

# 2024 USRA - Validation Study Analysis

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## Introduction

In recent decades there has been substantial interest by evolutionary scientists in the role of the behavioral immune system in regulating complex social behavior. Fincher & Thornhill (2012) proposed the hypothesis that religiosity should function to protect against parasites through (1) maintaining out-group separation and (2) maintaining in-group embeddedness. If this hypothesis is correct, religious behaviors belonging to these categories should be motivated by parasite disgust. The following analysis is an attempt to answer the question: does parasite disgust sensitivity influence religious behaviours that may function to protect against infectious disease? This analysis will inform future studies on the basis for the relationship between disgust and religiosity. The goals of this analysis are as follows:

1. Establish the reliability and validity of our religious behavioral intentions scales (see [Variables in the Analysis](#) below).
2. Test the following hypotheses:

Hypothesis 1: Religious individuals scoring higher in pathogen disgust sensitivity will report being more likely to engage in religious behaviors that increase in-group embeddedness.

Hypothesis 2: Religious individuals scoring higher in pathogen disgust sensitivity will report being less likely to engage in religious behaviors that decrease out-group separation.

3. Estimate the relationship between disgust sensitivity and religiosity in a Christian sample.

Before describing the data set and its' variables, we will clean the data.

## Data Cleaning

I have written a script to clean the data called `data_cleaning.R` which is in the `code` directory of this repository. The following code runs the script, and this script will read in the data (which is currently in the `data` directory as `validation_data_ready.csv`) as `unclean.data`, reformats the variables into the correct data types, produces numerical item values for each scale, calculates scores for each scale, and returns the clean data as a data frame called `data`. The script uses the `groundhog` package (Simonsohn et al., 2024) to load the packages from a specific date—averting problems of package dependencies and making the code reproducible in the future—which may cause it to take longer than usual to run.

```
# Running the script to clean the data
source(file = "./code/data_cleaning.R")
```

Attached: 'Groundhog' (Version: 3.2.0)

Tips and troubleshooting: <https://groundhogR.com>

```
# Writing the new data frame to the data folder as validation_data_clean.csv
write.csv(data, file = "./data/validation_data_clean.csv", row.names = FALSE)
```

The clean data is now a data frame object in the environment called `data`.

## Variables in the Analysis

**Data Frame:** Data

**Variables:**

- Demographic Variables:
  - `id`: A randomly generated ID to track participants.

- **date\_start**: The date when participants started the survey in the format of “YYYY-MM-DD HH-MM-SS”.
  - **date\_end**: The date when participants finished the survey in the format of “YYYY-MM-DD HH-MM-SS”.
  - **time\_taken**: The amount of time it took to complete the survey (**date\_end** - **date\_start**) in minutes.
  - **rec\_meth**: The method of recruitment. This is a factor variable with four levels: “Prolific”, “Social Media”, “SONA”, and “Word of Mouth”.
  - **social\_media\_platform**: For social media recruits, the platform from which they were recruited. This is a factor variable with three levels: “Facebook”, “Instagram”, and “Other”.
  - **educ\_complete**: The highest level of education completed. This is a factor variable with five levels: “Graduate degree (MA/MSc/MPhil/other)”, “High school diploma/A-levels”, “Secondary education (e.g. GED/GCSE)”, “Technical/community college”, and “Undergraduate degree (BA/BSc/other)”.
  - **educ\_currently\_in**: The level of education currently engaged in, if applicable. This is a factor variable with four levels: “Doctorate degree (PhD/other)”, “Graduate degree (MA/MSc/MPhil/other)”, “Technical/community college”, and “Undergraduate degree (BA/BSc/other)”.
  - **age**: Age in years.
  - **gender**: Participants open-ended gender response. This is a factor variable and through investigating the reported categories, I decided to coerce responses into three categories: “Female”, “Male”, and “Non-binary”. The only response that did not match these words was one response of “man”, which was categorized as “Male”.
  - **religious\_affiliation**: Religious affiliation. This is a factor variable, and because we only selected Christian participants there is only one level: “Christianity (e.g. Baptist, Church of England, Roman Catholic, Methodist, Jehovah’s Witness, etc.)”.
  - **christian\_affiliation**: Christian branch or denomination affiliation. This is a factor variable with 10 levels: “Catholic Anglican / Episcopalian”, “Protestant”, “Pentecostal / Apostolic”, “Methodist”, “Lutheran”, “Orthodox / Eastern Orthodox”, “Baptist”, “Calvinist / Reformed / Presbyterian”, “Non-denominational”, and “Other”.
- Religious Behavioral Intentions measures:

- The items of this questionnaire were conceptualized by our group in PSYC 322, and they are written to represent the two categories of religious behaviour emphasized in Fincher & Thornhill (2012). That is, they are meant to represent religious behaviour that function to (1) increase out-group separation and (2) increase in-group embeddedness.

