

Lesson 132

Feelings and emotions





Warm-up



Answer the question.

How are you feeling today?



happy



sad



bored

01

Knowledge Learning



Words



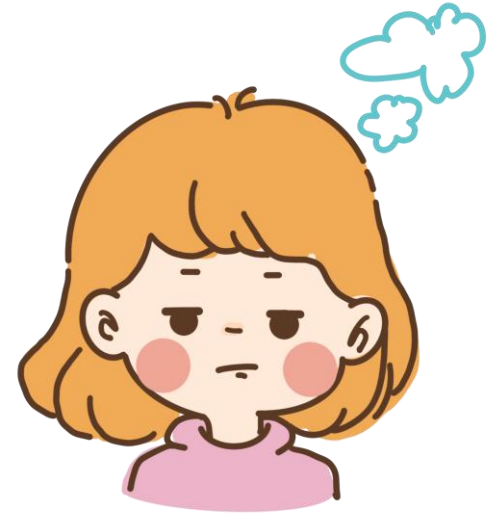
Read the words.



angry



bored



worried



Words



sad



excited



scared



Words



shy



confused



fail



Words



have a good rest

02

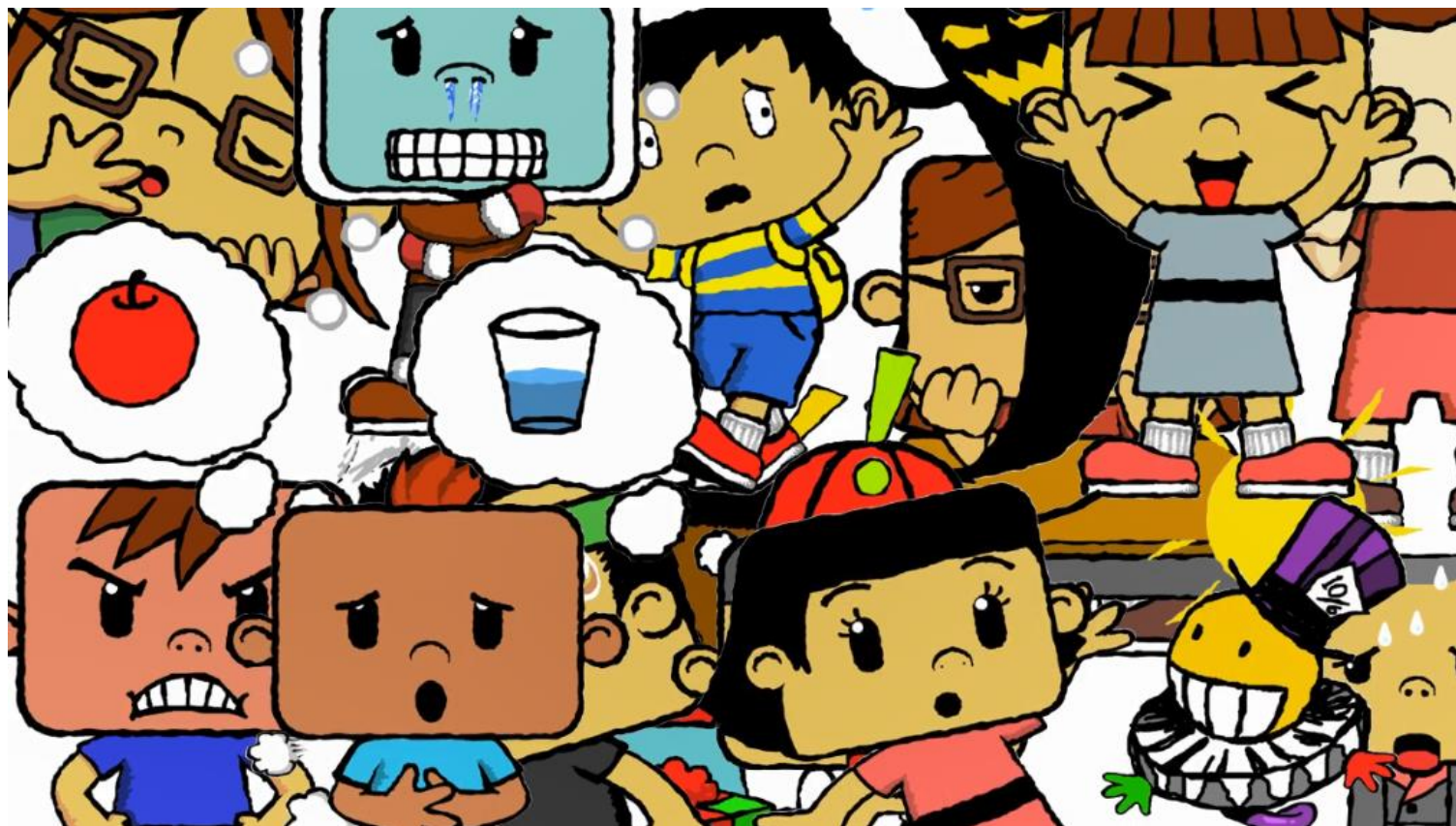
Practice



Watch and chant



Learn words of emotions. Watch the video and chant.

