



SHRI S. H. KELKAR COLLEGE OF ARTS COMMERCE AND SCIENCE, DEVTGAD

SEM. II EXAMINATION, OCTOBER 2023 – 2024

PROGRAMME NAME : FY. B. VOC HEALTH CARE

COURSE NAME: PRIMARY HEALTH CARE AND HYGIENE

CODE : USHC102 MAX. MARKS : 100

TIME : 08.30 AM TO 11.30 AM DURATION : 03 HRS

DATE : / / 2023

Please check whether you have got the question paper

N.B. 1. All questions are compulsory. Questions 2 to 6 Have as Internal Choice

2. Figures to the right indicate full marks.

Q. 1 (A) Multiple Choice Questions.

10 marks

1. The is an active organ with the function of protection, secretion, sensation, respiration, temperature regulation and excretion.

- a) heart b) Kidney c) skin d) lungs

2. For tepid bath water temperature should be.....

- a) 37° C/ 98.6 °F b) 38 °C/ 97.5° F c) 31 °C/ 98.6°F d) 43°C/ 109.4 °F

3. Girls typically start to menstruate during puberty or adolescence, typically between the age of to

- a) 12 to 18 b) 10 to 19 c) 7 to 16 d) None of these

4. The menstrual cycle is usually around Days.

- a) 28 b) 25 c) 30 d) 20

5. Unprotected sex possible increased risk of sexually transmitted infections such as Or

- a) HIV or Hepatitis B b) Fever or cold c) Fever or HIV d) None of these

6. Pressure sore is formed due to

- a) Good supply of blood b) depletion of blood supply c) impure supply of blood d) none of these

7.is a state of complete physical, mental and social well – being and not merely on absence of disease or infirmity.

- a) health b) disease c) mental health d) none of these

8. Ais defined as the process of providing the nursing care to patients at their doorsteps.

- a) health care visit b) visit c) hospital visit d) home visit

9.is a vehicle for carrying the materials and equipments needed during home visit to attend family school and family.

- a) Bag technique b) first aid technique c) equipment technique d) none of these

10.refers to the practices that help prevent the transmission of infection diseases and maintain the physical, mental and emotional well-being of individuals.

- a) personal hygiene b) environmental hygiene c) hospital hygiene d) none of these

(B) State whether following statements are true or false

05 marks

1. Physical health is achieved by the health diet, adequated rest and sleep and no smoking or alcohol intake.
2. Emotional health is closely related to physical health.
3. Health is determined by only one factor.
4. Home visit is defined as providing the services to family at their doorstep to maintain the health and to reduce the mortality and morbidity in family.
5. The primary purpose of personal hygiene is the spread of disease.

(C) Match the following pairs.

05 marks

Column A

Column B

i) Sponge Bath

a) Communicable disease

ii) Elleurage

b) Who are bed ridden or unable to bath

iii) Haemophilia

c) sexually transmitted infections

iv) HIV

d) smooth long stroke and moving hands up and down

v) Hepatitis B

e) genetic disesase



Q2. Answer any two of the following

15 marks

1. What is communicable disease and explain types of pathogens causes infection ?
2. Write note on following communicable diseases?
a) Rhinoviruses b) coronavirus c) influenza d) HIV
3. Explain the treatment for communicable disease ?

Q3. Answer any two of the following

15 marks

1. How to prevent non – communicable diseases?
2. What is genetic diseases and write note of following diseases ?
a) Haemophilia b) Thalassemia
3. Explain the role of nurses in health care services?

Q4. Answer any two of the following

15 marks

1. Explain the characteristics of healthy personality?
2. Explain Bag techniques and their purposes?
3. Explain the procedure used in bag techniques?

Q5. Answer any two of the following

15 marks

1. Explain the term menstruation?
2. Explain the following term related to individual ?
a) care of hands b) care of skin c) care of feet
3. How to give sponge bath to the patients?

Q6. Write any four of the following

20 marks

1. What are the cause of pressure sore?
2. What are the stages in formation of pressure ulcer?
3. Define health and its changing concept of health?
4. Explain the types of bath ?
5. Explain the following skin problems ?

a) Abrasion b) excessive dryness c) erythema

6. Explain the dimension of health?