

Beyond GLMs: Mixed effects models

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Questions about yesterday?



A typical workflow

- 1) Collect data
- 2) Fit a model
- 3) Check assumptions
- 4) Perform inference
- 5) Write article

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Recap

- ▶ GLMs assume independence

Recap Likelihood: independence

$$\mathcal{L}(\mathbf{y}; \Theta) = \prod_i^n f(y_i; \Theta) \quad (1)$$

We just multiply! (assumes independence)

What are random effects used for?

- ▶ An effect is “unobserved” or “latent”
- ▶ We do not want our model to “depend” on the effect
- ▶ To account for pseudoreplication
- ▶ Something that is nuisance (e.g., library depth when not measured)
- ▶ To incorporate correlation between observations (space, time, individuals, genes, ...)
- ▶ To estimate variation of an effect
- ▶ To incorporate overdispersion
- ▶ To estimate fixed effects at the “population level”

There is more.

Why is it called a random effect?

“Random” is in contrast to “fixed”

- ▶ Fixed effects we maximize
- ▶ Random effects we marginalize

Random effects are random or stochastic; like our data they come from a distribution

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Mixed effects means a model that incorporates both fixed and random effects

"Technicalities"



- ▶ We can formulate the same models
- ▶ But now, random effects are from a distribution
- ▶ This allows us to incorporate correlation

Our new likelihood

$$\mathcal{L}(\mathbf{y}; \Sigma, \Theta) = \int \prod_i^n f(y_i; \Theta | \mathbf{u}) f(\mathbf{u}; \Sigma) d\mathbf{u} \quad (2)$$

- ▶ Fixed effects: what we had so far
- ▶ Random effects: new, come from a distribution
- ▶ Mixed effects: contains both

Also notice that we cannot work with the log-likelihood here
 :(

The mixed effects model

$$g\{E(y|u)\} = \mathbf{X}\beta + \mathbf{Z}u \quad (3)$$

1. Link-function
2. Conditional mean
3. Fixed effects parameter vector
4. Random effects parameter vector

The mixed effects model

$$g\{E(\mathbf{y}|\mathbf{u})\} = \mathbf{X}\beta + \mathbf{Z}\mathbf{u} \quad (3)$$

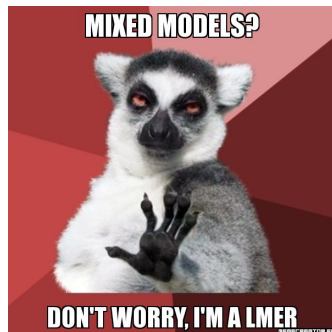
1. Link-function
2. Conditional mean
3. Fixed effects design matrix
4. Random effects design matrix

The random effects design matrix

- ▶ it's the kind of thing as the fixed effects design matrix!

A linear mixed effects model

$$E(\mathbf{y}|\mathbf{u}) = \boldsymbol{\mu} \quad (4)$$



A linear mixed effects model

$$E(y|u) = \mu \quad (4)$$

$$y = X\beta + Zu + e \quad (5)$$



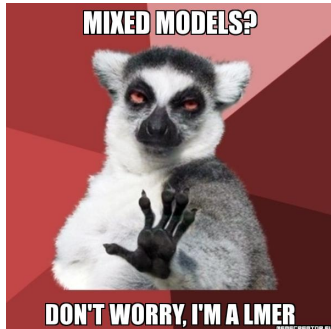
A linear mixed effects model

$$\mathbb{E}(\mathbf{y}|\mathbf{u}) = \boldsymbol{\mu} \quad (4)$$

$$\mathbf{y} = \mathbf{X}\beta + \mathbf{Z}\mathbf{u} + \mathbf{e} \quad (5)$$

with $\mathbf{u} \sim \mathcal{N}(\mathbf{0}, \mathbf{\Sigma})$

with $\mathbf{e} \sim \mathcal{N}(0, \mathbf{I}\sigma^2)$



A linear mixed effects model

We can rewrite the model in terms of the complete error term.

$$\mathbf{y} = \mathbf{X}\beta + \epsilon \quad (6)$$

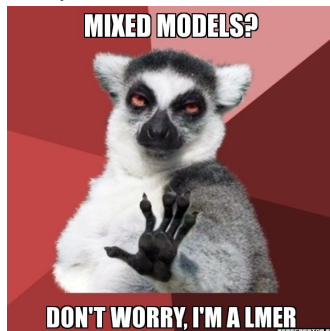


A linear mixed effects model

We can rewrite the model in terms of the complete error term.

$$\mathbf{y} = \mathbf{X}\beta + \epsilon \quad (6)$$

\uparrow
 $\mathcal{N}(0, \mathbf{Z}\Sigma\mathbf{Z}^\top + \mathbf{I}\sigma^2)$



So, we are including covariance between our errors in the model.

