

The Weekend - Talking About Skincare (C0348)

A: You want to go get a facial with me today?

B: Dude, what are you talking about? Only girls do that.

A: Not at all, guys also get facials, manicures and pedicures. There is nothing wrong with looking after your skin and looking good.

B: True. So what do they do to you at your beauty spa?

A: Well, first they exfoliate my face, getting rid of all the dead skin. Then I get a face mask with nutrients that keep my skin healthy and young. Afterwards, they apply some moisturizer and you leave feeling like a million bucks.

B: That doesn't really sound like something I would be interested in. In any case, I just wash my face every night and use sunscreen during the day.

A: Well you should come with me one day, I'm sure you'll love it.

B: Uh... no.

Key Vocabulary

facial	<i>N</i>	a treatment to beautify the face.
manicure	<i>N</i>	a cosmetic treatment of the hands and fingernails, including trimming and polishing of the nails.
pedicure	<i>N</i>	professional care and treatment of the feet
spa	<i>N</i>	a luxurious resort or resort hotel.
exfoliate	<i>N</i>	to remove the surface of. such as skin and dirt
sunscreen	<i>N</i>	a substance formulated to prevent sunburn, skin cancers, and other conditions caused by excessive exposure to the sun

Supplementary Vocabulary

massage	<i>N</i>	the act or art of treating the body by rubbing, kneading, patting
tranquil	<i>A</i>	free from commotion or tumult; peaceful; quiet
sunburn	<i>N</i>	inflammation of the skin caused by overexposure to the sun or a sunlamp.
tan	<i>N</i>	A brown color on the skin caused by the rays of the sun