

- ☐ B.EE
- ☐ B.ARCH
- ☐ EEE
- ☐ CIVIL

✓ 1. Who calculated the rotation of the earth with just 0.009 second difference from today's calculation without any modern tools? \*1/1

- ☐ a. Varahamihira
- ☐ b. Brahmagupta
- ☒ c. Aryabhatta
- ☐ d. Bhaskara



✓ 2. \_\_\_\_\_ gave the first rules for dealing with zero as a number? \* 1/1

- ☐ a. Bhaskara
- ☐ b. Aryabhatta
- ☐ c. Ganesh Daywanya
- ☒ d. Brahmagupta



✓ 3. The time taken by the light of the Sun to reach the earth is

\*1/1

- ☐ a. 6 minutes 16 seconds
- ☐ b. 7 minutes 17 seconds
- ☒ c. 8 minutes 18 seconds
- ☐ d. 9 minutes 19 seconds



✓ 4. According to the size, which of the following is the largest planet in the solar system? \*1/1

- ☐ a. Saturn
- ☒ b. Jupiter
- ☐ c. Mercury
- ☐ d. Neptune



✓ 5. \_\_\_\_\_ takes the shortest revolution in the solar system \*

1/1

- ☐ a. Earth
- ☐ b. Mars
- ☒ c. Mercury
- ☐ d. Venus



✗ 6. Indian astrology believes \_\_\_\_\_ as the basic of life. \*

0/1

- ☐ a. Planets
- ☐ b. Sun
- ☒ c. Stars
- ☐ d. Earth

✗

Correct answer

- ☒ b. Sun

✗ 7. What does the word Zodiac mean? \*

0/1

- ☒ a. Wisdom of time
- ☐ b. Journey
- ☐ c. Little animals
- ☐ d. Star watcher

✗

Correct answer

- ☒ c. Little animals



✓ 8. The different group of stars is known as \_\_\_\_\_ \* 1/1

- ☒ a. Constellations
- ☐ b. Celestial bodies
- ☐ c. Asteroids
- ☐ d. Comet



✓ 9. Which of the following is called 'Dwarf Planet'? \* 1/1

- ☐ a. Saturn
- ☐ b. Jupiter
- ☐ c. Mars
- ☒ d. Pluto



✓ 10. Which of the following planets is named after a Greek God, unlike others which are named after Roman Gods? \*1/1

- ☒ a. Uranus
- ☐ b. Neptune
- ☐ c. Jupiter
- ☐ d. Mercury



✗ 11. Which of the following planet is sometimes referred to as task master?

\*0/1

- ☐ a. Venus
- ☐ b. Mercury
- ☒ c. Saturn
- ☐ d. Jupiter

✗

Correct answer

- ☒ a. Venus

✓ 12. Who mentioned that reflected sunlight is the cause behind the shining of the Moon?

\*1/1

- ☐ a. Bhaskara
- ☒ b. Aryabhatta
- ☐ c. Lalla
- ☐ d. Brahmagupta

✓

✓ 13. \_\_\_\_\_ part of the Sun is visible at the time of eclipse \*

1/1

- ☐ a. Photosphere
- ☐ b. Chromosphere
- ☐ c. Endosphere
- ☒ d. Corona

✓



✗ 14. In Lunisolar Calendar, Length of every months is \_\_\_\_\_ \*

0/1

- ☐ a. 28 days
- ☐ b. 28.5 days
- ☒ c. 29 days
- ☐ d. 29.5 days

✗

Correct answer

- ☒ d. 29.5 days

✗ 15. Which one of the following is not a part of Indian astrology? \*

0/1

- ☒ a. Yoga
- ☐ b. Prayer
- ☐ c. Meditation
- ☐ d. Dreams

✗

Correct answer

- ☒ d. Dreams



✓ 16. Which of the following is the closest English translation of the Sanskrit word "Ayurveda"? \*1/1

- ☒ a) Science of life
- ☐ b) Water on the knee
- ☐ c) Wind in the trees
- ☐ d) Grain of wheat



✗ 17. Which of the following is an ancient Sanskrit spiritual text containing some of the earliest written references to the theory and practice of Ayurveda? \*0/1

- ☒ a) Rig Veda
- ☐ b) Ramayana
- ☐ c) Bhagavad-Gita
- ☐ d) Kama Sutra



Correct answer

- ☒ d) Kama Sutra



✓ 18. Ayurveda recognises five essential elements of nature. Air, earth, fire and water are four of them; which is the fifth element? \*1/1

- ☐ a) Metal
- ☒ b) Space
- ☐ c) Leeloo
- ☐ d) Oil



✓ 19. An ancient system of physical and mental training that involves controlled breathing, physical postures, meditation, and other practices designed to cultivate unity with the Absolute is \_\_\_\_\_. \*1/1

- ☐ a) aerobics
- ☐ b) pilates
- ☐ c) tai chi
- ☒ d) yoga



✓ 20. Which of the following is one of the Five Principles of Yoga by Sivanandi? \*1/1

- ☐ a) Bhakti
- ☐ b) Jnana
- ☒ c) Savasana
- ☐ d) Tantra





✓ 21. Which is the Sanskrit root (verb form) for the etymological derivation of the word "Yoga"? \*1/1

- ☒ a) Yuj
- ☐ b) Yuge
- ☐ c) Yug
- ☐ d) Yuje



✗ 22. Definition of Yoga according to Kathōpanishad is to control \*

0/1

- ☐ a) on mind
- ☐ b) on sense organs, mind and intellect
- ☒ c) on body and mind
- ☐ d) on sense organs and intellect



Correct answer

- ☒ b) on sense organs, mind and intellect



✗ 23. is the father of naturopathy. \*

0/1

- ☐ a) Thomas Allinson
- ☐ b) Louis Kuhne
- ☒ c) Benedict Lust
- ☐ d) John Scheel

✗

Correct answer

- ☒ a) Thomas Allinson

✗ 24. The term naturopathy was coined in 1895 by \_\_\_\_\_ \*

0/1

- ☒ a) Benedict Lust
- ☐ b) John Scheel
- ☐ c) Thomas Allinson
- ☐ d) Louis Kuhne

✗

Correct answer

- ☒ b) John Scheel



✓ 25. \_\_\_\_\_ is considered to be the father of modern medicine. \* 1/1

- ☐ a) Sri PremNath Deva
- ☐ b) Thomas Allinson
- ☒ c) Hippocrates
- ☐ d) Benedict Lust



✗ 26. The fourth humor, or fluid substance of the body is \_\_\_\_\_ \* 0/1

- ☐ a) urine
- ☐ b) sweat
- ☐ c) phlegm
- ☒ d) saliva



Correct answer

- ☒ b) sweat

✓ 27. How many UN member countries celebrated the International Day of Yoga? \*1/1

- ☐ a) 183
- ☐ b) 124
- ☐ c) 144
- ☒ d) 192



✓ 28. The principles and philosophies of naturopathy originated in \_\_\_\_\_ \*1/1

- ☐ a) China
- ☒ b) Germany
- ☐ c) USA
- ☐ d) Sri Lanka



✓ 29. The maiden International Day of Yoga was celebrated on \_\_\_\_\_. \* 1/1

- ☒ a) 21st June'15
- ☐ b) 20th June'15
- ☐ c) 22nd June'15
- ☐ d) 23rd June'15



✓ 30. The uniqueness of Siddha system is evident by its continuous service \*1/1  
to the humanity for more than \_\_\_\_\_ years.

- ☐ a) 3000
- ☐ b) 4000
- ☒ c) 5000
- ☐ d) 7000



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