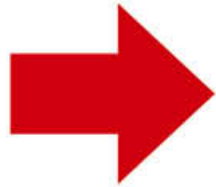




Are You Ready?

Listen to me.



Eyes on me.



FAST READING

Classic English Junior Level 6 - Unit 11 Body and Health

Lesson

2

How Do We Taste Food?



Lesson Structure

1	Learning Objective
2	Warm-up
3	Reading Preparation—Vocabulary
4	Genre
5	Fast Reading
6	Wrap-up

You are going to read an article called “How Do We Taste Food?”.

In the article you will learn:



Genre

Informational text



Key Words and Phrases

able, taste bud, bitter, play an important role, liquid, digest, especially, bite

Warm-up

02:00

Riddle time.



You throw away the outside and eat the inside.
Then you eat the outside and throw away the inside.
What food is it?



How does this food taste?



Let's Go!



Reading Preparation—Vocabulary

02:00

Learn and say.



a·ble *adj*



Mr. Smith is not **able** to see clearly without his glasses.



taste bud



Each person has about 10,000 **taste buds**.

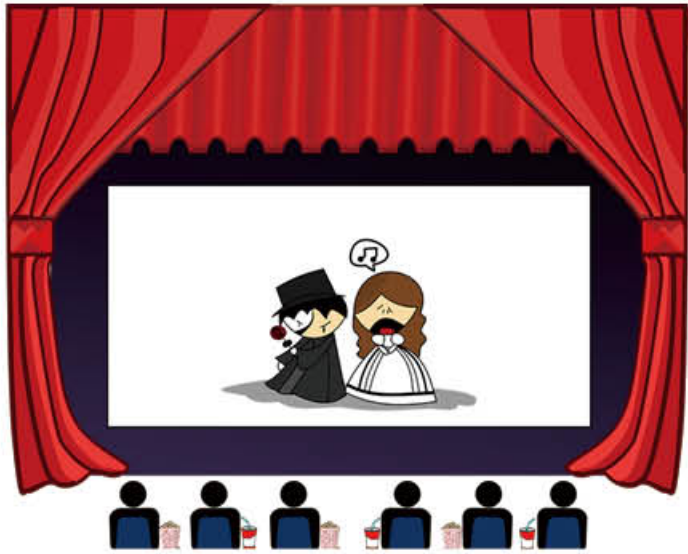
Use a **key word** or **phrase** to ask a question:

Reading Preparation—Vocabulary

02:00

Learn and say.

 **play an important role**



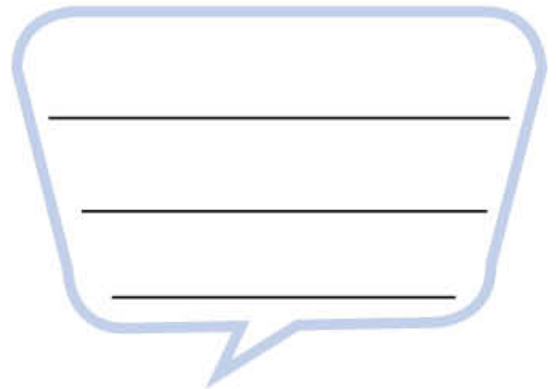
She **plays an important role** in this movie.

 **bit·ter** *adj*



Black coffee tastes **bitter**.

Use a **key word** or **phrase** to make a sentence:



Reading Preparation—Vocabulary

02:00

Learn and say.



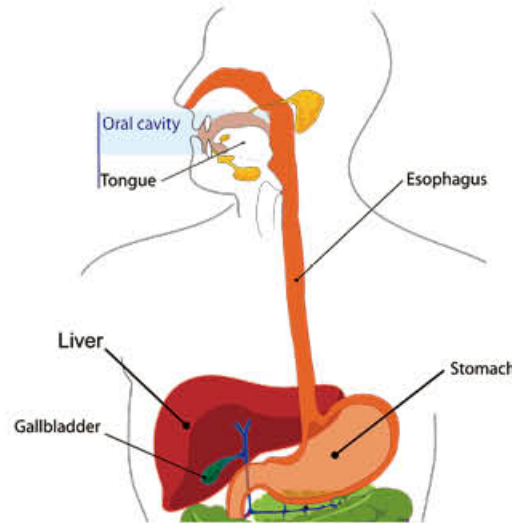
liq·uid *n*



This brown **liquid** looks like coke.



di·gest *v*



When you **digest** the food, it passes through your body to your stomach.