The objective function

$$\mathbf{y} = \mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\mathbf{u} + \mathbf{e} \quad (7)$$

with $\boldsymbol{\epsilon} = \mathbf{Z}\mathbf{u} + \mathbf{e}$ and $\boldsymbol{\epsilon} \sim \mathcal{N}(0, \mathbf{Z}\boldsymbol{\Sigma}\mathbf{Z}^\top + \mathbf{I}\sigma^2)$

we have the marginal distribution $\mathbf{y} \sim \mathcal{N}(\mathbf{X}\boldsymbol{\beta}, \mathbf{Z}\boldsymbol{\Sigma}\mathbf{Z}^\top + \mathbf{I}\sigma^2)$

This is not how things are done in practice (because the covariance matrix can get quite big!)

Estimation

We assume that the random effects follow a normal distribution:

$$\mathbf{u} \sim \mathcal{N}(\mathbf{0}, \Sigma)$$

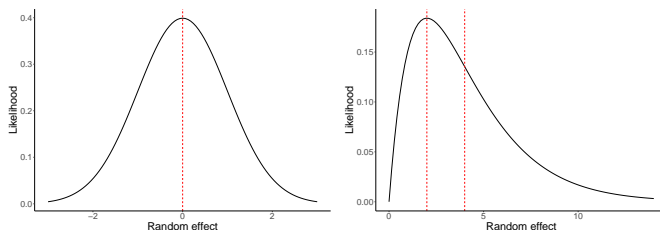
However, we are really interested in $u|\mathbf{y}$ instead; this holds information from our data!

- ▶ We want $f(\mathbf{u}|\mathbf{y})$ to be as flexible as possible
- ▶ So we can capture the patterns in the data as accurately as possible

Estimation methods

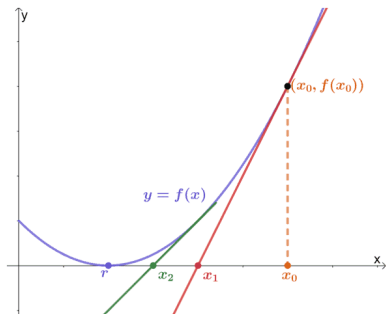
- ▶ Penalized quasi-likelihood methods
- ▶ Adaptive GH quadrature
- ▶ Laplace approximation
- ▶ Variational approximations
- ▶ Et cetera (see e.g., Bolker et al. 2009)

Measure of central tendency: Mean or Mode



Fitting

- ▶ Objective function is assumed to be quadratic (often)



- ▶ Usually navigate it with newton's method (numerical optimization)

Recall: Maximum Likelihood Estimation

At the maximum of the likelihood:

- ▶ The gradient is zero (tangent is straight)
- ▶ The hessian (of -LL) should
 - ▶ have positive diagonals
 - ▶ positive eigenvalues
 - ▶ be symmetric
 - ▶ and is thus invertible (we go up in both directions)
- ▶ Asymptotic covariance matrix is given by the inverse of the negative Hessian

These are important concepts to understand error messages and convergence in mixed effects models.

There are many R-packages

- | | |
|-------------------------|--------------------------|
| ▶ nlme | ▶ hglm |
| ▶ lme4 | ▶ spaMM |
| ▶ glmmTMB (or glmmADMB) | ▶ gllym |
| ▶ sdmTMB | ▶ mcmcGLMM |
| ▶ MASS | ▶ INLA |
| ▶ glmmML | ▶ inlabru |
| ▶ repeated | ▶ MCMC frameworks (JAGS, |
| ▶ glmm | STAN, NIMBLE, greta) |

lme4 and glmmTMB are most commonly used.

lme4 (Bates et al. 2015)

- ▶ Correlation between random effects
- ▶ Sparse matrices
- ▶ Modern matrix algebra libraries
- ▶ Likelihood profiling

But can be fussy about convergence

glmmTMB (Brooks et al. 2017)

- ▶ Correlation between and within random effects (e.g., spatial)
- ▶ Uses state-of-the art AD software (TMB, Kristensen et al. 2015)
- ▶ More supported distribution
 - ▶ E.g. zero-inflation
 - ▶ Double hierarchical GLMs

Specification with formula syntax in R

- ▶ We can think of our model in the same way
 - ▶ Intercepts for categorical covariates
 - ▶ Slopes for continuous covariates
 - ▶ Interactions
- ▶ Now the “parameters” can be correlated
- ▶ With the R syntax we formulate:
 - ▶ The design matrix \mathbf{Z}
 - ▶ The covariance matrix Σ
- ▶ Just as before: intercepts are categorical, slopes for continuous covariates

Random effects R formula

Now some examples of how it works in R. Generally:

$y \sim (\text{continuous and/or categorical} \mid \text{categorical})$

"Nested":

$y \sim (1 \mid a/b)$ is the same as $y \sim (1 \mid a:b + b)$

"Crossed":