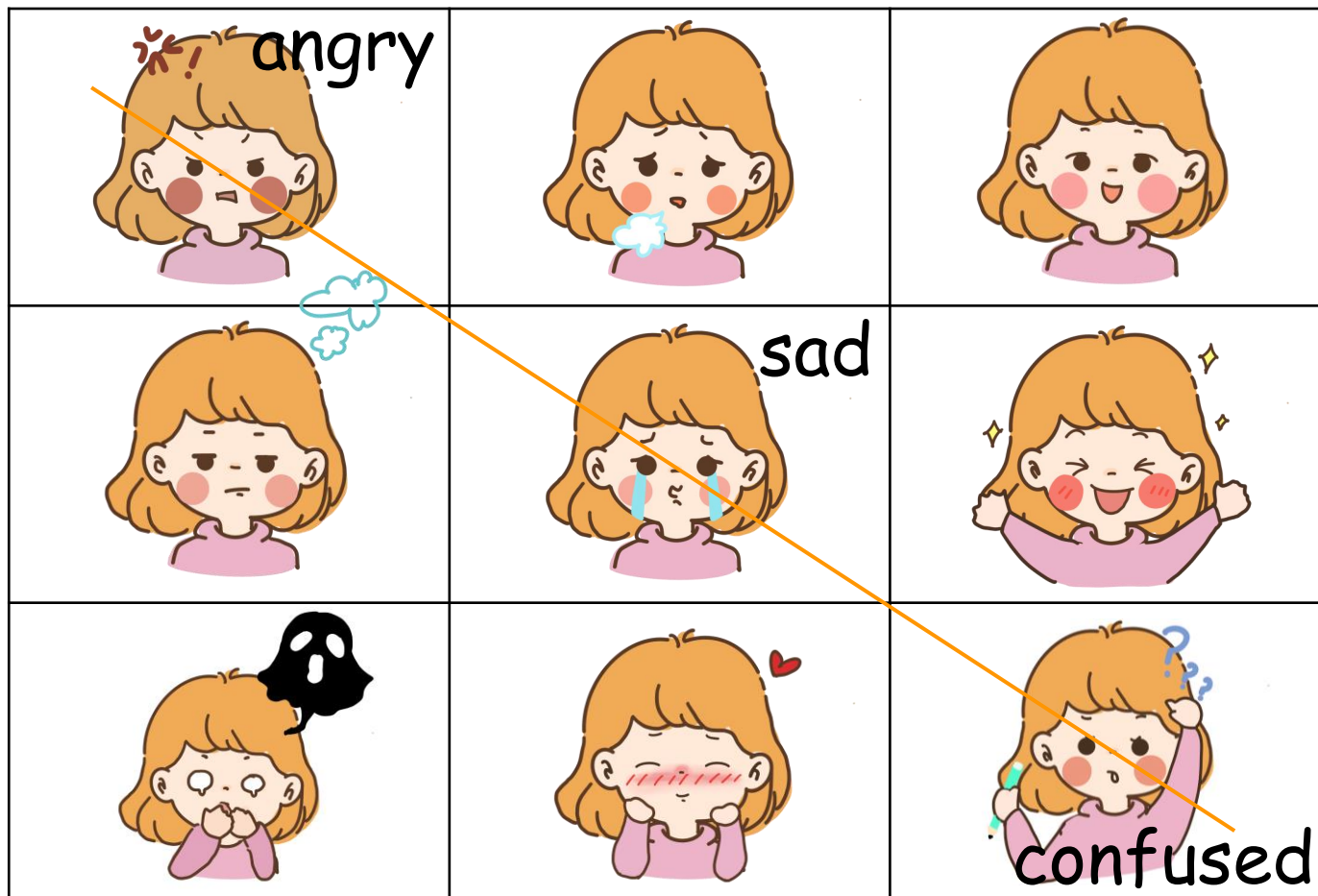




Feeling bingo



Say words and draw a line. Say "Bingo" when the words are in a line.



Bingo!



Read and think



Read the dialogue and tick Jane's problem.

Jane is a **quiet and shy** girl.





Read and think



How are you feeling these days? Jane.

I'm feeling sad and lonely.





Read and think



Why do you feel lonely?

Because I have no friends to talk with.





Read and think



Why do you feel sad?

Because I did badly
in the English exam.





Read and think



How does Jane feel these days? And why? Tick.



She...

- ☐ feels angry
- ☐ feels sad
- ☐ has no friends to talk with
- ☐ failed the English exam



Let's help her



如果你是Jane的老师，你会怎么跟她说呢？请你帮帮她吧。

You can/should...

1 have a good rest

2 find others to talk to

3 make friends with others





Free talk



Talk with your teacher.

1. What kind of bad feelings do you have sometimes?
2. How do you solve(解决) them?
3. Is it good or bad to keep bad feelings?





Let's sing



Let's choose to be happy! Let's sing together!



03

Conclusion



Conclusion



In this lesson, you've learnt



Words

angry, bored, worried, sad, excited, scared, shy, confused, fail, have a good rest



Sentences

How are you feeling these days?

I'm feeling sad and lonely.

Because I did badly in the English exam.



Grammar

simple present