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|  | 9I Forces and Motion |
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| 1. Forces and Movement | |
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| Friction | Force between two surfaces sliding across each other. |
| Reducing Friction | Using rollers or wheels / sleds in snowy countries |
| Balanced | When a force acting on an object is the same size as the force in the opposite direction. |
| Constant Speed | Caused by balanced forces acting on an object. |
| Unbalanced | Forces acting in opposite directions are not equal. |
| Resultant | The difference between the forward and backward force. |
| Accelerate | Get faster- caused by unbalanced forces. |
| Drag | Acts to slow down objects moving through fluids (liquids/ gases) <i>e.g. water resistance and air resistance</i> |

| Top Speed | Dependent on the maximum force a vehicle can move forwards and the friction/ drag acting to slow it down. |
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| 2. Energy For Movement | |
| Food | Supplies humans the energy they need. |
| Solar Energy | Energy stored in food originally came from the Sun. |
| Kinetic Energy | Stored in anything that is moving. |
| Fossil Fuel | Fuels formed by remains of plants / animals that store large amounts of energy. <i>e.g. coal, oil, natural gas</i> |
| Non-Renewable | Resources that will run out one day like fossil fuels. |
| Using Fossil Fuels | Energy stored in oil and natural gas is used for transport. Energy released by burning fuels is transferred by heating for cooking or keeping warm |
| Gravitational Potential | Energy stored in raised objects. |

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| Elastic Potential | Energy stored in stretched or squashed objects. |
| Thermal | Energy stored in the movement of particles. Transferred from hot objects to cooler ones by heating. |
| Renewable | Resources that will not run out. <i>e.g. wind, moving water</i> |
| Nuclear Energy | Non-renewable resource used to generate electricity. |
| Electricity | Cannot be stored, has to be generated by renewable or non-renewable resources. |
| Conservation of Energy | Energy cannot be created or destroyed, only transferred. |
| Efficiency | The useful energy transferred compared to the total energy transferred by a device. |
| Dissipated | Energy that spreads out. |
| Transfers | Energy is often transferred by heating or sound. |

| 3. Speed | |
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| Speed | How far something can travel in a certain time. |
| Units | Dependent on measurements taken <i>e.g. miles per hour, metres per second</i> |
| Speed Formula | $\text{speed} = \frac{\text{distance}}{\text{time}}$ |
| Distance-Time Graph | Used to show how fast someone travelled during a journey. Also called a displacement-time graph |
| Displacement | Distance in a straight line between an object and its starting point. |
| Horizontal Line | Shows an object isn't moving on the distance-time graph. |
| Steep Line | Shows an object is moving quickly |
| Relative | Looking speed compared to another object which may be moving. |