

一、三角变换

1. 同角三角函数关系: $\tan \alpha = \frac{\sin \alpha}{\cos \alpha}, \sin^2 \alpha + \cos^2 \alpha = 1$

2. 诱导公式: (以下 $k \in \mathbb{Z}$) 周期性: $\sin(2k\pi + \alpha) = \sin \alpha, \cos(2k\pi + \alpha) = \cos \alpha, \tan(k\pi + \alpha) = \tan \alpha,$

奇偶性: $\sin(-\alpha) = -\sin \alpha, \cos(-\alpha) = \cos \alpha, \tan(-\alpha) = -\tan \alpha$

$\sin(\pi - \alpha) = \sin \alpha, \cos(\pi - \alpha) = -\cos \alpha, \tan(\pi - \alpha) = -\tan \alpha, \sin(\pi + \alpha) = -\sin \alpha, \cos(\pi + \alpha) = -\cos \alpha,$

$\sin(\frac{\pi}{2} - \alpha) = \cos \alpha, \cos(\frac{\pi}{2} - \alpha) = \sin \alpha, \tan(\frac{\pi}{2} - \alpha) = \frac{1}{\tan \alpha}; \sin(\frac{\pi}{2} + \alpha) = \cos \alpha, \cos(\frac{\pi}{2} + \alpha) = -\sin \alpha,$

$\tan(\frac{\pi}{2} + \alpha) = -\frac{1}{\tan \alpha}; \sin(\frac{3\pi}{2} - \alpha) = -\cos \alpha, \cos(\frac{3\pi}{2} - \alpha) = -\sin \alpha, \tan(\frac{3\pi}{2} - \alpha) = \frac{1}{\tan \alpha};$

$\sin(\frac{3\pi}{2} + \alpha) = \cos \alpha, \cos(\frac{3\pi}{2} + \alpha) = \sin \alpha, \tan(\frac{3\pi}{2} + \alpha) = -\frac{1}{\tan \alpha}$

3. 和差倍角公式: $\sin(\alpha \pm \beta) = \sin \alpha \cos \beta \pm \cos \alpha \sin \beta; \cos(\alpha \pm \beta) = \cos \alpha \cos \beta \mp \sin \alpha \sin \beta$

$\sin 2\alpha = 2 \sin \alpha \cos \alpha \Rightarrow \sin \alpha \cos \alpha = \frac{1}{2} \sin 2\alpha$

$\cos 2\alpha = \cos^2 \alpha - \sin^2 \alpha = 2 \cos^2 \alpha - 1 = 1 - 2 \sin^2 \alpha,$

万能公式: $\tan 2\alpha = \frac{2 \tan \alpha}{1 - \tan^2 \alpha}, \sin 2\alpha = \frac{2 \tan \alpha}{1 + \tan^2 \alpha}, \cos 2\alpha = \frac{1 - \tan^2 \alpha}{1 + \tan^2 \alpha}$

升幂公式: $1 + \cos \alpha = 2 \cos^2 \frac{\alpha}{2}, 1 - \cos \alpha = 2 \sin^2 \frac{\alpha}{2}$

降幂公式: $\cos^2 \alpha = \frac{1 + \cos 2\alpha}{2}, \sin^2 \alpha = \frac{1 - \cos 2\alpha}{2},$

$\tan(\alpha \pm \beta) = \frac{\tan \alpha \pm \tan \beta}{1 \mp \tan \alpha \tan \beta} \Rightarrow \tan \alpha \pm \tan \beta = \tan(\alpha \pm \beta)(1 \mp \tan \alpha \tan \beta)$

三倍角: $\sin \alpha \sin(60^\circ - \alpha) \sin(60^\circ + \alpha) = \frac{1}{4} \sin 3\alpha, \cos \alpha \cos(60^\circ - \alpha) \cos(60^\circ + \alpha) = \frac{1}{4} \cos 3\alpha,$

$\tan \alpha \tan(60^\circ - \alpha) \tan(60^\circ + \alpha) = \tan 3\alpha.$

半角公式: $\sin \frac{\alpha}{2} = \pm \sqrt{\frac{1 - \cos \alpha}{2}}, \cos \frac{\alpha}{2} = \pm \sqrt{\frac{1 + \cos \alpha}{2}}, \tan \frac{\alpha}{2} = \frac{1 - \cos \alpha}{\sin \alpha} = \frac{\sin \alpha}{1 + \cos \alpha}$

和差化积: $\sin \alpha + \sin \beta = 2 \sin \frac{\alpha + \beta}{2} \cos \frac{\alpha - \beta}{2}, \sin \alpha - \sin \beta = 2 \cos \frac{\alpha + \beta}{2} \sin \frac{\alpha - \beta}{2},$

$\cos \alpha + \cos \beta = 2 \cos \frac{\alpha + \beta}{2} \cos \frac{\alpha - \beta}{2}, \cos \alpha - \cos \beta = -2 \sin \frac{\alpha + \beta}{2} \sin \frac{\alpha - \beta}{2}.$

积化和差: $\sin \alpha \cos \beta = \frac{1}{2} [\sin(\alpha + \beta) + \sin(\alpha - \beta)];$

$\cos \alpha \cos \beta = \frac{1}{2} [\cos(\alpha + \beta) + \cos(\alpha - \beta)], \sin \alpha \sin \beta = -\frac{1}{2} [\cos(\alpha + \beta) - \cos(\alpha - \beta)].$

(2018河北) 已知 $\frac{\sin \theta}{\sqrt{3} \cos \theta + 1} > 1$, 则 $\tan \theta$ 的取值范围是 _____.

