

**2024**

# **CHALLENGE 0**

***Journey To Your Best  
Virtual Intern Program 2024***

- FROM NGOC BICH -





CHALLENGE 0

# AUTONOMY AT WORK

TOPIC 03

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# AUTONOMY AT WORK



**WHAT IS AUTONOMY AT WORK?**



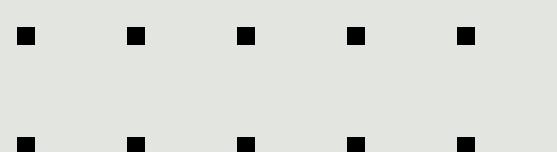
**WHY IS AUTONOMY AT WORK IMPORTANT?**



**HOW DO YOU MANAGE YOUR TIME AND PRIORITIZE  
TASKS TO ENSURE AUTONOMY IN YOUR DAILY WORK?**



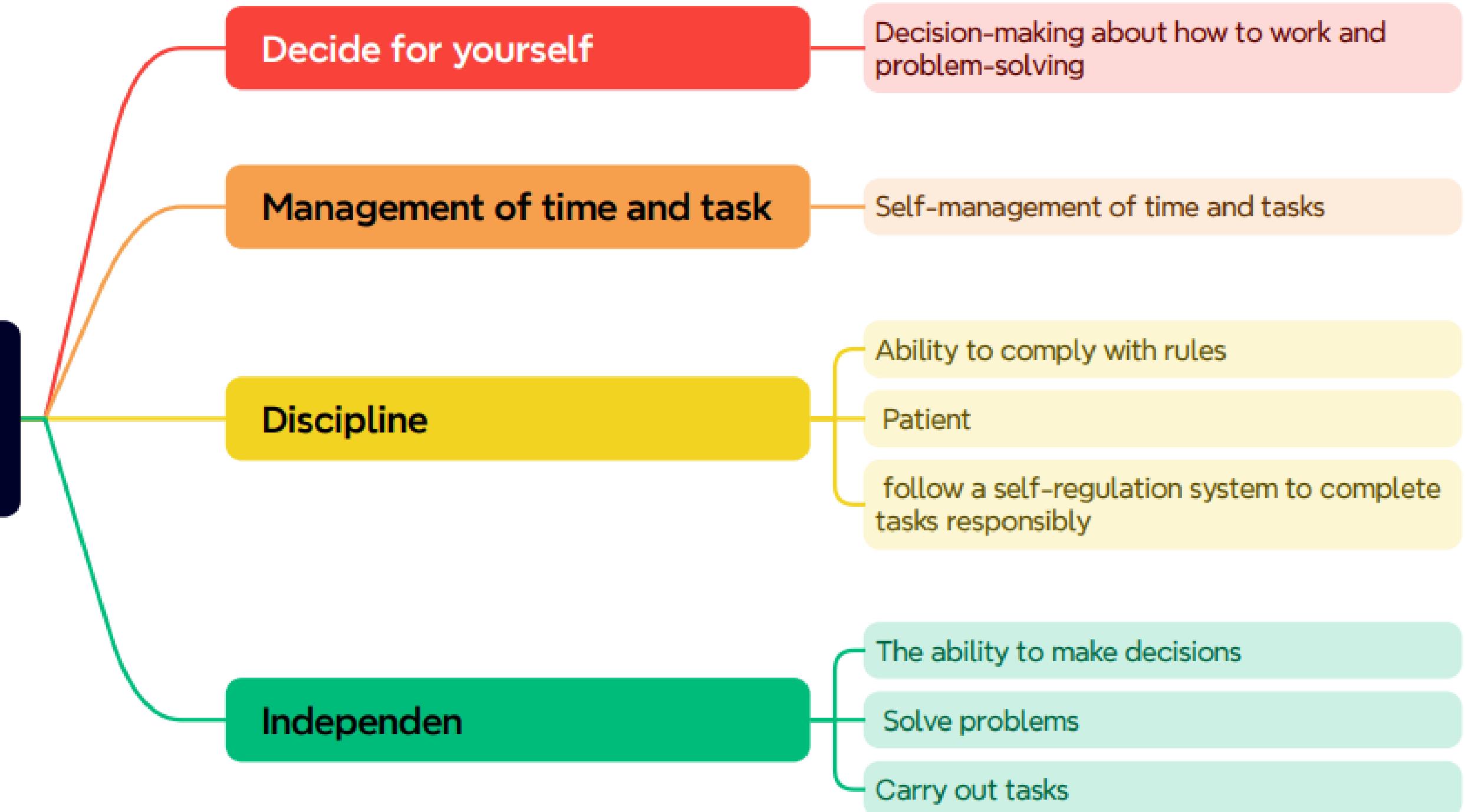
**IS DISCIPLINE IMPORTANT IN AUTONOMY AT WORK?  
HOW IMPORTANT IS IT?**



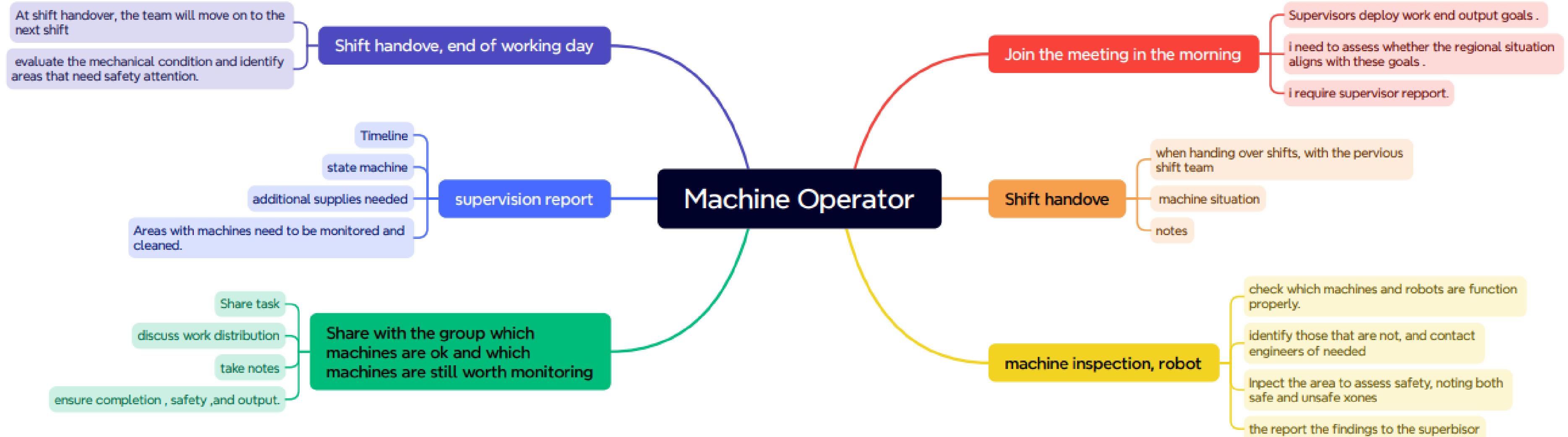
# 1

# WHAT IS AUTONOMY AT WORK?

WHAT IS AUTONOMY  
AT WORK?

