



# Are You Ready?

Listen to me.



Eyes on me.



# Why Do We Breathe?





# You are going to learn:



**Topic: Wonders — Why do we breathe?**



**Words: energy, cell, inhale, exhale**



**Grammar: Sentence structure (S+V+O)**

# Sing a Song

## TWINKLE, TWINKLE, LITTLE STAR

Twinkle, twinkle, little star.  
How I wonder what you are.  
Up above the world so high.  
Like a diamond in the sky.  
Twinkle, twinkle, little star.  
How I wonder what you are.



# Let's prepare!





# Vocabulary



They are full of **energy** to dance.

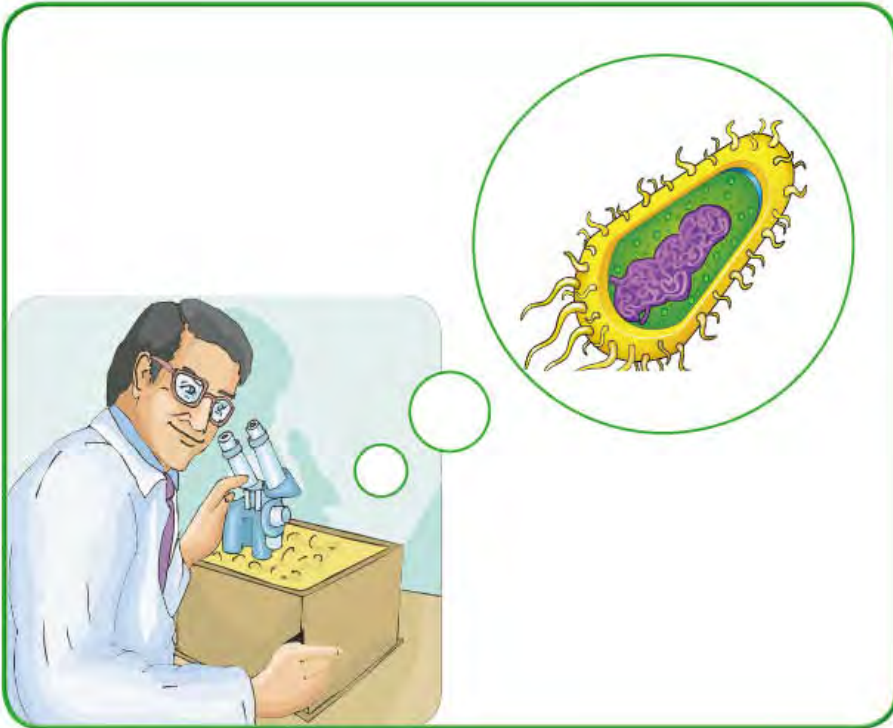
en·er·gy



Who is full of energy?



