## Learn English on your Terms

#### Daily Life - No Smoking! (C0125)

- A: It smells like an ashtray in here!
- B: Hi honey! What's wrong? Why do you have that look on your face?
- A: What's wrong? I thought we agreed that you were gonna quit smoking.
- B: No! I said I was going to cut down which is very different. You can't just expect me to go cold turkey overnight!
- A: Look, there are other ways to quit. You can try the nicotine patch, or nicotine chewing gum. We spend a fortune on cigarettes every month and now laws are cracking down and not allowing smoking in any public place. It's not like you can just light up like before.



I know, I know. I am trying but, I don't have the B: willpower to just quit. I can't fight with the urge to reach for my pack of smokes in the morning with coffee or after lunch! Please understand?

#### A: Fine! I want a divorce!

### **Key Vocabulary**

pack smokes	of	common $noun, sin gular$	a box of cigarettes
urge		common $noun, sin gular$	a strong impulse, inner drive, or yearning
light up		phrase	to start smoking a cigarette
willpower		common noun, sin- gular	the strength of mind to carry out a decision
nicotine chewing gu	m	common $noun, sin gular$	gum that slowly re- leases nicotine into the body



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crack down phrase To act more forcefully

to regulate or repress

cold turkey phrase Immediate, complete

withdrawal from some-

thing

nicotine patch common a patch that slowly re-

noun, sin- leases nicotine into the

gular body

ashtray common A receptacle for to-

noun, sin- bacco ashes and

gular cigarettes and cigars

cut down principle reduce he amount taken

verb, or used

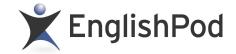
present simple

### **Supplementary Vocabulary**

drag common smoking a cigarette

noun, sin- once, a puff, share a

gular cigar with someone



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tar common

> noun, gular

sin-

A solid, sticky subthat remains stance when tobacco is

It accumuburned. lates in the lungs of smokers and is consid-

ered carcinogenic.

lighter A mechanical common

> noun, sin-

gular

device for lighting a cigarette,

cigar, or pipe.

match a thin strip of wood or common

> noun, sin-

gular

cardboard tipped with a chemical that ignites when scraped against a rough or specially

treated surface

stogie informal of saying common

> noun, sin-

qular

cigarette

butt the end of the cigarette common

> noun, sin-

gular

which contains the filter and is placed in the

mouth to smoke