

Daily Life - No Smoking! (C0125)

A: It smells like an ashtray in here!

B: Hi honey! What's wrong? Why do you have that look on your face?

A: What's wrong? I thought we agreed that you were gonna quit smoking.

B: No! I said I was going to cut down which is very different. You can't just expect me to go cold turkey overnight!

A: Look, there are other ways to quit. You can try the nicotine patch, or nicotine chewing gum. We spend a fortune on cigarettes every month and now laws are cracking down and not allowing smoking in any public place. It's not like you can just light up like before.

B: I know, I know. I am trying but, I don't have the willpower to just quit. I can't fight with the urge to reach for my pack of smokes in the morning with coffee or after lunch! Please understand?

A: Fine! I want a divorce!

Key Vocabulary

pack smokes	of	<i>common noun, sin- gular</i>	a box of cigarettes
urge		<i>common noun, sin- gular</i>	a strong impulse, inner drive, or yearning
light up		<i>phrase</i>	to start smoking a cigarette
willpower		<i>common noun, sin- gular</i>	the strength of mind to carry out a decision
nicotine chewing gum		<i>common noun, sin- gular</i>	gum that slowly re- leases nicotine into the body

crack down	<i>phrase</i>	To act more forcefully to regulate or repress
cold turkey	<i>phrase</i>	Immediate, complete withdrawal from something
nicotine patch	<i>common noun, singular</i>	a patch that slowly releases nicotine into the body
ashtray	<i>common noun, singular</i>	A receptacle for tobacco ashes and cigarettes and cigars
cut down	<i>principle verb, present simple</i>	reduce the amount taken or used

Supplementary Vocabulary

drag	<i>common noun, singular</i>	smoking a cigarette once, a puff, share a cigar with someone
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tar	<i>common</i> <i>noun, singular</i>	A solid, sticky substance that remains when tobacco is burned. It accumulates in the lungs of smokers and is considered carcinogenic.
lighter	<i>common</i> <i>noun, singular</i>	A mechanical device for lighting a cigarette, cigar, or pipe.
match	<i>common</i> <i>noun, singular</i>	a thin strip of wood or cardboard tipped with a chemical that ignites when scraped against a rough or specially treated surface
stogie	<i>common</i> <i>noun, singular</i>	informal of saying cigarette
butt	<i>common</i> <i>noun, singular</i>	the end of the cigarette which contains the filter and is placed in the mouth to smoke