



## 91 Forces and Motion

### 1. Forces and Movement

<b>Friction</b>	Force between two surfaces sliding across each other.
<b>Reducing Friction</b>	Using rollers or wheels / sleds in snowy countries
<b>Balanced</b>	When a force acting on an object is the same size as the force in the opposite direction.
<b>Constant Speed</b>	Caused by balanced forces acting on an object.
<b>Unbalanced</b>	Forces acting in opposite directions are not equal.
<b>Resultant</b>	The difference between the forward and backward force.
<b>Accelerate</b>	Get faster- caused by unbalanced forces.
<b>Drag</b>	Acts to slow down objects moving through fluids (liquids/ gases) <i>e.g. water resistance and air resistance</i>

<b>Top Speed</b>	Dependent on the maximum force a vehicle can move forwards and on the friction/ drag acting to slow it down.
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### 2. Energy For Movement

<b>Food</b>	Supplies humans the energy they need.
<b>Solar Energy</b>	Energy stored in food originally came from the Sun.
<b>Kinetic Energy</b>	Stored in anything that is moving.
<b>Fossil Fuel</b>	Fuels formed by remains of plants / animals that store large amounts of energy. <i>e.g. coal, oil, natural gas</i>
<b>Non-Renewable</b>	Resources that will run out one day like fossil fuels.
<b>Using Fossil Fuels</b>	Energy stored in oil and natural gas is used for transport. Energy released by burning fuels is transferred by heating for cooking or keeping warm
<b>Gravitational Potential</b>	Energy stored in raised objects.

<b>Elastic Potential</b>	Energy stored in stretched or squashed objects.
<b>Thermal</b>	Energy stored in the movement of particles. Transferred from hot objects to cooler ones by heating.
<b>Renewable</b>	Resources that will not run out. <i>e.g. wind, moving water</i>
<b>Nuclear Energy</b>	Non-renewable resource used to generate electricity.
<b>Electricity</b>	Cannot be stored, has to be generated by renewable or non-renewable resources.
<b>Conservation of Energy</b>	Energy cannot be created or destroyed, only transferred.
<b>Efficiency</b>	The useful energy transferred compared to the total energy transferred by a device.
<b>Dissipated</b>	Energy that spreads out.
<b>Transfers</b>	Energy is often transferred by heating or sound.

### 3. Speed

<b>Speed</b>	How far something can travel in a certain time.
<b>Units</b>	Dependent on measurements taken <i>e.g. miles per hour, metres per second</i>
<b>Speed Formula</b>	$\text{speed} = \frac{\text{distance}}{\text{time}}$
<b>Distance-Time Graph</b>	Used to show how fast someone travelled during a journey. Also called a displacement-time graph
<b>Displacement</b>	Distance in a straight line between an object and its starting point.
<b>Horizontal Line</b>	Shows an object isn't moving on the distance-time graph.
<b>Steep Line</b>	Shows an object is moving quickly
<b>Relative</b>	Looking speed compared to another object which may be moving.