Our goal is to verify that for the potential given by (1.17)

$$\Phi(\mathbf{x}) = \frac{1}{4\pi\epsilon_0} \int \frac{\rho(\mathbf{x}')}{|\mathbf{x} - \mathbf{x}'|} d^3 x'$$
 (1)

its Laplacian is

$$\nabla^2 \Phi = -\frac{\rho}{\epsilon_0} \tag{2}$$

I do not really understand why the text chose to divide the whole region into $r \le R$ and r > R. In particular, I cannot convince myself of the sentence "If $\rho(\mathbf{x}')$ is such that (1.17) exists, the contribution to integral (1.30) from the exterior of the sphere will vanish like a^2 as $a \to 0$ ".

In fact, we can use the "a-potential" method on $\nabla^2(1/r)$ to prove (1.31) directly, i.e.,

$$\nabla^2 \left(\frac{1}{|\mathbf{x} - \mathbf{x}'|} \right) = -4\pi \delta(\mathbf{x} - \mathbf{x}') \tag{3}$$

then it follows that

$$\nabla^{2}\Phi(\mathbf{x}) = \frac{1}{4\pi\epsilon_{0}} \int \rho(\mathbf{x}') \nabla^{2} \left(\frac{1}{|\mathbf{x} - \mathbf{x}'|}\right) d^{3}x'$$

$$= \frac{1}{4\pi\epsilon_{0}} \int \rho(\mathbf{x}') \left[-4\pi\delta(\mathbf{x} - \mathbf{x}')\right] d^{3}x' = -\frac{\rho(\mathbf{x})}{\epsilon_{0}}$$
(4)

To see (3), first notice that for any a,

$$\nabla \left(\frac{1}{\sqrt{r^{2} + a^{2}}} \right) = -\frac{x\mathbf{i} + y\mathbf{j} + z\mathbf{k}}{(r^{2} + a^{2})^{3/2}} \implies (5)$$

$$\nabla^{2} \left(\frac{1}{\sqrt{r^{2} + a^{2}}} \right) = \frac{\partial}{\partial x} \left[\frac{-x}{(r^{2} + a^{2})^{3/2}} \right] + \frac{\partial}{\partial y} \left[\frac{-y}{(r^{2} + a^{2})^{3/2}} \right] + \frac{\partial}{\partial z} \left[\frac{-z}{(r^{2} + a^{2})^{3/2}} \right]$$

$$= \left[\frac{-1}{(r^{2} + a^{2})^{3/2}} + \frac{3x^{2}}{(r^{2} + a^{2})^{5/2}} \right] + \left[\frac{-1}{(r^{2} + a^{2})^{5/2}} + \frac{3y^{2}}{(r^{2} + a^{2})^{5/2}} \right] + \left[\frac{-1}{(r^{2} + a^{2})^{5/2}} + \frac{3z^{2}}{(r^{2} + a^{2})^{5/2}} \right]$$

$$= \frac{-3a^{2}}{(r^{2} + a^{2})^{5/2}} \qquad (6)$$

For r > 0, we take a = 0, which gives

$$\nabla^2 \left(\frac{1}{r} \right) = 0 \qquad \text{for } r > 0 \tag{7}$$

And the volume integral

$$\int \nabla^{2} \left(\frac{1}{\sqrt{r^{2} + a^{2}}} \right) d^{3}x = -\int d\Omega \int_{0}^{\infty} \frac{3a^{2}}{(r^{2} + a^{2})^{5/2}} r^{2} dr \qquad (let r = a tan \zeta)$$

$$= -4\pi \int_{0}^{\pi/2} \frac{3a^{2} \left(a^{2} tan^{2} \zeta \right) \left(a / \cos^{2} \zeta \right) d\zeta}{a^{5} / \cos^{5} \zeta}$$

$$= -4\pi \int_{0}^{\pi/2} 3 \sin^{2} \zeta \cos \zeta d\zeta = -4\pi$$
(8)

By taking the limit of $a \to 0$ and combining (7) and (8), we can conclude (3) by definition of the δ -function.

