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This is actually pretty straightforward despite the complicated look. With the "unprimed" distribution ρ and σ , the potential is given by

$$\Phi(\mathbf{x}) = \frac{1}{4\pi\epsilon_0} \left[\int_V \rho(\mathbf{x}') d^3x' + \oint_S \sigma(\mathbf{x}') da' \right] \quad (1)$$

Similarly for the "primed" distribution,

$$\Phi'(\mathbf{x}) = \frac{1}{4\pi\epsilon_0} \left[\int_V \rho'(\mathbf{x}') d^3x' + \oint_S \sigma'(\mathbf{x}') da' \right] \quad (2)$$

Green's reciprocity theorem claims

$$\int_V \rho \Phi' d^3x + \oint_S \sigma \Phi' da = \int_V \rho' \Phi d^3x + \oint_S \sigma' \Phi da \quad (3)$$

Indeed, plugging (2) into the LHS of (3) gives

$$\frac{1}{4\pi\epsilon_0} \cdot \text{LHS} = \int_V \rho(\mathbf{x}) d^3x \left[\int_V \rho'(\mathbf{x}') d^3x' + \oint_S \sigma'(\mathbf{x}') da' \right] + \oint_S \sigma(\mathbf{x}) da \left[\int_V \rho'(\mathbf{x}') d^3x' + \oint_S \sigma'(\mathbf{x}') da' \right] \quad (4)$$

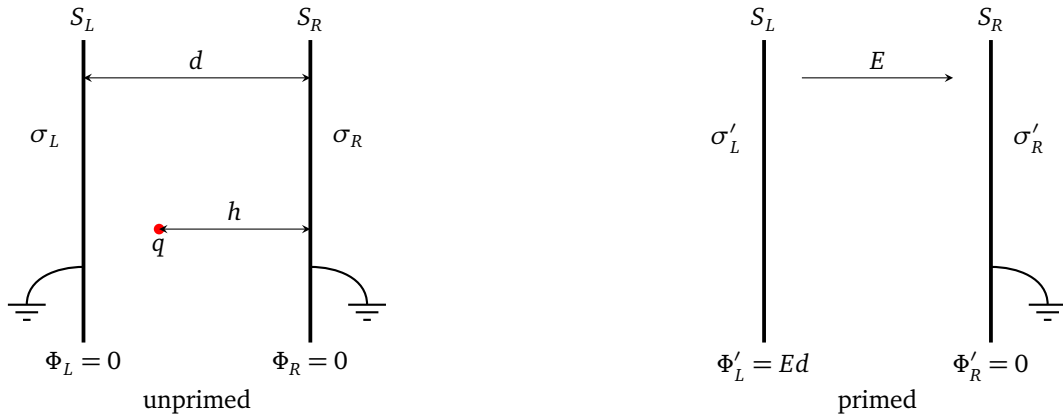
and plugging (1) into the RHS gives

$$\frac{1}{4\pi\epsilon_0} \cdot \text{RHS} = \int_V \rho'(\mathbf{x}) d^3x \left[\int_V \rho(\mathbf{x}') d^3x' + \oint_S \sigma(\mathbf{x}') da' \right] + \oint_S \sigma'(\mathbf{x}) da \left[\int_V \rho(\mathbf{x}') d^3x' + \oint_S \sigma(\mathbf{x}') da' \right] \quad (5)$$

The equality of LHS and RHS is obvious by exchanging the order of the double integrals, as well as the dummy label of integration variables.

- 1.13

In order to apply the Green's reciprocity theorem, we need two setups (unprimed v.s. primed), as shown below.



In the unprimed setup, the volume charge distribution ρ is the δ -function at q 's location, and the surface charge distribution is σ_L, σ_R (not necessarily uniform) for the left and right plate. Both plates are grounded, so $\Phi_L = \Phi_R = 0$.

In the primed setup, only the right plate is grounded, and left plate is uniformly charged to produce an electric field E between the plates, therefore $\Phi'_L = Ed$. There is no charge between the plates, so $\rho' = 0$.

With these, we can see the RHS of (3) vanishes since $\rho' = 0$ in V and $\Phi_L = \Phi_R = 0$ on S , but the LHS is

$$\begin{aligned} \text{LHS} &= \int_V \rho \Phi' d^3x + \int_{S_L} \sigma_L \Phi'_L da + \underbrace{\int_{S_R} \sigma_R \Phi'_R da}_{=0} \\ &= q(Eh) + (Ed) \int_{S_L} \sigma_L da \end{aligned} \quad (6)$$

Equating LHS with RHS gives

$$Q_L = -q \cdot \frac{h}{d} \quad (7)$$