# Vocabulary



**Cells** are so small that they can only be seen with a microscope.

**cell**

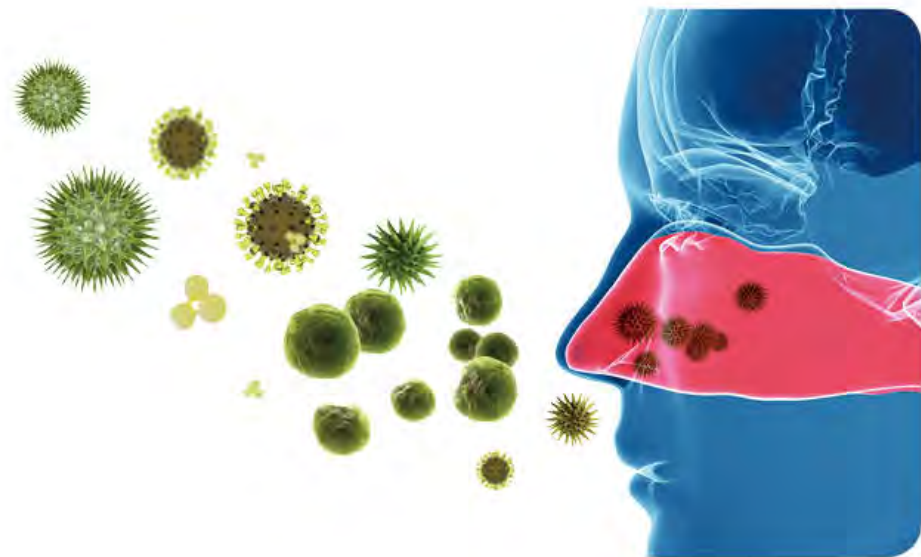


Which picture shows a cell?





# Vocabulary



We use our noses to **inhale**.

**in·hale**



Which one has the same meaning as “inhale”?

☐ Breathe in.

☐ Breathe out.



# Vocabulary



The woman **exhales** smoke from her lungs.

**ex·hale**



Which picture shows "exhale"?



# Grammar



I am doing Chinese breathing exercises.