Even though we didn't use the text's method, it's still worth explaning the expansion of $\rho(\mathbf{x}')$ in the integral

$$-\frac{1}{4\pi\epsilon_0} \int \rho(\mathbf{x}') \left[\frac{3a^2}{(r^2 + a^2)^{5/2}} \right] d^3x' = -\frac{1}{\epsilon_0} \int_0^R \frac{3a^2}{(r^2 + a^2)^{5/2}} \left[\rho(\mathbf{x}) + \frac{r^2}{6} \nabla^2 \rho + \cdots \right] r^2 dr$$
 (9)

With the assumption that $\rho(\mathbf{x}')$ is well behaved, we can expand $\rho(\mathbf{x}')$ around \mathbf{x} :

$$\rho(\mathbf{x}') = \rho(\mathbf{x}) + \left(\frac{\partial \rho}{\partial x} \Delta x + \frac{\partial \rho}{\partial y} \Delta y + \frac{\partial \rho}{\partial z} \Delta z\right) + \frac{1}{2} \left[\frac{\partial^{2} \rho}{\partial x^{2}} (\Delta x)^{2} + \frac{\partial^{2} \rho}{\partial y^{2}} (\Delta y)^{2} + \frac{\partial^{2} \rho}{\partial z^{2}} (\Delta z)^{2} + 2\frac{\partial^{2} \rho}{\partial x \partial y} \Delta x \Delta y + 2\frac{\partial^{2} \rho}{\partial x \partial z} \Delta x \Delta z + 2\frac{\partial^{2} \rho}{\partial y \partial z} \Delta y \Delta z\right] + \cdots$$

$$(10)$$

where all partial derivatives are evaluated at \mathbf{x} , hence can be taken out of the integral.

The integral of first order terms will vanish on the LHS of (9), because their null angular integration:

$$\int_{\Omega} d\Omega \Delta x \propto \int_{0}^{\pi} \sin\theta \, d\theta \int_{0}^{2\pi} d\phi \sin\theta \cos\phi = 0 \tag{11}$$

$$\int_{\Omega} d\Omega \Delta y \propto \int_{0}^{\pi} \sin\theta \, d\theta \int_{0}^{2\pi} d\phi \sin\theta \sin\phi = 0$$
 (12)

$$\int_{\Omega} d\Omega \Delta z \propto \int_{0}^{\pi} \sin\theta \, d\theta \int_{0}^{2\pi} d\phi \cos\theta = 0 \tag{13}$$

Similarly, the cross terms of the second order will vanish too:

$$\int_{\Omega} d\Omega \Delta x \Delta y \propto \int_{0}^{\pi} \sin\theta d\theta \int_{0}^{2\pi} d\phi \sin^{2}\theta \cos\phi \sin\phi = 0$$
 (14)

$$\int_{\Omega} d\Omega \Delta x \Delta z \propto \int_{0}^{\pi} \sin\theta \, d\theta \int_{0}^{2\pi} d\phi \sin\theta \cos\phi \cos\theta = 0 \tag{15}$$

$$\int_{\Omega} d\Omega \Delta y \, \Delta z \, \propto \int_{0}^{\pi} \sin\theta \, d\theta \, \int_{0}^{2\pi} d\phi \, \sin\phi \, \cos\theta = 0 \tag{16}$$

The angular integrations of the diagonal second order terms are

$$\int_{\Omega} d\Omega (\Delta x)^{2} = r^{2} \int_{0}^{\pi} \sin \theta d\theta \int_{0}^{2\pi} d\phi \sin^{2}\theta \cos^{2}\phi \\
= r^{2} \int_{0}^{\pi} \sin^{3}\theta d\theta \int_{0}^{2\pi} \frac{1 + \cos 2\phi}{2} d\phi \\
= \pi r^{2} \int_{-1}^{1} (1 - y^{2}) dy = \left(2 - \frac{2}{3}\right) \pi r^{2} = \frac{4\pi r^{2}}{3} \tag{17}$$

$$\int_{\Omega} d\Omega (\Delta y)^{2} = r^{2} \int_{0}^{\pi} \sin \theta d\theta \int_{0}^{2\pi} d\phi \sin^{2}\theta \sin^{2}\phi \\
= r^{2} \int_{0}^{\pi} \sin^{3}\theta d\theta \int_{0}^{2\pi} \frac{1 - \cos 2\phi}{2} d\phi \\
= \pi r^{2} \int_{-1}^{1} (1 - y^{2}) dy = \left(2 - \frac{2}{3}\right) \pi r^{2} = \frac{4\pi r^{2}}{3} \tag{18}$$

$$\int_{\Omega} d\Omega (\Delta z)^{2} = r^{2} \int_{0}^{\pi} \sin \theta d\theta \int_{0}^{2\pi} d\phi \cos^{2}\theta \\
= 2\pi r^{2} \int_{0}^{1} y^{2} dy = \frac{4\pi r^{2}}{3} \tag{19}$$

which gives the RHS of (9).