(2018河北) key: $\sin \theta > \sqrt{3} \cos \theta + 1 > 0, \text{ or }, \sin \theta < \sqrt{3} \cos \theta + 1 < 0$

$$\Leftrightarrow \begin{cases} \sin(\theta - \frac{\pi}{3}) > \frac{1}{2} \text{ 即 } 2k\pi + \frac{\pi}{2} < \theta < 2k\pi + \frac{7\pi}{6} \\ \cos \theta > -\frac{1}{\sqrt{3}} \end{cases}, \text{ or }, \begin{cases} \sin(\theta - \frac{\pi}{3}) < \frac{1}{2} \text{ 即 } 2k\pi + \frac{7\pi}{6} < \theta < 2k\pi + \frac{5\pi}{2} \\ \cos \theta < -\frac{1}{\sqrt{3}} \end{cases}$$

$\therefore \tan \theta \in (-\infty, -\sqrt{2}] \cup (\frac{\sqrt{3}}{3}, \sqrt{2}]$

高一期末选讲 (1) 三角函数

三角函数解答 (1) 2023-06-07

(2008四川) 设 $\alpha \in (0, \frac{\pi}{2})$, 则 $\frac{\sin^3 \alpha}{\cos \alpha} + \frac{\cos^3 \alpha}{\sin \alpha}$ 的最小值为 () A. $\frac{27}{64}$ B. $\frac{3\sqrt{2}}{5}$ C. 1 D. $\frac{5\sqrt{3}}{6}$

2008四川key: 原式 = $\frac{\sin^4 \alpha + \cos^4 \alpha}{\sin \alpha \cos \alpha} = \frac{1 - 2\sin^2 \alpha \cos^2 \alpha}{\sin \alpha \cos \alpha} = \frac{2}{\sin 2\alpha} - \sin 2\alpha \geq 2 - 1 = 1$, 选C

(2018湖南) 若 $3\sin^3 x + \cos^3 x = 3$, 则 $\sin^{2018} x + \cos^{2018} x$ 的值为 _____.

2008湖南key: $\cos x(1 - \sin x)(1 + \sin x) = \cos^3 x = 3(1 - \sin^3 x) = 3(1 - \sin x)(1 + \sin x + \sin^2 x)$

$\therefore \sin x = 1$, or, $(1 + \sin x)(3 - \cos x) + 3\sin^2 x = 0$ 无解, \therefore 原式 = 1

(2008重庆2017山东) 函数 $f(x) = \frac{\sin x - 1}{\sqrt{3 - 2\cos x - 2\sin x}}$ ($0 \leq x \leq 2\pi$) 的值域为 _____.

(2012重庆2017山东) key1: $f(x) = \frac{(1 - \cos x, 1 - \sin x) \cdot (0, -1)}{\sqrt{(1 - \cos x)^2 + (1 - \sin x)^2} \cdot 1} \in [-1, 0]$

key2: $f(x) = \begin{cases} 0, x = \frac{\pi}{2}, \\ -\frac{1}{\sqrt{(\frac{1 - \cos x}{1 - \sin x})^2 + 1}} \in [-1, 0), x \neq \frac{\pi}{2} \end{cases}$, \therefore 值域为 $[-1, 0]$

(2006浙江) 设 a, b 是非零实数, $x \in \mathbb{R}$, 若 $\frac{\sin^4 x}{a^2} + \frac{\cos^4 x}{b^2} = \frac{1}{a^2 + b^2}$, 则 $\frac{\sin^{2008} x}{a^{2006}} + \frac{\cos^{2008} x}{b^{2006}} = \underline{\hspace{1cm}}$.

(2006浙江) key1: 由已知得 $(\frac{\sqrt{a^2 + b^2} \sin^2 x}{a})^2 + (\frac{\sqrt{a^2 + b^2} \cos^2 x}{b})^2 = 1$ 令 $\frac{\sqrt{a^2 + b^2} \sin^2 x}{a} = \cos \theta$, $\frac{\sqrt{a^2 + b^2} \cos^2 x}{b} = \sin \theta$

$\therefore \sin^2 x = \frac{a \cos \theta}{\sqrt{a^2 + b^2}}$, $\cos^2 x = \frac{b \sin \theta}{\sqrt{a^2 + b^2}}$, $\therefore 1 = \frac{a}{\sqrt{a^2 + b^2}} \cos \theta + \frac{b}{\sqrt{a^2 + b^2}} \sin \theta = \sin(\theta + \varphi)$ ($\cos \varphi = \frac{b}{\sqrt{a^2 + b^2}}$, $\sin \varphi = \frac{a}{\sqrt{a^2 + b^2}}$)

$\therefore \theta + \varphi = 2k\pi + \frac{\pi}{2}$ ($k \in \mathbb{Z}$), $\therefore \cos \theta = \sin \varphi = \frac{a}{\sqrt{a^2 + b^2}}$, $\sin \theta = \cos \varphi = \frac{b}{\sqrt{a^2 + b^2}}$

$\therefore \sin^2 x = \frac{a^2}{a^2 + b^2}$, $\cos^2 x = \frac{b^2}{a^2 + b^2}$, $\therefore \frac{\sin^{2008} x}{a^{2006}} + \frac{\cos^{2008} x}{b^{2006}} = \frac{(\frac{a^2}{a^2 + b^2})^{1004}}{a^{2006}} + \frac{(\frac{b^2}{a^2 + b^2})^{1004}}{b^{2006}} = \frac{1}{(a^2 + b^2)^{1003}}$

key: $\frac{a^2 + b^2}{a^2} \sin^4 x + \frac{a^2}{a^2 + b^2} \geq 2\sin^2 x$, $\frac{a^2 + b^2}{b^2} \cos^4 x + \frac{b^2}{a^2 + b^2} \geq 2\cos^2 x$

$\therefore \frac{a^2 + b^2}{a^2} \sin^4 x + \frac{a^2}{a^2 + b^2} + \frac{a^2 + b^2}{b^2} \cos^4 x + \frac{b^2}{a^2 + b^2} \geq 2$ 得 $\frac{1}{a^2} \sin^4 x + \frac{1}{b^2} \cos^4 x \geq \frac{1}{a^2 + b^2}$,

$\therefore \sin^2 x = \frac{a^2}{a^2 + b^2}$, $\cos^2 x = \frac{b^2}{a^2 + b^2}$