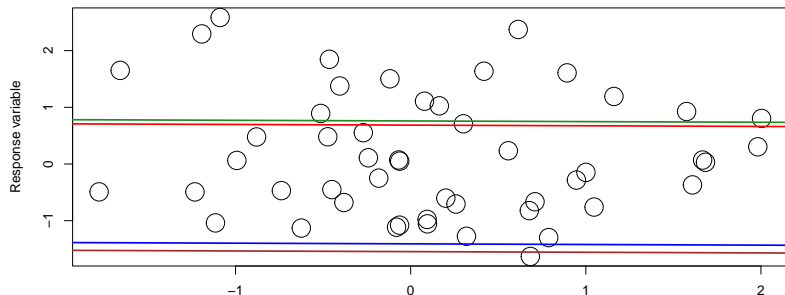
$y \sim (1 \mid a) + (1 \mid b)$

A few examples next

Random intercepts

$$y_{ij} = \mathbf{x}_i \boldsymbol{\beta} + \alpha_j, \quad \text{with } \alpha_j \sim \mathcal{N}(0, \sigma^2)$$

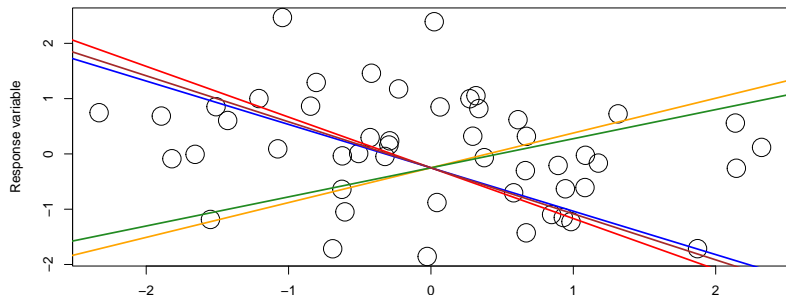
`y ~ fixed effects + (1|random intercept)`



Random slopes

$$y_{ij} = \mathbf{x}_i \boldsymbol{\beta} + z_i u_{ij}, \quad \text{with } u_i \sim \mathcal{N}(0, \sigma^2)$$

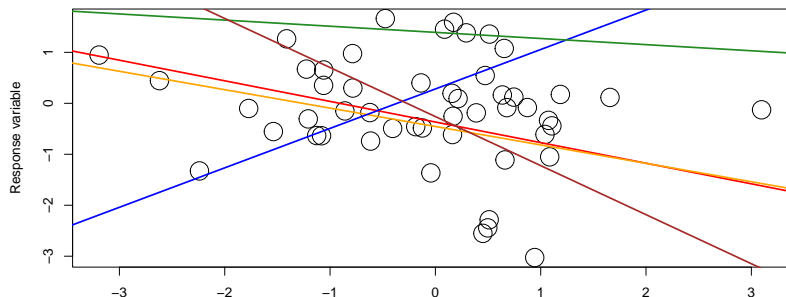
`y ~ fixed effects + (0+random slope|categories)`



Random intercepts and slopes

$$y_{ij} = \mathbf{x}_i \boldsymbol{\beta} + \alpha_j + z_i u_j, \text{ with } \begin{pmatrix} \alpha_j \\ u_j \end{pmatrix} \sim \mathcal{N} \left\{ \mathbf{0}, \begin{pmatrix} \sigma_1^2 & \mathbf{0} \\ \mathbf{0} & \sigma_2^2 \end{pmatrix} \right\}$$

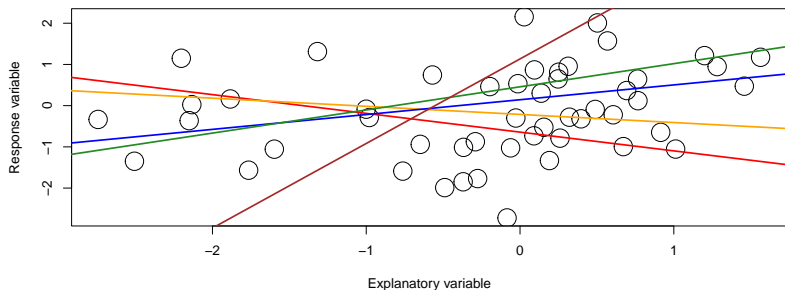
`y ~ fixed effects + (1|random intercept)+(0+random slope|categories)`



Correlated random intercepts and slopes

$$y_{ij} = \mathbf{x}_i \boldsymbol{\beta} + \alpha_j + z_i u_j, \text{ with } \begin{pmatrix} \alpha_j \\ u_j \end{pmatrix} \sim \mathcal{N} \left\{ \mathbf{0}, \begin{pmatrix} \sigma_1^2 & \sigma_{12} \\ \sigma_{21} & \sigma_2^2 \end{pmatrix} \right\}$$

`y ~ fixed effects + (random slope | random intercept)`



Example: Owls data in glmmTMB

Originally by Roulin and Bersier (2007)

- ▶ Count of begging attempts by chicks
- ▶ Also data on treatments, nest ID, sex of the parent, and broodsize

