

Lost on Earth: How Riddle Solving as a Navigational Method Affects a Location-Based Game Experience For Tourist Families

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ABSTRACT

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Author Keywords

city tour; location based games; navigation; pervasive games; intrinsic motivation;

INTRODUCTION

BACKGROUND

A body of research has focused on using mobile technologies to create game experiences in the context of museums and cities. Previous studies concerning engaging children and families have looked into experiences inspired by treasure hunts, where the players search for written or visual clues in order to find specific items in a museum exhibit [14] [17]. Jensen investigated, how children can be motivated to engage in a joyful museum experience, by interacting with an agent and taking pictures of art works on a tablet device [14]. Similarly, Larsen & Svabo investigated treasure trails in pamphlets, where children were dependent on their parents reading out the questions, interpreting the answers and writing them down, making it a family-activity rather than a child-activity [17]. Since much tourism is about being together and having time with ones family [17], these type of activities are often compelling for tourist families.

Mobile devices are an ideal platform to use in this context, because they are increasingly becoming popular among families, as mentioned by Jensen [14]. In this study, we address these experiences and refer to them as *mobile location-based games* (LBGs), as they make use of the physical and virtual spaces to create enjoyable game experiences. Upscaling such experiences at museums to the city context, we did not find any studies on LBGs targeted tourist families. In this context, we found several LBGs for other target groups, where the mobile device is used for interaction at points of interest (POIs), similar to those in museums, e.g. getting information about artefacts, interacting with them or taking pictures as typical behaviours of tourists.

Avouris & Yiannoutsou reviewed fifteen LBGs and categorized them as either games designed for player enjoyment (ludic), education (pedagogic) or a combination of both (hybrid). Most of the LBGs for the aforementioned audience fell under the hybrid category. The authors found that LBGs take place in a *physical space* (e.g. going to a specific physical location) and require some interaction by the player in the *virtual space* (e.g. doing riddles/puzzles, interacting with an avatar or following a map). This results in an interplay between the physical and virtual space, creating what is known as the game space/narrative space [2]. They also found that narrative was an underlying element in all LBGs [2]. From this, we propose that LBGs are *game experiences* that connect the *physical space with the virtual space* and make use of an underlying *narrative* element.

This paper focuses on the integration of the terms mentioned above into the navigation between POIs in LBGs. Therefore, the following sections will provide a more detailed definition of these terms followed by an analysis of how navigation is used within hybrid LBGs that take place in cities.

Activities in Location-based Games

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In order to describe the game activities of LBGs, it is first important to look into what constitutes a game. There are a range of different definitions of games, however McGonigal proposes four defining traits of games which fit our definition[19]. Games must have a *goal*, *rules*, a *feedback system*, and *voluntary participation*. The goal of the game is the specific outcome which players aim to achieve and what gives players a sense of purpose. The rules set limitations or remove obvious ways of getting to the goal and push players to be creative and use strategic thinking. An example of these fundamental traits can be seen in the game Scrabble. In this game, the goal is to spell out long words with lettered tiles, while the rules are that players only have seven letters to work with at a time and they must be based on words that other players already have created. The feedback system informs players about their progress in achieving their goal e.g. through points, levels, a score, or a progress bar. This gives a promise to the player that the goal can be achieved and thereby provides motivation to keep playing. Voluntary participation requires that all players accept the goal, rules, and feedback. This establishes a common ground for the players to play together, and the freedom to enter or leave the game ensures that stressful or challenging work is experienced as a safe and pleasurable activity. McGonigal further uses the following definition from Bernard Suits to define games: '*Playing a game is the voluntary attempt to overcome unnecessary obstacles*'[19]. In relation to the traits previously mentioned, this definition primarily focuses on the goal, rules, and voluntary participation of a game.

Hybrid LBGs are designed both with the purpose of player enjoyment, by using elements from ludic LBGs, as well as educating them about cultural heritage, by using elements from pedagogic LBGs[2]. In the following, these different types of LBGs will be elaborated on, however due to the scope of this project, less emphasis will be put on purely pedagogic games.