$\therefore \frac{\sin^{2008} x}{a^{2006}} + \frac{\cos^{2008} x}{b^{2006}} = \frac{a^{2008}}{a^{2006}(a^2 + b^2)^{1004}} + \frac{b^{2008}}{b^{2006}(a^2 + b^2)^{1004}} = \frac{1}{(a^2 + b^2)^{1003}}$

(2018陕西) 若 $0 < x < \frac{\pi}{2}$, 且 $\frac{\sin^4 x}{9} + \frac{\cos^4 x}{4} = \frac{1}{13}$, 则 $\tan x = ()$ A. $\frac{1}{2}$ B. $\frac{2}{3}$ C. 1 D. $\frac{3}{2}$

2018陕西key: $\frac{1}{13} = \frac{\sin^4 x}{9} + \frac{\cos^4 x}{4} \geq \frac{(\sin^2 x + \cos^2 x)^2}{13} = \frac{1}{13}$, $\therefore \frac{\sin^2 x}{9} = \frac{\cos^2 x}{4}$, $\therefore \tan x = \frac{3}{2}$, 选D

(2020广西) 设 θ_1, θ_2 为锐角, 且 $\frac{\sin^{2020} \theta_1}{\cos^{2018} \theta_2} + \frac{\cos^{2020} \theta_1}{\sin^{2018} \theta_2} = 1$, 则 $\theta_1 + \theta_2 = \underline{\hspace{1cm}}$.

(2020广西)key: 由 $\frac{\sin^{2020} \theta_1}{\cos^{2018} \theta_2} + \underbrace{\cos^2 \theta_2 + \cdots + \cos^2 \theta_2}_{1009} \geq 1010 \sin^2 \theta_1$;

$\frac{\cos^{2020} \theta_1}{\sin^{2018} \theta_2} + \underbrace{\sin^2 \theta_2 + \cdots + \sin^2 \theta_2}_{1009} \geq 1010 \cos^2 \theta_1$

$\therefore 1010 = \frac{\sin^{2020} \theta_1}{\cos^{2018} \theta_2} + \frac{\cos^{2020} \theta_1}{\sin^{2018} \theta_2} + 1009 \geq 1010$, $\therefore \sin \theta_1 = \cos \theta_2$, $\sin \theta_2 = \cos \theta_1$, $\therefore \theta_1 + \theta_2 = \frac{\pi}{2}$

高一期末选讲 (1) 三角函数

三角函数解答 (1) 2023-06-07

(2009陕西) 设 $0 < \alpha < \pi < \beta < 2\pi$, 若对任意的 $x \in \mathbb{R}$, 等式 $\cos(x + \alpha) + \sin(x + \beta) + \sqrt{2} \cos x = 0$ 恒成立, 试求 α, β 的值.

$$2009\text{陕西key: } (\cos \alpha + \sin \beta + \sqrt{2}) \cos x + (-\sin \alpha + \cos \beta) \sin x = 0, \therefore \begin{cases} \cos \alpha = -\sin \beta - \sqrt{2} \\ \sin \alpha = \cos \beta \end{cases}$$

$$\therefore 1 = 3 + 2\sqrt{2} \sin \beta \text{ 得 } \sin \beta = -\frac{\sqrt{2}}{2}, \cos \alpha = -\frac{\sqrt{2}}{2} (\because 0 < \alpha < \pi < \beta < 2\pi) \text{ 得, } \therefore \alpha = \frac{3\pi}{4},$$

$$\therefore \sin \alpha = \frac{\sqrt{2}}{2} = \cos \beta, \therefore \beta = \frac{7\pi}{4}$$

(2017浙江) 设 $x, y \in \mathbb{R}$, 且 $\frac{\sin^2 x - \cos^2 x + \cos^2 x \cos^2 y - \sin^2 x \sin^2 y}{\sin(x+y)} = 1$, 则 $x - y = \underline{\hspace{2cm}}$.

$$2017\text{浙江key: } 1 = \frac{\sin^2 x \cos^2 y - \cos^2 x \sin^2 y}{\sin(x+y)} = \sin(x-y), \therefore x - y = 2k\pi + \frac{\pi}{2}, k \in \mathbb{Z}$$

(2017湖北) 求实数 a 的取值范围, 是不等式 $\sin 2\theta - 2\sqrt{2}a \cos(\theta - \frac{\pi}{4}) - \frac{\sqrt{2}a}{\sin(\theta + \frac{\pi}{4})} > -3 - a^2$ 对 $\theta \in [0, \frac{\pi}{2}]$

恒成立.

$$2017\text{湖北key: } \text{令 } t = \sin(\theta + \frac{\pi}{4}) \in [\frac{\sqrt{2}}{2}, 1], \text{ 则 } \sin 2\theta = -\cos(\frac{\pi}{2} + 2\theta) = 2\sin^2(\theta + \frac{\pi}{4}) - 1 = 2t^2 - 1, \cos(\theta - \frac{\pi}{4}) = \sin(\theta + \frac{\pi}{4}) = t$$

$$\therefore 2t^2 - 1 - 2\sqrt{2}at - \frac{\sqrt{2}a}{t} > -3 - a^2 \Leftrightarrow 2t^2 - 2\sqrt{2}at + a^2 + 2 - \frac{\sqrt{2}a}{t} = (\sqrt{2}t - a)^2 + \frac{\sqrt{2}(\sqrt{2}t - a)}{t} > 0$$

$$\Leftrightarrow (\sqrt{2}t - a)(\sqrt{2}t^2 - at + \sqrt{2}) > 0 \Leftrightarrow \begin{cases} a < \sqrt{2}t \geq 1 \\ a < \sqrt{2}(t + \frac{1}{t}) \geq 2\sqrt{2} \end{cases} \text{ 或 } \begin{cases} a > \sqrt{2}t \leq \sqrt{2} \\ a > \sqrt{2}(t + \frac{1}{t}) \leq 3 \end{cases}$$

$$\therefore a \in (-\infty, 1) \cup (3, +\infty)$$

(2020III) (9) 已知 $2 \tan \theta - \tan(\theta + \frac{\pi}{4}) = 7$, 则 $\tan \theta = (\quad)$ A. -2 B. -1 C. 1 D. 2

$$2020\text{III: } 7 = 2 \tan \theta - \frac{\tan \theta + 1}{1 - \tan \theta} \text{ 得 } \tan \theta = 2, \text{ 选 } D$$