Use a **key word** to ask a question:

Reading Preparation—Vocabulary

02:00

Learn and say.



es·pe·cial·ly adv



I love roses, **especially** the pink ones.



bite n



Emily took a **bite** of the apple and smiled.

Use a **key word** to make a sentence:



Let's Read!





A feature of an informational text: glossary

Glossary

bump: something rounded that sticks up higher than the area around it

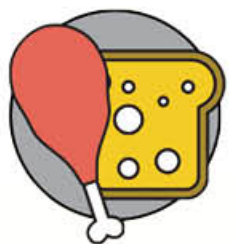
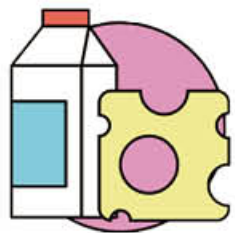
digest: break down food in the stomach, so that it can be absorbed into the blood

experiment: a test you do to find out if something is true or not

liquid: a wet substance you can pour

A glossary, also known as vocabulary, is an alphabetical list of terms with the definitions.

How Do We



Taste Food?

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How do we taste food?

Look at this juicy burger! It must taste great! But wait, how are we **able** to tell all the different flavors in our food? You may know that it's your tongue that does this important job. But how much do you know



about it? Your tongue is about ten centimeters long and it has eight muscles. And did you know that it's actually the **taste buds** on your tongue that allow you to experience different tastes?



What do you know about your tongue from this passage?



What are taste buds?

Next time when you brush your teeth in front of a mirror, look at your tongue. You will see little bumps. They are called papillae, and most of them have taste buds. Taste buds have tiny hairs. What? A hairy tongue? It might sound gross, but those tiny hairs **play an important role**. When



something touches the hairs, they send a message to your brain and you know if it tastes sweet, sour, **bitter**, salty or spicy. And remember: not only your tongue, but also your throat has taste buds.

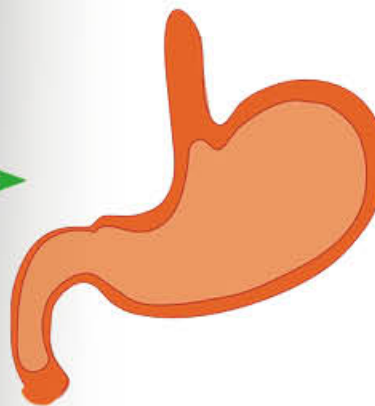


Where can you find taste buds?



The liquid in your mouth

Your mouth always has liquid inside. That liquid is your saliva, also known as spit. It helps the tongue taste. A dry tongue



How does saliva help you digest the food?



can't taste a thing, so it needs saliva to keep it wet. Before the food gets to your **stomach**, saliva breaks it down to help you **digest** it better.



Taste with your nose

Your nose works hard in tasting food, too. Without your nose, you may not be able to tell the difference between foods — **especially** if the foods all have



+



the same texture (e.g. jelly beans or yogurt with different flavors). Let's do an experiment. Take a bite of food, and remember how it tastes. Now, hold your nose and take another **bite**. Notice anything different?



What will happen if you eat while holding your nose?



Glossary

bump: something rounded that sticks up higher than the area around it

digest: break down food in the stomach, so that it can be absorbed into the blood

Aa

Bb

Cc

Dd

Ee

experiment: a test you do to find out if something is true or not

liquid: a wet substance you can pour



What does the word “experiment” mean?

Wrap-up

02:00

I Can Do It

Today we read an informational text about how we taste food.

Genre

A feature of an informational text:

- Glossary

Key Words and Phrases

- able
- taste bud
- bitter
- play an important role
- liquid
- digest
- especially
- bite



See You Soon!

51TALK

