

DOCTOR'S PRESCRIPTION=====Dr. Shankar Dada
MBBSPatient Information:-----Name: Michael BrownAge: 31Gender:
FemaleDate: 4/9/2025Diagnosis:-----Primary Concerns: Hair thinningProblem Type:
Only hair-related issuesHair Loss Stage: Moderate hair loss (visible scalp)Dandruff:
YesThinning/Bald Spots: Not specifiedPatient History:-----Past Medications:
NoSide Effects: YesDuration of Hair Loss: 6 months - 1 yearLifestyle Habits: I
smokeGenetic Factors: Yes, it runs in the familySleep Pattern: Less than 3
hoursDigestive Issues: Yes, frequentlyBowel Movements: OccasionallyRecommended
Tests: YesTreatment Plan:-----1. Prescribed Medications: - Gummies - Take as
directed - Sinibis - Take as directed - Minibis - Take as directed2. Lifestyle
Recommendations: - Maintain a balanced diet rich in proteins and vitamins - Reduce
stress through meditation or exercise - Avoid harsh hair treatments and excessive
heat styling - Get adequate sleep (7-8 hours recommended)3. Follow-up Instructions:
- Schedule a follow-up appointment in 3 months - Monitor for any side effects from
medications - Take photos of hair condition monthly to track progressDoctor's
Signature: _____Date: 4/9/2025