Nest	FoodTreatment	SexParent	ArrivalTime	SiblingNegotiation	BroodSize
AutavauxTV	Deprived	Male	22.25	4	
AutavauxTV	Satiated	Male	22.38	0	
AutavauxTV	Deprived	Male	22.53	2	
AutavauxTV	Deprived	Male	22.56	2	
AutavauxTV	Deprived	Male	22.61	2	
AutavauxTV	Deprived	Male	22.65	2	
AutavauxTV	Deprived	Male	22.76	18	
AutavauxTV	Satiated	Female	22.90	4	
AutavauxTV	Deprived	Male	22.98	18	
AutavauxTV	Satiated	Female	23.07	0	

Example: random intercept in glmmTMB

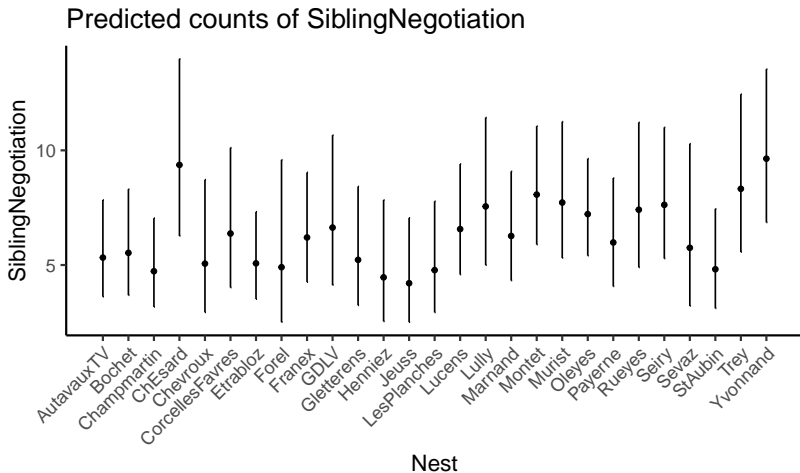
```
## Family: nbinom2 ( log )
## Formula:          SiblingNegotiation ~ (1 | Nest)
## Data: Owls
##
##      AIC      BIC   logLik deviance df.resid
##  3533.1   3546.3 -1763.5   3527.1      596
##
## Random effects:
##
## Conditional model:
##   Groups Name      Variance Std.Dev.
##   Nest   (Intercept) 0.09591  0.3097
## Number of obs: 599, groups:  Nest, 27
##
## Dispersion parameter for nbinom2 family (): 0.75
##
## Conditional model:
##           Estimate Std. Error z value Pr(>|z|)
```

Example: extract random effect in glmmTMB

```
ranef(model1)
```

```
## $Nest
##           (Intercept)
## AutavauxTV      -0.154702417
## Bochet          -0.116696108
## Champmartin     -0.273447716
## ChEsard          0.410074693
## Chevroux        -0.205451776
## CorcellesFavres  0.025333070
## Etrabloz        -0.203155670
## Forel           -0.236717059
## Franex          -0.002254524
## GDLV            0.065028688
## Gletterens      -0.173183282
## Henniez         -0.331197524
## Jeuss           -0.390415694
```

Example: plot random effect in glmmTMB



Combining fixed and random effects

Having the same covariate in the fixed and random effects, is equal to having a mean effect, and variation around that

On the previous example: global intercept with nest-specific deviation

We can do this for slopes too (not covered in these examples)

Example: random slopes in glmmTMB

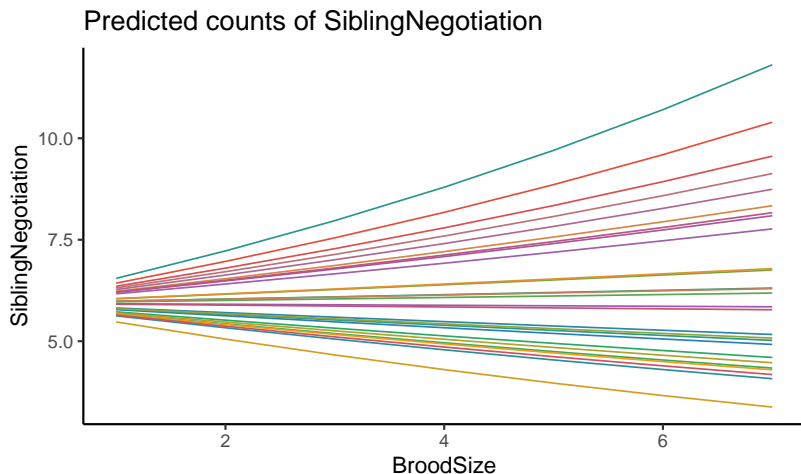
```
## Family: nbinom2 ( log )
## Formula:          SiblingNegotiation ~ (0 + BroodSize | Nest)
## Data: Owls
##
##      AIC      BIC   logLik deviance df.resid
##  3533.2   3546.4 -1763.6   3527.2      596
##
## Random effects:
##
## Conditional model:
##   Groups Name      Variance Std.Dev.
##   Nest  BroodSize 0.004544 0.06741
## Number of obs: 599, groups:  Nest, 27
##
## Dispersion parameter for nbinom2 family (): 0.746
##
## Conditional model:
##           Estimate Std. Error z value Pr(>|z|)
```

