

Seaforth

Orienteering Map

MapRun - Long Course
Start: Seaforth Shops



Out of bounds / Forbidden:

Private Property

Out of bounds

Out of bounds

Do not cross

Do not run along



Legend:

Open land, with trees	
Rough open land, with trees	
Open forest, slow running	
Vegetation: slow, fight	
Water, Beach	
Watercourses	
Cliffs, rocky ground	
Bare rock, Boulders, Cluster	
Contours, Depression	
Knoll, pit, termite mound	
Roads, paved area	
Fire Trail, Track, Indistinct	
Fences: high, low	
Wall, Ruin, Made objects	
Bridge, Pipeline	
Building, Tunnel	
Water feature, Tower	

For more information on orienteering, contact
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Field work and cartography Richard Pattison 2021
Base Map: NSW Spatial Services (LIDAR, roads & lots).

Seaforth - Long Course

Long Course	6.2 km	430 m	
1	1		Start: W road junction
2	2		Foot of stairway
3	3		S part of bare rock (Spit Punt jetty)
4	4		Top of stairway
5	5		End of jetty
6	6		SW end of road
7	7		End of jetty

8	8	↓	⌂	⌂	Top of S cliff
9	9	↘	↘	⌂	S end of indistinct track
10	10	↘	↘	⌂	NW side of road junction
11	11	↘	↘	⌂	N side of bend in road
12	12	⬢	⬢	⌂	Beach
13	13	▲	▲	⌂	Boulder
14	14	■	■	⌂	NE side of building (chimney)
15	15	↘	↘	⌂	W end of road
16	16	▲	▲	⌂	Boulder cluster (mini cliffs)
390 m					Navigate 390 m to finish