(2018浙江) 已知 $\alpha, \beta \in (\frac{3\pi}{4}, \pi)$, $\cos(\alpha + \beta) = \frac{4}{5}$, $\cos(\alpha - \frac{\pi}{4}) = -\frac{5}{13}$, 则 $\cos(\beta + \frac{\pi}{4}) = \underline{\hspace{2cm}}$.

$$2018\text{浙江key: } \alpha + \beta \in (\frac{3\pi}{2}, 2\pi), \sin(\alpha + \beta) = -\frac{3}{5}, \alpha - \frac{\pi}{4} \in (\frac{\pi}{2}, \frac{3\pi}{4}), \sin(\alpha - \frac{\pi}{4}) = \frac{12}{13}$$

$$\therefore \cos(\beta + \frac{\pi}{4}) = \cos(\alpha + \beta - (\alpha - \frac{\pi}{4})) = -\frac{56}{65}$$

(2019内蒙古) 已知 $\sin 2(\alpha + \beta) = n \sin 2\gamma$, 则 $\frac{\tan(\alpha + \beta + \gamma)}{\tan(\alpha + \beta - \gamma)} = \underline{\hspace{2cm}}$.

$$2019\text{内蒙古key: } \sin(\alpha + \beta + \gamma + \alpha + \beta - \gamma) = n \sin(\alpha + \beta + \gamma - (\alpha + \beta - \gamma)) \text{ 得 } \frac{\tan(\alpha + \beta + \gamma)}{\tan(\alpha + \beta - \gamma)} = \frac{n+1}{n-1}$$

(2017湖南) 设 $0 \leq x \leq \pi$, 且 $3 \sin \frac{x}{2} = \sqrt{1 + \sin x} - \sqrt{1 - \sin x}$, 则 $\tan x = \underline{\hspace{2cm}}$.

$$2017\text{湖南key: } 3 \sin \frac{x}{2} = \cos \frac{x}{2} + \sin \frac{x}{2} - |\sin \frac{x}{2} - \cos \frac{x}{2}| = \begin{cases} 2 \cos \frac{x}{2}, \frac{\pi}{4} \leq \frac{x}{2} \leq \frac{\pi}{2} \\ 2 \sin \frac{x}{2}, 0 \leq \frac{x}{2} \leq \frac{\pi}{4} \end{cases}, \therefore \sin \frac{x}{2} = 0, \therefore \tan x = 0$$

高一期末选讲 (1) 三角函数

三角函数解答 (1) 2023-06-07

(2021甲) 9. 若 $\alpha \in (0, \frac{\pi}{2})$, $\tan 2\alpha = \frac{\cos \alpha}{2 - \sin \alpha}$, 则 $\tan \alpha = ()$ A. $\frac{\sqrt{15}}{15}$ B. $\frac{\sqrt{5}}{5}$ C. $\frac{\sqrt{5}}{3}$ D. $\frac{\sqrt{15}}{3}$

2021甲: $\tan 2\alpha = \frac{2 \sin \alpha \cos \alpha}{1 - 2 \sin^2 \alpha} = \frac{\cos \alpha}{2 - \sin \alpha}$ 得 $\sin = \frac{1}{4}$, $\therefore \tan \alpha = \frac{\sqrt{15}}{15}$, \therefore 选A

变式: 已知 $\cos \theta - \sin \theta = \frac{7\sqrt{2}}{25}$, $\theta \in (\pi, 2\pi)$, 则 $\sin(\frac{\theta}{2} + \frac{\pi}{8})$ 的值为_____.

变式key: $\therefore \cos(\theta + \frac{\pi}{4}) = 1 - 2 \sin^2(\frac{\theta}{2} + \frac{\pi}{8}) = \frac{7}{25}$, $\therefore \sin(\frac{\theta}{2} + \frac{\pi}{8}) = \pm \frac{3}{5}$

$\therefore \pi < \theta < 2\pi$, $\therefore \frac{\theta}{2} + \frac{\pi}{8} \in (\frac{5\pi}{8}, \frac{9\pi}{8}) \subseteq (\frac{\pi}{2}, \frac{7\pi}{6})$, $\therefore \sin(\frac{\theta}{2} + \frac{\pi}{8}) \in (-\frac{1}{2}, 1)$, $\therefore \sin(\frac{\theta}{2} + \frac{\pi}{8}) = \frac{3}{5}$

(2018I) 求值: $\sin^2(\alpha - \frac{\pi}{3}) + \sin^2(\alpha + \frac{\pi}{3}) - \cos^2 \alpha = ()$ A. $-\frac{1}{2}$ B. $\frac{1}{2}$ C. 0 D. -1

2018I key: 原式 = $\frac{1 - \cos(2\alpha - \frac{2\pi}{3})}{2} + \frac{1 - \cos(2\alpha + \frac{2\pi}{3})}{2} - \frac{1 + \cos 2\alpha}{2}$
 $= \frac{1}{2} - \frac{1}{2} \cdot 2 \cos \frac{2\alpha - \frac{2\pi}{3} + 2\alpha + \frac{2\pi}{3}}{2} \cos \frac{2\alpha - \frac{2\pi}{3} - 2\alpha - \frac{2\pi}{3}}{2} - \frac{1}{2} \cos 2\alpha = \frac{1}{2}$, \therefore 选B

