

General Upgrade Policies

- Only races permitted by USA Cycling, another UCI affiliated National Federation, or another organization upon written agreement by USA Cycling will be recognized.
- Races for voluntary upgrades will be recognized that date back 36 months from the upgrade request.
- Riders who have upgraded will start with a zero race points balance in their new category. Where indicated in the policies, clinic points may be carried over (road and track 4>3).
- Junior and Youth riders are exempt from mandatory upgrades in Road, Track and CX for points earned in junior and youth races
- Juniors, Youth and Masters who earn points in Elite or U23 races in Road, Track and CX are subject to mandatory upgrades with those points only up to Category 3.
- Series: Riders who are more than halfway through a series of ten races or less may request a one-time waiver of mandatory upgrade with approval from the series director and USA Cycling.
- Professional: A Professional is a member of a UCI registered team in that discipline (note: “Pro” is an ability level in MTB, and a Professional would race in the Pro MTB category).
- A rider who feels like they have advanced too quickly may request a downgrade through their USA Cycling account, with the request subject to review. Riders may not downgrade to the Novice category in any discipline.
- A rider may be downgraded by USA Cycling for the following reasons: unsafe riding, lack of ability to compete in current category, or lack of placing within current category.