

FASTFOCUS: Practice Plan Record Sheet

Use this record sheet to record when and how often you use each routine.

ROUTINE	DATE COMPLETED																			
Routine: Sample																				
Routine 01																				
Routine 02																				
Routine 03																				
Routine 04																				
Routine 05																				
Routine 06																				
Routine 07																				
Routine 08																				
Routine 09																				
Routine 10																				
Routine 11																				
Routine 12																				
Routine: Bonus																				