变式 1 (1) ① 已知 $\frac{1 - \cos 2\alpha}{\sin \alpha \cos \alpha} = 1$, $\tan(\beta - \alpha) = -\frac{1}{3}$, 则 $\tan(\beta - 2\alpha) =$ _____.

key: $1 = \frac{2 \sin^2 \alpha}{\sin \alpha \cos \alpha} = 2 \tan \alpha$ 即 $\tan \alpha = \frac{1}{2}$, $\therefore \tan(\beta - \alpha - \alpha) = \frac{-\frac{1}{3} - \frac{1}{2}}{1 + (-\frac{1}{3}) \cdot \frac{1}{2}} = -1$

② 已知 $\tan \alpha \tan \beta = \frac{7}{3}$, $\tan \frac{\alpha + \beta}{2} = \frac{\sqrt{2}}{2}$, 则 $\cos(\alpha - \beta) =$ _____.

key: $\cos(\alpha + \beta) = \frac{1 - \tan^2 \frac{\alpha + \beta}{2}}{1 + \tan^2 \frac{\alpha + \beta}{2}} = \frac{1}{3}$, 而 $\frac{7}{3} = \tan \alpha \tan \beta = \frac{\sin \alpha \sin \beta}{\cos \alpha \cos \beta}$,

$\therefore \frac{3+7}{3-7} = \frac{\cos \alpha \cos \beta + \sin \alpha \sin \beta}{\cos \alpha \cos \beta - \sin \alpha \sin \beta} = \frac{\cos(\alpha - \beta)}{\cos(\alpha + \beta)}$, $\therefore \cos(\alpha - \beta) = -\frac{5}{6}$

③ 已知 α, β 为锐角, 且 $\frac{1 + \sin \alpha - \cos \alpha}{\sin \alpha} \cdot \frac{1 + \sin \beta - \cos \beta}{\sin \beta} = 2$, 则 $\tan \alpha \tan \beta =$ _____.

key: $\frac{2 \sin^2 \frac{\alpha}{2} + 2 \sin \frac{\alpha}{2} \cos \frac{\alpha}{2}}{2 \sin \frac{\alpha}{2} \cos \frac{\alpha}{2}} \cdot \frac{2 \sin^2 \frac{\beta}{2} + 2 \sin \frac{\beta}{2} \cos \frac{\beta}{2}}{2 \sin \frac{\beta}{2} \cos \frac{\beta}{2}} = (1 + \tan \frac{\alpha}{2})(1 + \tan \frac{\beta}{2}) = 2$

即 $\tan \frac{\alpha}{2} + \tan \frac{\beta}{2} = 1 - \tan \frac{\alpha}{2} \tan \frac{\beta}{2}$, $\therefore \tan \frac{\alpha + \beta}{2} = 1$, $\therefore \alpha + \beta = \frac{\pi}{2}$, $\therefore \tan \alpha \tan \beta = 1$

(2005浙江) 若 $\sin x + \sin y = 1$, 则 $\cos x + \cos y$ 的取值范围是 () A. $[-2, 2]$ B. $[-1, 1]$ C. $[0, \sqrt{3}]$ D. $[-\sqrt{3}, \sqrt{3}]$

(2005浙江)key: 设 $t = \cos x + \cos y$, 则 $t^2 + 1 = 2 + 2 \cos(x - y) \in [0, 4]$, $\therefore t \in [-\sqrt{3}, \sqrt{3}]$, 选D

变式: 若 $\sin \alpha \cos \beta = \frac{1}{3}$, 则 $\cos \alpha \sin \beta$ 的取值范围为_____.

key: 设 $t = \cos \alpha \sin \beta$, 则 $t + \frac{1}{3} = \sin(\alpha + \beta) \in [-1, 1]$, $\therefore t \in [-\frac{4}{3}, \frac{2}{3}]$

$t - \frac{1}{3} = \sin(\beta - \alpha) \in [-1, 1]$, $\therefore t \in [-\frac{2}{3}, \frac{4}{3}]$, $\therefore t \in [-\frac{2}{3}, \frac{2}{3}]$

高一期末选讲 (1) 三角函数

三角函数解答 (1) 2023-06-07

(2018河南) 已知 $\cos(\alpha + \beta) = \cos \alpha + \cos \beta$, 则 $\cos \alpha$ 的取值范围为 _____.

2018河南key: $(\cos \alpha - 1)\cos \beta - \sin \alpha \sin \beta = \cos \alpha, \therefore \frac{|\cos \alpha|}{\sqrt{(\cos \alpha - 1)^2 + \sin^2 \alpha}} \leq 1$ 得 $\cos \alpha \in [-1, -1 + \sqrt{2}]$

(2018河北) 设 $\alpha, \beta \in (0, \frac{\pi}{2})$, 证明: $\cos \alpha + \cos \beta + \sqrt{2} \sin \alpha \sin \beta \leq \frac{3\sqrt{2}}{2}$.

2018河北key: $\cos \alpha + \sqrt{2} \sin \beta \sin \alpha + \cos \beta \leq \sqrt{1 + 2\sin^2 \beta} + \frac{1}{\sqrt{2}} \cdot \sqrt{2} \cos \beta$

$$\leq \sqrt{(1 + \frac{1}{2})(1 + 2\sin^2 \beta + 2\cos^2 \beta)} = \frac{3\sqrt{2}}{2} \text{ 得证}$$