Although the focus of ludic LBGs is enjoyment, learning is often an implicit element, since players might develop skills such as exploration and orientation e.g. by navigating a city. This is especially seen in treasure hunts, where players typically move to certain physical locations and use the physical space at the location for some interaction in the virtual space. Gentes et al. describe treasure hunts as experiences that encourage people to pay attention to details in the city and read the cityscape by looking for clues. An example of this can be seen in the LBG *Team Exploration*, where players work together to compare pictures in the virtual space to real physical locations in Paris in order to figure out which areas of a map the pictures were taken at[11]. The goal of the game is to reach the final location, which is shown on a map, once all pictures have been located. The limitation is that it must be done within a certain amount of time, however in the evaluation of the game, players mentioned that this limitation turned the experience more into a race, which made it difficult for players to enjoy the city instead. Gentes et al. describe this as a tension that exists in treasure hunts between the attention players allocate to the discovery of a place and the hunt itself[11]. Furthermore, the evaluation showed that players wish they had some proof that they had been at certain lo-

cations, e.g. by being able to save a picture of the location in order to make the visit more meaningful. As these pictures would act as proof for progression, this indicates that the ability to save information about the places visited is a fitting way of incorporating feedback systems into treasure hunts. Treasure hunts also typically allow players to collect virtual objects at certain physical locations[2], such as in *Insectopia*, where the players collect virtual insects, which represent points and act as both the goal of the game as well as an indication of progression and feedback system[21].

Pedagogic games explicitly have the purpose of educating the player through informal learning[2]. Informal learning is learning that typically does not take place in classrooms, is not highly structured, and where the control of learning rests in the hands of the learner[18]. Incidental learning is informal learning that occurs when people are not conscious of it, e.g. as a result of completing a specific task[18]. According to Avouris & Yiannoutsou, these games typically have a strong narrative and use role playing by making players enact certain roles to comprehend complex scenarios[2]. In these games, it is assessed that it is particularly important that the physical and virtual have a strong interplay to support learning.

Hybrid LBGs are typically used at cultural heritage sites such as museums[2]. They tend to act as guides for exhibits and aim to make them more interesting. The game activities frequently incorporate a narrative, as described in detail in the next section, through role play combined with activities such as answering questions that are related to the cultural artefact in the physical space. *CityTreasure* is an example of a hybrid treasure hunt LBG where learning is supported through riddles at points of interest (POIs)[6]. In this game, students on a field trip visit cultural heritage sites in the city Lugano and answer riddles in the virtual space related to the POIs in the physical space. The students play in groups and are guided to the POIs through locations on a map, and as they reach the locations, they are given three riddles related to the POI. When the riddles are answered, the students will be given a new location on the map to walk to as well as feedback in the form of points if the answer was correct. The goal of the game is to gather the most points, which is driven by competition between the different groups of students playing. Furthermore, Botturia et al. reported that the game fostered collaboration within the groups to solve riddles[6]. In opposition to Team Exploration, there is no time limit in *CityTreasure* and by rewarding players' observations of the city through points, exploration is encouraged. Although this game does not focus on role play and narrative as the majority of pedagogic and hybrid games, it still manages to incorporate knowledge of the physical space while keeping players engaged according to the evaluation of the game[6].

Narrative in Location-based Games

Different disciplines (e.g. narratology, linguistics, literary studies, film studies and philosophy) define narrative with a great number of different characteristics[13]. A narrative can be defined as '*a perceived sequence of non-randomly connected events, i.e., of described states or conditions which undergo change (into some different states of conditions)*'[27].

When looking into interactive narratives, it is important to understand the concept of player choice. The quality of a game design can be characterized by looking at the relationship between the players choice and the systems response[25]. This relationship should both be supported in terms of the feedback system of the game such as receiving points, known as *discernable* relationships as well as in the larger context of the game, affecting the overall goal, where the outcome of the game should rely on players' choices, known as *integrated* relationships[25]. This can be related to interactive narratives, which offer players choices and the ability to navigate within a multi-linear branching structure of the narrative, thereby influencing the narrative[24]. Avouris & Yiannoutsou state that a narrative in the shape of an interactive course is considered a promising direction of future LBGs[2]. To understand what characterises the quality of choice and narrative in LBGs, a review of interactive narratives in LBGs is presented in the following.

