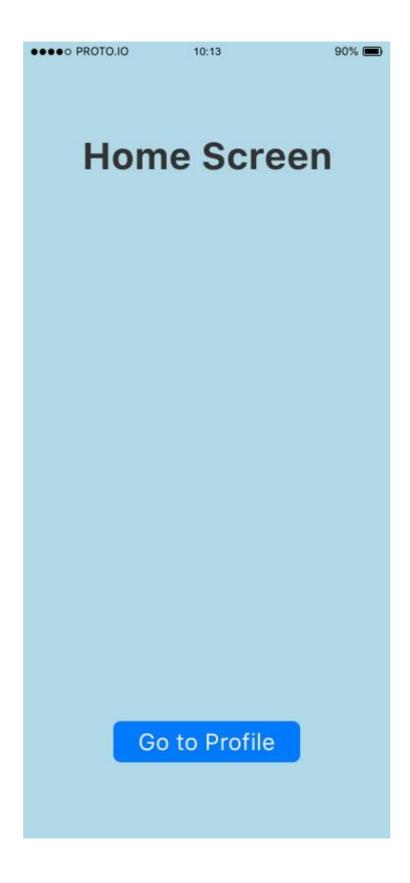
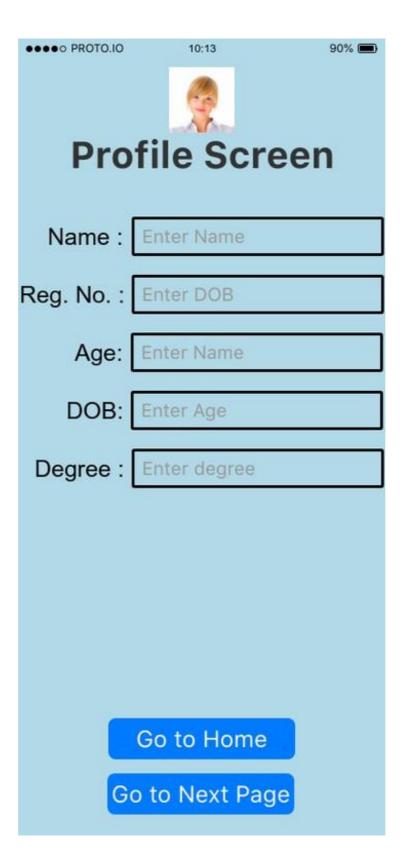
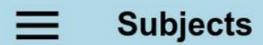
### Home



### **Profile**







"Success begins with a single step—start now, and your future self will thank you!"



- Algebra (Equations)
- & Polynomials)
- Trigonometry &

Geometry

Probability &

**Statistics** 

4 Calculus (Limits &

Differentiation)

5 Matrices &

**Determinants** 

# ← Physics

- Motion, Forces & Laws of Motion
- Work, Energy &

Power

- 3 Waves & Sound
- Electricity &

Magnetism

5 Optics (Light & Lenses)



- 1 Cell Structure & Functions
- 2 Human Anatomy & Physiology
- Genetics & Evolution
- Plant Biology &

**Photosynthesis** 

5 Ecology & Environment

# ← Chemistry

- 1 Atomic Structure & Periodic Table
- Chemical Bonding & Reactions
- 3 Acids, Bases & Salts
- Organic Chemistry

## **Basics**

5 Environmental Chemistry

## ← History

- 1 Ancient Civilizations (Egypt, Mesopotamia, Indus Valley)
- Medieval Kingdoms
- & Empires
- Revolutions (French, Industrial, Indian Freedom Struggle)
- World Wars & Their Impact
- Modern History & Globalization

← Civics

- Constitution & Fundamental Rights
- 2 Government &

Democracy

Judiciary & Law

System

Political Parties &

**Elections** 

International

Relations &

Organizations

## **Tips**

- 1 Engage in active learning by explaining concepts, using mind maps, and solving realworld problems.
- 2 Use the Pomodoro Technique (25-minute study sessions with 5-minute breaks) to stay productive.
- 3 Practice and apply knowledge through real projects, coding challenges, and hands-on experiments.
- Implement spaced repetition with flashcards (Anki, Quizlet) to reinforce learning over time.
- 5 Maintain consistency by setting small daily goals, tracking progress, and reflecting on what you learned.

## Study Schedule

- 2-hour session: (Study
- 50 min  $\rightarrow$  10 min break) × 2
- Lunch/long break: 30-60
- min
- **2-hour session:** (Study
- 50 min  $\rightarrow$  10 min break) × 2
- Evening break: 30 min
- 1-2 hours of

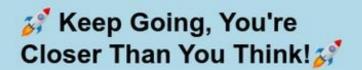
review/practice: (Study 25 min  $\rightarrow$  5 min break)  $\times$  2-4

**Total study time**: 4-6

hours

Total break time: ~2

hours



Every small effort you put in today brings you one step closer to success.

Whether it's learning a new

concept, solving a problem, or refining your skills—it all adds up!

Believe in yourself, and keep pushing forward! ★

You've got this! 66