

Seaforth

Orienteering Map

MapRun - Long Course
Start: Seaforth Shops



Out of bounds /
Forbidden:

Private Property
Out of bounds
Out of bounds
Do not cross
Do not run along



Legend:

Open land, with trees	
Rough open land, with trees	
Open forest, slow running	
Vegetation: slow, fight	
Water, Beach	
Watercourses	
Cliffs, rocky ground	
Bare rock, Boulders, Cluster	
Contours, Depression	
Knoll, pit, termite mound	
Roads, paved area	
Fire Trail, Track, Indistinct	
Fences: high, low	
Wall, Ruin, Made objects	
Bridge, Pipeline	
Building, Tunnel	
Water feature, Tower	

For more information on orienteering, contact
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Field work and cartography Richard Pattison 2021
Base Map: NSW Spatial Services (LIDAR, roads & lots).

Seaforth - Long Course

Long Course	6.2 km	430 m	
1 1			Start: W road junction
2 2			Foot of stairway
3 3			S part of bare rock (Spit Punt jetty)
4 4			End of jetty
5 5			SW end of road
6 6			End of jetty
7 7			End of jetty

8 8				Top of S cliff
9 9				S end of indistinct track
10 10				NW side of road junction
11 11				N side of bend in road
12 12				Beach
13 13				Boulder
14 14				NE side of building (chimney)
15 15				W end of road
16 16				Boulder cluster (mini cliffs)
	390 m			Navigate 390 m to finish

