

**Daily Life - Baking A Cake** (C0341)

A: Ok, so are you ready to learn how to bake a cake?

B: Almost, let me just put my apron on.

A: Ok, so the first thing we are going to do is pre-heat the oven, that way we have it at the desired temperature once we finish preparing everything. Set it to three hundred and seventy five degrees Fahrenheit.

B: Got it.

A: No we are gonna make the batter. Take some butter and sugar and mix it lightly until you have a nice consistency. Then add some vanilla extract and eggs and continue mixing.

B: Do I have to use a whisk or can I use the electric mixer?

A: Go ahead and use the mixer, but put it on medium speed. I'm gonna sift the flour and baking powder separately and then we can mix it with milk and the rest of the ingredients.

B: Ok, so now we need a baking pan right?

A: Yeah, but grease and flour it first so the cake won't stick to it when it bakes.

B: Done. So how long do we bake it for?

A: We can leave it in there for about twenty five minutes. Then we let it cool for ten minutes before we remove the cake from the pan.

B: Wow! This was a lot easier than I thought!

### Key Vocabulary

bake

bake

apron

apron

preheat

preheat

desired

desired

consistency

consistency

sift

sift

grease

grease

**Global View - At The Library** (C0342)

A: Wow! Look at all these books! I bet I can find a book about anything here!

B: Shhh!! Please keep your voice down. There are people reading and studying here.

A: Ok, I'm sorry. Are you the librarian? Maybe you can help me, I am looking for a book.

B: Yes I am. You can check our online catalog to search the book you want based on the genre, title or if you know the author, I can point you towards the right direction.

A: I am looking for a book that has nursery rhymes.

B: That would be in our children's section. That book shelf there on the right.

A: Ok, I would like to check out these books.

B: Do you have a library card?

A: No. How do I get one?

B: I just need to see your drivers license or utility bill to prove that you a resident of this state.

A: Here you go.

B: So you are all set. You can have these books for two weeks. If you need to have them longer, you can bring them here to renew them. If you don't, you get charged ten cents a day for each book.

A: Ok, thanks!

### Key Vocabulary

librarian	<i>N</i>	a person trained in library science and engaged in library service.
author	<i>N</i>	composer of a literary work, such as a novel or poem.
section	<i>N</i>	a distinct part or subdivision of anything

check out	<i>P</i>	to borrow (an item) by having it listed as one's temporary responsibility
renew	<i>V</i>	to cause something to continue to be effective
catalog	<i>N</i>	a complete, usually alphabetical list of items, often with notes giving details
genre	<i>N</i>	a certain type or style.

### Supplementary Vocabulary

fiction	<i>N</i>	the class of literature comprising works of imaginative narration, esp. in prose form.
non-fiction	<i>N</i>	dealing with or offering opinions or conjectures upon facts and reality, including biography, history, and the essay

science  
fiction

*N*

form of fiction that  
draws imaginatively  
on scientific knowledge  
and speculation in its  
plot, setting, theme

**Daily Life - Seafood Dinner** (C0343)

- A: This is such a nice restaurant! I feel so classy!
- B: Yeah, it's a little bit pricey, but they serve the best seafood in town.
- C: May I Take your order?
- B: Yes, I would like some marinated grilled shrimp for starters and I'll also have the lobster.
- C: Excellent choice sir. And for you madame?
- B: I would like the baked oysters and the seafood platter.
- C: Very good madame.
- B: That seafood platter sounds good. Excuse me, what does the platter have?
- C: It's a great combination of clams, scallops, squid mussels, calamari and fillets of salmon and tuna. It comes with a side of butter sauce and french fries.

B: That sounds great! Cancel the lobster and give me one of the same please.

C: Very well sir. Anything to drink?

A: Can we get a bottle of your house white wine please?

C: Superb choice. I will be back shortly with the wine.

### Key Vocabulary

class	<i>A</i>	high class
pricey	<i>A</i>	expensive
marinated	<i>N</i>	To leave something to be soaked in a sauce for its flavour
starter	<i>N</i>	as the first step or part
platter	<i>N</i>	a course of a meal, usually consisting of a variety of foods served on the same plate.



clams	<i>N</i>	Edible sea creature that buries it self in the sand.
scallops	<i>N</i>	Edible sea creature similar to oysters that move in the water by opening and closing their shell.
squid	<i>N</i>	a sea creature having a having a torpedo-shaped body
mussels	<i>N</i>	Edible sea creature that attaches it to something such as a rock
calamari	<i>N</i>	cooked squid cut into rings.

