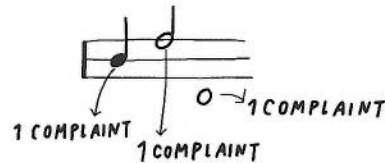
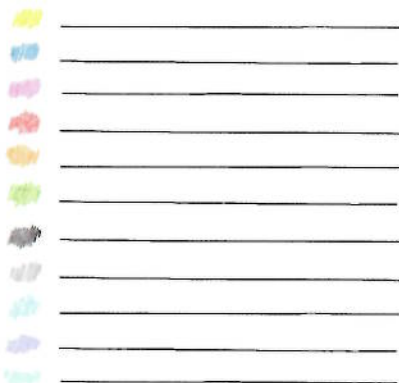


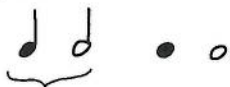
DEFINE YOUR OWN CATEGORIES
(EXAMPLES: TECHNOLOGY, A PERSON'S
BEHAVIOR, THE WEATHER, A PROJECT...)



1. POSITION:

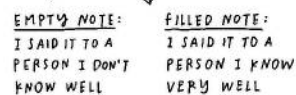
D THERE WAS A REAL NEED TO COMPLAIN!
 C IT WAS OKAY TO COMPLAIN
 B IT WAS NOT OKAY TO COMPLAIN :(
 A I AM BITING MY TONGUE NOW

3. ATTRIBUTES



2. TYPE of COMPLAINT

CROSS: I KEPT IT TO MYSELF



ADD A RED DOT BEFORE THE NOTE
IF THE COMPLAINT IS SOMETHING YOU
FOUND YOURSELF SAYING OFTEN! 😊

DATA COLLECTED ON _____