





Seaforth

Orienteering Map

Short Course



































Start: Balgowlah Oval

**Out of bounds /
Forbidden:**

Private Property 
Out of bounds 
Out of bounds 
Do not cross 
Do not run along 























Legend:

Open land, with trees		
Rough open land, with trees		
Open forest, slow running		
Vegetation: slow, fight		
Water, Beach		
Watercourses		
Cliffs, rocky ground		
Bare rock, Boulders, Cluster		
Contours, Depression		
Knoll, pit, termite mound		
Roads, paved area		
Fire Trail, Track, Indistinct		
Fences: high, low		
Wall, Ruin, Made objects		
Bridge, Pipeline		
Building, Tunnel		
Water feature, Tower		

For more information on orienteering, contact
Orienteering NSW Inc. Email: admin@onsw.asn.au;
Phone: 02 8736 1252; Website: www.onsw.asn.au

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Field work and cartography Richard Pattison 2021
Base Map: NSW Spatial Services (LIDAR, roads & lots).



Balgowlah - Short Course					
Short Course	3.3 km	145 m			
					Start: tower
1	1				S end of bridge
2	2				SW inside corner of bend in road
3	3				Made object (raised drain)
4	4				Minor watercourse crossing
5	5				Bridge
6	6				Between boulders
7	7				Top of stairway
8	8				Boulder
9	9				NW side of bridge
10	10				N end of bridge
	210 m				Navigate 210 m to finish

Please take a mobile
phone with you

Call 000 in emergency