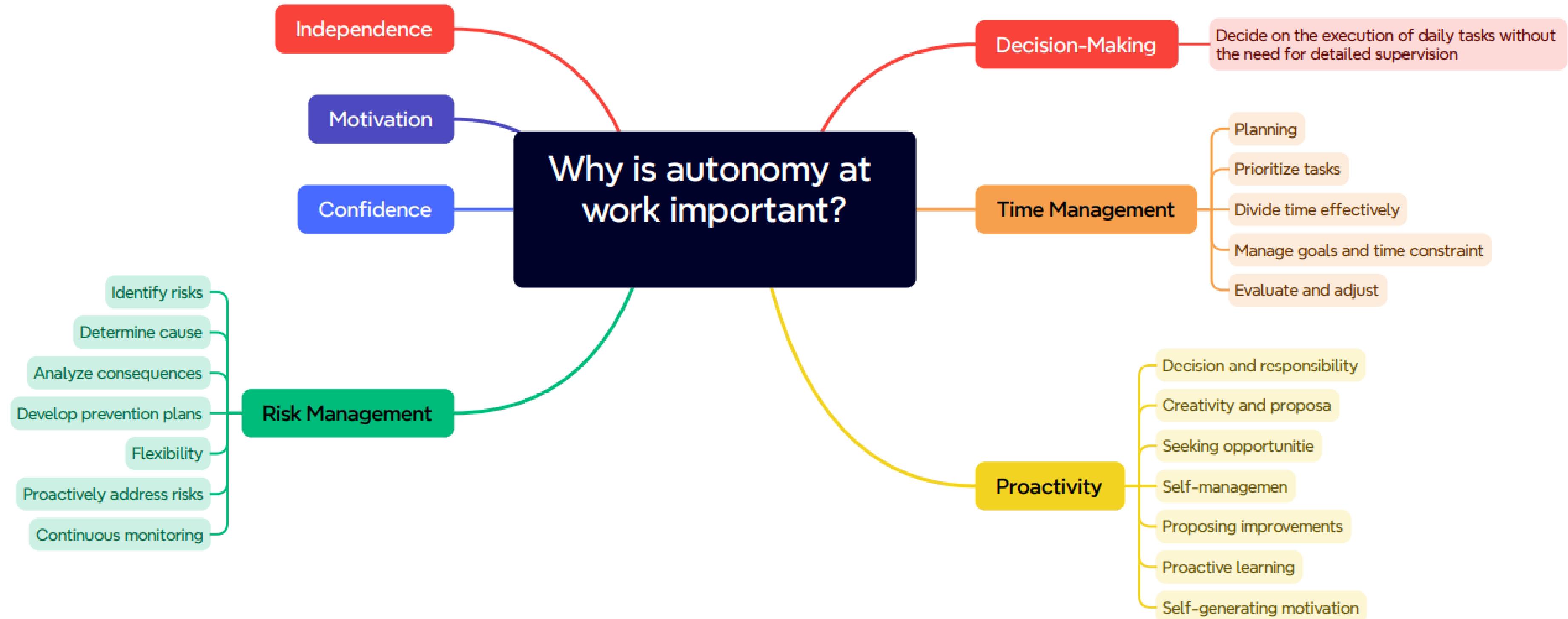


# EXAMPLE



## 2

# WHY IS AUTONOMY AT WORK IMPORTANT?



# JOB INTERVIEW

“Before the interview, I utilized my time to research the company and the position I was applying for.

I prepared potential questions and devised a strategy for choosing my seat and maintaining a confident posture during the interview.

I seized every opportunity to answer questions with poise and flexibility.

Ultimately, I actively participated by asking questions and sharing my thoughts, contributing to a successful interview.”

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## HOW DO YOU MANAGE YOUR TIME AND PRIORITIZE TASKS TO ENSURE AUTONOMY IN YOUR DAILY WORK?

How do you manage your time and prioritize tasks to ensure autonomy in your daily work?

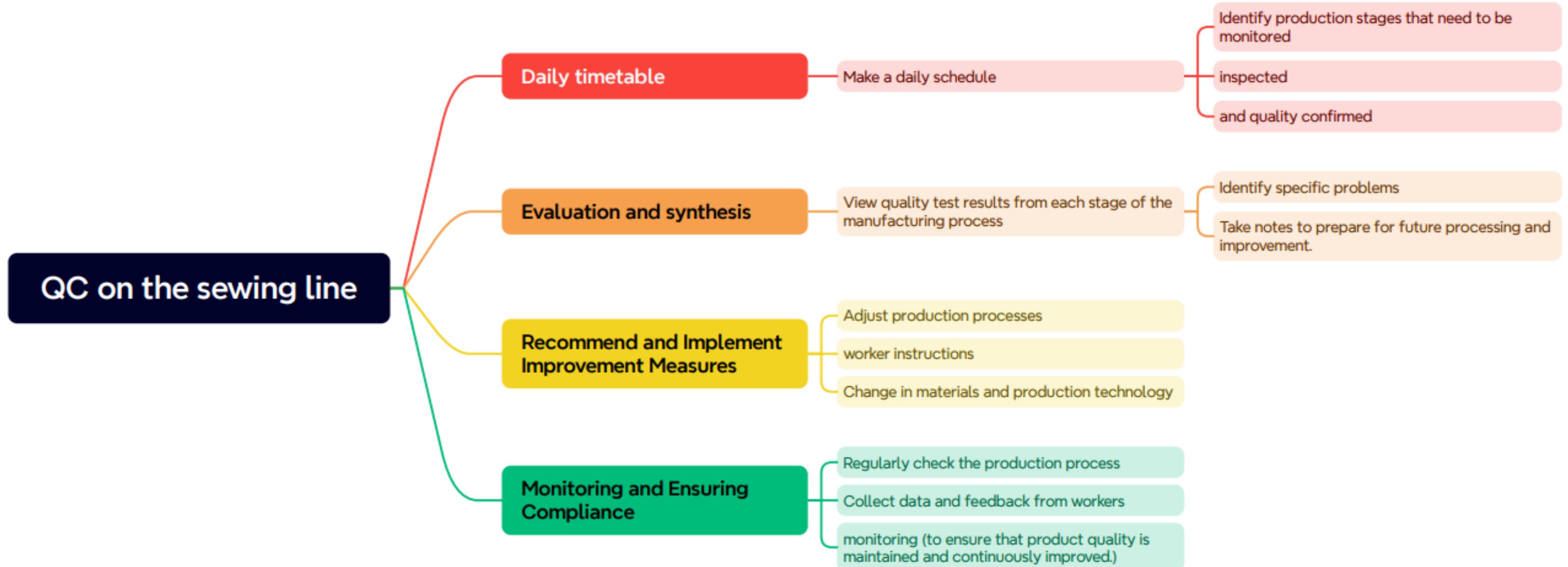
Identify important tasks and prioritize them to complete first.

