Apex Trigger:

```
Create an Apex Trigger:
trigger test on Tenant_c (before insert)
{
  if(trigger.isInsert && trigger.isBefore){
   testHandler.preventInsert(trigger.new);
 }
}
Create an Apex Handler class:
public class testHandler {
 public static void preventInsert(List<Tenant__c> newlist) {
   Set<Id> existingPropertyIds = new Set<Id>();
   for (Tenant_c existingTenant: [SELECT Id, Property_c FROM Tenant_c WHERE
Property_c != null]) {
     existingPropertyIds.add(existingTenant.Property_c);
   }
   for (Tenant_c newTenant : newlist) {
     if (newTenant.Property_c != null &&
existingPropertyIds.contains(newTenant.Property_c)) {
       newTenant.addError('A tenant can have only one property');
     }
   }
 }
}
```