Entry: 001 **Date:** 12/28/2010 **Version:** 0.00 **Title:** Example entry

This is a test. This is a test. This is a test. This is a test. This is a test. This is a test.
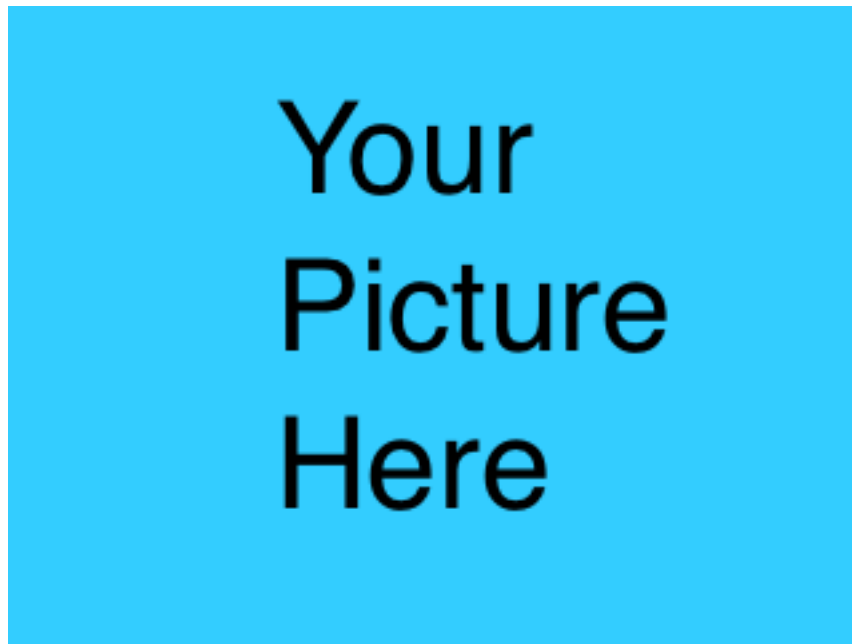
This is a test.

Figure 1: A sample image for a project notebook

Header/Footer example