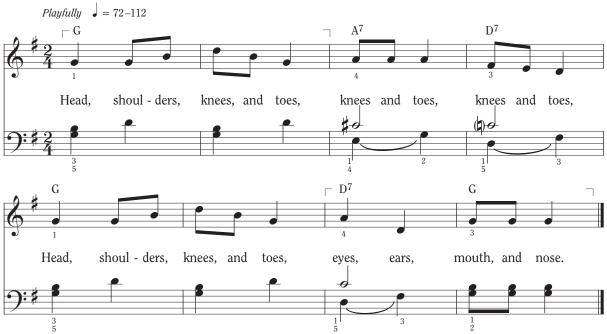
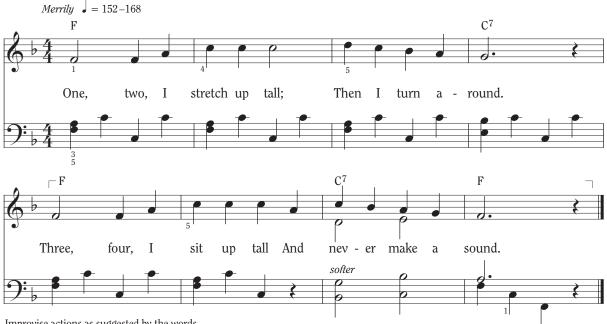
Head, Shoulders, Knees, and Toes



Sing song and point to parts of the body. Or sing slowly and move parts of the body as they are mentioned. For example, nod head, shrug shoulders, bend knees, stand tiptoe, and so forth.

Words and music: Anon.

To Get Quiet



Improvise actions as suggested by the words.

Words and music: Moiselle Renstrom, 1889-1956

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