S

V

O



a book

read

they

O

V

S



a letter

he

writes

O

S

V

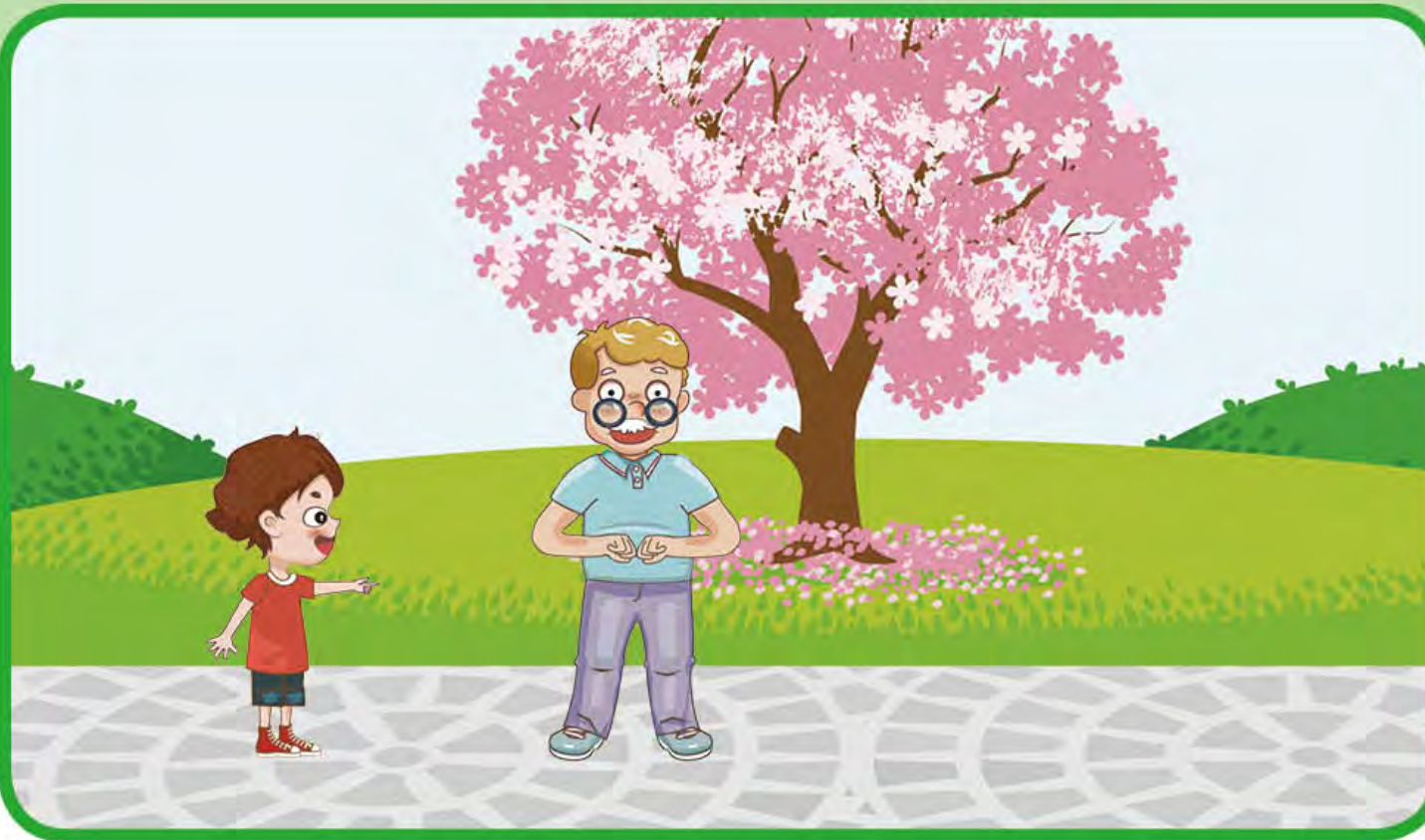


# Let's talk!






# Introduction



Timmy is watching  
Grandpa do funny  
breathing exercises.





Grandpa, you look so funny! What are you doing?

Don't laugh! I'm  
doing Chinese  
breathing exercises.

### Grammar

**Sentence struture : S+V+O**

The object in the sentence structure (S+V+O) is a direct object.

e.g. She is reading **a book**.

Direct object



This is fun! So  
why do we need  
to breathe,  
Grandpa?

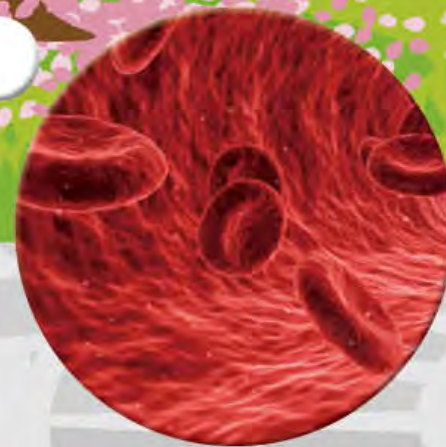
Because we need  
oxygen to help make  
food into **energy**.





OK. Food plus oxygen equals energy! But how?

First, the oxygen travels through our blood to the **cells** in our body. Then it helps make energy.





So, when we exercise,  
we need to **inhale**  
more oxygen to make  
more energy.

Yes. You got  
it!





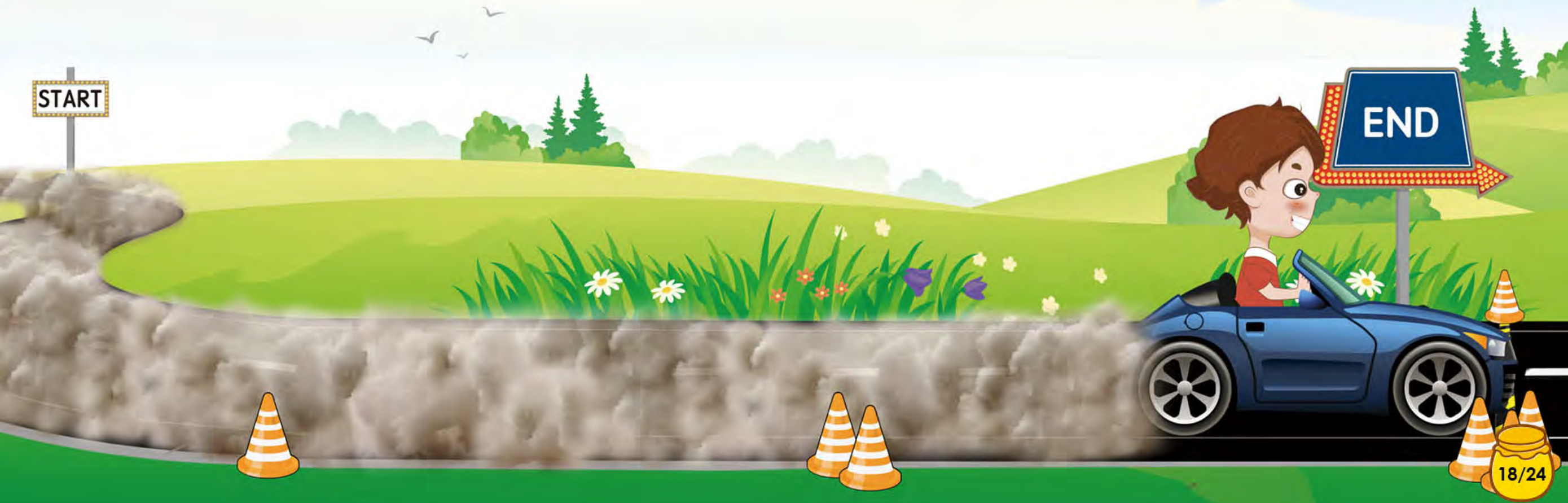
So how much  
air do we  
breathe every  
day?

