



Dear teachers, please do not teach this page.

亲爱的小朋友们，此页是为老师准备的教学目标页。

You are going to learn:



Topic: Eating Habits – Healthier Lunch



Key words: energy, grain, upbeat, vegetarian



Grammar: Comparative forms of adjectives



Are You Ready?

Listen to me.



Look at me.

HEALTHIER LUNCH



Classic English Junior Level 6 - Unit 3 - Lesson 1

CONVERSATION

WARM-UP

What do you usually have for lunch?



• LET'S PREPARE! •

VOCABULARY

en • er • gy



The students are always so full of **energy**. They don't seem to get tired.

grain



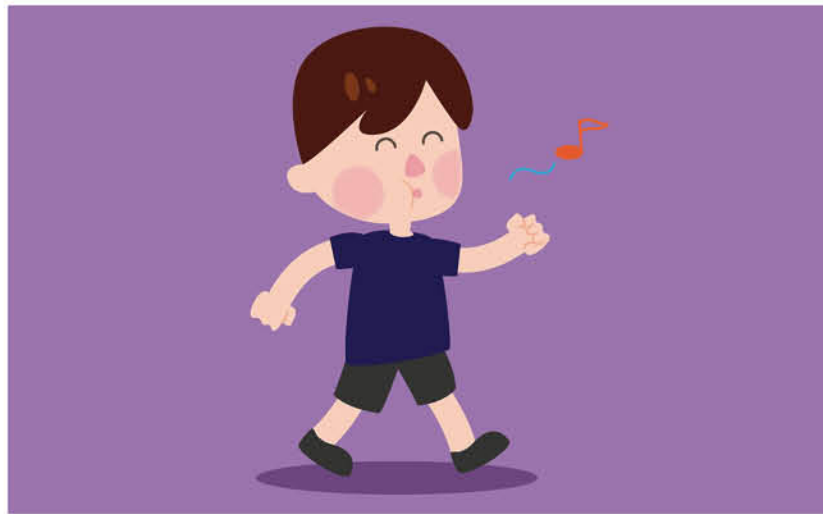
We should eat food with **grains**, such as brown rice and corn.



What kinds of food give us a lot of energy?

VOCABULARY

up • beat



Many people like Mike because he's **upbeat** most of the time.

veg • e • tar • i • an



Sheila's a **vegetarian**.
She avoids eating meat.



Do you know anyone who's a vegetarian?

GRAMMAR

The **comparative forms of adjectives** are used to compare two things.

We add *-er* to an adjective to form its comparative.

long**er**
fast**er**
high**er**
strong**er**

We use *more* for adjectives with three or more syllables.

more exciting
more beautiful

The word *than* usually follows the comparative adjective.

This hat is **nicer** *than* that hat.



Make the adjectives into the comparative forms.

hot	_____
large	_____
delicious	_____

• LET'S TALK! •

CONVERSATION



Timmy and Xiao Wang have just finished gym class. They are about to have lunch.

I'm so hungry after those exercises!

Thank goodness lunch comes after gym class. What are you having for lunch, Timmy?

grrrrroowl



What made Timmy hungry?

Let's see. Oh, this fried chicken looks delicious! What about you, Xiao Wang? What will you have for lunch?

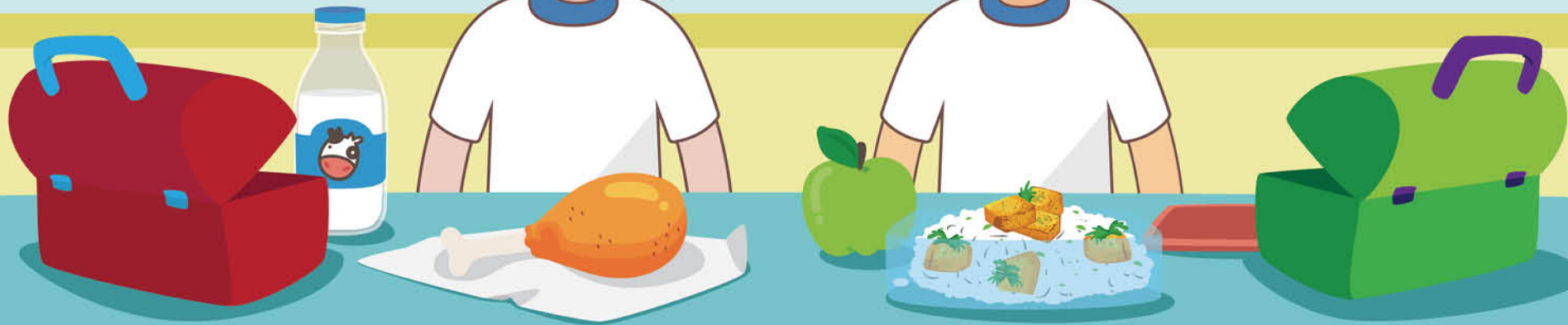
I'm having tofu and whole **grains**. They're my favorite.



What is Xiao Wang having for lunch?

Is that all? You're not going to have any meat like chicken or fish?

Oh, no. Don't you know that I'm a **vegetarian**? I don't eat meat.



Why doesn't Xiao Wang eat meat?

I didn't know that. But don't you need meat for **energy**?

I get energy from bread, beans, and tofu.



Which kinds of food does Xiao Wang get energy from?

So that's why you're always **upbeat**. I heard vegetables make us cheerful and feel good.

That's right. Your lunch may be **more delicious** than mine, but my lunch is surely healthier than yours.



What makes Xiao Wang upbeat?

• LET'S PRACTICE! •

ACTIVITY

Complete each sentence with a word from the box below.

WORD BANK**energy****grains****upbeat****vegetarian**

1. Bob is a _____. He doesn't eat beef, chicken, pork, or fish.
2. He eats _____ like oats and wild rice every day.
3. He gets a lot of _____ from tofu and beans.
4. He feels more _____ after eating fruits like oranges and bananas.

ACTIVITY

Choose the correct comparative form of the adjectives to complete each sentence.

1. Timmy looks (hungrier/more hungry) than Xiao Wang.
2. I'm a vegetarian now. I feel (more healthy/healthier) than before.
3. Patty eats (smaller/more small) amounts of (fillinger/more filling) food.



ACTIVITY

Correct the following sentences.

1. Xiao Wang is upbeater than Timmy.

2. Timmy thinks his lunch is more delicious then Xiao Wang's lunch.

3. Xiao Wang thinks fruits and vegetables are more healthy than meat.



Today we learned:

Let's see how many new words you learned.

KEY WORDS					
	Pronunciation check			Comprehension check	
	Awesome	Good	Needs Improvement	Yes	No
energy					
grain					
upbeat					
vegetarian					

Today we learned:

Let's see if you can make a sentence using the comparative forms of adjectives.

GRAMMAR						
	Fluency			Accuracy		
	Awesome	Good	Needs Improvement	Awesome	Good	Needs Improvement
Comparative forms of adjectives						



**SEE YOU
SOON!**

51Talk