Khaled et al. highlight how an interactive narrative can be used to explore both the physical space but also the virtual space. By changing location the development of the story changes. The authors observed four test subjects and found that contrasts between the story world and real world forced the reader to pay close attention to the physical setting in order to make sense of the experience[15]. Similarly, Avouris & Yiannoutsou found that LBGs emphasising on the narrative often have a strong interplay between the physical space and the virtual space[2]. Khaled et al. observed that when the users had a heightened awareness of both real world and story world, reflection on story contents occurred[15]. A qualitative study made by Blythe et al. investigated the enjoyability of an LBG called *Riot!*, which revolves around progressing a story[5]. In this game, users experience a story through sound that changes dynamically in relation to their location in a city, promoting a strong interplay between the physical and virtual spaces of the game. Results from 30 semi-structured interviews (the exact number of participants were not promoted) revealed that making blind choices caused disappointment, as users were not able to chose specific audio files to hear, since no information about the files was given. In *Riot!*, users are guided through the city through sound, while still maintaining a strong interplay between the physical and virtual spaces. This means that using sound as a navigational method might be a possibility for a LBG, however as the following section will reveal, it has some difficulties in the context of families.

Navigation in Location-based Games

As seen in the examples mentioned earlier, location-based games (LBGs) utilize points of interest (POIs) in their gameplay, which brings up the requirement of navigating between POIs, when the games take place in cities. This brings up opportunities to gain additional knowledge of the city, and not solely at the POIs. The potential of getting familiar with the city while walking may not be fully utilized, since LBGs often revolve around POIs rather than what is between. Previous studies revolving around the navigational aspect within LBGs is limited. Gordillo et al. made a hybrid LBG in the city for tourists[12]. The game offered three POIs which were marked on a 2D map, requiring the participant to go there in

order to trigger activities provided at the location. One distance required travelling 3 km (from Gell Park to Casa Batll), bringing the game to a pause until arrival at the point of interest. The outcome of the study is unknown, as no test was carried out. From this, we assume that the navigation mainly served as a requirement for leading the player from one POI to another and not as a part of the game activities.

Several LBGs have used 2D maps with Global Positioning System (GPS) technology (e.g. google maps) in a city related context, in order to guide their participants to POIs [8, 12, 28, 7, 3, 22, 4]. To the best of our knowledge, no 2D maps have integrated game activities such as those that are found at the POIs. Therefore, we assume that game activities such as answering questions about the physical space and gaining points either disappear or serve no purpose until the arrival to the next location. Furthermore, we have not been able to find any studies that investigate or evaluate whether navigating with a 2D map is preferable in the context of LBGs.

We have investigated the use of navigation in several LBGs, in terms of the interplay between the physical and virtual domain, use of ludic and pedagogic elements, and whether it is supported by a narrative. Some LBGs revolve around progressing a story. These types of games depend on sound, and do not depend on visuals for navigating, such as in Blythe et al. Events offered in these games are triggered based on how the player chooses to navigate, giving navigation a crucial role in the overall experience.

In *Riot!*[5], players navigated freely in a restricted area. However, its design may only be appropriate in a small bounded area due to the extended freedom of exploration, and could be problematic if transferred to a wider context (e.g. an entire city) due to longer distances between POIs. Epstein and Vergani made a similar study on a walking tour in the city Venice, which likewise incorporated the narrative space into the navigation, but instead kept a more linear narrative structure [10]. A narrator in the application verbally explained where to make turns, and at the same time made comments on the physical environment. The outcome of the study did not reveal the users' experiences concerning the navigation.

Both Blythe et al. and Epstein and Vergani encourage the user to explore, but only in relation to the person handling the application due to the use of headphones. Our context deals with tourist families, which would require sharing information. Utilizing audio without it being communicated through headphones would be problematic in terms of navigating in areas with many sounds.

Eguma et al. devised a LBG for tourists utilizing a sightseeing navigation system to promote awareness of surroundings and enjoyability[9]. The authors proposed creating a navigational system using augmented reality (AR) to display descriptive information from air tags and upon arrival, the participants would have to seek out a character in the surroundings. The concept does however make use of a map, in terms of leading the participants to the area requiring AR for navigating. The aim of the system was letting the user become aware of the surroundings, using 'benefit of inconvenience', which is the

idea of something being inconvenient to find, increasing the desire of finding it. The authors did not conduct a study, and therefore the outcome is unknown.