Break down each task in a large project into smaller parts.

Focus on completing them within the set timeframe.

After completion, evaluate the results and adjust if necessary to improve performance

# EXAMPLE



## 4

# IS DISCIPLINE IMPORTANT IN AUTONOMY AT WORK? HOW IMPORTANT IS IT?

**Is discipline important in autonomy at work?  
How important is it?**



**Motivation is doing when you are inspired, doing it with crazy enthusiasm until you lose motivation.**

## MONIVATION



**Discipline is continuously repeating a behavior over a long period of time, forming a habit, a lifestyle, thereby creating who you are.**

## DISCIPLINE



NEURONVISUALS

# **DISCIPLINE**

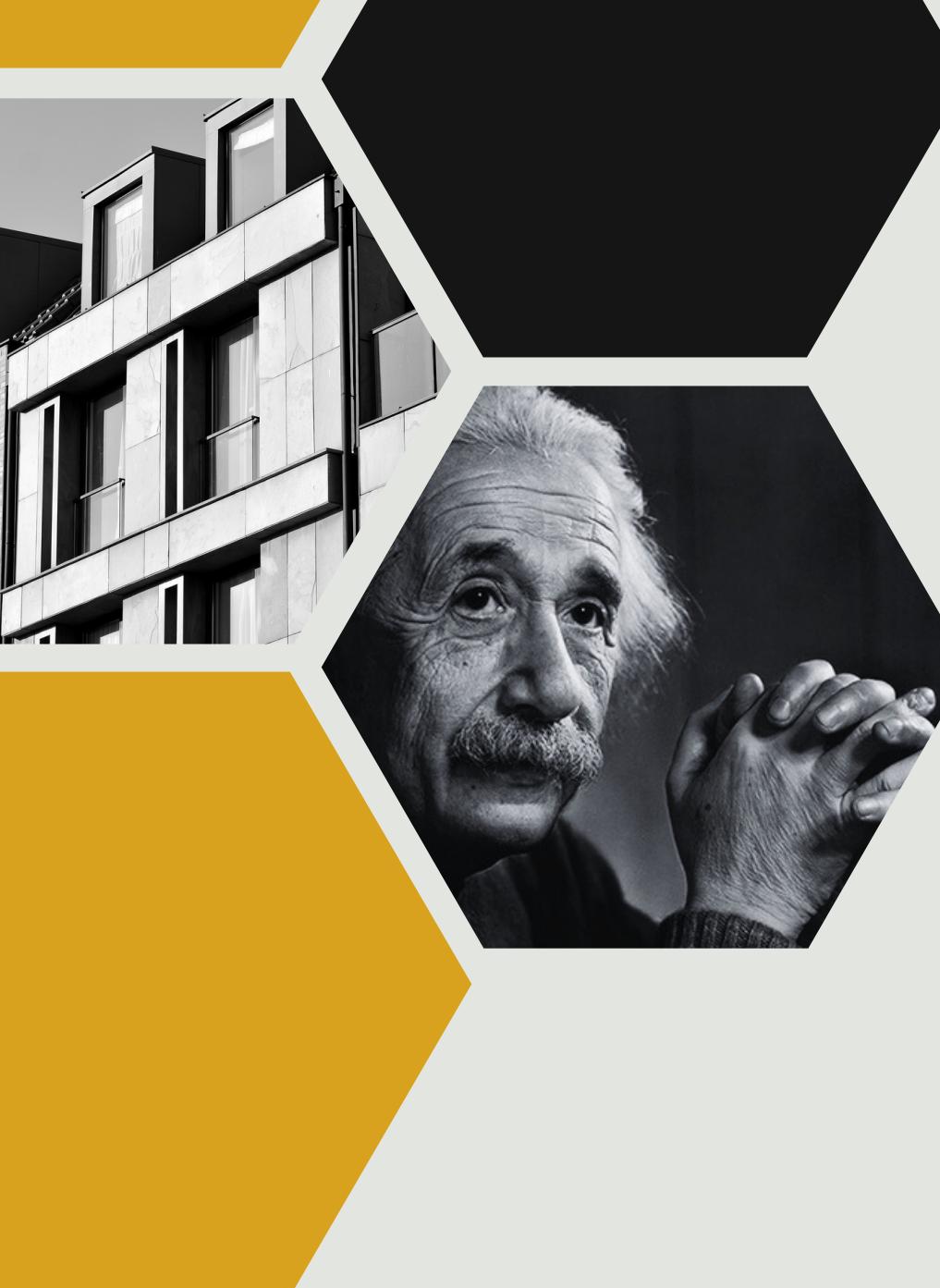
“To achieve success, we need discipline.  
There is no better method than maintaining discipline.  
Strive every day, triumph over yourself every day.”

