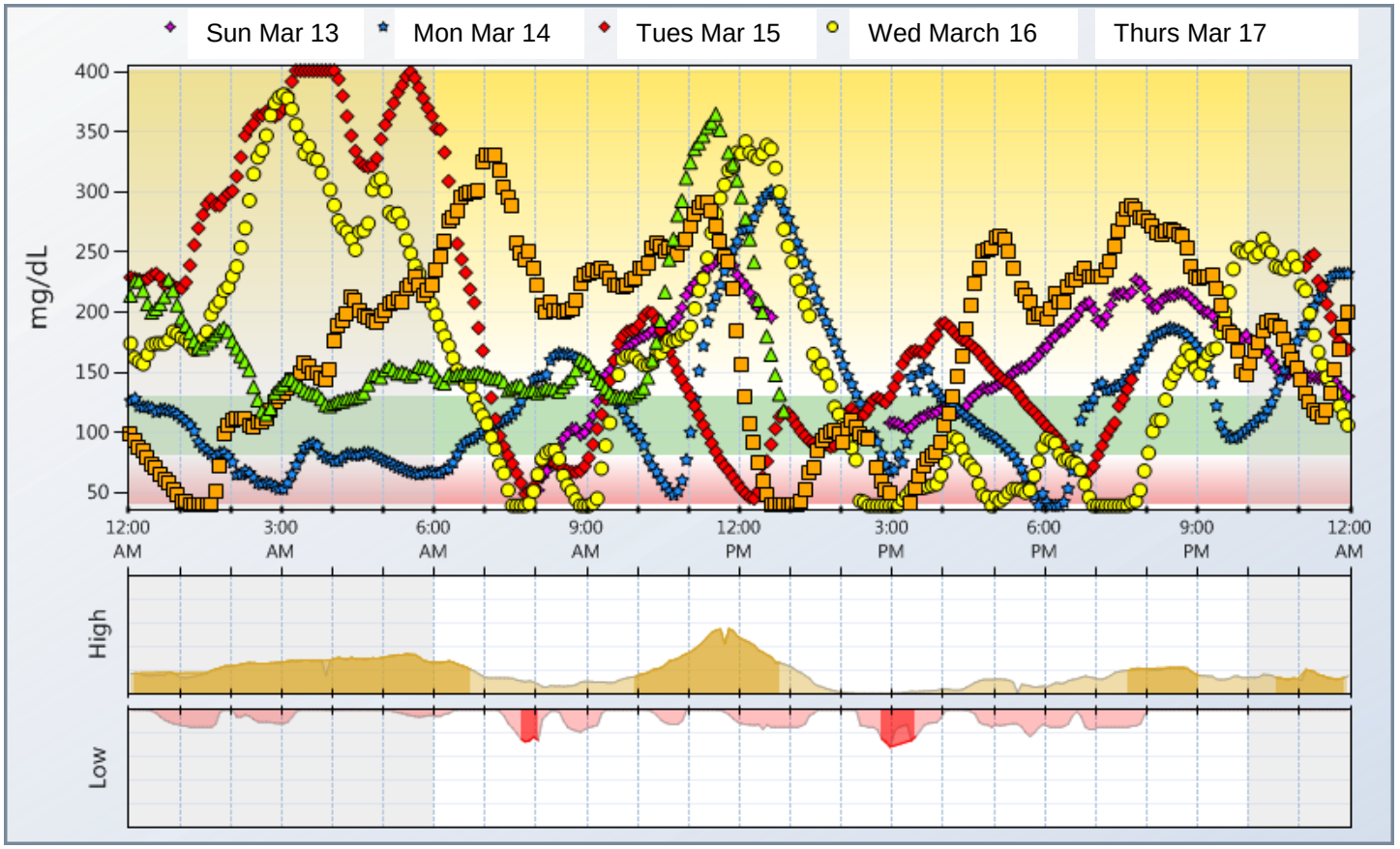
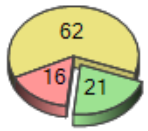
Choens, Karen [SM51528293]

Trend Patterns & Insights (3/9/2016 - 3/18/2016)



Note: See above graph for other patterns as well as review any individualized considerations.

Statistics

Average Glucose	166 mg/dL
Sensor Usage	6 of 10 Days
Calibrations / day	1.8
Standard Deviation	± 83 mg/dL
	62 % High
	21 % Target
	16 % Low
Target Range	80 - 130 mg/dL
Nighttime	10:00 PM - 6:00 AM

Interpretation

Pattern Insights Summary		Some Possible Considerations
Nighttime Lows (0 Found)	No significant patterns detected	
Daytime Lows (2 Found)	Most significant pattern of lows found between 2:45 PM and 3:30 PM	□ Adjustment to basal insulin □ Adjustment to meal-time or correction insulin □ Review carbohydrate counting □ Effects of exercise, alcohol, and/or food choices
Nighttime Highs (1 Found)	Most significant pattern of highs found between 10:30 PM and 6:45 AM	□ Adjustment to basal, dinner, or snack insulin □ Delayed absorption of high fat/protein dinner meal □ High bedtime glucose range; fear of overnight hypo
Daytime Highs (2 Found)	Most significant pattern of highs found between 9:55 AM and 12:50 PM	□ Adjustment to the timing of insulin delivery □ Adjustment to meal-time insulin or correction dose □ Effects of exercise, alcohol, and/or food choices