Utilizing AR combined with physical props has served as the navigational method in some LBGs. Morrison et al. conducted a comparative study on a technique called MapLens involving displaying location information on a physical map using augmented reality, comparing it to a 2D map with incorporated accessibility to read about locations, known as DigiMap [20]. This technique was investigated in relation to Flow, Presence and Intrinsic Motivation (IMI). The MapLens had significantly lower scores than DigiMap in most of the questions concerning Flow, Presence and IMI, but its potential was revealed in terms of social interaction since the MapLens encouraged collaborative behaviour. Morrison et al. found that MapLens did not support playing by moving, due to its demands of effort, forethought and planning. This behaviour is supported by the study made by Kuikkaniemi et al., which compared MapLens and navigating by following QR codes [16]. The authors did not find MapLens particularly useful based on observations on the participants. The authors observed that the participants rarely used MapLens, and had technical difficulties in terms of the GPS displaying their correct position. The QR codes were a fun way of navigating both indoors and outdoors, based on non-significant observations, but with no concrete examples on why. The QR codes did not promote any environmental awareness, making the interplay between the physical and virtual domain weak.

As mentioned earlier, hybrid LBGs require a strong interplay between the physical and virtual spaces, supported by game activities and a narrative with the goal of creating an enjoyable learning experience. Based on the above findings in our research, no LBGs have integrated the requirements for a hybrid LBG into the navigation between POIs without relying on sound through headphones, thereby not being suitable for groups of players. For this reason, a new navigational method that is suitable for groups of people, which in our case is families, and has the potential of integrating both the physical and virtual spaces, is needed.

Wayfinding using *landmarks* is a navigational method in which objects or structures that mark a locality are used as points of reference, typically used in the communication of route directions [23]. Route directions provide procedures and descriptions that help people build mental representations of the environment they are about to traverse. When following a route, landmarks can be used for re-orientation at decision points such as road intersections and are known as *local* landmarks. Landmarks can also be used for confirming if people are on the right path, known as *route marks*. Finally, landmarks can be used for overall navigation, known as *distant* landmarks. Landmarks can be described by their *saliency*, which defines how much a landmark stands out from the surrounding objects in its environment. Different types of landmarks have different types of saliency. Sorrows and Hirtle categorize landmarks as either *visual*, *cognitive*, or *structural*[26]. The saliency of visual landmarks can be characterized by their visual contrast to surrounding objects, e.g.

based on the size, shape, position or age of a landmark. For *Cognitive* landmarks, the saliency depends on the meaning of the landmark, e.g. due to the landmark being culturally or historically important. The saliency for structural landmarks depends on the accessibility of the landmark, e.g. the amount of locations a landmark is visible from.

Furthermore, it was found that LBGs have a tendency of using 2D maps for navigation between POIs, however whether or not this affects the enjoyment of the experience has not been investigated based on previous research. Therefore, we propose the following research question:

How does incorporating game activities in the navigation affect the enjoyability of a location-based game experience for tourist families?

DESIGN

In order to measure the enjoyability of a LBG with a game activity as the navigational method between POIs, we developed a location-based game (LBG). The game takes place in Aalborg, Denmark and the points of interest (POIs) are three street art paintings[1]. The game makes players walk between the three POIs on a route with a total length of 1.8km (see Figure 1). Due to requirements from the method of the experiment as described in (INSERT REFERENCE TO METHOD SECTION), the particular route was chosen on the basis of it having a close to equal amount of intersections in the road between POIs as well as a close to equal distance between the POIs. In the process of designing the navigational game activity, four initial designs were created as paper prototypes and one was chosen to be used in the game on the basis of three initial tests of the designs. The participants of each test were a child in the age group of 8-11 years and the child's parent.

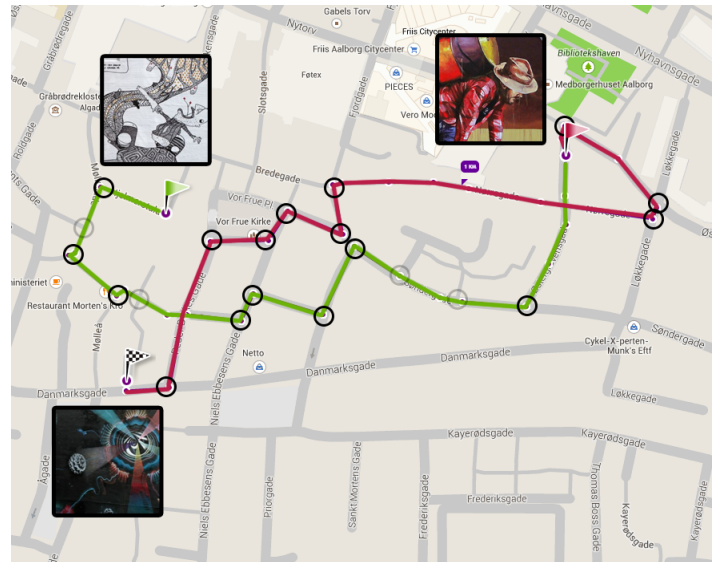


Figure 1. The route between the three street art paintings.

