

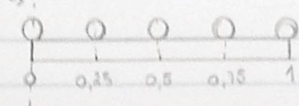
Exercícios MC - Capítulo 7

1) $\ell = 1 \text{ m}$

$m = 2 \text{ Kg}$

$I = ?$

G.M.Y

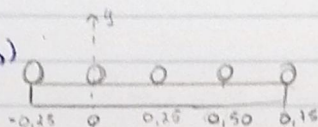


$$I = m_1 x_1^2 + m_2 x_2^2 + m_3 x_3^2 + m_4 x_4^2 + m_5 x_5^2 =$$

$$= 1 \times 0,25^2 + 1 \times 0,50^2 + 1 \times 0,75^2 + 1 \times 1^2 =$$

$$= 1,875 \text{ Kg} \cdot \text{m}^2$$

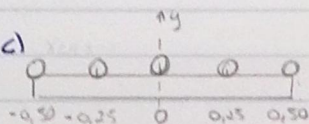
b)



$$I = 1 \times (-0,25)^2 + 1 \times 0,25^2 + 1 \times 0,5^2 + 1 \times 0,75^2 =$$

$$= 0,9375 \text{ Kg} \cdot \text{m}^2$$

c)



$$I = 1 \times (-0,5)^2 + 1 \times (-0,25)^2 + 1 \times 0,25^2 + 1 \times 0,5^2 =$$

$$= 0,625 \text{ Kg} \cdot \text{m}^2$$

d) $I = I_{CM} + M x^2$ (Teorema de Steiner)

Considerando I

$$I_{CM} = I_{CM} + M x^2 \Rightarrow 1,875 = 0,625 + 5 \times (0,50)^2$$

$$\Rightarrow 1,875 = 1,875 \text{ c.q.d. } //$$

2)

$\odot = \odot = \odot$

$d = 1,13 \times 10^{-10} \text{ m}$

$m(0) = 4,66 \times 10^{-26} \text{ Kg}$

$m(0) = 4,66 \times 10^{-26} \text{ Kg}$

$$I = 2 m(0) \times d^2 = 2 \times (4,66 \times 10^{-26}) \times (1,13 \times 10^{-10})^2 = 6,39 \times 10^{-46} \text{ Kg} \cdot \text{m}^2$$

3) $dm = (M/\ell) du$; $I = \int u^2 dm$

$$a) I_e = \int u^2 dm = \int u^2 \left(\frac{M}{\ell} \right) du = \frac{M}{\ell} \int_0^{\ell} u^2 du = \frac{M}{\ell} \left[\frac{u^3}{3} \right]_0^{\ell} = \frac{M \ell^2}{3}$$

$$b) I_c = \int u^2 dm = \frac{M}{\ell} \int_{-\ell/2}^{\ell/2} u^2 du = \frac{M}{\ell} \left[\frac{u^3}{3} \right]_{-\ell/2}^{\ell/2} = \frac{M \ell^2}{24} + \frac{M \ell^2}{24} = \frac{M \ell^2}{12}$$

4) $m h = 2 \text{ Kg}$

a) $I = I_1 + I_2 + I_3 + I_4 + I_5 + I_h = 1,875 + (M \ell^2)/2 = 1,875 + 1 = 2,875 \text{ Kg} \cdot \text{m}^2$

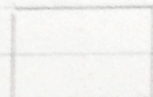
b) $I = I_1 + I_2 + I_3 + I_4 + I_5 + I_h = 0,9375 + 0,4375 = 1,375 \text{ Kg} \cdot \text{m}^2$

$$I_h = \int u^2 dm = \int u^2 \frac{M}{\ell} du = \frac{M}{\ell} \left[\frac{u^3}{3} \right]_{-0,25}^{0,25} = 3 \left(\frac{0,25^3}{3} + \frac{0,25^3}{3} \right) = 0,4375 \text{ Kg} \cdot \text{m}^2$$

c)

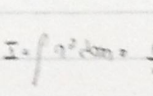
$$d) I = I_1 + I_2 + I_3 + I_4 + I_5 + I_h = 0,625 + \frac{M \ell^2}{12} = 0,625 + 0,25 = 0,875 \text{ Kg} \cdot \text{m}^2$$

a)



