

Name: Beth Cartrette | DOB: 9/13/1982 | MRN: 4179018 | PCP: Timothy P Kennard, MD | Legal Name: Jennifer Beth Cartrette

Lipid Panel

Collected on January 15, 2024 3:27 PM

Timothy Kennard, MD Jan 16, 7:38 AM

The results of your recent blood work are included below. All of your lab results look excellent and are normal at this time. Please follow-up in clinic as we discussed at the time of your appointment.

Thank you for allowing me to participate in the care of your health. If you have any questions or concerns, please give us a call at the clinic so we can ensure that we are meeting all of your health care needs.

Warmest Regards,

Tim Kennard, MD

Results

Source: High Blood Cholesterol ATP III Guidelines At-A-Glance Quick Desk Reference. National Cholesterol Education Program NIH Publication No. 01-3305 May 2001.

Cholesterol, Total, Lipid Panel

Normal range: below <200 mg/dL

Value

194

Acceptable: < 200 mg/dL
Borderline: 200 - 239 mg/dL
High: > 239 mg/dL

Triglycerides, Lipid Panel

Normal range: below <150 mg/dL

Value

110

Acceptable: < 150 mg/dL

Borderline: 150 - 199 mg/dL

High: 200 - 499 mg/dL

Very High: > 499 mg/dL

HDL Cholesterol - Lipid Panel

Normal range: above >59 mg/dL

Value

60

High: > 59 mg/dL

Low: < 40 mg/dL

LDL Cholesterol, Calculated

Normal range: below <100 mg/dL

Value

112**High**

ATP Guidelines:

Acceptable: < 100 mg/dL

Near Optimal: 100 - 129 mg/dL

Borderline High: 130 - 159 mg/dL

High: 160 - 189 mg/dL

Very High: >189 mg/dL

Atherosclerotic Cardiovascular Disease Risk Categories and LDL-C Goals:

Patient Risk Goal

Low Risk: < 130 mg/dL

Moderate Risk: < 100 mg/dL

High Risk: < 100 mg/dL

Very High Risk: < 70 mg/dL

Extreme Risk: < 55 mg/dL

American Association of Clinical Endocrinologists and American College of Endocrinology Guidelines for management of dyslipidemia and prevention of cardiovascular disease. Endocrine Practice Vol 23 (Sup 2) April 2017.

LDL Cholesterol is calculated using the Martin/Hopkins equation. Source: JAMA 2013; 310: 2061-68.

Non-HDL Cholesterol

mg/dL

Value

134

Atherosclerotic Cardiovascular Disease Risk Categories and Non-HDL Cholesterol Goals:

Patient Risk Goal

Low Risk: < 160 mg/dL

Moderate Risk: < 130 mg/dL

High Risk: < 130 mg/dL

Very High Risk: < 100 mg/dL

Extreme Risk: < 80 mg/dL

American Association of Clinical Endocrinologists and American College of Endocrinology Guidelines for management of dyslipidemia and prevention of cardiovascular disease. Endocrine Practice Vol 23 (Sup 2) April 2017.

Ordering provider: Timothy Kennard, MD

Collection date: January 15, 2024 3:27 PM

Specimens: Blood (Venous)

Result date: January 16, 2024 1:37 AM

Result status: Final

Resulting lab:

ATRIUM HEALTH LABORATORY

5040 Airport Center Pkwy

Charlotte NC 28208

704-512-4900

Edward Lipford, MD (Lab director)

34D2084481 (CLIA #)

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