- \* Because we found it difficult to come up with religious behaviors that we thought would function to increase out-group separation and would not be seen as immoral (and therefore create demand characteristics), we decided to go the opposite direction; the first subscale of the questionnaire is therefore made up of behaviors that function to *decrease* out-group separation, and we expect that this correlates negatively with parasite disgust sensitivity. For behaviors that function to increase in-group embeddedness, we tried to get at these behaviors directly. Thus, the second subscale is made up of behaviors that should function to *increase* in-group embeddedness.

- \* Each of these behaviors had their own 7-point Likert-style response option that represents the likelihood of the person to engage in this behaviour (1=very unlikely, 2=unlikely, 3=slightly unlikely, 4=neither likely nor unlikely, 5=somewhat likely, 6=likely, 7=very likely). Therefore, this questionnaire is intended to measure our participants' religious behavioral intentions. Item scores were summed to provide a full score (RBI.F), a score for the decrease out-group separation subscale (RBI.DOGS), and a score for the increase in-group embeddedness subscale (RBI.IIGE).

- The full scale is displayed below:

*[Instructions:]* Please indicate the degree to which, as a Christian, you are likely to engage in the following behaviour by selecting the bubble of your choice.

*[Decrease out-group separation:]*

1. Participate in outreach or missionary action towards non-Christians in your local area if you had the chance
2. Participate in missionary action towards non-Christians in another country if you had the chance
3. Attend a different church than your “home church” one time during a year
4. Attend a different small group than your “home group” one time during a year
5. Date a non-Christian
6. Have close platonic relationships with non-Christians

*[Increase in-group embeddedness:]*

1. Regularly participate in large religious gatherings (e.g., chapel, church, etc.)

2. Regularly participate in small-group religious activities (e.g., bible study, youth group, devotionals, etc.)
  3. Volunteer at a church (e.g., childcare, youth, worship, kitchen, etc.)
  4. Be involved in a committed relationship with another Christian
  5. Be baptized
  6. Partake in tithing/offering
  7. Be involved in a close platonic relationship with other Christians
- The Three Domains of Disgust Scale (TDDS) Tybur et al. (2009)
    - The Three Domains of Disgust Scale was developed by Tybur et al. (2009) in order to measure three relatively distinct domains of disgust based on evolutionary logic. These forms have their own subscales, sexual disgust, moral disgust (MD) and pathogen disgust (PD). It's three factor structure has been validated in a three-factor confirmatory factor analysis, which was favored over a single factor structure (B. Olatunji et al., 2012). In order to ensure that participants are only exposed to a subminimal level of risk of discomfort—and because it was not directly relevant to our hypotheses at the time—we did not administer the sexual disgust subscale.
    - Participants were asked to rate the degree to which they feel each item is disgusting on 7-point, Likert-style response options (0=not disgusting at all, 6=extremely disgusting). The items were summed to provide a total score for each subscale. The items are as follows.

**Items in Order:**

1. Shoplifting a candy bar from a convenience store
2. Stepping on dog poop
3. Stealing from a neighbor
4. Sitting next to someone who has red sores on their arm
5. A student cheating to get good grades
6. Shaking hands with a stranger who has sweaty palms
7. Deceiving a friend
8. Seeing some mold on old leftovers in your refrigerator
9. Forging someone's signature on a legal document
10. Standing close to a person who has body odor
11. Cutting to the front of a line to purchase the last few tickets to a show
12. Seeing a cockroach run across the floor

13. Intentionally lying during a business transaction
14. Accidentally touching a person's bloody cut

**Items within their Subscales:**

*Moral Disgust:*

4. Stealing from a neighbor
19. Intentionally lying during a business transaction
13. Forging someone's signature on a legal document
10. Deceiving a friend
7. A student cheating to get good grades
1. Shoplifting a candy bar from a convenience store
16. Cutting to the front of a line to purchase the last few tickets to a show

*Pathogen Disgust:*

12. Seeing some mold on old leftovers in your refrigerator
  15. Standing close to a person who has body odor
  9. Shaking hands with a stranger who has sweaty palms
  3. Stepping on dog poop
  21. Accidentally touching a person's bloody cut
  18. Seeing a cockroach run across the floor
  6. Sitting next to someone who has red sores on their arm
- The Penn Inventory of Scrupulosity Revised (PIOS-R) (Abramowitz et al., 2002; B. O. Olatunji et al., 2007)
    - The Penn Inventory of Scrupulosity (PIOS) measures religious elements of scrupulosity, including its two domains fear of Sin and fear of God, and was developed by Abramowitz et al. (2002) to assess these elements of pathological over-scrupulosity for subclinical levels of OCD symptomatology. It was further developed by B. O. Olatunji et al. (2007), who used item and factor analysis to validate a new, 15-item Penn Inventory of Scrupulosity Revised (PIOS-R).
    - \* In our data frame, these variables are the Penn Inventory of Scrupulosity Revised (PIOS), the Fear of God subscale (FOG), and the Fear of Sin subscale (FOS).

