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| October |  |

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| /Users/briannafritsch/Desktop/WJFNijoJGh7y.jpg |
| |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | Sunday | | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | |  |  | 8:00Am – Vinyasa  7:00pm- Vinyasa |  | Kundalini Yoga- 7:00am |  | Restorative Yoga -9:00am  Yin Yoga- 5:00pm | | 8 | 9 | 10 | 11 | 12 | 13 | 14 | | Power Flow 8:00am |  | 8:00Am – Vinyasa  7:00pm- Vinyasa |  | Kundalini Yoga- 7:00am |  | Restorative Yoga -9:00am  Yin Yoga- 5:00pm | | 15 | 16 | 17 | 18 | 19 | 20 | 21 | | Power Flow 8:00am |  | 8:00Am – Vinyasa  7:00pm- Vinyasa |  | Kundalini Yoga- 7:00am |  | Restorative Yoga -9:00am  Yin Yoga- 5:00pm | | 22 | 23 | 24 | 25 | 26 | 27 | 28 | | Power Flow 8:00am |  | 8:00Am – Vinyasa  7:00pm- Vinyasa8:00Am – Vinyasa  7:00pm- Vinyasa |  | Kundalini Yoga- 7:00am |  | Restorative Yoga -9:00am  Yin Yoga- 5:00pm | | 29 | 30 | 31 |  |  |  |  | | Power Flow 8:00am |  |  | \*Please remember to book your class early as they fill up quickly! |  |  |  | |  |  |  |  |  |  |  | |  |  |  |  |  |  |  | |