Choice of Navigational Game Activity

When designing the four navigational game activities, inspiration was taken from game activities that take place at POIs

in other LBGs as well as popular children's games, since they are familiar to most children, causing a lower learning curve. As mentioned earlier, Team Exploration[11] is a game where players match pictures in the virtual space to the environment in the physical space and progress in the game by specifying which pictures belong to certain areas. This game activity can be related to the game

Mention landmarks in navigation section!

, where players and CityTreasure[6].

Lost on Earth

EXPERIMENT

To investigate the effects of riddle-solving as the navigation method in a location-based game, we conducted a comparative study between navigating by riddle-solving and navigating by a 2D map with GPS. The experiment took place over two weekends in central Aalborg, Denmark. Participants used an iPad 2 3G + WiFi to follow the story of a monster agent, who had gotten lost on earth and needed help collecting family-members and fuel to get home with his spaceship.

We hypothesized that *riddles as navigational method are more enjoyable than maps*.

Participants

We recruited 10 numbers of 2-6 person families through posters and flyers at schools. As the narrative of the game was targeted children, it was a requirement that the families had at least one child in the age range 9-11 year. 17 children participated with ages ranging between the age of 7 and 13 (mean = 10.1, SD = 1.6), 9 females and 8 males. 14 adults participated with ages ranging between the age of 36 and 62 (mean = 42.3, SD = 6.4), 4 females and 10 males. All participants lived in the city or nearby, and was familiar with the city Aalborg (4 went to the city daily, 5 went to the city weekly, 18 went to the city monthly, 4 went to the city yearly). All participants were familiar using tablet or mobile devices (23 used it daily, 6 used it weekly, 1 used it monthly, 1 used it yearly).

Materials and Procedure

The experiment was designed as a within-subjects design with two conditions. (1) A navigational method, where the participants navigated by solving riddles and (2) A navigational method in which the participants used a digital map.

These two conditions were counterbalanced with the purpose of reducing the environmental effects on the results. POIs were streetarts at where the participants were able to interact, unlock pieces of the narrative and also gain information about the street arts. Three street arts, A, B and C, were a part of the experience. The distance from A to B was 0,9 km and the distance from B to C was 0,9 km. The last street art that resembled a space portal was incorporated in the narrative as the portal for the monster to get back home.

Each condition also had approximately same amount of turns, respectively 8 and 7 turns. Each session lasted between xx min to xx min. LBGs have previously been evaluated using

both qualitative and quantitative methods including observational studies, questionnaires and interviews. Morrison et. al. used Flow(kilde), Intrinsic Motivation (IMI) [6] and Presence - MEC-SPQ [12] questionnaires and successfully evaluated effects such as enjoyability, motivation and awareness of surroundings by triangulating with video recordings, logs, field notes and transcriptions of interview data. We used the same approach, based on the success of Morrison et al. investigating similar criteria as our study.

The Questionnaire in this study contains questions from the Short Flow State Scale Questionnaire (S-FSS 2), which measures the degree to which flow dimensions characterize the completed experience. The questionnaire also contains questions from IMI (measures enjoyability, tension, effort and perceived competence) and MEC-SPQ (measures spatial presence, allocated attention and Suspension of Disbelief). Only adults received this questionnaire due to the level of complexity, while children received a simplified questionnaire measuring enjoyability using IMI. The parents were instructed to help the children to fill out the questionnaire in terms of them having difficulties.

RESULTS

Questionnaires

We made individual questionnaires based on whether the test participant was an adult or child. The questionnaires made for the adults measured Flow, IMI and presence, while the childrens' measured IMI. Both questionnaires were measured on a likert scale (5-scale), going from 1 (strongly disagree) to 5 (strongly agree). We used the Wilcoxon Signed-Rank test, based on the nature of ordinal values and due to the sample had been exposed to two conditions (riddle solving and map).