- \* This is also measured with Likert-style response options, and it was scored by summing the items in total and within their subscales.

PIOS-R: 1. I worry that I might have dishonest thoughts 2. I fear I will act immorally 3. I feel urges to confess sins over and over again 4. I worry about heaven and hell 5. Feeling guilty interferes with my ability to enjoy things I would like to enjoy 6. Immoral thoughts come into my head and I cannot get rid of them 7. I am afraid my behaviour is unacceptable to God 8. I must try hard to avoid having certain immoral thoughts 9. I am very worried that things I did may have been dishonest 10. I am afraid I will disobey God's rules/laws 11. I am afraid of having sexual thoughts 12. I feel guilty about immoral thoughts I have had 13. I worry that God is upset with me 14. I am afraid of having immoral thoughts 15. I am afraid my thoughts are unacceptable to God

Fear of Sin: 1. I worry that I might have dishonest thoughts 2. I fear I will act immorally 3. I feel urges to confess sins over and over again 5. Feeling guilty interferes with my ability to enjoy things I would like to enjoy 6. Immoral thoughts come into my head and I cannot get rid of them 8. I must try hard to avoid having certain immoral thoughts 9. I am very worried that things I did may have been dishonest 11. I am afraid of having sexual thoughts 12. I feel guilty about immoral thoughts I have had 14. I am afraid of having immoral thoughts

Fear of God: 4. I worry about heaven and hell 7. I am afraid my behaviour is unacceptable to God 10. I am afraid I will disobey God's rules/laws 13. I worry that God is upset with me 15. I am afraid my thoughts are unacceptable to God

- Religious Social Distance Questionnaire:
  - This is a slightly adapted form of the Social Distance Scale developed by Mather et al. (2017), which is a revised method of measuring social distance. Our version of the scale is intended to assess religious in-group and out-group attitudes. Mather et al. (2017) designed the measure to provide better sensitivity—particularly at the tails of the distributions—than the Bogardus Social Distance Scale (Bogardus, 1933), a long-standing method of measuring in-group and out-group attitudes in the social psychology literature. Others have used similar methods, adapting the original Social Distance Scale to measure social distance for religious groups in North American samples (Brinkerhoff & Mackie, 1986). The items are displayed in the image below.
  - This measure was administered 9 times to each participant, with blanks (i.e., “[group member]”) containing a different religious group member for each administration. Religious group members will either be (1) members of a broad religious group or (2) members of a sect of Christianity. The groups are as follows:
    - \* Broad Religious Groups (group member terminology for insertion into scale):

- Atheism (an atheist)
- Christianity (a Christian)
- Sikhism (a Sikh)
- Islam (a Muslim)
- Buddhism (a Buddhist)
- Hinduism (a Hindu)
- Judaism (a Jewish person)
- \* Christian Sects (group member terminology for insertion into scale):
  - Protestantism (a Protestant)
  - Catholicism (a Catholic)
- Instructions read: “Select the option that best describes your response to the statements below.” The order of the presentation of the different religious groups (and atheism) were randomized.
- The scale is scored by multiplying the Likert response value with the rank of the item. That is, each item is assigned a rank (1-7, in the order you see them below) representing the severity of social distance implied by the response to the item. Thus, being unwilling to accept a group member as a close relative by marriage is considered a less strong indicator of social distance than being unwilling to accept that group member in one’s country whatsoever. Once this rescaling by the rank of the item is done, the items are summed to produce a total score for the group in question.
- The variables in the data frame are denoted by `SD_religiousgroup`, where “religiousgroup” has the name of the group (e.g., `SD_protestant`).



