

# Longitudinal Data - Features, Vocabulary, Models

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## Level of Analysis: Between-Person and Within-Person Relationships

Between-person refers to the existence of interindividual variation

↳ individuals can differ on "stable" attributes  
eg: ethnicity, biological sex

↳ individuals can also differ on attributes that can potentially change over time  
eg: intelligence, height, personality

↳ BUT if these attributes are assessed at a single time point, we assumed they are also "stable"

Stable attributes are considered time-invariant

↳ Between-person relationships refer to interindividual differences in variables (attributes) that are time-invariant

We can't always assume variables remain constant over time, or we specifically want to measure a change within an individual over time

Within-Person refers to intraindividual variation when a person is measured over time (or under some other condition)

↳ this variation is only directly observable when each person is measured more than once (i.e. longitudinal study)

Attributes that are expected to change over time are called time-varying

↳ Within-person relationships refer to intraindividual differences in variables that are time-varying

Some common model terminology:

between-person analysis → level 2 or macro-level analysis

within-person analysis → level 1 or micro-level analysis



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Longitudinal variables (i.e. variables we measure multiple times) usually contain both between-person and within-person variation

↳ variables measured over time are usually really two variables (not just one)

↳ allows us to test hypotheses at multiple levels (macro + micro) simultaneously

Example: We are looking into the link between physical activity and bone density. This can be explored at a ~~macro~~ micro and macro level:

### Macro level (between-persons)

↳ We find people who are more active generally have denser bones

This is an interperson relationship where we are comparing a cross-section of individuals

↳ we ~~can~~ could have assessed each person once, or taken multiple measures over time and averaged them (this is still between-persons)

### Micro level (within-person)

↳ We collect repeated measures over time and as people change their activity level

↳ With this information we could examine the extent to which bone density changes with more or less activity

This is an intraperson relationship where each person's baseline serves as his or her own reference.

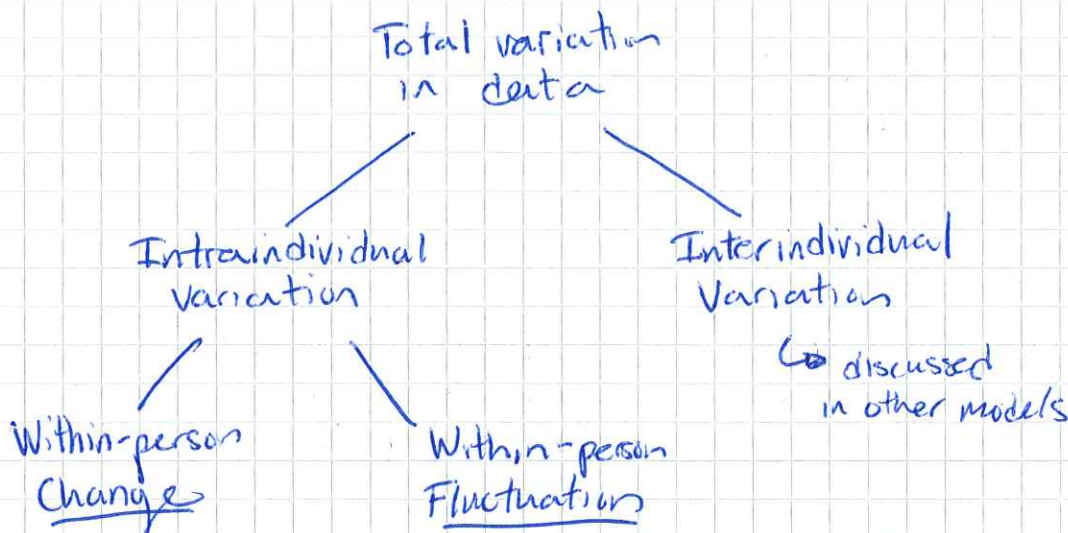
### Note

Fundamentally, we must be aware that relationships observed at the within-person level do not necessarily mirror those observed at the between-person level of analysis

↳ in longitudinal analysis we aim to separate these two phenomena of interest.

