

# Cinderella: Advanced Virtual Try-on

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## Abstract

001 *E-commerce platforms can generate virtual try-on images*  
002 *but cannot accurately represent garment fit variations (tight*  
003 *vs. loose) at the same detail fidelity required for purchase*  
004 *decisions. Our approach combines IDM-VTON’s dual-*  
005 *encoding architecture (IP-Adapter for semantics, Garment-*  
006 *Net for low-level details) with a novel size-conditioning*  
007 *module that learns garment-to-body dimensional ratios,*  
008 *producing per-image try-on results where an XL garment*  
009 *appears appropriately loose on a small frame. Fine-tuning*  
010 *a fashion-specific IP-Adapter and integrating spatial size*  
011 *guidance maps addresses the core challenge: preserving in-*  
012 *tricate garment patterns while respecting physical size con-*  
013 *straints. The deliverable includes a 2D try-on pipeline with*  
014 *optional multi-view 3D rendering, comprehensive evalua-*  
015 *tion metrics, and an interactive demo for real-world valida-*  
016 *tion. We propose a comprehensive virtual try-on addressing*  
017 *three aspects: detail preservation, size aware generation*  
018 *and 3D controllable rendering to address the critical limi-*  
019 *tations*

## 020 1. Introduction

021 When shoppers evaluate garments online, they face a crit-  
022 ical question that existing virtual try-on (VTON) systems  
023 fail to answer: *will this size actually fit me?* Current VTON  
024 methods excel at warping garments to body contours but ig-  
025 nore the fundamental relationship between garment dimen-  
026 sions and body proportions—an XL shirt renders identically  
027 fitted whether the model is petite or plus-size. This limita-  
028 tion stems from treating try-on purely as a texture trans-  
029 fer problem rather than a size-aware transformation task.  
030 Our goal is a learning-based system that generates authentic  
031 virtual try-on images with explicit size control, where gar-  
032 ment dimensions determine visual fit characteristics (drap-  
033 ing, tightness, coverage area). Each output explains how the  
034 size was determined through interpretable size maps and at-  
035 tention visualizations, enabling both automated sizing rec-  
036 ommendations and human verification.

## 2. Limits of Current Practice

Today’s VTON systems face three persistent challenges.  
**First, size blindness:** models like HR-VITON, VITON-  
HD, and even recent diffusion methods (LaDI-VTON, DCI-  
VTON, StableVITON) warp garments to fit target poses  
without considering whether a garment is XS or XXL—the  
same hoodie appears perfectly fitted on all body types.  
**Second, detail loss:** while GAN-based methods struggle  
with pattern preservation, diffusion models often blur lo-  
gos, text, and intricate designs when conditioning is insuffi-  
cient. **Third, lack of controllability:** users cannot specify  
“show me this in a size larger” without re-running with dif-  
ferent garment images. Prior work addresses detail (IDM-  
VTON’s GarmentNet) or size (COTTON’s landmark-based  
warping) separately, but no system combines both with dif-  
fusion model quality. This gap motivates our integrated de-  
sign.

## 3. Approach and Key Insight

We treat size-aware try-on as a multi-modal conditioning  
problem: garment appearance (preserved via dual encod-  
ing), body geometry (captured via DensePose and pose key-  
points), and size relationship (learned from garment-body  
dimension ratios). By injecting size information into at-  
tention mechanisms rather than relying solely on implicit  
warping, the model learns when to generate tight-fitting  
versus loose-draping results. Fine-tuning IP-Adapter on  
fashion-specific semantics (materials, styles, necklines) fur-  
ther ensures that “cotton t-shirt” differs meaningfully from  
“silk blouse” in rendered texture.

### 3.1. Data and Size Annotation Policy

**Base Datasets.** VITON-HD (11,647 pairs,  $1024 \times 768$ )  
for primary training; DressCode (multi-category) for cross-  
category generalization testing; DeepFashion2 (801K im-  
ages, 13 categories, 491K clothing items with bound-  
ing boxes, dense landmarks, and commercial consumer-  
to-shop pairs) for fashion-specific semantic understanding  
and landmark detection pre-training; custom In-the-Wild  
set (1,500+ pairs) with size annotations for size-aware eval-

uation. DeepFashion2’s rich annotations including clothing landmarks, scale, occlusion, zoom-in, viewpoint, and bounding boxes provide ideal training data for our 10-point garment landmark predictor and material/style classification components.

**Size Labeling.** We extract garment dimensions (shoulder width, torso/sleeve length) via 10-point CNN landmark predictor pre-trained on DeepFashion2 and fine-tuned on 500 VITON-HD samples, and body dimensions from pose keypoints (OpenPose/MediaPipe). Size ratio  $r = (\text{garment/body width, garment/body length})$  maps to discrete labels: tight ( $r < 0.9$ ), fitted ( $0.9 \leq r < 1.1$ ), loose ( $1.1 \leq r < 1.3$ ), oversized ( $r \geq 1.3$ ). 500 images manually verified in Label Studio; augmentation scales garments  $0.7\text{--}1.5\times$  to balance distribution.

### 3.2. Preprocessing

**Person Image Processing.** (1) Human parsing: SCHP/Graphonomy produces 20-class segmentation. (2) DensePose estimation: Detectron2 extracts UV body surface maps. (3) Pose keypoints: OpenPose provides an 18-point skeleton. (4) Agnostic mask: Remove original garment while preserving arms (to retain skin tone, tattoos, width). (5) Encoding: All inputs (masked person, DensePose, mask) passed through VAE encoder to latent space ( $128 \times 96 \times 4$ ).