Circle the number that best describes your response to these statements according to the following scale:

1=Strongly agree; 2=agree; 3=Neither agree or Disagree; 4=Disagree; 5=Strongly disagree

I would be willing to accept [group member] as a close relative by marriage 1 2 3 4 5

I would be willing to accept [group member] as a close personal friend 1 2 3 4 5

I would be willing to accept [group member] as a neighbor on the same street 1 2 3 4 5

I would be willing to accept [group member] as a coworker 1 2 3 4 5

I would be willing to accept [group member] as a citizen in my country 1 2 3 4 5

I would be willing to accept [group member] as a visitor in my country 1 2 3 4 5

I would not exclude [group member] from my country\* 1 2 3 4 5

## Analysis

Before moving on to the analysis, we will load the necessary packages.

```
# Defining the list of packages to install in a vector
pkg <- c("psych")

# Loading the packages using groundhog
suppressMessages(groundhog.library(pkg, date = "2024-04-22")) # Suppress message to allow for
```

## Data Exploration

To get a sense of the data, we will first generate descriptive statistics and visualize the distribution of the variables.

## Descriptive Statistics

First, we will describe the sample in terms of the categorical variables. The following generates frequency tables for all categorical variables.

```
# Create list of whether a variable is a factor variable or not
factor_variables <- sapply(data, is.factor)

# Create a frequency table for each factor variable
factor_tables <- lapply(data[factor_variables], table)

# Display the number of participants in the data frame
nrow(data)
```

```
[1] 134
```

```
# Display the tables
print(factor_tables)
```

\$rec\_meth

Prolific	Social Media	SONA Word of Mouth
49	28	52
		5

\$educ\_complete

Graduate degree (MA/MSc/MPhil/other)	High school diploma/A-levels
4	77
Secondary education (e.g. GED/GCSE)	Technical/community college
5	13
Undergraduate degree (BA/BSc/other)	
35	

\$educ\_currently\_in

Doctorate degree (PhD/other)	Graduate degree (MA/MSc/MPhil/other)
2	25
Technical/community college	Undergraduate degree (BA/BSc/other)
9	98

\$religious\_affiliation

Christianity (e.g. Baptist, Church of England, Roman Catholic, Methodist, Jehovah's Witness,

\$gender

Female	Male	Non-binary
81	51	1

\$christian\_affiliation

Catholic	Anglican / Episcopalian	Protestant
	21	19
	Pentecostal / Apostolic	Methodist
	12	2
	Lutheran	Orthodox / Eastern Orthodox
	3	7
	Baptist Calvinist / Reformed / Presbyterian	
	13	4
	Non-denominational	Other
	48	4

\$social\_media\_platform

Facebook	Instagram	Other
7	19	2

In total, there are  $N = 134$  participants in the data frame.

- Recruitment Method: The primary sources of recruitment are SONA and Prolific, followed by Social Media and Word of Mouth.
  - SONA:  $n = 52$
  - Prolific:  $n = 49$
  - Social media:  $n = 28$ 
    - \* Social Media Platform: Of those recruited through social media, most came from Instagram, followed by Facebook and other.
      - Instagram: 19
      - Facebook: 7
      - Other: 2

- Word of Mouth:  $n = 5$
- Education: We required that participants either be in some sort of college/university/technical school or were graduated from such an institution. This is reflected in our education demographics below, providing us with a highly educated sample.
  - Completed Education Level:
    - \* Secondary education (e.g. GED/GCSE):  $n = 5$
    - \* High school diploma/A-levels:  $n = 77$
    - \* Technical/community college:  $n = 13$
    - \* Undergraduate degree (BA/BSc/other):  $n = 35$
    - \* Graduate degree (MA/MSc/MPhil/other):  $n = 4$
  - Education Level Currently In:
    - \* Technical/community college:  $n = 9$
    - \* Undergraduate degree (BA/BSc/other):  $n = 98$
    - \* Graduate degree (MA/MSc/MPhil/other):  $n = 25$
    - \* Doctorate degree (PhD/other):  $n = 2$
- Religious Affiliation: Because we selected only Christians, religious identification is all “Christianity (e.g. Baptist, Church of England, Roman Catholic, Methodist, Jehovah’s Witness, etc.)” ( $N = 134$ ).
- Christian Affiliation: Although the modal response is non-denominational for Christian affiliation, there is representation from many different Christian sects in our sample.
  - Non-denominational:  $n = 48$
  - Catholic Anglican / Episcopalian:  $n = 21$
  - Protestant:  $n = 19$
  - Baptist:  $n = 13$
  - Pentecostal / Apostolic:  $n = 12$
  - Orthodox / Eastern Orthodox:  $n = 7$
  - Calvinist / Reformed / Presbyterian:  $n = 4$
  - Lutheran:  $n = 3$
  - Methodist:  $n = 2$

- Other:  $n = 4$
- Gender: As is typical of university samples (which our sample in large part is) gender is skewed female.
  - Female:  $n = 81$
  - Male:  $n = 51$
  - Non-binary:  $n = 1$

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