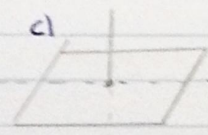
$$I = \int r^2 dm = \frac{M}{a} \int x^2 dx = \frac{M}{a} \left[\frac{x^3}{3} \right]_0^a = \frac{M a^2}{3}$$

b)



$$I = \int r^2 dm = \frac{M}{a} \int x^2 dx = \frac{M}{a} \left[\frac{x^3}{3} \right]_0^a = \frac{M a^2}{3}$$

c)



$$I = \int r^2 dm = \frac{M}{a} \int x^2 dx + \frac{M}{b} \int y^2 dy = \frac{M}{a} \left[\frac{x^3}{3} \right]_0^a + \frac{M}{b} \left[\frac{y^3}{3} \right]_0^b = \frac{M a^2}{3} + \frac{M b^2}{3} = \frac{M}{3} (a^2 + b^2)$$

e)

$$dm = \sigma dA = \left(\frac{M}{\pi R^2} \right) (2\pi R dr) = \frac{2M}{R} r dr$$

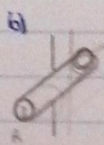
$$I = \int r^2 dm = \frac{2M}{R^2} \int_0^R r^3 dr = \frac{2M}{R^2} \left[\frac{r^4}{4} \right]_0^R = \frac{M R^2}{2}$$

$$f) I = \int r^2 dm = \int_0^R r^2 c dv = \int_0^R r^2 c l dA = \int_0^R r^2 c l 2\pi r dr = 2\pi c l \left[\frac{r^4}{4} \right]_0^R = \frac{\pi c l R^4}{2}$$

note: $\rho = \frac{m}{V} = \frac{dm}{dv} \Rightarrow dm = \rho dv$; $dv = l dA$; $dA = 2\pi r dr$

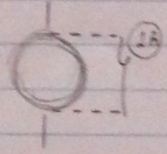
$$c = \frac{m}{V} = \frac{m}{\pi R^2 l}$$

(*) $I_{cm} = \frac{1}{2} (I_x + I_y + I_z) = \frac{3}{2} I_x$ ($I_x = I_y = I_z$)
 $\hookrightarrow I_x = \frac{2}{3} I_{cm} = \frac{2}{3} \left(\frac{\pi}{2} m R^2 \right) = \frac{\pi}{3} m R^2$



$$I = I_{cm} + M x^2 \Rightarrow I = \frac{\pi m R^2}{3} + m R^2 = \frac{4\pi}{3} m R^2$$

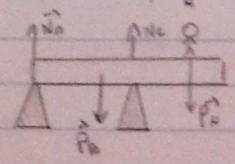
g)



$$c = \frac{m}{V} = \frac{3m}{4\pi R^3}$$

$$I_{cm} = \int r^2 dm = \int_0^R r^2 c dv = \int_0^R r^2 c 4\pi r^2 dr = 4\pi c \left[\frac{r^5}{5} \right]_0^R = \frac{4\pi c R^5}{5} = \frac{3m}{5 R^3} \cdot 4\pi \cdot \frac{R^5}{5} = \frac{3}{5} m R^2$$

g) $l = 4m$; $m_1 = 35 \text{ kg}$; $m_2 = 50 \text{ kg}$; $x_C = 1,5m$; $x_B = x_{cm_2} = 2m$



Para que o sistema esteja em equilíbrio é necessário que $x_C N_C = x_B N_B$
 $\frac{m_2 \cdot x_B}{m_2 \cdot m_1} \leq 1,5$ ou $\frac{50x_B}{35x_C} \leq 1,5$ ou $0,8 \leq x_B \leq 1,5$ m

$$\hookrightarrow x_B \in (0,8 - 1,5) / 0,6 \text{ ou } x_B \in [1,83]$$

10) $m_A = 10 \text{ kg}$; $m_B = 16 \text{ kg}$

a)

$$x m_A g + (1-x) m_B g = 0 \Rightarrow x(m_A + m_B) - 1 m_B = 0$$

$$\Rightarrow x = \frac{1 m_B}{m_A + m_B}$$

$$\Rightarrow x = \frac{1 \times 16}{16 + 10}$$

$$\Rightarrow x = 0,62 \text{ l.}$$

b) $m_A g + m_B g = N \Rightarrow N = 10 \times 9,8 + 16 \times 9,8 \Rightarrow N = 254,8 \text{ N}$