Example: extract random effect in glmmTMB

```
ranef(model2)
```

```
## $Nest
##               BroodSize
## AutavauxTV      -0.026764924
## Bochet          -0.019826801
## Champmartin     -0.053656369
## ChEsard         0.098280324
## Chevroux        -0.023913350
## CorcellesFavres 0.008748365
## Etrabloz        -0.036398867
## Forel           -0.044787068
## Franex          0.005923827
## GDLV            0.018469824
```


Example: plot it with ggeffects



Example: random slopes in glmmTMB

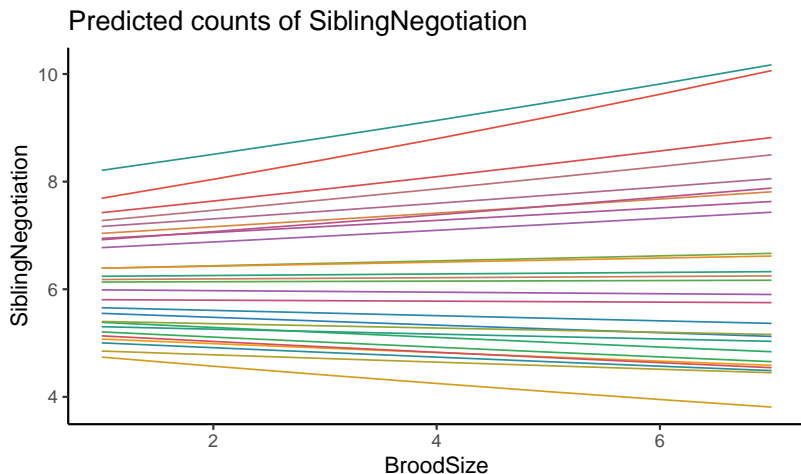
```
## Family: nbinom2 ( log )
## Formula:          SiblingNegotiation ~ (BroodSize || Nest)
## Data: Owls
##
##      AIC      BIC   logLik deviance df.resid
##  3534.8   3552.4 -1763.4   3526.8      595
##
## Random effects:
##
## Conditional model:
##   Groups Name      Variance Std.Dev. Corr
##   Nest   (Intercept) 0.055801 0.2362
##         BroodSize   0.001893 0.0435   0.00
## Number of obs: 599, groups: Nest, 27
##
## Dispersion parameter for nbinom2 family (): 0.749
##
## Conditional model:
```

Example: extract random effect in glmmTMB

```
ranef(model3)
```

```
## $Nest
##           (Intercept)      BroodSize
## AutavauxTV    -0.078914423 -0.0133831926
## Bochet        -0.064845645 -0.0087978012
## Champmartin   -0.178163213 -0.0181289491
## ChEsard        0.263158987  0.0357035612
## Chevroux      -0.129255881 -0.0087682646
## CorcellesFavres 0.022424439  0.0022817927
## Etrabloz      -0.105057944 -0.0178169040
## Forel         -0.137744812 -0.0186882477
## Franex        0.006561821  0.0008902617
## GDLV          0.041464534  0.0070320206
## Gletterens    -0.112220377 -0.0076126359
## Henniez       -0.212817836 -0.0144368139
## Jeuss         -0.214329310 -0.0363483675
```

Example: plot it with ggeffects



Example: random slopes and random intercepts in glmmTMB

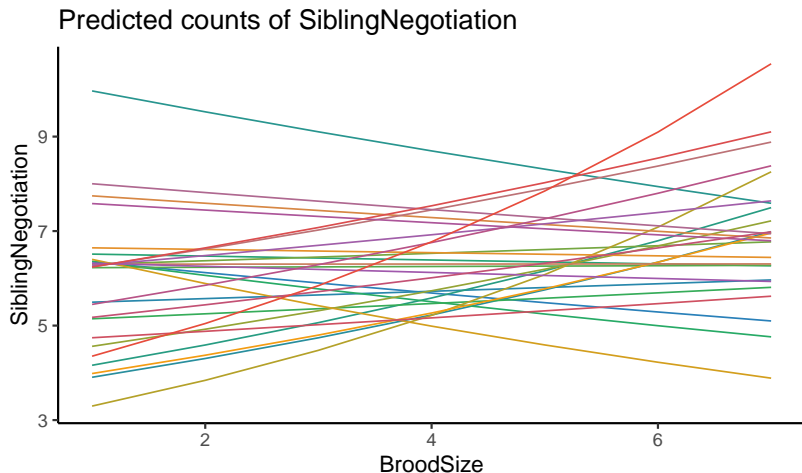
```
## Family: nbinom2 ( log )
## Formula:          SiblingNegotiation ~ (BroodSize | Nest)
## Data: Owls
##
##          AIC          BIC    logLik deviance df.resid
##    3536.0    3557.9   -1763.0    3526.0        594
##
## Random effects:
##
## Conditional model:
##   Groups Name          Variance Std.Dev. Corr
##   Nest   (Intercept)  0.52815   0.7267
##           BroodSize   0.02541   0.1594   -0.95
## Number of obs: 599, groups: Nest, 27
##
## Dispersion parameter for nbinom2 family (): 0.748
##
```

