

Daily Life - Fast Food (C0361)

- A: I'm hungry, let's order up something to eat.
- B: Ok, maybe we can order a soup and a salad from the restaurant down the street.
- A: I was thinking of getting a hamburger, fries and a chocolate sundae.
- B: You eat too much junk food. That sort of stuff clogs up your arteries and is very high in cholesterol.
- A: Well I never seem to gain weight so I don't mind.
- B: It's not only about getting fat or not, it's about being healthy. You could really have some health problems later on.
- A: How about pizza or maybe some fried chicken! Better yet, let's order some hot dogs!
- B: You are a lost cause.

Key Vocabulary

salad	<i>N</i>	mixed vegetables served cold
french fries	<i>N</i>	deep fried strips of potato
hamburger	<i>N</i>	a type of sandwich with a beef patty
junk food	<i>N</i>	food that is not healthy
clog	<i>V</i>	to block or get in the way of something
cholesterol	<i>N</i>	a fatty substance found in animal tissue
how about	<i>P</i>	what do you think
pizza	<i>N</i>	bread with tomato sauce and cheese on top
fried chicken	<i>N</i>	chicken pieces cooked in hot oil
hot dog	<i>N</i>	a food with bread and a sausage in the middle

lost cause	<i>N</i>	a useless or hopeless situation
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Supplementary Vocabulary

tofu	<i>N</i>	A protein-rich food coagulated from an extract of soybeans and used in salads and various cooked foods.
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MSG	<i>N</i>	a flavor enhancer used in food
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greasy	<i>A</i>	Having a lot of grease or oil
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Take out	<i>P</i>	Taking food away or having it delivered,
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doggy bag	<i>N</i>	a bag or box used to take left over food home from a restaurant
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Daily Life - What Mood Are You In? (C0362)

A: Are you ok? You seem a bit anxious.

B: Yeah I'm OK, I have been having a lot of mood swings lately. I think it has to do with the pills my doctor prescribed that are causing chaos on my hormones.

A: So you mean you feel ecstatic one minute and then blue the next?

B: Yeah, it's weird. For example just this morning I was feeling detached and lonely, even though there was really no reason to feel that way.

A: Well, maybe your mood will swing positively and you will feel confident, brave and hopeful!

B: I hope you are right.

Key Vocabulary

anxious	<i>A</i>	worried or nervous of what may happen
mood swing	<i>N</i>	rapid or successive change of your mood

ecstatic	<i>A</i>	feeling very excited or happy
blue	<i>A</i>	feeling sad, depressed
detached	<i>A</i>	feeling of showing lack of emotional involvement
lonely	<i>A</i>	sad from being apart from other people
confident	<i>A</i>	assurance: freedom from doubt
brave	<i>A</i>	Not feeling any fear

Supplementary Vocabulary

maniac depressive	<i>N</i>	suffering from a disorder characterized by alternating mania and depression
anxiety	<i>N</i>	An abnormal sense of fear, nervousness, and apprehension
self esteem	<i>N</i>	Personal feelings or opinions of oneself

emotional	A	determined or actuated by emotion rather than reason
overwhelming	A	overpowering in effect or force

Daily Life - Living With Your Parents (C0363)

- A: Why did your girlfriend break up with you?
- B: I don't know, she said she was tired of me not manning up and being more independent, which I think is all a bunch of crap.
- A: Well, you still live with your parents, so she does have a point.
- B: What do you mean? Lots of people live with their parents, especially when rent is so expensive and the slump in the economy.
- A: Yeah, but you are almost forty! Plus, you make good money so there is really no excuse. It's simply because you are a momma's boy.
- B: Whatever dude, I have everything I need, why would I move out! Have a great roof over my head, my mom does my laundry and cooks for me, what else could a guy ask for!
- A: Let's agree to disagree.

Key Vocabulary

girlfriend	<i>N</i>	a female romantic partner
break up	<i>P</i>	end a romantic relationship
man up	<i>P</i>	take responsibility for your actions
crap	<i>N</i>	an unpolite way of saying something is foolish
momma's boy	<i>N</i>	A grown male still dependent on his mother
move out	<i>V</i>	change the place where you live, leave a house

Supplementary Vocabulary

wimp	<i>N</i>	a weak, cowardly, or ineffectual person
pamper	<i>V</i>	To treat with excessive care, attention or indulgence
Mooch	<i>N</i>	someone that tries to get something free

immature	<i>A</i>	characteristic of a lack of maturity
needy	<i>A</i>	demanding or needing attention, affection, or reassurance to an excessive degree

Daily Life - Hiring Help (C0364)

A: Can you help me write a newspaper ad?

B: Sure, what are you looking to buy or sell?

A: Actually, I want to hire someone to help me around the house.

B: Oh, you want to get a maid?

A: Well, I think it's better if you call her a cleaning lady or domestic help.

B: Ok, so what do you wanther to do?

A: Well, let's see. I wanther to come in three times a week for a couple of hours to clean the kitchen, bathroom and maybe do some cooking.

B: Got it. And how much do you offer per month?

A: I would pay her hourly, I don't know what the going rate is though.

B: I know for sure it's more than minimum wage but maybe you should just negotiate with the person that answers the ad.

A: Great! Thanks for your help!

Key Vocabulary

ad	<i>N</i>	and advertisement or advert
hire	<i>V</i>	to give work
maid	<i>N</i>	a female who's job is to clean and cook
cleaning lady	<i>V</i>	a person that is hired to clean, a maid
domestic help	<i>N</i>	a servant who is paid to perform tasks around the
hourly	<i>R</i>	per hour
going rate	<i>N</i>	the current price or fee of something

negotiate	<i>V</i>	discuss and reach a mutual deal
minimum wage	<i>N</i>	the lowest legal salary a person can earn

Supplementary Vocabulary

servant	<i>N</i>	One who is privately employed to perform domestic services.
cook	<i>N</i>	A person who prepares food for eating.
gardener	<i>N</i>	One who works in or tends a garden for pleasure or hire.
plumber	<i>N</i>	One that installs and repairs pipes and plumbing.
electrician	<i>N</i>	a person whose occupation is the installation, maintenance, and repair of electrical devices

Daily Life - Household Chores (C0365)

A: Kevin, what is this mess? It looks like a pigsty in here! Clean this up!

B: Ok dad, I will do it in a minute, let me just finish this level of this game.

A: No, I said now! Plus, you are grounded, you're not allowed to play video games. I want you to make your bed, do the laundry and then come downstairs and sweep the floors.

B: That's so unfair!

A: You have to pull your weight around here young man. My house, my rules.

B: But I already mopped the floors, dusted the furniture and vacuumed the rugs!

A: That's great, but you still have work to do, so get to it.

Key Vocabulary

mess

N

disorder

grounded	<i>A</i>	to be punished and not allowed to go outside
sweep	<i>s</i>	to clean the floor with a broom or brush
pull your weight	<i>N</i>	to help or collaborate in the household
dust	<i>V</i>	to remove dust and dirt
mop	<i>V</i>	to clean the floor with water and a mop
vacuum	<i>V</i>	to use an electric device to suction dust and dirt

Supplementary Vocabulary

wax	<i>V</i>	to put a greasy substance on a surface to make it shiny
polish	<i>V</i>	To make smooth and shiny by rubbing or chemical action.
take out the trash	<i>V</i>	action of taking the trash outside to be collected

do the dishes *V*

to wash the dishes

iron *V*

action of using a hot
flat surface to remove
wrinkles from clothes