11) $m = 40 \text{ kg}$

Forças: $\left\{ \begin{array}{l} F_3 - F_1 = 0 \\ 0,3 F_3 - P + F_2 = 0 \end{array} \right.$

$$F_2 = -0,3 F_3 + mg \Rightarrow$$

$$\Rightarrow F_2 = -0,3 \times 96 + 40 \times 9,8$$

$$\Rightarrow F_2 = 363 \text{ N}$$

Momentos: $T(q F_3) + T(F_2) - T(P) = 0 \Rightarrow$

$$(Z \vec{r} \cdot \vec{0}) \Rightarrow 0,3 F_3 (\cos 60^\circ) + F_2 \sin 60^\circ + P \cos 60^\circ = 0$$

$$\Rightarrow F_2 (-0,3 \cos 60^\circ) - \sin 60^\circ \left(\frac{P}{2} \cos 60^\circ \right) = 0$$

$$\Rightarrow F_3 = \left[P \cos 60^\circ \right] / [0,3 \cos 60^\circ - \sin 60^\circ \times 2]$$

$$\Rightarrow F_3 = F_1 = 96 \text{ N}$$

12) $P = 2 \text{ N}$, $T_{\text{máx}} = 1,1 \text{ N}$ ($N_2 = T$ e $N_1 = P$)

Momentos: $T(N_2) - T(P) + T(T) - T(N_1) = 0$

$$P = 0 \Rightarrow -P \sin 47^\circ + T \cos 47^\circ = N_1 \cos 47^\circ = 0$$

$$\Rightarrow T = -P \sin 47^\circ + 2P \cos 47^\circ$$

$$\Rightarrow T = 4,19 \text{ N}$$

$P = 2 \text{ N}$

Como $T > T_{\text{máx}}$; o equilíbrio não é possível

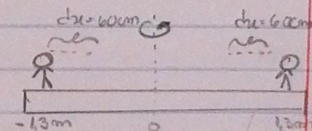
13) $m_C = 25 \text{ kg}$; $l = 2,6 \text{ m}$; $m_P = 10 \text{ kg}$; $\ell = 5 \text{ rpm} = 0,083 \text{ Hz}$

$$\hookrightarrow \omega_P = 2\pi \ell = 0,52 \text{ rad/s}$$

a) $\Delta L = 0 \Rightarrow I_P \omega_P = I_C \omega_C$

$$\hookrightarrow \omega_C = (I_P \omega_P) / I_C = 1,92 \text{ rad/s}$$

$$I_P = \frac{m_C \ell^2}{12} + \frac{10 \times (2,6)^2}{12} = 5,63 \text{ kg} \cdot \text{m}^2; \quad I_C = m_C x^2 + m_C x^2 + I_P = 2 \times (25 \times (1,3)^2) + 5,63 = 90,12 \text{ kg} \cdot \text{m}^2$$



$$I_p = m r_1^2 + m r_2^2 + I_p = 25 \times (1,5-0,6)^2 + 25 \times (1,5-0,6)^2 + 5,63 = 20,13 \text{ Kg} \cdot \text{m}^2$$

$$b) E_c = \frac{1}{2} I \omega^2$$

$$\Delta E_c = E_{cf} - E_{ci} \Rightarrow \Delta E_c = \frac{1}{2} \times 20,13 \times (1,5)^2 - \frac{1}{2} \times 20,13 \times (0,5)^2$$

$$\Rightarrow \Delta E_c = 24,95 \text{ J}$$

$$44) \text{ Momento angular} = 0 \Rightarrow \vec{L}_i = \vec{L}_f \Rightarrow I_i \omega_i = I_f \omega_f \Rightarrow (I_H + I_H) \omega_i = (I_H + I_H) \omega_f$$

$$(L = I \omega)$$

$$\Rightarrow \omega_f = \frac{(I_H + I_H) \omega_i}{(I_H + I_H)}$$

$$m_m = 5,0 \text{ Kg}$$

$$I_H = 5,0 \text{ Kg} \cdot \text{m}^2 \text{ (conste)}$$

$$T = 2s \Rightarrow \omega_i = 2\pi / 2 = \pi \text{ rad/s}$$

$$I_H = 2m \times (0,9)^2 = 8,1 \text{ Kg} \cdot \text{m}^2$$

$$I_H = 2m \times (0,15)^2 = 0,225 \text{ Kg} \cdot \text{m}^2$$

$$\Rightarrow \omega_f = \frac{(5 + 8,1)\pi}{(5 + 0,225)}$$

$$\Rightarrow \omega_f = 7,9 \text{ rad/s}$$

$$15) m_H = \text{massa do homem}$$

$$m_m = \text{massa de massa}$$

$$R = \text{raio do eixo}$$

$$v_H = \text{velocidade do homem}$$

$$a) I_{\text{eixo}} = \frac{1}{2} m R^2$$

$$I_{\text{homem}} = m_H R^2$$

$$\Delta L = 0 \Rightarrow \frac{1}{2} m R^2 \omega_i = \frac{1}{2} m_m R^2 \omega_m + m_H R^2 (v_H / R) \Rightarrow$$