# Breakdown of Within-person Variation

(3)



↳ undirected variation over repeated assessments when one would not expect any systematic change (like within-person error)

Eg: we measure someone's reaction time 10 times without any changes to the person or study design. We expect some fluctuation in their reaction times

↳ Systematic Change we expect to observe as a result of the "meaningful" passage of time (eg: time of treatment)

These changes may manifest in different patterns or rates across people. The goal is to predict and describe individual differences in change over time (eg: which people benefit the most from a treatment?)



# Features of Longitudinal Models

(4)

↳ These models have two sides:

1) Model for the Means

2) Model for the Variance

↳ Model for the Means states how the expected (or predicted) outcome ( $Y$ ) for each person varies as a function of his or her predictor values ( $X$ )

↳ if you know nothing about  $X$ , a naive guess for  $Y$  would be the grand mean  $\bar{Y}$  of the whole sample

↳ if you know one or more predictors ( $X$ ) you can now expect their  $Y$  will be the group mean  $\hat{Y}_k$   
(also called conditional mean)

↳ Predictors can be continuous, categorical, or a mix of both.

↳ Model for the variance refers to stochastic error in the model, and describes how the residuals of the  $Y$  outcomes are distributed and related across observations

usually we just make assumptions about our model for the variance: ie we assume homogeneity of variance, normal distribution of residuals, and unrelated across persons.

# Repeated Measures ANOVA - this is the simplest longitudinal model. (5)

↳ also referred to as a within-subjects ANOVA or ANOVA of correlated samples

This model is essentially equivalent to the one-way ANOVA, but for related, not independent groups

↳ repeated measures of the same subjects over time

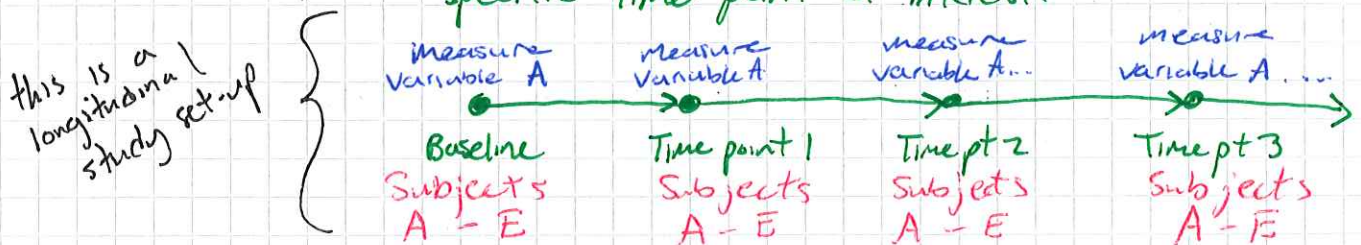
For the one-way repeated measures ANOVA, we require that:

- The dependent variable needs to be continuous

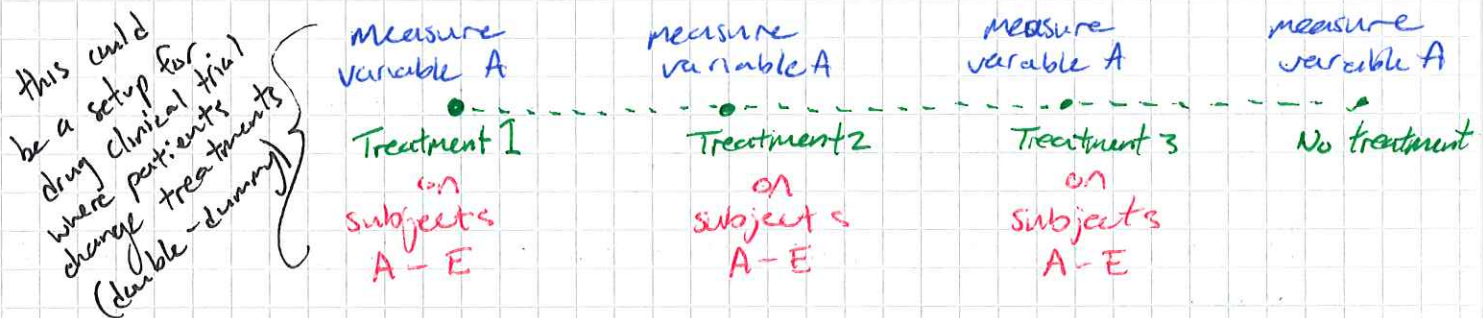
- The independent variable needs to be categorical

