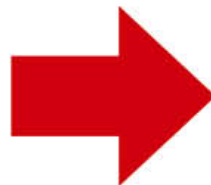




Are You Ready?

Listen to me.



Eyes on me.



INTENSIVE READING

Classic English Junior Level 5 - Unit 11 Body and Health

Lesson

3

How Do I Heal?



Lesson Structure

1	Learning Objective
2	Warm-up
3	Comprehension Skill
4	Intensive Reading
5	Writing Project
6	Wrap-up

You are going to:

Review the article called

How Do I Heal?

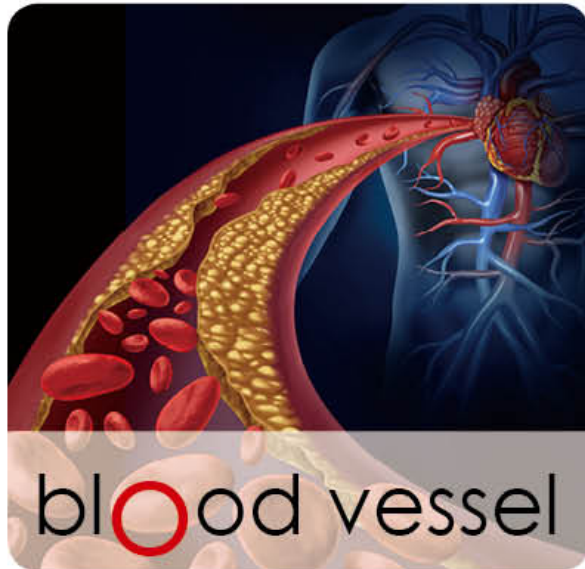
Learn the comprehension skill

Sequencing

Warm-up

02:00

Sort the red letters below and fill in the blank.



He is a bag of _____ now!





Let's Go!



Comprehension Skill

03:00



It is said that to heal from a bone fracture takes at least 6 weeks. **First**, a doctor carefully sets the bone back into its normal position. **Then**, a cast is usually used to hold the bone in place. For serious fractures, metal pins are also needed.

After that, the bone goes to work ...



Sequence is the order in which things happen. It can also be the steps that you follow when doing something.

Sometimes clue words like **first**, **after**, **then**, **next**, **later**, or **last** will help you to find the order of events.

Intensive Reading—Comprehension

02:00

Read the passage and answer the question.

Table of Contents

Introduction	2
Broken Bones	2
Cuts and Scrapes	4
Serious Wounds	5
Index	7



Where is the “Table of Contents” of a book?

- A. Before the start of a book.
- B. In the middle of a book.
- C. At the back of a book.



The “Table of Contents” is ...

Intensive Reading—Comprehension

02:00

Read the passage and do the activity.

Introduction

Have you or someone you know ever fallen over and broken a bone? Did you ever cut your finger while chopping vegetables? Do you know how our body **heals** itself after some injuries?

Broken Bones

A broken bone is also called a bone **fracture**. The break can be clearly seen by using an X-ray.



heal v

To heal means to get better or become well again.



Complete the following sentence.

Mom gave me a Band-Aid to help ____ the cut on my finger.



Intensive Reading—Comprehension

02:00

Read the passage and do the activity.

It is said that to heal from a bone fracture takes at least 6 weeks. First, a doctor carefully sets the bone back into its normal position. Then, a cast is usually used to hold the bone in place. For serious fractures, metal pins are also needed.

After that, the bone goes to work. It makes new cells and tiny **blood vessels** to rebuild the broken bone.



Grammar

It is said that **he** is 108 years old.

He is said to be 108 years old.

! Both these sentences mean:
“People say that he is 108 years old.”



Retell the underlined sentence using “... is said to ...”



Intensive Reading—Comprehension

02:00

Read the passage and do the activity.

Cuts and Scrapes

Cuts and **scrapes** normally occur in our daily lives. (1) When there is a cut, the **platelets** in our body will rush to the cut and stick together like glue. This blocks the damaged area and stops the bleeding.

(2) When the platelets dry, they form a hard **scab** that protects the injury area. Underneath, skin cells are working hard to make a new layer of skin. (3) When the scab falls off, the cut has healed.



Describe how cuts and scrapes heal using sequencing words.



First ...

Later ...

At last ...



Intensive Reading—Comprehension

02:00

Read the passage and do the activity.

Serious Wounds

Usually cuts and scrapes can be taken care of at home, but what about more serious wounds? In this case, a doctor is needed.

First, a doctor will clean the wound and sometimes close it by **stitching** the edges together. Then the body will prepare to protect the wound from infection. At the same time, a scab will form over the wound on the outside.



stitch v

To stitch means to sew two things together, or to repair something by sewing.



Circle the picture that shows the action “stitch”.

1



2



3



Intensive Reading—Comprehension

02:00

Read the passage and answer the question.

Under the scab, damaged blood vessels will be repaired and the broken **tissue** is reconnected.

When the work of healing is done, the scab dries up and falls off, leaving behind the repaired skin and, often, a scar.

Index

fracture, 2, 3
infection, 6
platelet, 4
X-ray, 2



What will happen when healing is done?

- A. The scab will become bigger.
- B. The scab will dry up and fall off.
- C. The scab will become a scar.



When healing is done ...



Activity Time!



Writing Project—Preparation

03:00

Talk about how a bone fracture heals with your teacher.

1 What does the doctor firstly do to the broken bone?

First, the doctor ...

2 What is needed to hold the bone in place?

...

3 What will the bone do to heal?



The bone ...

Writing Project

03:00

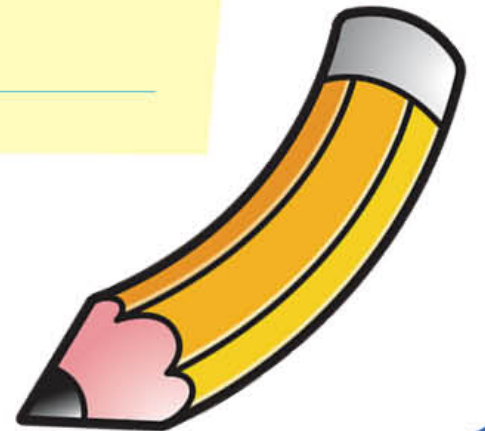
Use the sequencing words to retell how a bone fracture heals.

How a Bone Fracture Heals

First ...

Then ...

After that ...



Write a passage after class on your worksheet.

Wrap-up**02:00**

I Can Do It

Today we read an informational text about how our bodies heal.

Intensive Reading

How Do I Heal?

Comprehension Skill

Sequencing





See You Soon!

51TALK

