Task 1: Bit Manipulation Basics

Create a function that counts the number of set bits (1s) in the binary representation of an integer. Extend this to count the total number of set bits in all integers from 1 to n.

```
public class CountSetBitsDemo {
static int countTotalSetBits(int n) {
        int count=0;
        for(int i=0;i<16;i++) {
                int blocksize=1<<(i+1);
                int fullBlocks=(n+1)/blocksize;
                count+=fullBlocks*(blocksize/2);
                int remainder=(n+1)%blocksize;
                if(remainder>blocksize/2) {
                         count+=remainder-(blocksize/2);
                }//if
        }//for
        return count;
}
public static int countSetBits(int n) {
        int count=0;
        while(n>0) {
                n&=(n-1);
                count++;
        }//while
        return count;
}//fun
public static void main(String[] args) {
        int n=5;
        int totalSetBits=countTotalSetBits(n);
        System.out.println("Total set bits from 1 to "+n+":"+totalSetBits);
```