↳ called levels or related groups

↳ This is usually time, and each level is a specific time point of interest.



↳ the independent variable can also be a different condition, and each condition is a level (sometimes called "treatment")



In either study set-up the same subjects are measured multiple times (either under different treatments/conditions or at different time points) and the same continuous variable is measured.



The study ~~schematic~~<sup>design</sup> for repeated measures ANOVA is usually shown in a table like this:

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there are 5 subjects

Subjects	Time/condition		
	T <sub>1</sub>	T <sub>2</sub>	T <sub>3</sub>
S <sub>1</sub>	S <sub>1</sub>	S <sub>1</sub>	S <sub>1</sub>
S <sub>2</sub>	S <sub>2</sub>	S <sub>2</sub>	S <sub>2</sub>
S <sub>3</sub>	S <sub>3</sub>	S <sub>3</sub>	S <sub>3</sub>
S <sub>4</sub>	S <sub>4</sub>	S <sub>4</sub>	S <sub>4</sub>
S <sub>5</sub>	S <sub>5</sub>	S <sub>5</sub>	S <sub>5</sub>

The variable values at each time/condition for each subject would be listed in the table.

There are 3 conditions or time points

Hypothesis set-up for repeated-measures ANOVA

↳ just like one-way ANOVA, we are testing if there are any differences between related groups  
↳ in this case between time points or conditions

$$H_0: \mu_{T_1} = \mu_{T_2} = \mu_{T_3} = \dots = \mu_{T_K}$$

$H_A$ : at least two means are significantly different

The repeated measures ANOVA is an omnibus test, it does not tell you where the difference lies.

You would need to run post-hoc tests to identify where these differences occur.

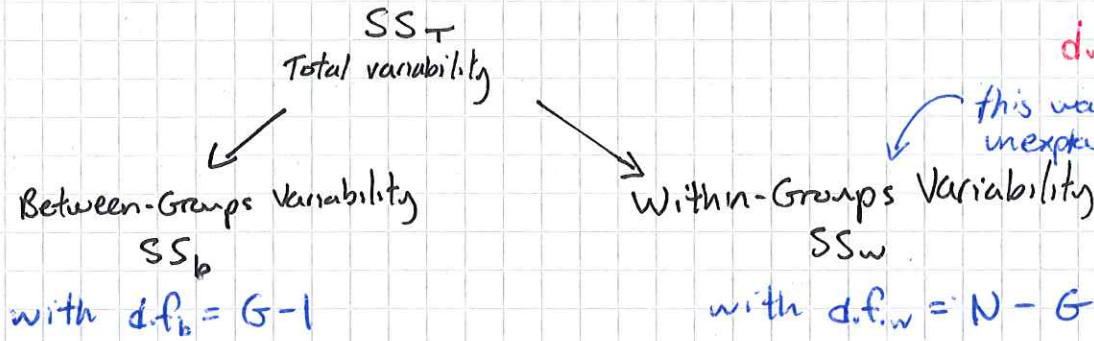
# How a Repeated Measures ANOVA Works

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SS = sum of squared residuals.