$$\Rightarrow \omega_m = -m_H v_H / \frac{1}{2} m_m R^2$$

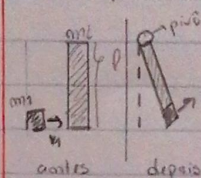
$$\Rightarrow \omega_m = -2 m_H v_H / m_m R$$

$$b) W_H = \Delta E_c \Rightarrow W_H = \Delta E_{cH} + \Delta E_{cm}$$

$$\Rightarrow W_H = \frac{1}{2} m_H v_H^2$$

16) A cadeira rode no sentido contrário ao da bicicleta, devido à conservação do momento angular.

$$17) L = 1m; m = m_1 = m_2$$



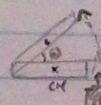
$$I_{\text{barr}} = \frac{m L^2}{3}; I_{\text{barr}} = m L^2 \Rightarrow I = I_{\text{barr}} + I_{\text{barr}} = \frac{m L^2}{3} + m L^2 = \frac{4}{3} m L^2$$

$$\Delta L = 0 \Rightarrow L_i = L_f \Rightarrow I \omega = m L v_1 \Rightarrow \frac{4}{3} m L^2 \omega = m L v_1 \Rightarrow \omega = \frac{3}{4} \left(\frac{v_1}{L} \right)$$

$$18) a) T_{\text{rot}} = 2\pi I \Rightarrow d = \frac{2\pi}{I} \Rightarrow d = \frac{2\pi}{4 m L^2}$$

$$b) W = -T \theta \Rightarrow \theta = \frac{1}{2} \frac{I \omega_i^2}{T} \Rightarrow \theta = \frac{1}{2} \times \left(\frac{4}{3} m L^2 \right) \left(\frac{3}{4} \frac{v_1}{L} \right)^2 \Rightarrow \theta = \frac{3}{8} \frac{m v_1^2}{T}$$

$$\Delta S = L \theta \Rightarrow S = \frac{3}{8} \left(\frac{m L v_1^2}{T} \right)$$



c) $\frac{3}{4}L$

19) $R = 0,5 \text{ m}; M = 20 \text{ kg}; T = 9,8 \text{ N}$

Note: $I_{\text{disc}} = \frac{1}{2} m R^2$

$a = \alpha R \Rightarrow \alpha = a/R$

$\omega(t) = \omega_0 + \alpha t$

$T = I \alpha \Rightarrow T R = \frac{1}{2} m R^2 \times \alpha$

$\Rightarrow T = \frac{1}{2} m R \alpha$

$\Rightarrow \alpha = 2T / m R$

$\Rightarrow \alpha = (2 \times 9,8) / (20 \times 0,5)$

$\Rightarrow 1,96 \text{ rad/s}^2$

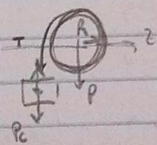
$d = \frac{d\omega}{dt} \Rightarrow d\omega = \alpha dt \Rightarrow \omega = \int \alpha dt \Rightarrow \omega = (\alpha t)_0^t = 0 + 1,96 \times t$

$\Rightarrow \omega = \alpha \times t = 0$

$\Rightarrow \omega = \alpha \times 1,36$

$\Rightarrow \omega = 3,92 \text{ rad/s}$

20)



$L = I\omega + r p \Rightarrow L = \frac{1}{2} m R^2 \omega + m R a$

$\frac{dL}{dt} = r \times F_{\text{ext}} = R \times P_c = R m g \Rightarrow \frac{dL}{dt} = \frac{1}{2} m R^2 \frac{d\omega}{dt} + m R \frac{dv}{dt}$

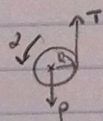
$\alpha = a/R$

logo: $R m g = \frac{1}{2} m R a + m R a \Rightarrow a = \frac{R m g}{(\frac{1}{2} m R + m R)}$

$\Rightarrow \alpha = \frac{m g}{\frac{3}{2} m R}$

$\Rightarrow a = 0,85 \text{ m/s}^2 \Rightarrow \alpha = \frac{a}{R} = 1,78 \text{ rad/s}^2$