### Supplementary Vocabulary

eel	<i>N</i>	a creature with a long snakelike body, a smooth slimy skin
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sushi	<i>N</i>	cold boiled rice moistened with rice vinegar, usually shaped into bite-size pieces and topped with raw seafood
dodgy	<i>A</i>	something not good
crab	<i>N</i>	A hard shelled sea creature

**Global View - Booking A Hotel Room** (C0344)

- A: Madison Suites, how may I help you?
- B: Yes, I'm calling from Mexico. I will be in town next week and would like to know if you have availability.
- B: OK ma'am, can you tell me the date you expect to check in?
- A: Yes, July ninth. I will be there for seven nights.
- B: We have a junior single suite or a superior double suite available for those dates.
- A: What's the difference?
- B: The junior suite is smaller and has one twin bed, while the superior suite has a double bed and mini-bar.
- A: OK, I would like to reserve the superior suite. Is breakfast included?
- B: Yes, a buffet breakfast is served every morning. I will need your name and your credit card details in order to complete the reservation.

A: Sure, my credit card number is...

### Key Vocabulary

buffet	<i>N</i>	a meal laid out on a table or sideboard so that guests may serve themselves
reservation	<i>N</i>	an arrangement to secure accommodations at a restaurant or hotel
availability	<i>N</i>	the quality of being at hand when needed
check in	<i>V</i>	confirm details at front desk
superior	<i>A</i>	better than others
suite	<i>N</i>	a connected series of rooms to be used together
reserve	<i>V</i>	to keep back or save for future use

### Supplementary Vocabulary

room service	<i>N</i>	Food and beverages served to a guest in his or her hotel room.
concierge	<i>N</i>	some one who han- dles luggage and mail, makes reservations, and arranges tours
maid	<i>N</i>	A woman servant em- ployed in cleaning.
chauffeur	<i>N</i>	To serve as a driver for another person

**Daily Life - Working Out** (C0345)

A: Do you want to go catch a movie tonight?

B: I can't, I have to go to the gym.

A: Come on! You can go tomorrow, just skip it today. It's not as if you are gonna get in trouble!

B: Actually I will! I am working out with a personal trainer that gets on my case if I don't go. I like it, because it makes me feel more obligated to go and get healthy.

A: That's cool, does your personal trainer basically teach you how to work out?

B: Yeah. He makes a workout plan depending on the areas I want to work on, or the muscles I want to build. Like for example in order to get better muscle tone in my abs, pecs and biceps, he makes me work out with free weights. Then for my quads, calves and hamstrings, I do leg lifts or squats.

A: Sounds like you are really getting in shape!

**Key Vocabulary**

gym	<i>N</i>	a place where you go to exercise
personal trainer	<i>A</i>	professional who educates people about physical fitness.
case	<i>N</i>	argument
obligate	<i>V</i>	do something because you feel it is the right thing to do
to work out	<i>V</i>	to find a solution or create a plan by thinking
muscle	<i>N</i>	tissue composed of fibers capable of contracting to effect bodily movement
muscle tone	<i>N</i>	strength or firmness of muscles and skin
abdominals	<i>N</i>	muscles of the front area of the stomach
pectoral	<i>N</i>	the chest or breast area

bicep	<i>N</i>	a large muscle at the front of the upper arm
hamstring	<i>N</i>	Any of the tendons at the rear of the human knee
squat	<i>N</i>	A lift or a weightlifting exercise in which one squats and stands while holding a weighted barbell supported by the back of the shoulders

### Supplementary Vocabulary

steroids	<i>N</i>	compounds that help to grow muscles at a fast rate and help in recovery.
deadlift	<i>N</i>	A lift in which one pulls a bar from the ground to the waist.
bodybuilder	<i>N</i>	a person who practices bodybuilding.



locker  
room

*N*

oom containing lockers, as in a gymnasium, factory, or school, for changing clothes and for the storage and safe-keeping of personal belongings.

**Global View - All About Wines** (C0346)

Salesperson: Hello there, welcome to Wine World. Let me know if I can help you out at all.

Customer: Um, yes, please, I could really use some help. I'm going over to my boss' house for dinner tonight and don't know what kind of wine I should bring.

Salesperson: OK, do you know what kind of food will be served?

Customer: Well, his wife is Japanese. He said she makes really good sushi.

Salesperson: Hmm, that's a bit of a challenge. Sushi is notoriously difficult to pair with wine. Well, let's see. have to be a white wine, of course.

Customer: Why? Wouldn't a red wine go well with sushi?

Salesperson: No, I don't think so. Sushi is a very delicately flavored food, and red wine would be a jarring contrast. You need a white wine, which has more subtle flavors, to complement the fish.

Customer: I see. So should I get a bottle of Chardonnay? That's a white wine, right?

