



AFTER VISIT SUMMARY

Jennifer B. Cartrette "Beth" DoB: 9/13/1982 MRN: 4179018

1/17/2025 11:45 AM Atrium Health Primary Care Indian Trail Family Medicine 980-993-7100

Instructions from Timothy Kennard, MD



Today's medication changes



CHANGE how you take:

dextroamphetamine-amphetamine (ADDERALL) — multiple changes



STOP taking:

ibuprofen 200 mg tablet (MOTRIN)

metroNIDAZOLE 0.75 % Gel gel (ROSADAN)

Accurate as of January 17, 2025 1:12 PM.

Review your updated medication list below.



Pick up these medications at Moose Pharmacy of Monroe - Monroe, NC - 215 E. Jefferson St -
PHONE: 704-283-8131 - FAX: 704-289-1954

- **dextroamphetamine-amphetamine (3 prescriptions)**

Your estimated total payment per fill: \$0

Address: 215 E. Jefferson St, Monroe NC 28112

Phone: 704-283-8131

Today's Visit

You saw Timothy Kennard, MD on Friday January 17, 2025. The following issues were addressed:

- ADHD (attention deficit hyperactivity disorder), combined type
- Bipolar affective disorder, remission status unspecified (CMD)
- POTS (postural orthostatic tachycardia syndrome)
- EDS (Ehlers-Danlos syndrome)
- PTSD (post-traumatic stress disorder)
- Hashimoto's thyroiditis
- Routine general medical examination at a health care facility
- Screening for diabetes mellitus
- Screening for cervical cancer
- Depression screening
- Vaccine counseling
- Screening for lipid disorders



Blood Pressure
131/83



BMI
25.58



Weight
144 lb 6.4 oz



Temperature (Oral)
97.7 °F



Pulse
94



Oxygen Saturation
100%

Done Today

CBC without Differential (CBC without Differential) for Routine general medical examination at a health care facility
Comprehensive Metabolic Panel for Routine general medical examination at a health care facility; Screening for diabetes mellitus

Lipid Panel for Routine general medical examination at a health care facility; Screening for lipid disorders

T4, Free for Hashimoto's thyroiditis

TSH for Hashimoto's thyroiditis

Thyroid Antibodies: Thyroid Peroxidase (TPO) and Thyroglobulin (TGAb) for Hashimoto's thyroiditis

What's Next

JUN
30
2025

Office Visit with William Baker, MD

Monday June 30 2:00 PM


Please arrive 15 minutes prior to your scheduled visit.




Atrium Health Rheumatology Southpark
4525 Cameron Valley Parkway
Suite 4100
CHARLOTTE NC 28211-3546
704-468-8873


Patient Portal

View your After Visit Summary and more online at <https://my.atriumhealth.org/myatriumhealth/>.

Your Medication List as of January 17, 2025 1:12 PM

 Always use your most recent med list.

	cetirizine 10 mg tablet Commonly known as: ZyrTEC	Take 10 mg by mouth 2 (two) times a day.
 CHANGE	* dextroamphetamine-amphetamine 20 mg tablet Commonly known as: ADDERALL Changed by: Timothy Kennard, MD	Take 1 tablet (20 mg total) by mouth 3 (three) times a day. What changed: Another medication with the same name was changed. Make sure you understand how and when to take each.
 CHANGE	* dextroamphetamine-amphetamine 20 mg tablet Commonly known as: ADDERALL Changed by: Timothy Kennard, MD	Take 1 tablet (20 mg total) by mouth 3 (three) times a day. What changed: These instructions start on February 13, 2025. If you are unsure what to do until then, ask your doctor or other care provider. Start taking on: February 13, 2025
 CHANGE	* dextroamphetamine-amphetamine 20 mg tablet Commonly known as: ADDERALL Changed by: Timothy Kennard, MD	Take 1 tablet (20 mg total) by mouth 3 (three) times a day. What changed: These instructions start on March 9, 2025. If you are unsure what to do until then, ask your doctor or other care provider. Start taking on: March 9, 2025
	famotidine 20 mg tablet Commonly known as: PEPCID	Take 20 mg by mouth 2 (two) times a day.
	multivitamin 8 mg-400 mcg- 10 mcg Chew Commonly known as: CENTRUM	Chew 1 tablet Once Daily.
	ondansetron 4 mg disintegrating tablet Commonly known as: ZOFRAN-ODT	ALLOW 1 TABLET TO Dissolve UNDER TONGUE every 8 (eight) hours as needed for nausea or vomiting.
	quercetin 500 mg Cap	Take 500 mg by mouth daily.

 * This list has 3 medication(s) that are the same as other medications prescribed for you. Read the directions carefully, and ask your doctor or other care provider to review them with you.

Your Results

CBC without Differential - PENDING

Collected on 1/17/2025

Authorized by Timothy Kennard, MD

Comprehensive Metabolic Panel - PENDING

Collected on 1/17/2025

Authorized by Timothy Kennard, MD

Lipid Panel - PENDING

Collected on 1/17/2025

Authorized by Timothy Kennard, MD

Your Results (continued)

T4, Free - PENDING	
Collected on 1/17/2025	Authorized by Timothy Kennard, MD
TSH - PENDING	
Collected on 1/17/2025	Authorized by Timothy Kennard, MD
Thyroid Antibodies: Thyroid Peroxidase (TPO) and Thyroglobulin (TGAb) - PENDING	
Collected on 1/17/2025	Authorized by Timothy Kennard, MD
CBC without Differential - PENDING	
Collected on 1/17/2025	Authorized by Timothy Kennard, MD

Patient Safety Information:**Medicine Information:**

For advice about medicine side effects, call your primary doctor. You may report side effects to the FDA at **1-800-332-1088**.

Call 911 for All Emergencies**Quit Smoking or Tobacco Use**

For more information, call **1-800-784-8669**

Poison Control Center:

A poison can be anything if it is used in the wrong way, amount, or by the wrong person. Poisons can include household cleaning products, plants, and medicines. Snake and spider bites are also poisons. Nurses, pharmacists, or doctors answer your questions. For help, call the poison control center at **1-800-222-1222**.

Postpartum Support International Help Line 1-800-944-4773**National Suicide Prevention Lifeline 988**

www.suicidepreventionlifeline.org

National Domestic Violence Hotline 1-800-799-SAFE (7233)**National Human Trafficking Hotline 1-888-373-7888****Substance Abuse and Mental Health Services Administration (SAMHSA)**

1-800-662-HELP (4357)

Community Resources Through Find Help

Financial assistance, food pantries, medical care, and other free or reduced-cost help can be obtained through Find Help. You can search and connect to support by going to:

<https://www.findhelp.org/>

[Find Help](#)

