

San Diego has 6 regions include: Central, East, North Central, North Coastal, North Inland, South Regions.

East Region & Central Region:

- These 2 regions have the lowest income in SD, make up of 30% of SD population => solve health disparities for SD.
- These 2 regions have the highest rate of diabetes, heart failure, and lung cancer in SD County. Follow with high hospitalization rate across diseases (=> hospital may run out of capacity)
- <https://public.tableau.com/app/profile/chsu/viz/2019CommunityProfiles-HHSARegions/1GeographySES> (very informative graph, click into region to see the cities)

East Region: [full report](#)

- 14.9% of the San Diego County population
- 12.4% residents in East Region report not having a usual place for health care.
- **Mountain Empire**
 - Mountain Empire has lowest mean income & unemployment (page 7, 8)
 - Mountain Empire had the highest proportion of the population with a disability (17.6%) (page 12)
 - Hospital in Mountain Empire may run out of capacity because:
 - Mountain Empire SRA had the highest hospitalization rate due to stroke (430.8 per 100,000).
 - Among East Region SRAs, Mountain Empire had the highest hospitalization rate due to falls (673.1 per 100,000)
- **Laguna Pine:**
 - Laguna-Pine Valley had the highest proportion of residents without health insurance (10.1%)
- **Maybe Lemon Groove (?):** This city has several highest hospitalization rate.

Central Region: [full report](#)

- 15.5% of San Diego County's population

- 13.5% residents in East Region report not having a usual place for health care (2019, page 8)
- Among HHSA regions, Central Region had the highest proportion of residents reporting fair or poor health (15%) in 2019 ([page 20](#)).
- **Mid-City:**
 - Low income
 - 12.91% does not have health insurance
 - Highest unemployment, highest percent live below 200% FPL (page 5, 6)
- **Southeastern:**
 - Low income
 - Highest hospitalization rate across diseases (communicable, injury, chronic)