21)



$T = I \alpha \Rightarrow T R = \frac{1}{2} m R^2 \times \alpha$

$\Rightarrow m(g-a) = \frac{1}{2} m \alpha$

$\Rightarrow g-a = \frac{1}{2} \alpha$

$\Rightarrow \frac{3}{2} a = g$

$\Rightarrow a = \frac{2}{3} g$

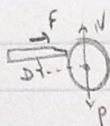
$\Rightarrow a = 6,53 \text{ m/s}^2 \Rightarrow a_{\text{eff}}$

C.A: $m a = m g - T$

$\Rightarrow T = m(g-a)$

$R \cdot \alpha = a/R = 6,53/0,5 = 13,08 \text{ rad/s}^2$

22)



$$F + N - P = m a_{CM} \quad (N=P) \Rightarrow a_{CM} = F/m$$

$$\tau = I a_{CM} \Rightarrow Fd = \left(\frac{3}{2} m R^2\right) a_{CM} \Rightarrow d = \frac{3}{2} \left(\frac{F d}{m R^2}\right)$$

$$a_{CM} = R \alpha \Rightarrow \frac{F}{m} = R \cdot \frac{3}{2} \left(\frac{F d}{m R^2}\right) \Rightarrow d = \frac{2}{3} R //$$

Nota: Para que a bola
nada sem deslizar:
 $a_{CM} = R \alpha$ e $N = mg$

23) $\tau(F) = 10 \text{ Nm}$; $R = 0,6 \text{ m}$; $m = 100 \text{ Kg}$; $\omega_{inicial} = 175 \text{ rad/s}$ (ω)

$$I_{diro} = \frac{1}{2} m R^2 = \frac{1}{2} \times 100 \times (0,6)^2 = 18 \text{ Kg} \cdot \text{m}^2$$

$$\tau = I \alpha \Rightarrow \alpha = \tau / I$$

$$\Rightarrow \alpha = 10/18$$

$$\Rightarrow \alpha = 0,56 \text{ rad/s}^2$$

$$\alpha = d\omega/dt \Rightarrow \Delta t = d\omega/\alpha$$

$$\Rightarrow \Delta t = (0 - 175)/0,56$$

$$\Rightarrow \Delta t = 315 \text{ s}$$

$$\Rightarrow \Delta t = 5,25 \text{ min}$$

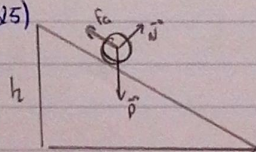
24) $R = 0,01 \text{ m}$; $m = 0,005 \text{ kg}$; $f = 6 \text{ m.p.s} \Rightarrow \omega = 2\pi f = 12\pi \text{ rad/s}$

$$a) E_{rot} = \frac{1}{2} I \omega^2 = \frac{1}{2} \left(\frac{1}{2} m R^2\right) \omega^2 = \frac{1}{4} \times 0,005 \times 0,01^2 \times 12\pi^2 = 1,78 \times 10^{-4} \text{ J}$$

$$b) E_{trans} = \frac{1}{2} m v_{CM}^2 = \frac{1}{2} \times m (\omega R)^2 = \frac{1}{2} \times 0,005 \times (12\pi \times 0,01)^2 = 3,55 \times 10^{-4} \text{ J}$$

$$c) E_{cl} = E_{rot} + E_{trans} = 5,33 \times 10^{-4} \text{ J}$$

25)



$$E_{cm} = E_p + \frac{1}{2} m v^2 + \frac{1}{2} I \omega^2 \Rightarrow$$

$$\Rightarrow mgh = \frac{1}{2} m v^2 + \frac{1}{2} I \left(\frac{v}{R}\right)^2$$

$$\Rightarrow v^2 = \frac{2gh}{1 + \frac{I}{mR^2}}$$

$$(\tau(H) = \tau(P) = 0)$$

Nota: como não tem
deslizamento: $\omega R = v$
 $R = dR$

$$I_{esfera} = \frac{2}{5} m R^2; I_{cilindro} = \frac{1}{2} m R^2; I_{anel} = m R^2$$

$$\left\{ \begin{array}{l} v_{esfera} = \sqrt{\frac{10}{7} gh} \\ v_{cilindro} = \sqrt{\frac{4}{3} gh} \\ v_{anel} = \sqrt{gh} \end{array} \right.$$