```
def count_words(text):
    if not text.strip(): # Check if input is empty or only whitespace
        return 0
    words = text.split() # Split the text into words based on spaces
    return len(words) # Return the count of words

def main():
    user_input = input("Enter a sentence or paragraph: ") # Prompt the user for input
    word_count = count_words(user_input) # Call the count_words function
    print("Word count:", word_count) # Print the word count

if _name_ == "_main_":
    main()
```