变式 (1) 已知 $\alpha, \beta, \gamma \in [0, \frac{\pi}{2}]$, 则 $\cos \alpha + 2\cos \beta + \cos \gamma - \cos(\alpha + \gamma) - 2\cos(\beta + \gamma)$ 的最大值为 _____

$$\begin{aligned} \text{key: 原式} &= \cos(\frac{\alpha + \alpha + \gamma}{2} + \frac{\alpha - (\alpha + \gamma)}{2}) - \cos(\frac{\alpha + \alpha + \gamma}{2} - \frac{\alpha - (\alpha + \gamma)}{2}) + 2(\cos \beta - \cos(\beta + \gamma)) + \cos \gamma \\ &= 2\sin \frac{2\alpha + \gamma}{2} \sin \frac{\gamma}{2} + 4\sin \frac{2\beta + \gamma}{2} \sin \frac{\gamma}{2} + \cos(\frac{\gamma}{2} + \frac{\gamma}{2}) (\because \alpha, \beta, \gamma \in [0, \frac{\pi}{2}], \therefore \frac{2\alpha + \gamma}{2}, \frac{2\beta + \gamma}{2} \in [0, \frac{3\pi}{4}]) \\ &\leq 2\sin \frac{\gamma}{2} + 4\sin \frac{\gamma}{2} + \cos^2 \frac{\gamma}{2} - \sin^2 \frac{\gamma}{2} = -2\sin^2 \frac{\gamma}{2} + 6\sin \frac{\gamma}{2} + 1 (\because \sin \frac{\gamma}{2} \in [0, \frac{\sqrt{2}}{2}]) = -2(\sin \gamma - \frac{3}{2})^2 + \frac{11}{2} \leq 3\sqrt{2} \end{aligned}$$

(2) 设 $\alpha, \beta \in [0, \pi]$, 则 $(\sin \alpha + \sin(\alpha + \beta))\sin \beta$ 的最大值为 _____.

$$\begin{aligned} \text{key: 原式} &= 2\sin \frac{\alpha + \alpha + \beta}{2} \cos \frac{\alpha - \alpha - \beta}{2} \sin \beta = 2\sin \frac{2\alpha + \beta}{2} \cos \frac{\beta}{2} \sin \beta \leq 4\cos^2 \frac{\beta}{2} \cdot \sin \frac{\beta}{2} \\ &= 4\sqrt{\cos^2 \frac{\beta}{2} \cdot \cos^2 \frac{\beta}{2} \cdot 2\sin^2 \frac{\beta}{2} \cdot \frac{1}{2}} \leq 4\sqrt{\frac{1}{2}(\frac{2}{3})^3} = \frac{8\sqrt{3}}{9} \end{aligned}$$

(2021广西) 设 $\sin \alpha + \sin \beta = \frac{4\sqrt{2}}{5}$, $\cos \alpha + \cos \beta = \frac{4\sqrt{3}}{5}$, 则 $\tan \alpha + \tan \beta =$ _____.

$$2021广西key: \frac{\sin \alpha + \sin \beta}{\cos \alpha + \cos \beta} = \frac{2\sin \frac{\alpha + \beta}{2} \cos \frac{\alpha - \beta}{2}}{2\cos \frac{\alpha + \beta}{2} \cos \frac{\alpha - \beta}{2}} = \tan \frac{\alpha + \beta}{2} = \sqrt{\frac{2}{3}}, \therefore \sin(\alpha + \beta) = \frac{2\sqrt{6}}{5}, \cos(\alpha + \beta) = \frac{1}{5},$$

$$(\sin \alpha + \sin \beta)^2 + (\cos \alpha + \cos \beta)^2 = 2 + 2\cos(\alpha - \beta) = \frac{16}{5} \text{ 得 } \cos(\alpha - \beta) = \frac{3}{5}$$

$$\therefore \tan \alpha + \tan \beta = \frac{\sin \alpha}{\cos \alpha} + \frac{\sin \beta}{\cos \beta} = \frac{\sin(\alpha + \beta)}{\cos \alpha \cos \beta} = \frac{\frac{2\sqrt{6}}{5}}{\frac{1}{2}[\cos(\alpha + \beta) + \cos(\alpha - \beta)]} = \sqrt{6}$$

(1997A) 设 $\frac{\pi}{12} \leq z \leq y \leq x$, 且 $x + y + z = \frac{\pi}{2}$, 则 $(\cos x \sin y \cos z)_{\max} =$ _____, $(\cos x \sin y \cos z)_{\min} =$ _____.

(1997A) key: $\because x \geq y \geq z \geq \frac{\pi}{12}$, 且 $3z \leq \frac{\pi}{6} + x \leq x + y + z = \frac{\pi}{2} \leq 3x$, 且 $\frac{\pi}{2} \geq x + 2 \cdot \frac{\pi}{12}$, $\therefore x \in [\frac{\pi}{6}, \frac{\pi}{3}]$, $z \in [\frac{\pi}{12}, \frac{\pi}{6}]$,

$$\therefore \cos x \sin y \cos z = \cos x \cdot \frac{1}{2}[\sin(y + z) + \sin(y - z)] \geq \frac{1}{2}\cos^2 x \geq \frac{1}{8}$$

$$\cos x \sin y \cos z = \cos z \cdot \frac{1}{2}[\sin(y + x) + \sin(y - x)] \leq \frac{1}{2}\cos^2 z \leq \frac{1}{2} \cdot (\frac{\sqrt{6} + \sqrt{2}}{4})^2 = \frac{2 + \sqrt{3}}{8}$$

(2021江苏) 已知 $\frac{\sin a}{\sin b} = \frac{\sin c}{\sin d} = \frac{\sin(a - c)}{\sin(b - d)}$, $a, b, c, d \in (0, \pi)$, 证明: $a = b, c = d$.