MS = mean sum of squares.

d.f. = degrees of freedom.



this was our leftover unexplained variability

$$MS_b = \frac{SS_b}{df_b}$$

$$MS_w = \frac{SS_w}{df_w}$$

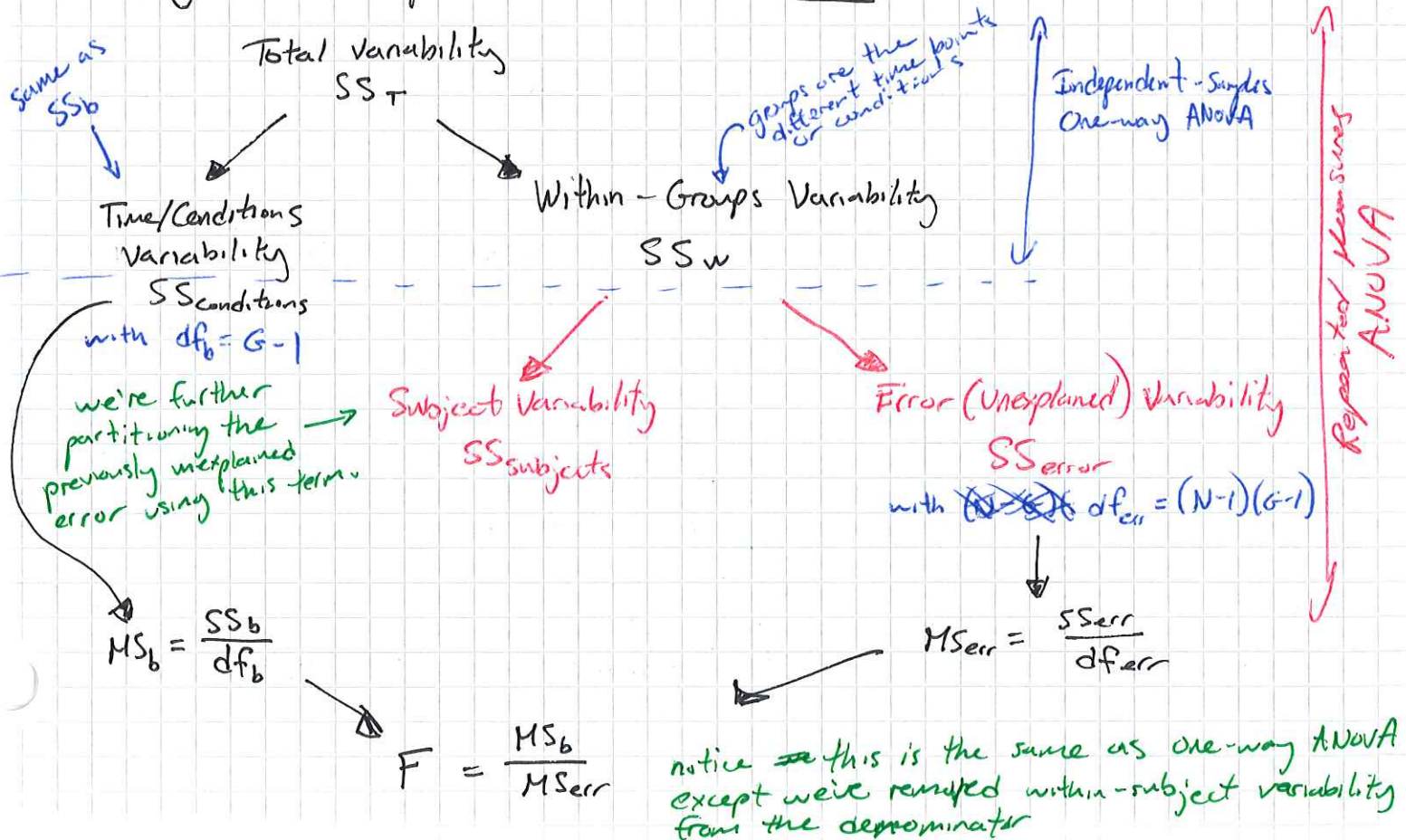
where  $G = \# \text{ groups}$   
 $N = \# \text{ subjects/observations}$

$$F = \frac{MS_b}{MS_w} \quad \text{or} \quad MS_{\text{error}}$$

the F-ratio tells us how much variance we have accounted for in our model for between-groups.

we apply this same principle to Repeated Measures.

