

**Global View - Vegan Or Vegetarian?** (C0296)

A: Hey Julie, you want to go grab something to eat?

B: Sure! What do you feel like having?

A: I really feel like having a big juicy steak!

B: Oh. ok. I don't eat meat, but that's fine, I am sure wherever we are going they will have other options right?

A: I didn't know you were a vegetarian!

B: I'm not, I am a vegan.

A: A what?

B: A vegan. I don't eat or use any animal based products. I don't wear leather, eat eggs, drink milk or anything that comes from an animal. I used to be a pescatarian before, which basically means you don't eat meat, but still have fish and seafood.

A: Wow! That's interesting! It must be tough!

B: It's a bit difficult to find vegetarian friendly restaurants sometimes, but since more and more people are vegetarians or vegans nowadays, it's getting a bit less difficult.

### Key Vocabulary

feel like	<i>P</i>	have an inclination or desire for
steak	<i>N</i>	piece of cow meat
vegetarian	<i>N</i>	a person who does not eat meat or fish
vegan	<i>N</i>	a person who does not eat or use animal products
leather	<i>A</i>	made with animal skin that is chemically treated
come from	<i>P</i>	originates from
more and more	<i>P</i>	continuing to become larger in number

### Supplementary Vocabulary

vegetable	<i>N</i>	kind of food that is not meat
meat	<i>N</i>	kind of food that is not a vegetable
milk	<i>N</i>	substance coming from a cow
hippie	<i>N</i>	a person whose behavior, dress, etc, implied a rejection of conventional values