**VoTrongDao CTO BBV**

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**Challenge 0**





# AUTONOMY AT WORK

- **Innovation**

The logic will take you from point A to point B.  
Imagination will take you everywhere.

- **Perparation**

Preparation is 99% of success.

Albert Einstein



# RISK MANAGEMENT



“Before embarking on a major project, I routinely plan meticulously.

I lay out specific steps, envision and contemplate various aspects of the work.

Each step comes with a contingency plan to address potential risks.

This way, I ensure everything unfolds according to the script, aiding in more effective resolution of project and work plans.”

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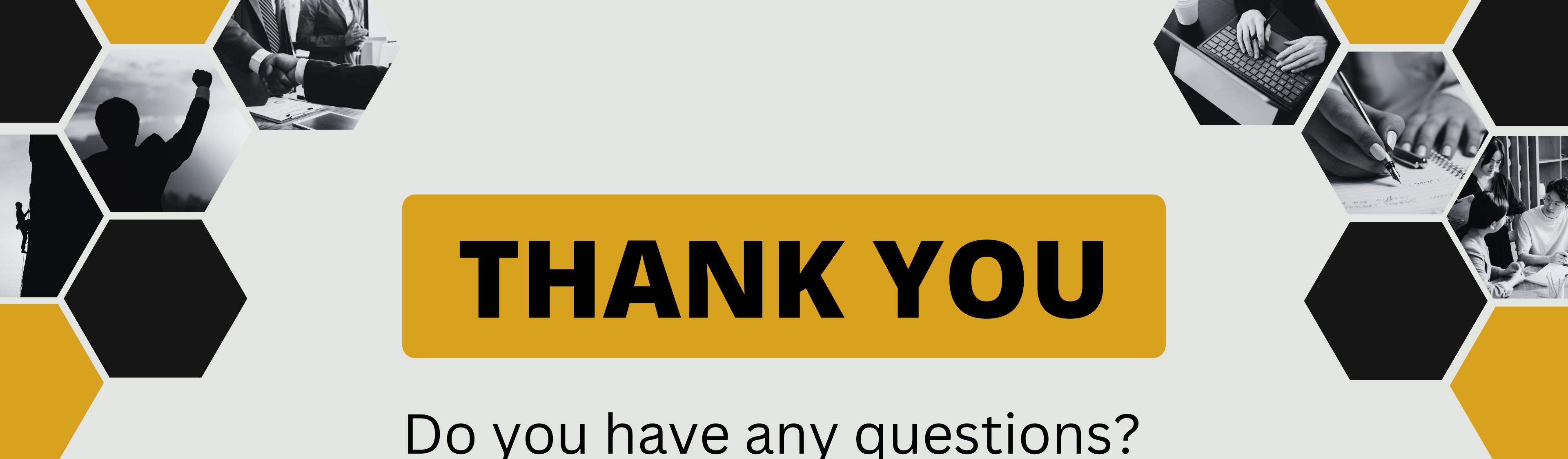
## Challenge 0

### AUTONOMY AT WORK

*“Autonomy at work, when understood and applied effectively in any professional domain, significantly enhances work efficiency and holds the promise of future success.”*

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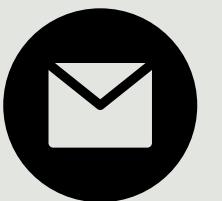


# THANK YOU

Do you have any questions?



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