Outline:

Key Features:

1. Journal
2. AI Analysis of Journal Entries to Flag for Changes in Mental States

Feature 1 To-Do:

1. Design Front End
2. Design Back End

Feature 2 To-Do:

1. Develop Model
2. Integrate Model into Journal

Feature 1: Design Front End:

Feature 1: Design Back End:

Feature 2: Develop Model:

1. Data Sets that can be Used to Train Model:
   1. Reddit Mental Health
   2. Dreaddit
   3. CLPsych Shared Task
   4. eRisk
   5. Mental Health Twitter
   6. LINGUINE

Feature 2: Integrate Model: