

Seaforth

Orienteering Map

MapRun - Long Course

Start: Seaforth Shops



Please take a mobile phone with you
Call 000 in an emergency

Out of bounds / Forbidden:

- Private Property
- Out of bounds
- Out of bounds
- Do not cross
- Do not run along























Legend:

- Open land, with trees
- Rough open land, with trees
- Open forest, slow running
- Vegetation: slow, fight
- Water, Beach
- Watercourses
- Cliffs, rocky ground
- Bare rock, Boulders, Cluster
- Contours, Depression
- Knoll, pit, termite mound
- Roads, paved area
- Fire Trail, Track, Indistinct
- Fences: high, low
- Wall, Ruin, Made objects
- Bridge, Pipeline
- Building, Tunnel
- Water feature, Tower

For more information on orienteering, contact
Orienteering NSW Inc. Email: admin@onsw.asn.au;
Phone: 02 8736 1252; Website: www.onsw.asn.au

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Field work and cartography Richard Pattison 2021
Base Map: NSW Spatial Services (LIDAR, roads & lots).

Seaforth - Long Course					
Long Course		6.2 km	430 m		
1	1			Start: W road junction	
2	2			Foot of stairway	
3	3			S part of bare rock (Spit Punt jetty)	
4	4			End of jetty	
5	5			SW end of road	
6	6			End of jetty	
7	7			Foot of stairway	
8	8			End of jetty	

8	8				Foot of stairway
9	9				S end of indistinct track
10	10				NW side of road junction
11	11				N side of bend in road
12	12				E part of beach
13	13				Boulder
14	14				NE side of building (chimney)
15	15				W end of road
16	16				Boulder cluster (mini cliffs)
		390 m			 Navigate 390 m to finish

