



BEYOND
CONVER
-SATION

W / ERIC GUGUA

12 TOPICS TO CHANGE YOUR LIFE

JANUARY
31ST

CRITICISM, REJECTION, AND THE WEIGHT OF PUBLIC OPINION.

FEBRUARY
28TH

GROWING FROM NOTHING!
(THE SCIENCE OF SELF-RELIANCE)

MARCH
28TH

POWER, INFLUENCE AND PERSUASION.
(HOW TO GET WHAT YOU NEED OUT OF SYSTEMS.)

APRIL
25TH

WHY AM I HERE?
(THE ARCHITECTURE OF MEANING.)

MAY
30TH

WHERE DOES GOD FIT?
(THE BURDEN OF FAITH AND RESPONSIBILITY)

JUNE
27TH

THE STRATEGY OF CAREER CHOICE
(CHOOSING A PATH OUTSIDE PRESSURE OR HYPE)

JULY
29TH

THE LADDER NORTH
(GROWING PAST ADDICTIONS AND FAILURE)

AUGUST
29TH

LEARNING HOW TO LEARN
(THE ART OF MASTERY AND ADAPTABILITY.)

SEPTEMBER
26TH

THE ECONOMICS OF TIME
(TIME MANAGEMENT AND PRIORITY SETTING.)

OCTOBER
31ST

NAVIGATING LIFE SEASONS AND TRANSITIONS.
(HOW TO HANDLE UNCERTAINTY)

NOVEMBER
28TH

THE FOUNDATIONS OF INNER STABILITY
(SURVIVING A MENTAL HEALTH STORM)

DECEMBER
26TH

THINKING LONG-TERM IN A SHORT-TERM WORLD
(A CASE FOR LONG-TERM STRUCTURE)