Once we find the stock or index and have made our bias on trend, we have start looking for a low risk entry.

Why low risk, because of 3 very important reason

- One single trade should not take the hard earned profit of last 2-3 trades
- I need to survive to see the next day. If I am risking big part of capital, series on losses can destroy my capital and destroy my confidence to get up again and start trading
- No strategy is 100% accurate, so we never know when the loss will come. But by keeping it small, our mind will remain calm and we can focus on next trading opportunity.

There are four Strategy ES

- CBO = Contraction breakout
- Momentum spike
- 3 FMR = Fake move reversal

We will discuss on these in detail in upcoming videos



So CBO means Contraction Breakout and it is the one of the entry setup we can use to initiate a trade that means enter in a trade.

As the name suggest we are looking at the contraction that is price is confined in a narrow range. And once the range is broken, we can see a strong one direction move.



MS means momentum spike. That is price was moving with small steps (candles) and suddenly there is big move in the price in a single candle showing that someone is highly aggressive in buying.





SP means stoploss placement

Once we have found our trade, we have to see the risk involved with that trade.

Here we have 2 main goals

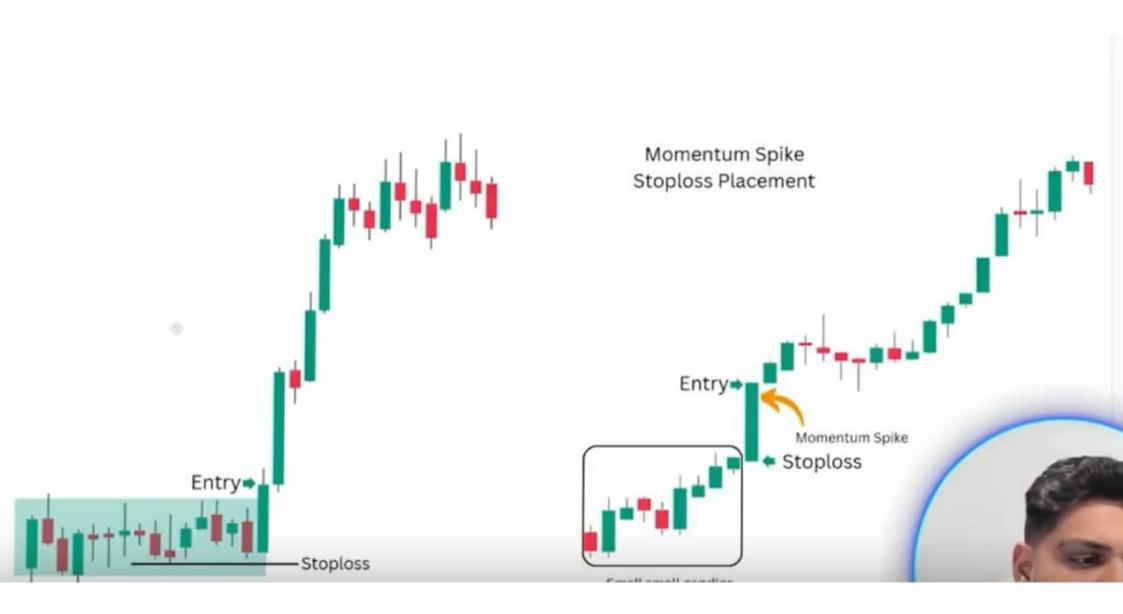
- Give sufficient space to trade so that we don't get kicked out by the market volatility
- Don't give so much space that we lose profits of 2-3 trades combined

Usually stoploss is placed at a level where our entry setup fails

If we have entered based on Momentum spike, then stoploss will the starting point of Momentum

If we have entered based of CBO, then the stoploss will be the low of the range.

If we have entered at a breakout, we have to put the stoploss at the previous swing low



In case of FMR, we use previous 4 candles high-low or previous swing High/low, whichever is smaller



TM means Trailing Method

See traders, in intraday market are very volatile due to every day expiry, so i usually exit trades when I see a significant movement has came in my direction. I don't wait for the trend to end for the exit.

But still there are some days when I use Trailing methods to maximize the profits. I don't use this everyday.

I only use Trailing when I see that all sectors and all majors stocks are trending, on such days when trend is clear, I try to ride the full trend and use Trailing methods to maximize my gains.

If speaking in terms %, out of 100 trades, I use trailing on only 20% of my trades.

I use 2 trailing methods:

- 1. SuperTrend reversal signal on ST(10,1) 5min tf
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