Salesperson: Yes, Chardonnay is a white wine, but I'm not sure it'd be your best bet. Chardonnay is one of the more full-bodied whites, and tends to be a bit oaky. I'd suggest that you go for something brighter, like this Sauvignon Blanc from New Zealand.

Customer: Sauvignon Blanc? What's that?

Salesperson: That's another varietal, or type of grape, just like Chardonnay.

Customer: Let's see. The label says it's got "attractive citrus and grassy aromas that give way to crisp, mineral flavors and a bone-dry finish. Serve chilled." Oh, no, how long will it take to chill the wine? I'm on my way to the dinner now.

Salesperson: It's OK, don't worry, we'll just choose a wine from the cooler. We don't have quite as extensive a selection over here, but...this Rhone Valley white would be lovely.

Customer: All right. What varietal is that?

Salesperson: Well, this is a French wine, so they don't always specify the varietal on the label. The French believe that the soil a grape is grown in is one of the most important factors in the final flavor of the wine. This wine is probably a blend of a few different types of grapes, mostly Viognier, I'd guess.

Customer: And you think this is a good wine?

Salesperson: Yes, this is one of our best-sellers. It's not quite as dry as the Sauvignon Blanc we were looking at earlier, which means it's more approachable. It's light and crisp, with a bit of a vanilla aroma.

Customer: Perfect! I'll take it!

## Key Vocabulary

notoriously	<i>A</i>	publicly or generally known, as for a particular trait
aroma	<i>N</i>	the way something smells
crisp	<i>A</i>	invigorating
bone-dry	<i>A</i>	no moisture, dry
subtle	<i>A</i>	Fine or delicate

### Supplementary Vocabulary

chardonnay	<i>N</i>	a dry white wine made from this grape
grape vine	<i>N</i>	A vine on which grapes grow.
acidity	<i>N</i>	The state, quality, or degree of being acid.
zesty	<i>A</i>	affecting the organs of taste or smell with a strong and often harsh sensation

sharp

*A*

quick, acute, or penetrating

**Global View - Immigration and Customs** (C0347)

A: Good afternoon, passport and arrival card please.

B: Here you are.

A: Where are you coming from?

B: China.

A: Is this your country of birth or residence.

B: I just work there.

A: What is the purpose of your visit to the United States?

B: I'm here on vacation.

A: How long do you plan to stay in the United States?

B: Almost three weeks.

A: Sir, you didn't fill out the information on your arrival card of where you will be staying.

B: Oh, I'm sorry, but there are a couple of different places I will travel to within the United States, so I wasn't sure what to put.

A: You must specify an address of the place where you will spend most of your time.

B: Ok, here you are.

A: Do you have enough means to support yourself while you are here?

B: Yes. I have some travellers cheques and two credit cards.

A: Very good. Do you have anything to declare?

B: Nope. I only have my clothes and camera!

A: Very well sir, welcome to the United States, enjoy your visit.

### Key Vocabulary



passport	<i>N</i>	A form of identification that allows someone to travel.
arrival	<i>N</i>	n act of arriving; a coming
residence	<i>N</i>	the place, esp. the house, in which a person lives or resides; dwelling place; home
traveller	<i>N</i>	a person or thing that travels.
declare	<i>V</i>	to state something officially
purpose	<i>N</i>	reason for doing something
vacation	<i>P</i>	have holidays

### Supplementary Vocabulary

metal detector	<i>N</i>	an electronic device for detecting the presence of metal objects
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luggage	<i>N</i>	baggage such as suit cases and personal belongings.
Terroist	<i>N</i>	a person, usually a member of a group, who uses or advocates terrorism.
body scanner	<i>N</i>	a device that virtually strip searches a person in order to look for hidden objects without physically removing clothes or making physical contact

## The Weekend - Talking About Skincare (C0348)

A: You want to go get a facial with me today?

B: Dude, what are you talking about? Only girls do that.

A: Not at all, guys also get facials, manicures and pedicures. There is nothing wrong with looking after your skin and looking good.

B: True. So what do they do to you at your beauty spa?

A: Well, first they exfoliate my face, getting rid of all the dead skin. Then I get a face mask with nutrients that keep my skin healthy and young. Afterwards, they apply some moisturizer and you leave feeling like a million bucks.

B: That doesn't really sound like something I would be interested in. In any case, I just wash my face every night and use sunscreen during the day.

A: Well you should come with me one day, I'm sure you'll love it.

B: Uh... no.