I don't know. But  
I heard every  
night we **exhale**  
enough air to fill a  
bedroom!





# Let's practice!





# Activity

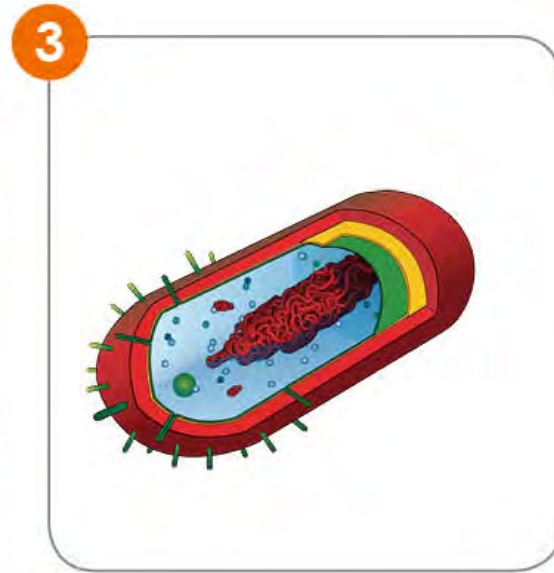
Complete the words and make sentences.



i \_ \_ \_ \_



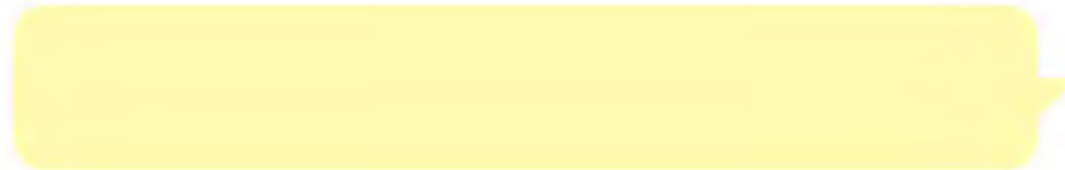
e \_ \_ \_ \_



c \_ \_ \_



e \_ \_ \_ \_





# Activity

Look at the pictures and make sentences using "S+V+O".



1

do

Chinese breathing exercises



2

read

a book



3

make

a snowman





# Activity

**Complete and role-play.**



Look, Sam! What is Timmy doing?

He is...



So why do we need to breathe?

Because we need oxygen to help  
make... into...



**Hints:** breathing exercises  
food energy

*Continued on next page.*





# Activity

Continued...



So, when we exercise, we need to... more oxygen to make more...

Yes. You got it!



How much air do we breathe every day?

I don't know. But I heard every night we... enough air to fill a bedroom!



**Hints:** inhale exhale







# Today I learned:

## Topic

Wonders —  
Why do we breathe?

## Words

-  energy
-  cell
-  inhale
-  exhale

## Grammar



Sentence structure  
(S+V+O)

e.g. I'm doing Chinese  
breathing exercises.



SEE YOU SOON!



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TALK

