

# Gybing Without the Pole

(An update to *Singlehanded Sailing: Thoughts, Tips, Techniques & Tactics*)

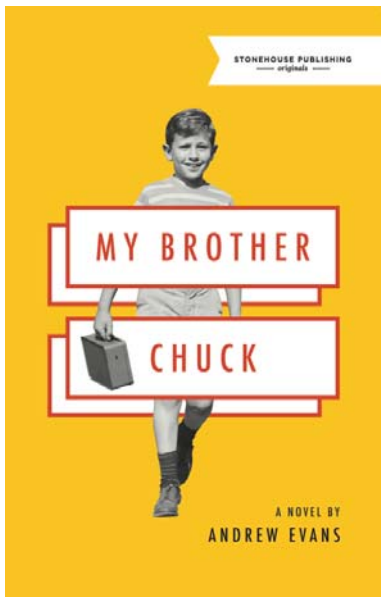
Gybing without shifting the pole is perfect for singlehanded sailors in short term situations like rounding a buoy, an island, a bridge or a ship. I also use it to delay shifting the pole if gybing into rough waters. I've even done it to put myself on starboard tack when crossing another race boat. It works best in winds at least 10-15 knots and I've done it up to 25. It is a technique that I use every time I go sailing and something that every sailor should know.

The next page has complete diagrams.

1. Sail deep on the current heading.
  - a. Pull the pole back 2/3
  - b. Pull the sheet twacker line tight.
  - c. Ease the sheet until the clew is 3' from the forestay.
2. Swing the boat through the wind, while swinging the boom across.
3. Immediately sail up to 145 on the new heading.
  - a. Adjust the new guy (without the pole) to stop the spinnaker from collapsing.
  - b. The spinnaker will swing out towards the wind.

My experience is this technique is good for up to ½ hour of sailing. The spinnaker will not collapse with a bit of finesse. I've found that an autopilot cannot handle this level of precision.

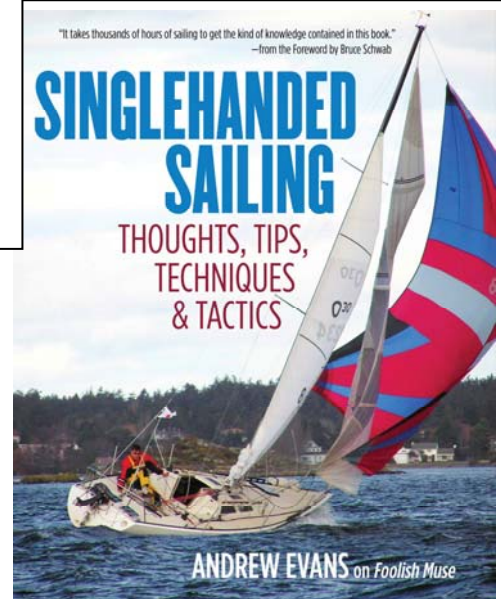
4. To return to the previous heading, simply gybe the boat back to the initial heading, swing the boom and immediately trim the new sheet by several feet.



## My Brother Chuck

"I enjoyed My Brother Chuck immensely. It is an important, nuanced, haunting look at what it means to grow up as a male."

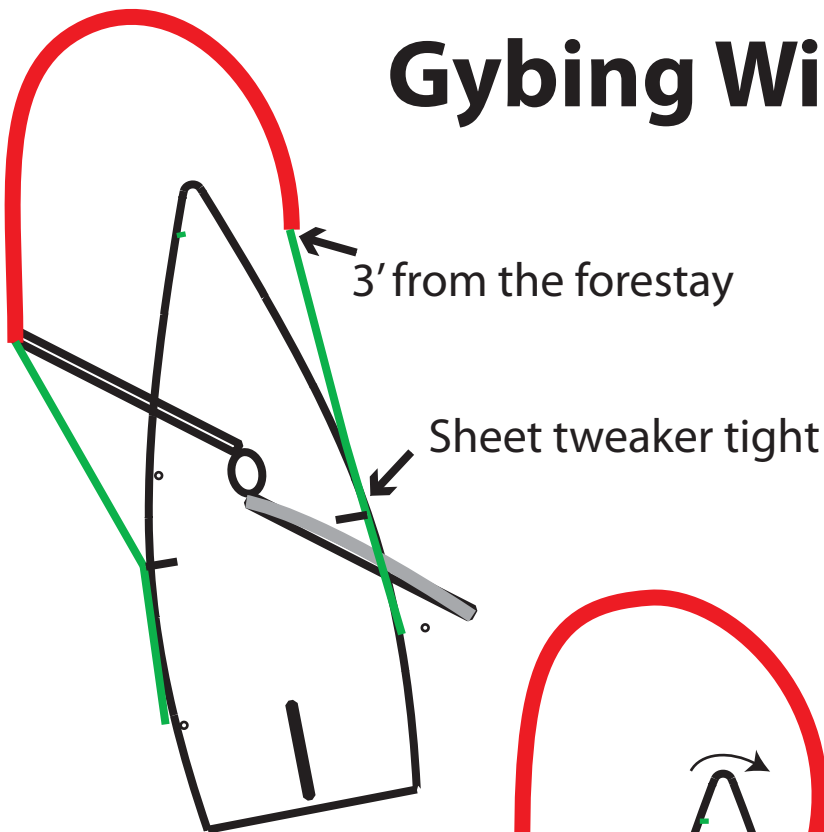
Please look at my new novel and my best selling sailing book. Both are available on Amazon and other websites.



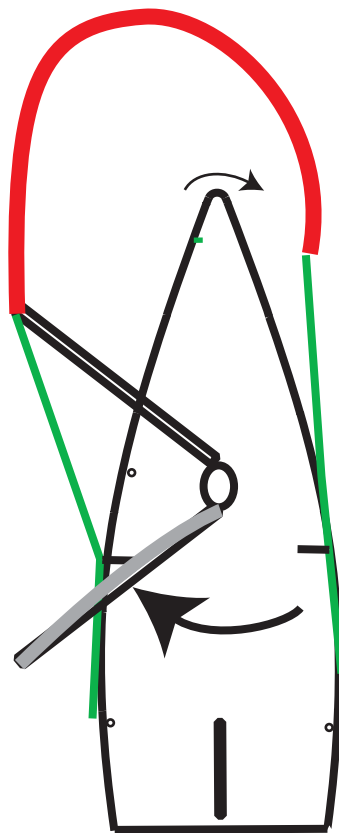
## Singlehanded Sailing

With over 11,000 copies sold around the world, this has become the standard for singlehanded, performance sailing.

# Gybing Without The Pole



Step 1: Start by sailing deep down to 160. Pull the sheet twicker down to the lifelines or further. Pull the pole back 2/3 and ease the sheet until the clew is 3' from the forestay.



Step 2: Swing the boat through the wind, at the same time swinging the boom across.

Step 3: Immediately sail up to at least 145 on the new heading. Adjust the new guy to stop the spinnaker collapsing. The new tack will swing out towards the wind.