(2021江苏) key: $\because a, b, c, d \in (0, \pi)$, $\therefore \frac{\sin a}{\sin b} = \frac{\sin c}{\sin d} = \frac{\sin(a - c)}{\sin(b - d)} > 0$, 且 $\frac{a - c}{2}, \frac{b - d}{2} \in (-\frac{\pi}{2}, \frac{\pi}{2})$, $a - c \neq 0, b - d \neq 0$,

$$\therefore \cos \frac{a - c}{2}, \cos \frac{b - d}{2} \neq 0, \sin \frac{a - c}{2} \neq 0, \sin \frac{b - d}{2} \neq 0,$$

$$\text{由 } \frac{2 \sin \frac{a+c}{2} \cos \frac{a-c}{2}}{2 \sin \frac{b+d}{2} \cos \frac{b-d}{2}} = \frac{\sin a + \sin c}{\sin b + \sin d} = \frac{\sin a}{\sin b} = \frac{\sin c}{\sin d} = \frac{\sin(a-c)}{\sin(b-d)} = \frac{2 \sin \frac{a-c}{2} \cos \frac{a-c}{2}}{2 \sin \frac{b-d}{2} \cos \frac{b-d}{2}}$$

$$\therefore \frac{\sin \frac{a+c}{2}}{\sin \frac{b+d}{2}} = \frac{\sin \frac{a-c}{2}}{\sin \frac{b-d}{2}} = \frac{\sin \frac{a+c}{2} + \sin \frac{a-c}{2}}{\sin \frac{b+d}{2} + \sin \frac{b-d}{2}} = \frac{2 \sin \frac{a}{2} \cos \frac{c}{2}}{2 \sin \frac{b}{2} \cos \frac{d}{2}} = \frac{\sin \frac{a+c}{2} - \sin \frac{a-c}{2}}{\sin \frac{b+d}{2} - \sin \frac{b-d}{2}} = \frac{2 \cos \frac{a}{2} \sin \frac{c}{2}}{2 \cos \frac{b}{2} \sin \frac{d}{2}}, \therefore \tan \frac{a}{2} \cdot \tan \frac{d}{2} = \tan \frac{b}{2} \cdot \tan \frac{c}{2}$$

$$\text{由 } \frac{2 \cos \frac{a+c}{2} \sin \frac{a-c}{2}}{2 \cos \frac{b+d}{2} \sin \frac{b-d}{2}} = \frac{\sin a - \sin c}{\sin b - \sin d} = \frac{\sin a}{\sin b} = \frac{\sin c}{\sin d} = \frac{\sin(a-c)}{\sin(b-d)} = \frac{2 \sin \frac{a-c}{2} \cos \frac{a-c}{2}}{2 \sin \frac{b-d}{2} \cos \frac{b-d}{2}}$$

$$\therefore \frac{\cos \frac{a+c}{2}}{\cos \frac{b+d}{2}} = \frac{\cos \frac{a-c}{2}}{\cos \frac{b-d}{2}} = \frac{\cos \frac{a+c}{2} + \cos \frac{a-c}{2}}{\cos \frac{b+d}{2} + \cos \frac{b-d}{2}} = \frac{2 \cos \frac{a}{2} \cos \frac{c}{2}}{2 \cos \frac{b}{2} \cos \frac{d}{2}} = \frac{\cos \frac{a+c}{2} - \cos \frac{a-c}{2}}{\cos \frac{b+d}{2} - \cos \frac{b-d}{2}} = \frac{-2 \sin \frac{a}{2} \sin \frac{c}{2}}{-2 \sin \frac{b}{2} \sin \frac{d}{2}}, \therefore \tan \frac{a}{2} \tan \frac{c}{2} = \tan \frac{b}{2} \tan \frac{d}{2}$$

$$\therefore \tan^2 \frac{a}{2} = \tan^2 \frac{b}{2}, \therefore a = b, \therefore \tan \frac{c}{2} = \tan \frac{d}{2}, \therefore c = d \text{ 得证}$$

$$(1991A) \cos^2 10^\circ + \cos^2 50^\circ - \sin 40^\circ \sin 80^\circ = \underline{\quad\quad\quad}.$$

$$\begin{aligned} 1991A \text{key1: 原式} &= \frac{1 + \cos 20^\circ}{2} + \frac{1 + \cos 100^\circ}{2} - \frac{1}{2}(\cos 40^\circ - \cos 120^\circ) \\ &= \frac{3}{4} + \cos 60^\circ \cos 40^\circ - \frac{1}{2} \cos 40^\circ = \frac{3}{4} \end{aligned}$$

$$\text{key2: 设 } A = \cos^2 10^\circ + \cos^2 50^\circ - \sin 40^\circ \sin 80^\circ, B = \sin^2 10^\circ + \sin^2 50^\circ - \cos 40^\circ \cos 80^\circ,$$

$$\therefore \begin{cases} A + B = 2 - \cos 40^\circ \\ A - B = \cos 20^\circ + \cos 100^\circ + \cos 120^\circ = \cos 40^\circ - \frac{1}{2}, \therefore A = \frac{3}{4} \end{cases}$$

$$\text{key3: } A = \sin^2 80^\circ + \sin^2 40^\circ - \sin 40^\circ \sin 80^\circ = (\sin 60^\circ)^2 = \frac{3}{4}$$

$$\text{变式: (1) } \cos 20^\circ \cos 40^\circ \cos 60^\circ \cos 80^\circ = \underline{\quad\quad\quad} \cdot \frac{1}{16}$$

$$(2) \sin 20^\circ \sin 40^\circ \sin 60^\circ \sin 80^\circ = \underline{\quad\quad\quad}. \text{原式} = \frac{\sqrt{3}}{2} \cdot \frac{1}{4} \sin 60^\circ = \frac{3}{16}$$

$$(2015湖北) 已知顶角为 20° 的等腰三角形的底边长为 a, 腰长为 b, 则 $\frac{a^3 + b^3}{ab^2}$ 的值为 $\underline{\quad\quad\quad}$.$$

$$2015湖北 \text{key: } \frac{a^3 + b^3}{ab^2} = \frac{\sin^3 20^\circ + \sin^3 80^\circ}{\sin 20^\circ \sin^2 80^\circ} = \frac{(\sin 20^\circ + \sin 80^\circ)(\sin^2 20^\circ - \sin 20^\circ \sin 80^\circ + \sin^2 80^\circ)}{\sin 20^\circ \sin^2 80^\circ}$$

$$= \frac{2 \sin 50^\circ \cos 30^\circ \left[\frac{1 - \cos 40^\circ}{2} - \frac{1}{2}(\cos 60^\circ - \cos 100^\circ) + \frac{1 - \cos 160^\circ}{2} \right]}{\sin 20^\circ \sin^2 80^\circ}$$

