

Beth Wrzesinski

Creative Coding

My results from the Mindset quiz was a 42. This means I have a growth mindset but I still have some fixed ideas. I think does encapsulate my mindset pretty accurately. While I don't believe having fixed ideas is inherently bad it's the act of recognizing when I need to reframe my ideas to better fit my changing life. I am helping teach the freshman seminar or the Design thinking class. The class is partly focusing on reframing your mindset, so while these videos didn't give me a new perspective when looking at mindset, they were still helpful tips to keep in mind going forward.