try {

File sd = Environment.getExternalStorageDirectory();

File data = Environment.getDataDirectory();

if (sd.canWrite()) {

String currentDBPath = "/data/data/" + getPackageName() + "/databases/yourdatabasename";

String backupDBPath = "backupname.db";

File currentDB = new File(currentDBPath);

File backupDB = new File(sd, backupDBPath);

if (currentDB.exists()) {

FileChannel src = new FileInputStream(currentDB).getChannel();

FileChannel dst = new FileOutputStream(backupDB).getChannel();

dst.transferFrom(src, 0, src.size());

src.close();

dst.close();

}

}

} catch (Exception e) {}