$$= \frac{\sqrt{3} \cos 40^\circ \left(\frac{3}{4} - \frac{1}{2} \cos 40^\circ - \frac{1}{2} \cos 80^\circ + \frac{1}{2} \cos 20^\circ \right)}{\sin 20^\circ \sin 80^\circ \cdot 2 \sin 40^\circ \cos 40^\circ} = \frac{\sqrt{3} \left(\frac{3}{4} - \cos 60^\circ \cos 20^\circ + \frac{1}{2} \cos 20^\circ \right)}{\frac{1}{2} \sin 60^\circ} = 3$$

$$(2013重庆) 4 \cos 50^\circ - \tan 40^\circ = () A. \sqrt{2} \quad B. \frac{\sqrt{3} + \sqrt{2}}{2} \quad C. \sqrt{3} \quad D. 2\sqrt{2} - 1$$

$$2013重庆 \text{key: 原式} = 4 \sin 40^\circ - \frac{\sin 40^\circ}{\cos 40^\circ} = \frac{2 \sin 80^\circ - \sin 40^\circ}{\cos 40^\circ} = \frac{\sin 80^\circ + 2 \cos 60^\circ \sin 20^\circ}{\cos 40^\circ}$$

$$= \frac{2 \sin 50^\circ \cos 30^\circ}{\sin 50^\circ} = \sqrt{3}, \text{选 } C$$

(2015福建) 若 $\sin \frac{\pi}{9} + \sin \frac{2\pi}{9} + \cdots + \sin \frac{n\pi}{9} = \frac{1}{2} \tan \frac{4\pi}{9}$, 则正整数 n 的最小值为 _____.

$$\begin{aligned} \text{2015福建key: } \sin \frac{\pi}{9} + \sin \frac{2\pi}{9} + \cdots + \sin \frac{n\pi}{9} &= \frac{1}{2\sin \frac{\pi}{18}} (\cos \frac{\pi}{18} - \cos \frac{3\pi}{18} + \cos \frac{3\pi}{18} - \cos \frac{5\pi}{18} + \cdots + \cos \frac{2n-1}{18}\pi - \cos \frac{2n+1}{18}\pi) \\ &= \frac{1}{2\sin \frac{\pi}{18}} (\cos \frac{\pi}{18} - \cos \frac{2n+1}{18}\pi) = \frac{1}{2} (\tan \frac{4\pi}{9} - \frac{\cos \frac{2n+1}{18}\pi}{\sin \frac{\pi}{18}}) = \frac{1}{2} \tan \frac{4\pi}{9}, \therefore n_{\min} = 4 \end{aligned}$$

(2017广东) 设 m, n 均为正整数, 则 $\sum_{k=0}^{m-1} \cos \frac{2k\pi}{m} + \sum_{k=0}^{n-1} \sin \frac{2k\pi}{n} =$ _____.

$$\text{2017广东key: } \sum_{k=0}^{m-1} \cos \frac{2k\pi}{m} = \frac{1}{2\sin \frac{\pi}{m}} \sum_{k=0}^{m-1} (\sin \frac{2k+1}{m}\pi - \sin \frac{2k-1}{m}\pi) = \frac{\sin \frac{2m-1}{m}\pi + \sin \frac{1}{m}\pi}{2\sin \frac{\pi}{m}} = 0$$

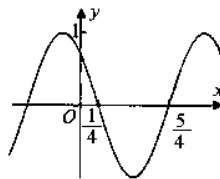
$$\sum_{k=0}^{n-1} \sin \frac{2k\pi}{n} = \frac{1}{2\sin \frac{\pi}{n}} \sum_{k=0}^{n-1} (\cos \frac{2k-1}{n}\pi - \cos \frac{2k+1}{n}\pi) = \frac{\cos \frac{1}{n}\pi - \cos \frac{2n-1}{n}\pi}{2\sin \frac{\pi}{n}} = 0, \therefore \text{原式} = 0$$

二、三角函数图象性质及应用

(2015I) (8) 函数 $f(x) = \cos(\omega x + \varphi)$ 的部分图像如图所示, 则 $f(x)$ 的单调递减区间为 ()

A. $(k\pi - \frac{1}{4}, k\pi + \frac{3}{4}), k \in \mathbb{Z}$ B. $(2k\pi - \frac{1}{4}, 2k\pi + \frac{3}{4}), k \in \mathbb{Z}$

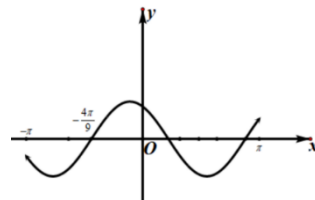
C. $(k - \frac{1}{4}, k + \frac{3}{4}), k \in \mathbb{Z}$ D. $(2k - \frac{1}{4}, 2k + \frac{3}{4}), k \in \mathbb{Z}$



$$\text{(2015I) key: } \begin{cases} \omega \cdot \frac{1}{4} + \varphi = \frac{\pi}{2} \\ \omega \cdot \frac{5}{4} + \varphi = \frac{3\pi}{2} \end{cases} \text{ 得 } \omega = \pi, \varphi = \frac{\pi}{4}, \therefore T = 2, \text{ 递减区间为 } [2k - \frac{1}{4}, 2k + \frac{3}{4}], \text{ 选D}$$

(2020I) (7) 设函数 $f(x) = \cos(\omega x + \frac{\pi}{6})$ 在 $[-\pi, \pi]$ 的图像大致如下图,

则 $f(x)$ 的最小正周期为 () A. $\frac{10\pi}{9}$ B. $\frac{7\pi}{6}$ C. $\frac{4\pi}{3}$ D. $\frac{3\pi}{2}$



(2020I) $\omega \cdot (-\frac{4\pi}{9}) + \frac{\pi}{6} = -\frac{\pi}{2}$ 得 $\omega = \frac{3}{2}, \therefore T = \frac{4\pi}{3}$, 选C