**Garment Image Processing.** (1) Segmentation: SAM/U<sup>2</sup>-Net isolates garment from background. (2) Landmark detection: 10-point predictor (neck, shoulders, elbows, wrists, hips) trained on a curated set. (3) Caption generation: Fashion-specific CLIP tagger extracts: sleeve type, neckline, material, features  $\rightarrow$  Template: “A photo of [attributes]”. (4) Encoding: Garment latent ( $128 \times 96 \times 4$ ) + CLIP image features ( $257 \times 1280$ ).

### 3.3. Model Architecture and Training

**IDM-VTON Core (Base).** Our base architecture consists of three components: *TryonNet*, an SDXL Inpainting UNet with 13-channel input (noised latent + mask + masked person + DensePose); *GarmentNet*, a frozen SDXL UNet encoder extracting multi-scale garment features (low-level details: patterns, logos, textures); and *IP-Adapter*, combining frozen CLIP ViT-H/14 with trainable projection layers for high-level semantics (style, color, material).

**Size Module (Novel).** We introduce two novel components for size awareness: *Size Encoder*, an MLP mapping size ratio [width\_ratio, length\_ratio, sleeve\_ratio]  $\rightarrow$  768-dim embedding; and *Size Controller*, a CNN generating spatial size maps (per-pixel tight/loose guidance) from fused person + garment + size features.

**Size-Aware Attention.** We modify self/cross-attention layers to incorporate size information. *Self-attention* modulates token importance based on size maps (loose regions

attend more to garment structure), while *cross-attention* injects size embeddings alongside text/image features.

### 3.4. Training Protocol

**Stage 1: Base IDM-VTON.** We use pretrained TryonNet and fine-tune IP-Adapter projection on VITON-HD while freezing GarmentNet to preserve SDXL prior knowledge.

**Stage 2: IP-Adapter Fashion Fine-tuning (30 epochs).** We freeze TryonNet/GarmentNet and fine-tune IP-Adapter on 5,000 fashion images, adding custom attention processors with garment-specific gating.

**Stage 3: Size Module Training (50 epochs).** We freeze the base IDM-VTON and train the size encoder/controller using an augmented dataset with synthetic size variations. The loss function combines reconstruction, size consistency, and spatial alignment:  $\mathcal{L}_{\text{rec}} + 0.5 \cdot \mathcal{L}_{\text{size\_consistency}} + 0.3 \cdot \mathcal{L}_{\text{spatial}}$ .

**Stage 4: Joint Fine-tuning (30 epochs).** We unfreeze the TryonNet decoder, IP-Adapter, and size modules for end-to-end optimization with multi-objective loss:  $0.3 \cdot \mathcal{L}_{\text{idm}} + 0.25 \cdot \mathcal{L}_{\text{ip}} + 0.25 \cdot \mathcal{L}_{\text{size}} + 0.15 \cdot \mathcal{L}_{\text{detail}} + 0.05 \cdot \mathcal{L}_{\text{human}}$ .

**Stage 5: GS-VTON 3D (20 epochs, optional).** We optionally use 2D outputs as supervision for 3D Gaussian splatting scenes, optimizing Gaussian parameters (position, color, opacity) to match multi-view try-on results.

## 4. Implementation Details

**Hardware and Training Time.** Our system requires  $4\times$  A100 (80GB) or H100 GPUs with total training time of approximately 70 hours: Base (25h), IP-Adapter (15h), Size (20h), and Joint fine-tuning (10h).

**Development Timeline.** *Week 1:* Data curation (size annotations, landmark training), infrastructure setup, and baseline IDM-VTON implementation. *Week 2:* IP-Adapter fashion fine-tuning with custom processors and material classification. In parallel, size module development (encoder, controller, attention modifications) and integration testing. *Weeks 3–4:* Joint fine-tuning and ablation studies (w/o size, w/o IP-Adapter tuning, w/o GarmentNet). *Week 5:* Optional GS-VTON 3D extension and multi-view consistency. *Week 6:* Evaluation, user studies, and demo development (Streamlit interface).

## 5. Evaluation and Success Criteria

### 5.1. Mid-Term Evaluation

We evaluate our model on held-out validation scenes (DressCode + 200 In-the-Wild images) using three criteria:

**Detail Preservation.** We require LPIPS  $< 0.12$  compared to the IDM-VTON baseline ( $\approx 0.102$ ) to ensure our size-aware modifications do not degrade visual quality.

**Size Awareness Baseline.** We compare against two baselines: (a) IDM-VTON without size conditioning, and (b) a

Table 1. Quantitative evaluation metrics and targets. Our model aims to match or exceed the baseline IDM-VTON while introducing size awareness capabilities.

Metric	Target	Baseline (IDM-VTON)
LPIPS (Detail)	< 0.10	0.102
SSIM (Structure)	> 0.90	0.870
FID (Realism)	< 6.0	6.29
Size Accuracy	> 85%	NA
CLIP-I (Similarity)	> 0.90	0.883
DISTS	> 0.85	—
LPIPS-Clothing	< 0.08	—
LPIPS-Person	< 0.12	—
mIoU	> 0.75	—
FTS	> 0.80	—
Size Accuracy (Ratio)	> 85%	—

size-only heuristic that scales garments by dimension ratio and performs simple paste operations.

**Qualitative Attention Verification.** Using Grad-CAM visualization, we verify that attention mechanisms focus on garment boundaries rather than background for 90%+ of samples, as rated by two annotators on 100 patches.

## 5.2. Final Evaluation

**Quantitative Metrics.** We evaluate on a test set of 500 images using the following metrics:

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