## Key Vocabulary

facial	<i>N</i>	a treatment to beautify the face.
manicure	<i>N</i>	a cosmetic treatment of the hands and fingernails, including trimming and polishing of the nails.
pedicure	<i>N</i>	professional care and treatment of the feet
spa	<i>N</i>	a luxurious resort or resort hotel.
exfoliate	<i>N</i>	to remove the surface of. such as skin and dirt
sunscreen	<i>N</i>	a substance formulated to prevent sunburn, skin cancers, and other conditions caused by excessive exposure to the sun

## Supplementary Vocabulary

massage	<i>N</i>	the act or art of treating the body by rubbing, kneading, patting
tranquil	<i>A</i>	free from commotion or tumult; peaceful; quiet
sunburn	<i>N</i>	inflammation of the skin caused by overexposure to the sun or a sunlamp.
tan	<i>N</i>	A brown color on the skin caused by the rays of the sun

**Global View - Chinese Medicine** (C0349)

A: What's wrong?

B: I have a headache. These past few days I've been living off painkillers. Man, I feel like my head is going to explode.

A: You should get acupuncture treatment. My mom was always having headache issues and it was acupuncture that cured her.

B: The results are too slow. On top of that, just the thought of smoking needles poking into my flesh frightens me.

A: They don't just randomly stick you, they find your pressure points. The heat allows the body to immediately respond to the treatment, restoring the body's "chi".

B: But I get scared the moment I see a needle. How could I stand having needles in my body for hours on end?

- A: The needles are very thin, and as long as the doctor's technique is good, and the patient himself is relaxed, it won't hurt—on the contrary it will actually alleviate pain. Now there are high-tech needles that are micro thin; they don't hurt at all. However, if you are really scared of acupuncture, scraping or cupping are also options.
- B: Scraping is too terrifying. When they finish scraping, your body is all red, as if you were just tortured. Cupping is the same, your body ends up with red circles all over it—looks like someone beat you up.
- A: This only signifies that the toxins have left the body. Actually, there is only discomfort during the treatment process. Once it's over you feel very comfortable.
- B: Chinese medicine is strange. The patients are already ill, and then the doctor makes them suffer more.
- A: This is the only way to get at the problem. Anyway, if you want to relieve the pain, You are just going to have to be tough and do it.

B: Forget it. I don't want to inflict any more pain on myself. In a little while I'll go and buy some more painkillers and take a nap.

### Key Vocabulary

acupuncture	<i>N</i>	Chinese Medical practice or procedure that treats illness or provides local anesthesia by the insertion of needles at specified sites of the body.
pressure point	<i>N</i>	a point on the skin that is extremely sensitive to pressure because of the presence of pressure-sensing organs.
treatment	<i>N</i>	an act or manner of treating.
needle	<i>N</i>	a small, slender, rod-like instrument, usually of polished steel, with a sharp point at one end



cupping	<i>V</i>	the process of drawing blood from the body and the application of a cupping glass
flesh	<i>N</i>	the soft substance of a human or other animal body, consisting of muscle and fat.
painkiller	<i>N</i>	a drug, treatment, or anything else that relieves pain

### Supplementary Vocabulary

meditation	<i>N</i>	devout religious contemplation or spiritual introspection.
tai chi	<i>N</i>	a meditative exercise, characterized by slow circular and stretching movements and positions of bodily balance.
herb	<i>N</i>	a plant when valued for its medicinal properties

incense

*N*

the perfume or smoke  
arising from a sub-  
stance when burned

**Daily Life - Talking About Relatives** (C0350)

A: What are you doing this weekend?

B: My brother in law is having a small get together at his house and he invited me.

A: Is it a family thing or just friends?

B: A bit of both. Some cousins, aunts and uncles will be there, but also some friends from the neighborhood.

A: Is your great uncle Rick going to be there? He is really funny.

B: Yeah he is going to be there with his step-son and his ex-wife.

A: You mean your sister?

B: No, Rick is actually my great uncle, so he is my grandmother's brother.

A: You lost me.

B: I'll explain later, let's go.

### Key Vocabulary

brother	<i>N</i>	a male sibling
uncle	<i>N</i>	a brother of one's father or mother.
cousin	<i>N</i>	the son or daughter of an uncle or aunt.
aunt	<i>N</i>	the sister of one's father or mother.
step son	<i>N</i>	a son of one's husband or wife by a previous marriage.
ex-wife	<i>N</i>	a woman who was formerly a particular man's wife

### Supplementary Vocabulary

Niece	<i>N</i>	a daughter of a person's brother or sister.
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family re-union	<i>N</i>	a gathering of relatives, friends, or associates at regular intervals or after separation
biological	<i>N</i>	Being of the same genes and blood as another family member
adopted	<i>N</i>	to take and rear (the child of other parents) as one's own child.