Example: extract random effect in glmmTMB

```
ranef(model4)
```

```
## $Nest
##           (Intercept)      BroodSize
## AutavauxTV      0.043009382 -0.0365814235
## Bochet          -0.151705211  0.0137061099
## Champmartin     -0.576358671  0.0969512834
## ChEsard         0.502738309 -0.0454208954
## Chevroux        -0.514525480  0.0981411962
## CorcellesFavres  0.038313328 -0.0064448173
## Etrabloz        0.056787822 -0.0483006101
## Forel           -0.224348318  0.0202691963
## Franex          -0.014459691  0.0013063896
## GDLV            -0.014317234  0.0121774546
```

Example: plot it with ggeffects

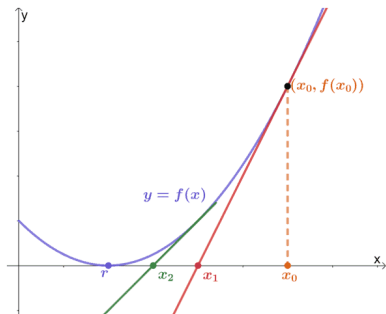


Convergence



see [Ben Bolker's GLMM FAQ](#), [lme4](#) page on performance, and the [glmmTMB](#) troubleshooting vignette

Assessing arrival at the MLE



Assessing arrival at the MLE

1. Stopping criteria

- ▶ Maximum iterations
- ▶ Gradient close to zero
- ▶ Relative criterion: objective function value improvement
- ▶ Absolute criterion: objective function becomes zero (say)

2. Gradient

3. Hessian

lme4 warnings: hessian

- ▶ Warning: Problem with Hessian check (infinite or missing values?)
- ▶ Warning: Hessian is numerically singular: parameters are not uniquely determined
- ▶ Warning: Model failed to converge: degenerate Hessian with 2 negative eigenvalues
- ▶ Warning: Model is nearly unidentifiable: very large eigenvalue - Rescale variables?
- ▶ Warning: Model is nearly unidentifiable: very large eigenvalue ratio - Rescale variables?

Singular matrix

- ▶ determinant is zero
 - ▶ has zero eigenvalue(s)
- ▶ does not have inverse

$$\mathbf{HA} = \mathbf{I} \tag{8}$$

Numerical optimisation: best practices

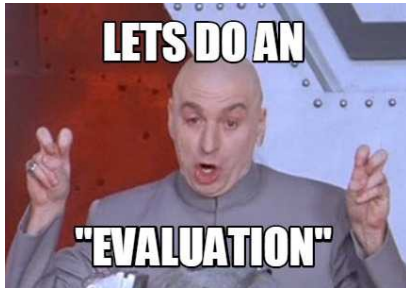
1. Standardise (center and scale) explanatory variables
2. Try different optimisation routines
3. Different starting values
4. Rethink your model

Mixed effects model troubleshooting

see [Ben Bolker's GLMM FAQ](#)

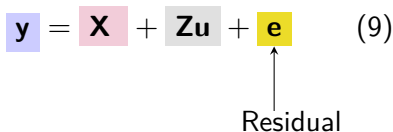
- ▶ check data for mistakes
- ▶ check model formulation
 - ▶ correct distribution and link-function
 - ▶ few random effects levels
 - ▶ few (non-zero) observations in a category
 - ▶ overly complex: drop terms with zero variances
- ▶ double-check hessian calculation (finite differences)
- ▶ use random effect as fixed effect
- ▶ '?convergence' (and see the last line "convergence issues" for large datasets)

Assumption checking



Residuals

$$\mathbf{y} = \mathbf{X} + \mathbf{Zu} + \mathbf{e} \quad (9)$$





Residuals

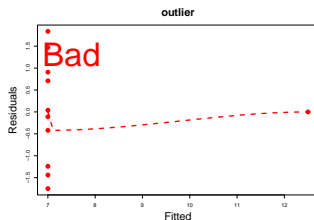
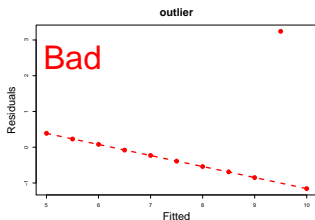
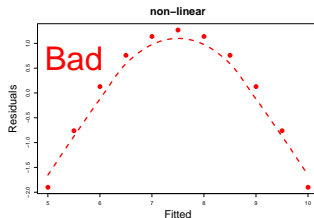
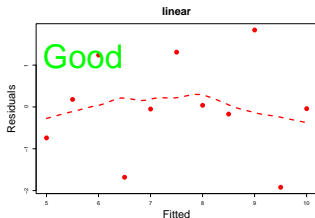
$$\mathbf{y} = \mathbf{X} + \mathbf{Zu} + \mathbf{e} \quad (9)$$

\uparrow
 Residual



Violated residual assumptions mean that some or all of your model's results are untrustworthy.