## Logic of Repeated Measures ANOVA





# Example on Calculating Repeated Measure ANOVA

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- Same approach as one-way ANOVA, we must calculate our SS for between-groups (now between-time or between-conditions) and SS<sub>error</sub> (which was previously SS<sub>within-groups</sub>, but now it is slightly different)

$$SS_{\text{error}} = SS_{\text{within-group}} - SS_{\text{subjects}}$$

OR

$$SS_{\text{error}} = SS_{\text{Total}} - SS_{\text{conditions/time}} - SS_{\text{subjects}}$$

1) First calculate SS<sub>time</sub>

$$SS_{\text{time}} = SS_b = \sum_{k=1}^G N_k (\bar{Y}_k - \bar{Y})^2$$

OR

$$SS_{\text{time}} = \sum_{k=1}^G \sum_{i=1}^{N_k} (\bar{Y}_k - \bar{Y})^2$$

where

$G$  = number of time points (groups)

$N_k$  = number of subjects under each ( $i^{\text{th}}$ ) each time point

$\bar{Y}_k$  = mean for each  $k^{\text{th}}$  time point

$\bar{Y}$  = grand mean

2) Second calculate SS<sub>w</sub> (this is the combined ~~SS~~ variance of within-subjects and our unexplained variance)

$$SS_w = \sum_{k=1}^G \sum_{i=1}^{N_k} (Y_{ik} - \bar{Y}_k)^2$$

same as ANOVA :)

3) Calculate SS<sub>subjects</sub>

↳ here we treat each subject as it's own block

↳ each subject is a level of an independent factor called subjects

$$SS_{\text{subjects}} = G \sum_{i=1}^N (\bar{Y}_i - \bar{Y})^2$$

sum over all subjects

this is the mean of the subject



## Numerical Example:

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Study ID	Baseline	2wk	4wk	6wk	Subject Avg
1	197	195	225	201	205
2	248	287	294	277	276
3	239	246	242	222	237
4	238	266	278	273	264
5	244	280	285	283	273
Time Average	233	255	265	251	251
					Grand Average

$$SS_{\text{Time}} = 2,567$$

$$SS_{\text{within}} = 16,176$$

$$SS_{\text{subjects}} = 14,571$$

4) Finally Calculate  $SS_{\text{Error}}$

$$SS_{\text{Error}} = SS_{\text{W}} - SS_{\text{subjects}}$$

$$SS_{\text{Error}} = 16,176 - 14,571$$

$$SS_{\text{Error}} = 1,604$$

notice how much of the variance this accounts for!

Next Determine Mean Sum of Squares

↳ need to establish degrees of freedom

$$\begin{aligned} d.f._{\text{time}} &= d.f._b = G - 1 \quad \text{i.e. number of time points minus one} \\ &= 4 - 1 \\ &= 3 \end{aligned}$$

$$\therefore MS_{\text{time}} = \frac{SS_{\text{time}}}{d.f._{\text{time}}} = \frac{2,567}{3} = 856$$

$$d.f._{\text{error}} = (N-1)(G-1) = (5-1)(4-1) = 12$$

$$\therefore MS_{\text{error}} = \frac{SS_{\text{Error}}}{d.f._{\text{error}}} = \frac{1,604}{12} = 134$$

Then we compute our F-ratio!

$$F = \frac{MS_{\text{b/time}}}{MS_{\text{error}}} = 6.4$$

$F(3,12)$

$p = 0.008$

## Effect Size

$$\eta^2_{\text{partial}} = \frac{SS_{\text{conditions}}}{(SS_{\text{conditions}} + SS_{\text{error}})} = \frac{2567}{2567 + 1604} = 0.615$$

→ > 0.14 is considered large

0.06 is medium

0.01 is small

$$\omega^2 = \frac{SS_{\text{time}} - (d.f._{\text{time}} \cdot MS_{\text{error}})}{SS_{\text{total}} + MS_{\text{error}}}$$