# You're your own best teacher: A Self-Supervised Learning Approach For Expressive Representations

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**TODO:** How the order of things should be is not clear to me yet. Would like some pointers.

# 0.1 Acknowledgements

This thesis is the culmination of 6 years of studies in Trondheim. There are many people that deserve big thank you for making these years so memorable. If you are reading this, chances are quite high that your name should be here, but the margins are sadly too narrow to include you all.

I would firstly like to thank my supervisors, Erlend Aune and Daesoo Lee, for introducing me to this fascinating research field, and being open minded and supportive throughout the process. Erlend Lokna, a dear friend and great collaborator, for your indispensable contributions on this project. Developing advanced machine learning models is both challenging and time consuming, and synchronously banging our heads made it all a little easier. From the many late nights of writing, experimentation and discussion, to trash talking over the ping pong table, this project would not be the same without you. It was sweet to end on a 9-1 victory, which once and for all cemented me as the top dog, and nothing (except a rematch) could change that.

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Finally, Tindegruppa, the university climbing group, my crew. You have such a special place in my heart. You reintroduced the joy of movement to my life, after abruptly retiring as professional handball player. You provided an arena to play, connect with nature and explore. Someone once told me, to have a great time as a student in Trondheim, you need to find your little cult, be it on Samfundet, in a band or some part of NTNUI. I can wholeheartedly say i found mine, and to all the members, such loving, crazy and interesting people, thank you. See you on top of some remote peak very soon.

#### 0.2 What is this thesis about?

The overarching theme of this thesis is machine learning, with a focus on two specialized areas: generative modeling and representation learning.

For the reader unfamiliar with the subject, we attempt to give a gentle introduction to the content of this thesis. Machine learning algorithms are fundamentally pattern finders, designed to pick up on patterns in data and utilize these patterns for various tasks. These tasks may include distinguishing images of dogs from cats, identifying fraudulent bank transactions from legitimate ones, or predicting tomorrow's weather. This is known as *predictive modeling*, which aims to use patterns in existing data to make predictions about unseen data. In *generative modeling*, the objective shifts to recognizing patterns that enable the creation of data that resembles the training data. A now familiar example of this is ChatGPT, a generative model capable of producing text similar to its training input.

The second major component of this thesis is representation learning, which involves viewing information from different perspectives. Just as diverse perspectives on an issue can highlight various aspects and be useful in different contexts, different data representations can reveal distinct patterns. In machine learning, representation learning is about finding perspectives that are computationally useful. For instance, consider the sequence of numbers 1,3,7,15,31,.... One approach to finding a generating formula might involve examining the differences between consecutive numbers. However, a change in perspective, such as expressing the numbers in binary (i.e., 1,11,111,1111,11111), makes the pattern more apparent—simply add another 1 to each subsequent number. While this is a simple example, it illustrates how changing perspectives can clarify patterns, a process that is crucial in complex scenarios commonly encountered in modern machine learning.

In our research, we are interested in generative modelling of time series. Time series, as the name kinda spoils, is data with a time component. Time series data encompasses diverse measurements such as weather conditions, patient heart rates, economic indicators (e.g., GDP, inflation, unemployment rates), energy usage, social media activity, and sales figures, all recorded at successive points in time. With the ever forward pointing arrow of time, it is really no surprise that these types of data are everywhere.

In this thesis we attempt, and in many ways succeed, to find a better perspective on time series, such that we can create new ones that resemble, but not completely mimic, the training data. We do this by squishing the data into a smaller space, in a way that preserves the most important information. In this compressed space, we too push similar looking time series to the same regions, which in a sense organizes it. Finally, using a clever method, similar to the one used by ChatGPT, we create new data in the compressed space, and decompress them to get new time series.

The primary contribution of this thesis lies in this compressed but structured

perspective on time series data.

Technically speaking, we investigate possible enhancements to the TimeVQVAE model presented in [TimeVQVAE] by introducing a non contrastive self-supervised loss to the tokenization model. We specifically examine if the representations learned are more informative, in the sense that they improve the downstream classification accuracy, while simultaneously enable high quality reconstruction, and investigate how the learned representations affect the quality of the synthetic samples.

#### 0.3 Motivation

As we briefly mentioned above, time series data is ubiquitous across various domains, ranging from finance and healthcare to environmental monitoring and industrial processes. Its importance lies in its ability to capture sequential observations over time, offering insights into underlying patterns, trends, and behaviors. Analyzing time series data can enable us to make informed decisions, predict future trends, and understand the dynamics of complex systems. However, traditional statistical models often struggle to capture the intricate structures present in time series data. These models typically assume linear relationships and stationary behavior, failing to adequately represent the complexities inherent in real-world time series. As a result, there is a pressing need for more sophisticated modeling approaches that can capture the non-linear, non-stationary, and high-dimensional nature of time series data.

Time series generation (TSG) is a task with applications across numerous fields. Whether it's generating synthetic data for training machine learning models, simulating realistic scenarios for predictive analytics, or augmenting limited datasets for robust analysis, the ability to generate plausible and diverse time series is highly valuable.

Unsupervised representation learning offers a promising path for enhancing time series generation, as it has for natural language and image data. By automatically discovering and extracting meaningful features from raw data, representation learning can assist the modeling of complex relationships and structures without the need for explicit supervision. This approach is particularly appealing for time series data, where the underlying patterns may be latent and not easily found through manual inspection. The ability to learn expressive representations of time series data holds immense potential for advancing research and solving real-world problems.

# 0.4 Research questions

We aim to leverage non contrastive self-supervised learning, a subcategory of unsupervised learning, in order to enhance the expressiveness of the discrete latent representations in TimeVQVAE. Our research revolves around the following four questions:

**RQ1:** Will self a supervised learning approach enhance downstream classification, while simultaneously enable high quality reconstruction?

**RQ2:** How does different augmentations influence reconstruction quality and down-stream classification accuracy?

RQ3: Will more expressive representations improve synthetic sample quality?

**RQ4:** How does different augmentations influence synthetic sample quality?

## 0.5 Sustainability impact

#### **TODO:** This is under construction

Ethical and environmental impact consideration with basis in UN sustainability goals.

The field of AI and machine learning is in rapid development and the fear of being left in the dust in the gold rush makes many actors scrape all data they can find to train ever larger models.

Monopoly of the larges tech companies.

The massive copyright disputes in LLMs.

Questionable privacy and the spread of misinformation by hallucinations and use of deepfakes.

their colossal environmental impact. Large models are power hungry. Water shortages

AI and machine learning are not universal tools though the modern LLMs make it seem so.

### 0.6 Collaboration and AI Declaration

During the work on our theses, Erlend Lokna and myself have collaborated extensively. This has been declared from the beginning and talked about continuously with our supervisors. Erlend, with his developer experience, has taken lead on code development for our model, and should get credit for his high level of programming skills. I have, in addition to code contribution and being a source of ideas, taken the lead on data processing and visualization. We have exchanges ideas, possible paths forward and the overall structure of the theses. Additionally have conducted the same experiments, hence our works will have many similarities. All writing though, is done independently. The collaboration has been very fruitful, and working closely with Erlend has made the process quite enjoyable,

despite him being lousy at ping pong.

Content of this thesis have been to some degree been made with the assistance of LLMs. As a non-native english speaker, ChatGPT has been helpful in improving grammar and readability. It has provided assistance in producing and debugging LaTeX and Python code throughout.