Residual diagnostics: residuals vs. fitted



GLMM residuals

Conditional

$$g\{E(y_{ij}|x_i)\} = \hat{\alpha} + \hat{\beta}x_i + z_i\hat{u}_j \quad (10)$$

Unconditional

$$g\{E(y_{ij}|x_i)\} = \hat{\alpha} + \hat{\beta}x_i \quad (11)$$

How do we calculate the residual?

- ▶ should we condition on the predicted random effect?
- ▶ simulate from conditional distribution?

i.e. a range of options

Simulation: grouping of errors

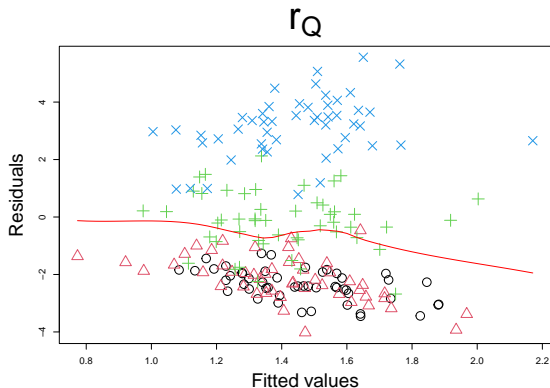
```

n <- 200
ngroups <- 4
alpha <- 0.5
beta <- -1
x <- rnorm(n, sd = 0.2)

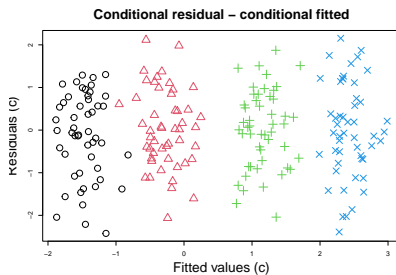
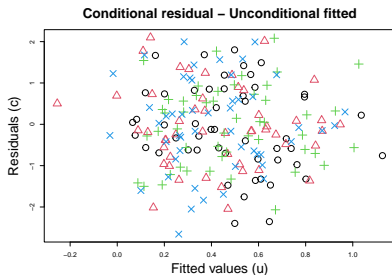
fac<-rep(1:ngroups,each=n/ngroups)
e <- seq(from=-2,to=2,length.out=ngroups)
mu <- exp(alpha + beta*x + e[fac])
y <- rpois(n = n, lambda = mu)

```

Example: Poisson residuals (grouping)



Residual diagnostics: Poisson residuals (grouping)



GLMM: checking random effect assumptions

- ▶ random effect is a type of residual
- ▶ \hat{u}_j is an estimate of the mean or mode of $p(u_j|y_i)$
- ▶ we treat \hat{u}_j as a sample of the random effect distribution
- ▶ so we check assumptions (marginal normality, constant variance, independence, no outliers)!
- ▶ difficult with small number of groups
- ▶ needs to be done for every random effect

Simulation: GLMM (outlier)

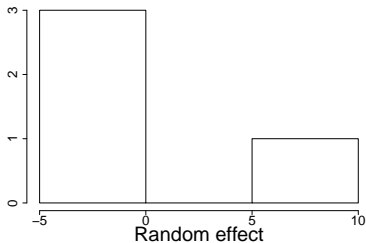
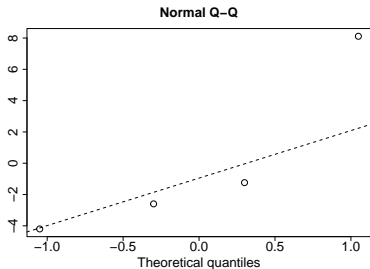
```

n <- 200
ngroups <- 4
alpha <- 0.5
beta <- -1
x <- rnorm(n, sd = 0.2)

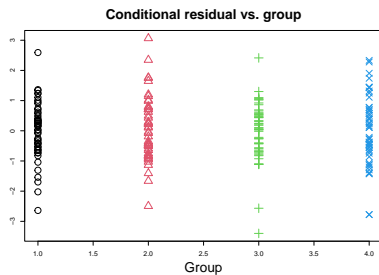
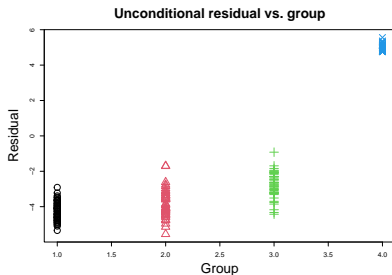
fac<-rep(1:ngroups,each=n/ngroups)
e <- seq(from=-2,to=2,length.out=ngroups)
e[4] <- 10
mu <- exp(alpha + beta*x + e[fac])
y <- rpois(n = n, lambda = mu)

