

DOCTOR'S PRESCRIPTION=====Dr. Shankar Dada  
MBBSPatient Information:-----Name: wsaxzAge: 23Gender: MaleDate:  
4/9/2025Diagnosis:-----Primary Concerns: Hair thinningProblem Type: Only hair-  
related issuesHair Loss Stage: No noticeable hair lossDandruff: YesThinning/Bald  
Spots: asaPatient History:-----Past Medications: YesSide Effects: YesDuration of  
Hair Loss: 6 months - 1 yearLifestyle Habits: I smokeGenetic Factors: Yes, it runs in the  
familySleep Pattern: 3 - 5 hoursDigestive Issues: RarelyBowel Movements:  
NoRecommended Tests: YesTreatment Plan:-----1. Prescribed Medications: -  
Gummies - Take as directed - Sinibis - Take as directed - Minibis - Take as directed2.  
Lifestyle Recommendations: - Maintain a balanced diet rich in proteins and vitamins -  
Reduce stress through meditation or exercise - Avoid harsh hair treatments and  
excessive heat styling - Get adequate sleep (7-8 hours recommended)3. Follow-up  
Instructions: - Schedule a follow-up appointment in 3 months - Monitor for any side  
effects from medications - Take photos of hair condition monthly to track  
progressDoctor's Signature: \_\_\_\_\_Date: 4/9/2025