All participants found the system using Riddles significantly more Motivating (IMI) than maps(See Table 1). Assessing IMI, we found that enjoyability and effort scored significantly higher for Riddles compared to Maps. Riddles also received a significantly higher score than Maps concerning total Flow. No significant difference was found for Presence, but Riddles was still favoured in terms of its score.

We found significant differences when assessing individual questions from the questionnaire (See Table 2). All participants especially found the Riddle system significantly more fun and less boring compared to the map version. We observed that riddles served a potential of including multiple family members, which accommodate the fact that all participants had a enjoyable experience.

Adults found the riddles significantly more rewording and had the feeling of the time moving faster compared to the map version. These two questions specifically assesses the dimension on having an autotelic experience and the sense of time transformation. As flow involves nine dimensions, these two were the only dimensions to reveal a significantly difference. Other dimensions of flow favoured Riddles, or was closely tied with Maps (0.05 score difference between R and M), except for a flow question revolving on clear goals. Our questionnaire revealed that test participants found the Map system

Table 2. Questionnaire items showing significant differences between Riddle navigation and map navigation

Item and Wilcoxon Signed-Rank Test	System with higher mean	System with lower mean
<i>Items related all participants</i>		
IMI: I thought navigating was fun (**)	Riddle Mean=4.48	Map Mean=3.42
IMI: I thought navigating was boring (R) (**)	Map Mean=2.14	Riddle Mean=1.41
Flow: My attention was focused on navigating (*)	Riddle Mean=4.16	Map Mean=3.66
<i>Items related only adults</i>		
Flow: I found the experience highly rewarding (*)	Riddle Mean=3.93	Map Mean=3.15
IMI: I enjoyed navigating a lot (*)	Riddle Mean=4.29	Map Mean=3.46
Flow: It felt like time went by quickly (*)	Riddle Mean=4.54	Map Mean=3.69
<i>Items related only children</i>		
IMI: I thought I was pretty good at navigating (*)	Riddle Mean=4.41	Map Mean=3.73

Note: (*) = $p < .05$ and (**) = $p < .01$.
IMI and Flow 1-5 scale

Table 1. Questionnaire items showing significant differences between Riddle navigation and map navigation

Item and Wilcoxon Signed-Rank Test	System with higher mean	System with lower mean
<i>Item related IMI for all participants</i>		
IMI - total(**)	Riddle Mean=4.31	Map Mean=3.64
IMI - Enjoyment(**)	Riddle Mean=4.49	Map Mean=3.46
IMI - Pressure(-)	Map Mean=2.11	Riddle Mean=1.78
IMI - Effort(*)	Riddle Mean=4.30	Map Mean=3.68
IMI - Perceived Competence(-)	Riddle Mean=4.13	Map Mean=3.68
<i>Item related Flow only for adults</i>		
Flow - total(*)	Riddle Mean=3.85	Map Mean=3.60
<i>Item related Presence only for adults</i>		
Presence - total(-)	Riddle Mean=3.07	Map Mean=2.95

Note: (-) = $p > .05$ and (*) = $p < .05$ and (**) = $p < .01$.
IMI, Flow and Presence 1-5 scale

had more clear goals ($R = 3.31$, $M = 3.83$, $p = .174$). As the result is not significant, it is however observed that the Map do not have upstart problems, as the Riddle version does. This was a major concern, but still participants did favour the Riddle version despite these problems.

Children thought they were significantly better navigating with Riddles, rather than using a maps. We found that children considered maps more challenging from the question-

naire which could provide an explanation on the matter, but this was not founded significant ($R = 2.82$, $M = 3.33$, $p = .177$).

We performed an multiple ordinal regression analysis on the questions from Table 2, whether age, gender, environmental factors (condition) or group size served as predictors for the results. In all cases, the results stayed significant, but the condition was revealed to have a significant impact on several of the questions. Participants exposure to map and riddles were counterbalanced, meaning participants either would begin with the map or riddles, and would end with the navigational method different from the one in beginning. This would impact the selection of riddles, and eventually providing a different experience.

We can reject our null hypothesis, stating that riddles as navigational method are more enjoyable than maps.

CONCLUSION

DISCUSSION

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