balloons
for everyone.



Activity

Complete the words and solve the puzzle.

1. It will t__ke the monkey 20 minutes to eat up all the bananas.
2. He is kicking his o__n ball.
3. Rabbit is a carrot lo__er.
4. There isn't en__ __gh ice cream for every kitten.



Activity

Make sentences with “have to”.



We **have to** eat grain to get enough energy.



I... before 8:30 p.m.



She... every day.



I... before I go to bed.



Hints:

go to bed
sweep the floor
finish my homework

Activity

Complete and role-play.

Hints: lover enough



From today, let's follow the food pyramid. You must eat more vegetables.

Dad, that's really hard for a meat...



We have to eat vegetables to get... vitamins.

Why can't we get vitamins from meat?



Continued on
next page.



Activity

Continued...

Hints: take own



Because meat gives us very few vitamins and it would... us too long to get enough.

OK, I will try if I have to.



Also, we are not like Fuzzy. He can make his... vitamin C.

I wish I could be him.



Today I learned:

Topic

Food —
Vitamins in Food

Key Words



lover



enough



take



own

Sentence Pattern



We **have to** eat
vegetables to get
enough vitamins.

SEE YOU SOON!



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TALK