```


GLMM diagnostics



GLMM diagnostics



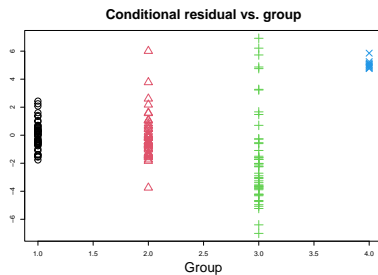
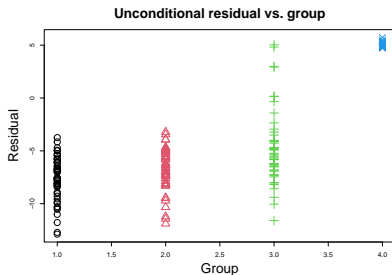
What if constant variance is violated

```
n <- 200
ngroups <- 4
alpha <- 0.5
beta <- -1
x <- rnorm(n, sd = 0.2)

fac<-rep(1:ngroups,each=n/ngroups)
e <- seq(from=-2,to=2,length.out=ngroups)
e[4] <- 10
e2 <- MASS::mvrnorm(1,rep(0,n), diag(rep(c(1,2,3,4),
                                         each=n/ngroups)))

mu <- exp(alpha + beta*x + e[fac] + e2)
y <- rpois(n = n, lambda = mu)
```

GLMM diagnostics



Residual checking for mixed effects models

- ▶ Check assumptions
 - ▶ Use both conditional and marginal residuals
 - ▶ Have a look at the [DHARMa vignette](#)
- ▶ Correct violations

Violation of some assumptions might be OK

Inference

We have a good model!

Inference

We have a good model!

Now we want to do inference

- ▶ Hypothesis tests (t-test, LRT)/ P-values
- ▶ Model-selection (e.g., with AIC; Akaike 1973)
- ▶ Et cetera (R^2).



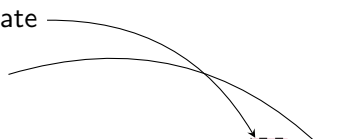
me cleaning
the data



me building
a model

Next crisis

1. Estimate
2. Truth



$$t = \frac{\hat{\beta} - \beta}{\sqrt{\sigma^2}}$$

(12)

Next crisis

1. Estimate $\sim \mathcal{N}(\beta, (\mathbf{X}^\top \mathbf{X})^{-1} \sigma^2)$

2. Truth

$$t = \frac{\boxed{\hat{\beta}} - \boxed{\beta}}{\sqrt{\sigma^2}} \sim \mathcal{N}(0, (\mathbf{X}^\top \mathbf{X})^{-1} \sigma^2) \quad (12)$$

Next crisis

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- P-value (probability for the absolute value of the statistic to take on this, or a more extreme, value)

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- ▶ P-value (probability for the absolute value of the statistic to take on this, or a more extreme, value)
- ▶ Degrees of freedom concept in (G)LMMs is unclear and subject to ongoing debate
- ▶ Unless in the simplest (balanced and uncorrelated) case

DF approximation

- ▶ as implemented in e.g., the `lmerTest` R-package

$$\hat{\sigma}^2 = \frac{RSS}{n - r} \quad (13)$$

- ▶ i.i.f. $\epsilon \sim \mathcal{N}(0, \sigma^2 \mathbf{I})$, $RSS/\sigma \sim \chi_{n-r}^2$
 - ▶ $F = \frac{\epsilon^\top \epsilon / n_1}{\epsilon_2^\top \epsilon_2 / n_2} \sim F_{n_1, n_2}$
- ▶ Otherwise approximate df
 - ▶ Satterthwaite (1941)
 - ▶ Kenward-Roger (1997)
 - ▶ REML only
- ▶ Performance is questionable
- ▶ Can always resort to asymptotics (Wald tests)

$$\sqrt{z} = \frac{\hat{\beta} - \beta}{\sigma} \sim \mathcal{N}(0, 1)$$

DF approximation

- ▶ as implemented in e.g., the `lmerTest` R-package

$$\hat{\sigma}^2 = \frac{\boldsymbol{\epsilon}^\top \boldsymbol{\epsilon}}{n - r} \quad (13)$$

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$$\sqrt{z} = \frac{\hat{\beta} - \beta}{\sigma} \sim \mathcal{N}(0, 1)$$

Information criteria

- ▶ Information criteria do not work "on the boundary"
- ▶ Not clear which measure of AIC works best (it depends)
- ▶ As usual beware model selection bias (Freedman's paradox)
- ▶ Generally proceed with caution

Take away tips

No free lunch in statistics

Take away tips

No free lunch in statistics

- ▶ Scale your predictors
- ▶ Carefully consider the model structure
- ▶ Keep your model as simple as possible, but not simpler
- ▶ Different packages have different benefits
 - ▶ glmmTMB vs. lme4
- ▶ Try not to -blindly- assume approximations perform well
- ▶ Always check (residual) assumptions
- ▶ Be pragmatic
- ▶ Consult a statistician

Write article?

- ▶ Be pragmatic (but not too much)
- ▶ Do not rely on P-values (they're mostly useless anyway)
- ▶ Report a single (full) model (if possible, see convergence)
 - ▶ Alternatively, describe your modeling procedure
 - ▶ Use information criteria e.g., to compare two competing (non-nested) hypotheses
- ▶ Nakagawa R^2 for mixed models (also approximation)

Focus on estimates (effect sizes) and statistical uncertainty

End

