- Grow toward **3-6 months of essential expenses** over time.
- 3. **Grab the free monev**
 - Contribute to your workplace plan to capture **100% of any employer match**.
- 4. **Max the tax-advantaged stars**
- **HSA** (only if you're on an HSA-eligible HDHP): Fund up to the **current-year family/self-only limit**.
- **IRAs for both spouses** (Roth or Traditional): Up to the **current-year per-person limit**.
- If ineligible for Roth due to income in future years, consider **Traditional** or a **backdoor Roth** (coordinate with a CPA).
- 5. **Raise workplace plan contributions**
- Increase 401(k)/403(b) deferrals toward a **15–20% household savings rate** over time (combined across accounts).
- 6. **Taxable brokerage (flexible investing)**
 - Invest additional dollars in **low-cost, broadly diversified index funds/ETFs**.
- 7. **Optional: extra mortgage principal**
- Consider small, steady prepayments **after** tax-advantaged priorities are met—especially if your mortgage rate is relatively high and you plan to stay long enough to benefit.

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Two Funding Flows (pick the one that matches your health plan)

A) If you have an HSA-eligible HDHP

- Workplace plan **to full match**
- **HSA** to the **current-year family/self-only limit**

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- **Two IRAs** (one per spouse) up to **current-year limits**
- Back to workplace plan toward your **15-20%** savings target
- Then **taxable brokerage**
### B) If you don't have an HSA
- Workplace plan **to full match**
- **Two IRAs** (Roth or Traditional) up to **current-year limits**
- Back to workplace plan toward your **15-20%** target
- Then **taxable brokerage**
> **Roth vs. Traditional:** If you expect **higher** tax rates later, lean **Roth**; if
**lower**, lean **Traditional**. Many couples split contributions to diversify tax exposure.
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## Investment Setup (keep it simple)
- **One-fund option:** A **target-date index fund** in each account.
- **Three-fund option:** **Total U.S. Stock** + **Total International Stock** + **Total Bond**.
- **Allocation examples (illustrative):** 70/30 or 60/40 stocks/bonds based on comfort with
volatility.
- **Cost discipline:** Prefer expense ratios near **0.03%-0.10%**. Rebalance **annually** or
when allocations drift by ~5-10%.
## Cash-Flow & Credit Hygiene
- Keep credit **utilization** low (ideally single-digit). Maintain **on-time** payments via
autopav.
- Review card statements monthly; dispute inaccuracies; pull free credit reports periodically.
- Avoid late/NSF/overdraft fees; let alerts + your fee-shield buffer protect you.
## Tax Coordination (speak with a CPA)
- Confirm **current-year limits** and **income phase-outs** (Roth, IRA deductions, HSA
eligibility).
- **Spousal IRA** allowed on a joint return even if one spouse has no wages (subject to rules).
- **Asset location (optional):** Put **bonds** in tax-advantaged, **tax-efficient stock index
funds** in taxable (only if it doesn't complicate rebalancing).
- If charitably inclined, consider **bunching** deductions or using a **donor-advised fund** in
some years.
## Risk Management (keep what you build)
- **Health insurance** appropriate to expected needs and cash flow.
- **Term life** (if someone relies on your income): coverage sufficient to reach financial
- **Long-term disability** (often overlooked, crucial in prime earning years).
- **Home/auto** liability limits sized to your risk; consider **umbrella liability** if
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- Keep **beneficiaries** current on retirement accounts; consider **POD/TOD** for

- Maintain **estate basics**: wills, durable **POA**, and healthcare directives.

warranted.

bank/brokerage.

Income Growth (gentle offense) - On **every raise**, auto-increase savings **+1-2%** ("Save More Tomorrow"). - Pursue **one marketable upskill per year** that maps directly to higher pay in your roles. ## Your Default Maintenance Cadence - **Monthly (30 min): ** Update net worth (assets - debts), skim statements, trim one recurring cost, nudge contributions up if comfortable. - **Ánnually (1 hr): ** Rebalance, review insurance/beneficiaries/estate docs, refresh goals, confirm IRS limits and adjust contributions. ## Quick Blanks to Fill Each January - 401(k)/403(b) deferral limit: **[enter current-year]** - HSA limit (family/self-only): **[enter current-year]** - IRA limit (per person): **[enter current-year]** - Roth MFJ phase-out range: **[enter current-year]** - Target household savings rate this year: **[%]** Target allocation (stocks/bonds): **[- Rebalance month: **[

Final Word

Make it automatic, keep fees low, diversify, protect the downside, and let time do the compounding. You don't need perfect—just consistent.